

Dear Parents and Triathletes:

Thank you for participating in the 6th Annual Arkansas Bone & Joint Bryant Kids' Triathlon! We are so happy to have you here and want to be certain that we create an environment that is fun and safe. With that in mind, we are asking you to be familiar with the following information.

The race location including Start / Finish and Parking is at Bishop Park on Boone Rd in Bryant. Parking for the event will be the Bryant Boys and Girls Club lot at Bishop Park, with extra parking available adjacent to the ball fields. You will be directed where to park when you arrive. Parking in the Boys and Girls Club lot will provide you the opportunity to exit after all participants are off the bike course. No one will be allowed to exit the Park prior to this point. If you need to leave prior to the point where all competitors have the run course, please arrive EARLY and park in front of the Boy's and Girl's Club. There will be one lane open to exit after the last competitor is off of the bike course.

If you park in the Ball Field lot, you will NOT be allowed to leave prior to all the participants completing the cycling portion of the event. No exceptions.

The transition area will be CLOSED 15 minutes before the event starts, and will not open again until after all participants have completed the cycling portion of the event. The Transition area is a secure "safe zone" No one other than event staff and participants will be permitted in this area while it is closed. It will reopen for parental/guardian access once all the participants have returned from the cycling portion. PLEASE do not attempt to retrieve any items from the transition area during the event. This is a huge safety hazard and we do not want any children or adults to be placed in harm's way.

The USA Triathlon "age up" rule requires that athletes participate in the age group corresponding to their age on 12/31 of the year of the event.

The race starts at 8:00AM. We recommend that you arrive at the race site at 6:15AM. The kids ages 5-10 will be directed to the Aquatic Center at 7:40AM to begin lining up for the pool start. All participants should have their bikes and shoes set up in the transition area (on the south side of the Aquatic Center) before that time. The athletes will be lined up by their race number with the 5 & 6 year old kids going first. The 5 & 6 year olds will swim one length of the pool. The 7-10 year olds will swim 1 lap in the pool (down and back) and the 11-15 year olds will swim 2 laps (down and back two times). There will be about a 3 minute pause between each of the 7-10 year old waves and there will be about a 4 minute pause between each of the 11-15 year old waves. There will be a 10 minute break after the last group of 10 year olds starts in order to give the younger athletes time to clear the transition area before the older athletes begin.

Your child will wear a ChampionChip timing device on their ankle. Please be sure it is returned when your child finishes the race or the company will charge you a fee.

Parents can watch the swim from the roped off areas around the pool area and then exit the building from the locker room area entrance. Please do not attempt to enter the pool area from the transition area or go behind the roped off section. Signs will direct spectators. Bathrooms are available in the Aquatics Center and inside Bishop Park.

Please be certain to have a bike helmet at the event. We do not want to stop anyone from participating, but athletes without helmets will not be allowed to compete. Kids ages 5 & 6 will go about ½ mile. Kids ages 7 - 10 will do one lap (2 miles) on the bike course and kids ages 11-15 will do 2 laps (4 miles).

The transition area (where the kids will leave their bikes) needs to be as free from obstruction as possible so we are asking that parents stay out of the transition after the race starts. We will have several volunteers in the transition area that will assist participants as needed.

Athletes will have their arms and legs marked with their race number. They will also have stickers with their race number on it. They should put the small sticker on the front of their bike helmet so that they can be identified in race photographs. They should put the large number on the frame of their bike.

The use of assisted devices including flotation devices and training wheels will not be allowed during the triathlon, except for the 5 & 6 year olds.

In the event that the triathlon must be canceled due to inclement weather, we are sorry to announce that refunds will not be granted.

We are unable to refund entry fees, however entry can be transferred from one child to another if the registered child is unable to participate and the race director is notified no later than 11:59PM Thursday May 30th.

We hope that each of you has a wonderful racing experience. We are thrilled that you have chosen the sport of triathlon and hope that you continue to participate for many years to come.

Thank you for being a part of the Arkansas Bone & Joint Bryant Kids' Triathlon!

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