



## 2021-2022 SCY Season Schedule

### ***TIBU Azul:***

(updated 10/8/21)

Sunday:

- OFF

Monday:

- 5:00-6:30am @ QOSTC
- 5:00-7:00pm @ JCC

Tuesday:

- 5:00-6:30am @ QOSTC **NEW**
- 7:00-8:00pm @ Heretic Crossfit \*\*
- ~~5:00-7:15pm @ JCC~~

Wednesday:

- 5:00-6:30am @ QOSTC
- 5:00-7:00pm @ JCC

Thursday:

- 5:00-6:30am @ QOSTC
- 5:00-7:00pm @ JCC

Friday:

- 5:00-6:30am @ QOSTC **NEW**
- ~~5:00-7:00pm @ JCC~~

Saturday:

- 7:00-9:15am @ GAC

We are working on returning a Crossfit workout to the schedule and will update once it is finalized.

\*\* Heretic Crossfit is a special workout. The cost for this training is not included in the regular dues. \$45/mon to be billed to account

### Scheduled No Practice Dates

- October 31

- November 25
- December 25
- January 1