



The FISH Class of 2018 Questionnaire

Name: Terence James Keffer

Nick Name: Terry

FISH Group: Incredible Prep

Home Town: McLean

High School: Langley HS

Future College: Virginia Tech

Parents & Siblings: Patty (mom), Mark (dad), sisters Grace and Lydia.

When did you join the FISH, and what has been your most memorable experience while being on the team?

I joined the FISH nine years ago, my most memorable experiences being the friends and coaches I've met along the way.

What was your most rewarding and exciting meet during your FISH career?

My most rewarding meet was 2012 Christmas Champs, when I dropped a ton of time and made finals in almost every event.

What is your favorite set?

My favorite set is by far the Dirty Dozen.

What are your favorite events?

Favorite events are 200 IM and any 100 excluding fly.

What is the biggest challenge for you in swimming?

My biggest challenge would definitely be my inability to kick anything other than breaststroke.

What motivates you most?

I'm most motivated by having fun with swimming.

Which aspects of swimming do you apply in everyday life?

I apply swimming to my everyday life whenever I wake up early.

You are beginning a new chapter in your life, college. What are you most looking forward to? How has FISH prepared you?

I'm looking forward to being the best person I can be in the future, part of which has been shaped by my years of swimming.

What advice can you give your teammates in your group and especially your younger teammates who are just starting out?

When you're hurting, or in a close race where you see the person next to you gaining or holding pace, remember that swimming is a very mental sport. Your level of determination is what will make the difference in time or place.

Tell us a little bit about you; what do you like to do when you are not swimming or busy with schoolwork?

If I'm not swimming or in school, I'm probably looking into whatever latest hobby has grabbed my attention.