

NAZARETH SUMMER SWIM TEAM CODES OF CONDUCT

(BLUE EAGLE SWIM TEAM's SUBURBAN LEAGUE SWIM TEAM)

Philosophy

The purpose of these conduct policies is to ensure that every swimmer is provided an environment that allows them the opportunity to reach their individual goals in a safe, fun environment. Every staff member, parent/guardian, swimmer and volunteer's conduct at team events, practices and swim meets should support every swimmer's ability to learn and feel safe and support the coach's ability to perform their duties as a swim coach. Each staff member, parent/guardian, swimmer and volunteer should be committed to exhibiting conduct which supports the good of the team.

ANTI-BULLYING STATEMENT:

Bullying of any kind is unacceptable and will not be tolerated. Bullying is counterproductive to team spirit and can be devastating to a victim. The Team is committed to providing a safe, caring and friendly environment for all of our members. If bullying does occur, all athletes and parents should know that incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell a coach, board member or athlete/mentor immediately.

STAFF CODE OF CONDUCT:

- Abide by the rules and regulations of USA Swimming and the Penn Jersey Swim League and follow procedures for enforcement of the codes of conduct (including all aspects of USA Swimming "Safe Sport" policies).
- Abide by the rules set forth by Nazareth Area School District.
- Abide by the rules set forth by the Nazareth Borough Park Pool Management.
- Maintain professional standing in an honest manner and preserve the reputation of BLUE, Nazareth Summer Swim Team and the USA Swimming coaching profession.
- Be professional and accept responsibility for all actions.
- Acknowledge the individual talents and potential of all swimmers.
- Set appropriate training programs based upon the developmental level of the swimmer.
- Be constructive in criticisms and direct comments, observations to the relevant individuals or organizations.
- Respect the efforts of appointed and elected representatives of BLUE and USA Swimming.
- Reject the use of performance enhancing drugs in swimming and abide by the guidelines set forth by national and international regulatory bodies.
- Respect the health and dignity of swimmers to compete on the basis of their abilities.
- Exercise a standard of care consistent with the professional qualifications as a swimming coach.
- Refrain from any form of sexual harassment toward members, athletes and colleagues.
- Show concern for the health, safety, and welfare of members, athletes and colleagues.
- Keep all relevant qualifications up to date.
- Respect the right, dignity and worth of every human being with the context of the coach's involvement in swimming.

- Refrain from any discriminatory practices on the basis of gender, race, religion, ethnic background, or special ability/disability.

Basic Responsibilities

- Coaches are responsible for placing swimmers in the appropriate practice groups. This is based on the age and ability level of each individual.
- Coaches have sole responsibility for stroke instruction and the training regimen. Each groups' practices are to be based on the specific goals of that group.
- Direct comments at the performance rather than the person. Refrain from public criticism of swimmers or fellow coaches.
- Refrain from the use of profane, insulting, harassing or otherwise offensive language while coaching.
- Cooperate with registered medical practitioners in the overall management of swimmers' medical and psychological needs recognizing when to refer a swimmer to other coaches or sport specialists.
- Treat members of other teams and officials with respect and encourage swimmers to act accordingly.
- Cooperate with the swimmer's parents or legal guardians, involving them in their child's development.
- At meets, the coaching staff will conduct and supervise warm-up procedures for the team. After each race, the coaches will provide feedback regarding the swimmer's performance.
- Coaches will discourage the use of drugs, alcohol and tobacco products by swimmers in conjunction with the sport. Violating this may result in disciplinary action in accordance with the team disciplinary policy.

PARENT/GUARDIAN CODE OF CONDUCT:

The Blue Eagle Swim Team's Nazareth Summer Swim Team program is fortunate to have highly experienced, professional coaches working to develop our children into better swimmers, and more importantly, teaching and instilling important life skills. These skills include time management, self-discipline and sportsmanship. Your child will reap the benefits of swimming long after his/her participation ends. As parents, it is absolutely essential that we give our coaching staff the respect and authority they deserve to run our swim team. Our coaches are hired for that purpose and the Board of Directors oversees the direction of the staff.

Conduct Expected of All Parents

- Set the right example for our children by showing respect and common courtesies at all times to the team members, coaches, competitors, officials, parents, and for all facilities and other property used during practice or competition.
- Demonstrate good sportsmanship during all practices, competitions and team activities.
- Be an active participant in all fundraising events and other team activities and encourage and support your child by permitting them to be timely for practices and competitions.
- Recognize that the coaches are professionals and allow them to coach your child without interference during workouts and meets.
- Do not interrupt or confront the coaching staff on the pool deck during practice or meets regarding issues that are not an emergency.
- If you have concerns, address it with the appropriate coach in private.

- Insist that your child refrain from using alcohol, tobacco, drugs, other prohibited substances, violence, abusive or foul language, inappropriate sexual conduct, or any other behavior deemed dishonest, discourteous, offensive or disrespectful of others.

Basic Responsibilities

- Practice teamwork with all parents, swimmers, and coaches by supporting the values of Discipline, Loyalty, Commitment, and Hard Work.
- See that your swimmer is on time for practice and arrives on time for meet warm-ups.
- Maintain self-control at all times.
- Know your role
 - Swimmers swim
 - Coaches coach
 - Officials officiate
 - Parents parent
- Email coaches before or after practice/meets to schedule time to discuss issues.
- Do not coach your child at practice or during meets, that is the coach's job.
- Trust and support your swimmer's and coach's decisions around goal-setting and event entries. Do not impose your ambitions on your child rather work cooperatively as a unit – coach, swimmer and parent.
- Any questions about disqualifications, judging, etc. should be directed to your swimmer's coach.
- Get involved....be an official, be a committee chair, help plan a fundraiser, help plan a group social. Find something you enjoy!
- Share the burden of work that needs to be done among all parents by volunteering to help at our meets.
- Pay your fees.

SWIMMER CODE OF CONDUCT:

- Swimmers are expected to remember that at practice, during swim meets and in public they are representing their team. They should represent the team with excellence, team spirit, good sportsmanship and politeness.
- Swimmers are expected at all times to follow the directions of any member of the coaching staff and any person who is in a place of authority.
- Swimmers are expected to use appropriate language. Use of profane or abusive language or obscene gestures will not be tolerated.
- There shall be no drinking of alcohol or use of tobacco products or illegal drugs.
- Swimmers are expected to respect each other. Fighting, intentional touching or striking another athlete will not be tolerated.
- Swimmers are expected to respect and care for the property of others. Vandalism, intentional damage to property or theft of property will not be tolerated.
- Swimmers must notify the coach in advance if they are planning to leave practice or swim meets early.
- Disruption of practice by an athlete may result in that swimmer's removal from practice.

Basic Responsibilities

- Swim for the fun of it, not just to please your parents or coach.
- Swimmers should be punctual for all practices and meets. Pool time is very valuable.
- Swimmers are expected to wear team approved swim suits and team caps at meets. This displays team pride and also makes it easier to identify swimmers on the blocks and in the water.

- Swimmers should be an active participant in all team practices, competitions, fundraising events and other team activities.
- Focus on every drill and every set. Be committed to putting forth your best effort every day. An honest effort does not include cutting laps, pulling on lane lines or missing send offs/sets.
- The coach is there to help you. You are expected to pay attention and follow all of the coach's instructions completely and exactly. If any clarification is needed, inquire politely.
- Swimmers are asked to respect the coach's directions and give their full cooperation.
- Cooperation with teammates and staff will produce a productive practice environment and competitive environment for all.

Blue Eagle Swim Team ~ Nazareth Summer Swim Team