

## Improving Your Personal Responsibility

Name:	None of the time	Some of the time	Neutral	Most of the Time	All the Time
<b><u>Level 1</u></b>					
Be attentive and aware					
Be ready to get in					
<b><u>Level 2: The above skills in addition to:</u></b>					
Attentiveness + Initiative					
Asking where you can make up a practice					
Being responsible for your equipment					
Carrying your own equipment					
Asking for help on a stroke					
Having caps/goggles/equipment ready for practice					
<b><u>Level 3: The above skills in addition to:</u></b>					
Being self- sufficient					
Living with your results/times					
Being proactive					
Setting your own alarm					
Accepting/Declining meets					
Reading the group page					
Keeping track of/packing your own bag					
Taking care of college applications in a timely manner					
Finding places to swim if you will be away					
Knowing your pace					
Coming up with a solution for the upcoming problem					
Recognizing that your actions affect more than just you					
Know where you need to be and be there					