

## ONLINE TRAINING FOR RCSL STROKE & TURN OFFICIALS

The River City Swim League has just subscribed to an online training system for our new Stroke & Turn Judges in 2014. This system allows the new Stroke & Turn Judge to log in to a web site, register for the course and then complete the course online.

### How It Works

- The web site, ***StrokeandTurn.com*** is an online learning environment where you can acquire the knowledge and expertise to officiate swimming in a fun, easy to use site in a fraction of the time. It also allows you to learn in the comfort of your own home and on your own schedule.
- ***StrokeandTurn.com***, is designed to be a streamlined learning experience. The home page offers you a way to register easily and to get started or for returning learners, a simple login area to return to the learning modules.
- Once you are registered, you are presented with a series of learning modules. These modules consist of a series of tutorials designed to inform and test your knowledge of proper techniques.
- Each checkpoint starts with introductory material or with text of the relevant rules. This is then followed by a series of questions designed to assess your knowledge.
- Questions are presented in an easy to read manner and may be introduced by a video clip, text or a combination of both. You then simply select the best answer to each question as you work your way through the course.
- Need to take a break? You may stop at any point and return to StrokeandTurn.com at a later time and pick up right where you left off.
- Upon completion, you will be presented with an option to print a Course Certificate to present to your swim league representative indicating that you have successfully completed the online training session.

***The League has prepaid for the course and the potential official only needs to obtain a "Registration Key" from the League to register for the course.***

### The Basic Steps for a Student Are:

- (1) Obtain your "Registration Key" by emailing Roger Deary, the League Administrator for this program, at [dearyr@comcast.net](mailto:dearyr@comcast.net). You should receive a reply with your key within 24 hours.
- (2) Once you have your key, open your internet connection. StrokeandTurn.com recommends Google Chrome as the best browser for its flash-based content but most browsers should work.
- (3) Go to [www.strokeandturn.com](http://www.strokeandturn.com).
- (4) From the Home page, register as a new user.
- (5) After successful registration, you should see a link to "Activate a KEY" near the top of the page. Just click on that link and enter the key you received from the League.
- (6) As soon as the key is activated, you can click on the "My Courses" page and begin your course.
- (7) You do not need to do it all in one sitting - you can log in and out and the site will "remember" where you left off.
- (8) Use the "Contact" link to let tech support know of any issues and they will assist you to resolve the problem.
- (9) Once you have completed the course, print out your "Certificate of Completion" and keep it with you at any League meet you choose to work as an official. The League will also be tracking your progress and will know when you complete your course.