

| | CENTRAL ARKANSAS SWIM LEAGUE (CASL) <i>METER</i> TIME STANDARDS (Effective 2013) | | | | | | | | | | | | | | |
|-------------|--|-------|----------|------------|-------|----------|--------------|-------|----------|-----------|-------|----------|-------------------|---------|----------|
| | Freestyle | | | Backstroke | | | Breaststroke | | | Butterfly | | | Individual Medley | | |
| | Silver | Gold | Platinum | Silver | Gold | Platinum | Silver | Gold | Platinum | Silver | Gold | Platinum | Silver | Gold | Platinum |
| 6 & U Boys | 32.65 | 28.64 | 24.63 | 41.46 | 34.90 | 28.34 | 44.22 | 39.84 | 35.46 | 42.24 | 35.78 | 29.32 | 3:09.47 | 2:48.38 | 2:27.29 |
| 6 & U Girls | 33.52 | 28.40 | 23.28 | 41.72 | 35.55 | 29.38 | 42.96 | 38.93 | 34.90 | 43.36 | 36.21 | 29.06 | 3:10.64 | 2:48.30 | 2:25.96 |
| | | | | | | | | | | | | | | | |
| 7-8 Boys | 24.92 | 22.49 | 20.06 | 29.79 | 26.46 | 23.13 | 33.56 | 28.76 | 23.96 | 33.86 | 30.41 | 26.96 | 2:24.06 | 2:11.26 | 1:58.46 |
| 7-8 Girls | 24.83 | 22.04 | 19.25 | 29.53 | 26.41 | 23.29 | 34.05 | 29.27 | 24.49 | 34.22 | 28.90 | 23.58 | 2:24.66 | 2:07.28 | 1:49.09 |
| | | | | | | | | | | | | | | | |
| 9-10 Boys | 46.11 | 41.31 | 36.51 | 56.57 | 50.69 | 44.81 | 1:00.94 | 56.49 | 52.04 | 1:00.23 | 50.54 | 40.85 | 2:05.96 | 1:48.10 | 1:30.24 |
| 9-10 Girls | 45.51 | 42.51 | 39.51 | 56.82 | 51.16 | 45.50 | 1:02.39 | 55.31 | 48.23 | 1:00.52 | 52.21 | 43.90 | 2:04.95 | 1:43.63 | 1:21.38 |
| | | | | | | | | | | | | | | | |
| 11-12 Boys | 40.57 | 37.06 | 33.55 | 49.35 | 43.92 | 38.49 | 55.51 | 49.87 | 44.23 | 49.35 | 42.60 | 35.85 | 1:48.50 | 1:38.60 | 1:28.70 |
| 11-12 Girls | 40.76 | 36.71 | 32.66 | 49.64 | 45.27 | 40.90 | 56.24 | 50.04 | 43.84 | 49.21 | 43.35 | 37.49 | 1:49.68 | 1:35.53 | 1:21.38 |
| | | | | | | | | | | | | | | | |
| 13-14 Boys | 37.25 | 34.01 | 30.77 | 44.98 | 41.15 | 37.32 | 49.76 | 45.35 | 40.94 | 43.45 | 38.38 | 33.31 | 1:37.15 | 1:30.17 | 1:23.19 |
| 13-14 Girls | 38.53 | 35.16 | 31.79 | 44.90 | 40.94 | 36.98 | 50.68 | 47.44 | 44.20 | 43.56 | 38.17 | 32.78 | 1:38.62 | 1:30.98 | 1:23.34 |
| | | | | | | | | | | | | | | | |
| 15-18 Boys | 33.99 | 31.08 | 28.17 | 43.58 | 38.35 | 33.12 | 46.85 | 40.99 | 35.13 | 41.69 | 36.49 | 31.29 | 1:31.66 | 1:23.26 | 1:14.86 |
| 15-18 Girls | 37.68 | 34.32 | 30.96 | 44.29 | 41.41 | 38.53 | 50.28 | 46.19 | 42.10 | 43.92 | 37.07 | 30.22 | 1:38.58 | 1:30.03 | 1:21.48 |