**APPENDIX C**

**2022 ARPA SWIM MEET QUALIFYING TIMES**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **AGE GROUP &** |  | **BOYS** | |  | **GIRLS** | |
| **STROKE** |  | **YARDS** | **METERS** |  | **YARDS** | **METERS** |
|  |  |  |  |  |  |  |
| **6 AND UNDER** |  |  |  |  |  |  |
| 25 FREE |  | 53.70 | 59.07 |  | 51.99 | 57.18 |
| 25 BACK |  | 35.39 | 38.92 |  | 31.46 | 34.60 |
|  |  |  |  |  |  |  |
| **8 AND UNDER** |  |  |  |  |  |  |
| 100 I.M. |  | 1:50.03 | 2:01.03 |  | 2:14.42 | 2:27.86 |
| 25 BREAST |  | 30.82 | 33.90 |  | 31.86 | 35.04 |
| 25 FREE |  | 25.13 | 27.64 |  | 19.83 | 21.81 |
| 25 FLY |  | 28.83 | 31.71 |  | 36.42 | 40.06 |
| 25 BACK |  | 28.93 | 31.82 |  | 26.74 | 29.41 |
| 50 FREE |  | 1:01.20 | 1:07.31 |  | 43.54 | 47.89 |
|  |  |  |  |  |  |  |
| **9 – 10** |  |  |  |  |  |  |
| 100 I.M. |  | 2:03.15 | 2:15.46 |  | 1:47.16 | 1:57.87 |
| 50 BREAST |  | 56.93 | 1:02.62 |  | 55.48 | 1:01. |
| 50 FREE |  | 35.51 | 39.06 |  | 35.45 | 38.99 |
| 50 FLY |  | 43.31 | 47.64 |  | 55.69 | 1:01.25 |
| 50 BACK |  | 48.15 | 52.96 |  | 42.95 | 47.24 |
| 100 FREE |  | 1:22.28 | 1:30.50 |  | 1:35.69 | 1:45.25 |
|  |  |  |  |  |  |  |
| **11 – 12** |  |  |  |  |  |  |
| 100 I.M. |  | 1:24.49 | 1:32.93 |  | 1:22.88 | 1:31.16 |
| 50 BREAST |  | 59.51 | 1:05.45 |  | 40.62 | 44.68 |
| 50 FREE |  | 33.69 | 37.05 |  | 30.08 | 33.08 |
| 50 FLY |  | 46.11 | 50.72 |  | 34.05 | 37.45 |
| 50 BACK |  | 48.63 | 53.49 |  | 38.00 | 41.80 |
| 100 FREE |  | 1:22.11 | 1:30.32 |  | 1:10.87 | 1:17.95 |
|  |  |  |  |  |  |  |
| **13 – 14** |  |  |  |  |  |  |
| 100 I.M. |  | 1:11.32 | 1:18.45 |  | 1:13.12 | 1:20.43 |
| 50 BREAST |  | 41.88 | 46.06 |  | 43.36 | 47.69 |
| 50 FREE |  | 27.80 | 30.58 |  | 30.04 | 33.04 |
| 50 FLY |  | 30.52 | 33.57 |  | 32.99 | 36.28 |
| 50 BACK |  | 36.77 | 40.44 |  | 34.29 | 37.71 |
| 100 FREE |  | 1:28.15 | 1:36.96 |  | 1:16.36 | 1:23.99 |
|  |  |  |  |  |  |  |
| **15 thru 18** |  |  |  |  |  |  |
| 100 I.M. |  | 1:15.84 | 1:23.42 |  | 1:13.15 | 1:20.46 |
| 50 BREAST |  | 33.93 | 37.32 |  | 37.17 | 40.88 |
| 50 FREE |  | 25.06 | 27.56 |  | 29.80 | 32.78 |
| 50 FLY |  | 26.78 | 29.45 |  | 30.63 | 33.69 |
| 50 BACK |  | 29.11 | 32.02 |  | 33.06 | 36.36 |
| 100 FREE |  | 53.95 | 59.34 |  | 1:09.15 | 1:16.06 |

Y = yard time (in seconds) M = meters time (in seconds)

T = difference in turns from yards to meters T = difference in turns from meters to yards

(Y \* 1.1) + T = Meter Time (M – T) divided by 1.1 = Yards Time