

# ***TOLLEFSON SWIMMING***

## **Tollefson Swimming Pool Operating Procedures – June 5, 2020**

1. All coaches will wear masks during practices at all times. All athletes will wear masks entering and exiting the facility, and on deck.
2. Athletes and coaches must maintain 6 feet distance at all times, including keeping personal belongings 6 feet apart.
3. There will be a one-way entrance to and a one-way exit from the pool. Locker rooms will be limited to restroom use only. There will be a 15-minute window between practices. All athletes from previous practice must exit the pool area before the athletes for following practice may enter. All staff and athletes will complete a statement of health and waiver and leave it at the entrance every time entering the facility. All common areas, including restrooms, will be disinfected between practices. The facility will be cleaned daily following all practices.
4. Athletes must arrive and depart in their swimsuit. Athletes will not be able to change or shower at the facility.
5. Athletes will only be permitted to line up to enter 5 minutes before their scheduled practice time. If they arrive early, they should wait in their car until the appropriate time to enter the facility. Athletes must leave the facility immediately at the completion of any practice. Parents and spectators will not be allowed in the facility at any time and are expected to practice social distancing while waiting for their athlete. We will ensure that the appropriate number of coaches is present during each practice to comply with MAAPP. Athletes should bring their own water bottle (already filled) and any other equipment required by their coach. Athletes will not be permitted to store their equipment bags at the facility.

6. Athletes and staff attending practice and anyone residing in their household cannot have had contact with anyone who has tested positive for COVID-19 in the last 14 days; cannot have had a temperature over 100.4 degrees, a cough or difficulty breathing in the last 14 days; cannot have traveled over 100 miles or by air in the last 14 days. Any athlete or staff experiencing any symptoms of a fever, recent cough, unusual fatigue, headache or has had any exposure to someone who has any symptoms, should remain at home and seek medical treatment. If any athlete or staff has a fever or symptoms of illnesses, they may not attend practice until 14 days after the fever or symptoms have ceased. Athletes and staff must see a physician and be cleared for training after being diagnosed or suspected of having COVID-19.
7. For us all to stay healthy and for all teammates be able to keep swimming, we ask our athletes to please practice responsible social distancing and other safety measures when they are away from the pool as well. Should we feel anyone is consistently not adhering to safety guidelines, we may suspend their participation in Tollefson Swimming activities.
8. Should someone in Tollefson Swimming test positive for COVID-19, please let us know immediately so we can take the appropriate safety measures at the facility.