

## APPENDIX C

### 2022 ARPA SWIM MEET QUALIFYING TIMES

AGE GROUP & STROKE	BOYS		GIRLS	
	YARDS	METERS	YARDS	METERS
<b>6 AND UNDER</b>				
25 FREE	53.70	59.07	51.99	57.18
25 BACK	35.39	38.92	31.46	34.60
<b>8 AND UNDER</b>				
100 I.M.	1:50.03	2:01.03	2:14.42	2:27.86
25 BREAST	30.82	33.90	31.86	35.04
25 FREE	25.13	27.64	19.83	21.81
25 FLY	28.83	31.71	36.42	40.06
25 BACK	28.93	31.82	26.74	29.41
50 FREE	1:01.20	1:07.31	43.54	47.89
<b>9 – 10</b>				
100 I.M.	2:03.15	2:15.46	1:47.16	1:57.87
50 BREAST	56.93	1:02.62	55.48	1:01.
50 FREE	35.51	39.06	35.45	38.99
50 FLY	43.31	47.64	55.69	1:01.25
50 BACK	48.15	52.96	42.95	47.24
100 FREE	1:22.28	1:30.50	1:35.69	1:45.25
<b>11 – 12</b>				
100 I.M.	1:24.49	1:32.93	1:22.88	1:31.16
50 BREAST	59.51	1:05.45	40.62	44.68
50 FREE	33.69	37.05	30.08	33.08
50 FLY	46.11	50.72	34.05	37.45
50 BACK	48.63	53.49	38.00	41.80
100 FREE	1:22.11	1:30.32	1:10.87	1:17.95
<b>13 – 14</b>				
100 I.M.	1:11.32	1:18.45	1:13.12	1:20.43
50 BREAST	41.88	46.06	43.36	47.69
50 FREE	27.80	30.58	30.04	33.04
50 FLY	30.52	33.57	32.99	36.28
50 BACK	36.77	40.44	34.29	37.71
100 FREE	1:28.15	1:36.96	1:16.36	1:23.99
<b>15 thru 18</b>				
100 I.M.	1:15.84	1:23.42	1:13.15	1:20.46
50 BREAST	33.93	37.32	37.17	40.88
50 FREE	25.06	27.56	29.80	32.78
50 FLY	26.78	29.45	30.63	33.69
50 BACK	29.11	32.02	33.06	36.36
100 FREE	53.95	59.34	1:09.15	1:16.06

Y = yard time (in seconds)  
 T = difference in turns from yards to meters  
 (Y \* 1.1) + T = Meter Time

M = meters time (in seconds)  
 T = difference in turns from meters to yards  
 (M – T) divided by 1.1 = Yards Time