



Congratulations to Nora Sherman for being named FISH of the Month! This is Nora's first year with the FISH, and she has made a big splash.

As an 11 year old, Nora was going to be at the bottom of her age group at Junior Olympics, and therefore set her goals to make finals in as many events as possible and score points for the team. Not only did she make finals in all six of her events, including making the "A" final in the 200 Breast, 100 IM, and 200 IM, but she was an integral part of all four of the 11-12 girls relays. Coming off of a very successful Junior Olympics, Nora set new goals for the Elite Showcase Classic in St. Petersburg, FL. The Elite Showcase is a unique event as all events are swum single age, meaning Nora competed against other 11 year olds at the meet. Not only did she final in all 10 of her events, but she won the 200 IM, 100 IM, 200 Breast, 400 IM, and 100 Breast and which lead her to win the high point award for 11 year old girls.

Of course, Nora didn't just "luck" into these incredible results at her championship meets. She has near perfect practice attendance, including attending LC morning practice on Thursday mornings. Her work ethic in the water and at dryland is exemplary. She can be seen on deck having a good time with her teammates, laughing, cheering and enjoying the competition which inspires and motivates her.

When she is not at the pool, Nora can be found practicing her violin, on the soccer field, following politics or hanging out with her dog Benny and her cat Stuart.

Congratulations to Nora on an amazing first season, we look forward to seeing what is still to come!