



## Welcome to the Cuda Zone! 2019 Season

**FAMILY SET-UP:** BOTH teams must share the large grass area behind the family pool. The visiting team will be on the left half side of the grass **closest to the cement walkway** where you enter the club. It allows your team direct entrance into the pool from the side gate near the back restrooms. Spare Time only allows us to open the back gate at **6:30 AM**. No pop-up tents are allowed around the pool, only umbrellas/Sportbrellas.

**MEET TIMES:** Broadstone Barracudas home meets will start at 8:00 AM. Please use our schedule below to help assist swimmers/parents in planning timeframes to get checked in and warmed up.

- 6:30 – 6:50am Swimmer and parents check In
- 7:00 – 7:25am Barracuda warm-up period
- 7:25 – 7:50am Visiting team warm-up period
- 7:00 – 8:00am Scratch session (held inside club by the café)
- 8:00 – 2:00pm Swim meet (ending time may vary)

**READY BENCH:** Our club is using the Joint Ready Bench system using volunteers from both teams. The Joint Ready Bench is located adjacent to the Racing pool next to the scoreboard. PLEASE PROVIDE 6 VOLUNTEERS FOR THE AM SHIFT AND 6 VOLUNTEERS FOR THE PM SHIFT. The ready bench is shaded with pop-up tents.

**STROKE & TURN:** Both teams will provide the standard stroke and turn volunteers and we use one S&T official at each corner of the pool. Please provide S&T officials to help fill those spots.

**TIMERS:** We are an 8-lane pool so we will need at least 12 timers from the visiting team per shift.

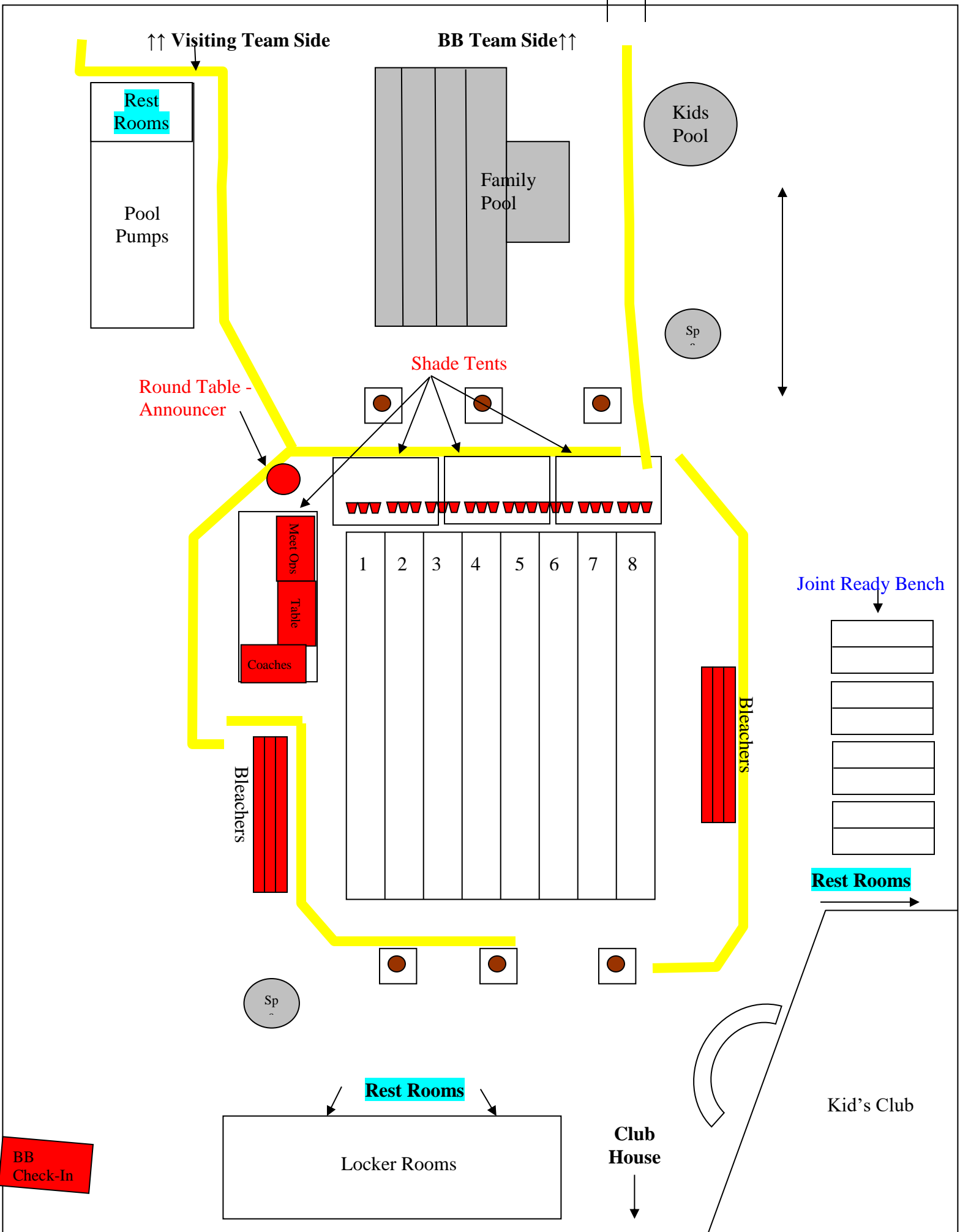
**RESTROOMS:** There are restroom facilities conveniently located adjacent to the team area for your use. Adults may also use the locker rooms near the racing pool behind the snack bar area. Our club requests that all swimmers use the restrooms located in the Kid's Club located near the playground or the restrooms adjacent to your team area. The Kid's Club (except for the rest rooms) is off-limits.

**PARKING:** Broadstone Sports Club asks that visiting swim team park on the street on Haverhill Drive. This parking area provides convenient access to the large grassy area designated for your team set-up. We will have the back gate open at 6:30 AM. Thank you for your cooperation with this. There will be a volunteer checking cars at the front of the club helping direct you to Haverhill Drive in case some families end up at the main parking lot. Attached are two maps of the area showing where you can park.

**OTHER POOLS & TENNIS COURTS:** Broadstone Sport Club requires that all swimmers stay out of the family pool, kids' pool, both hot tubs, and the steam rooms and saunas located inside the locker rooms. Please remind all swimmers to refrain from entering the tennis courts, throwing loose balls into the courts or playing around the practice wall.

**FOOD & BEVERAGES:** Seasons Café at Broadstone offers breakfast and lunch items and beverages during meets. We also sell snow cones.

The next three pages contain the maps of the pool setup and parking directions. Thank you for your cooperation, and please let us know if you have any questions. Contacts: League Rep: Sarah Dean (916-379-0995) or President: Ryan Tice (916-804-3359). We are looking forward to a fun season!



Rest Rooms

Pool Pumps

Kids Pool

Family Pool

Shade Tents

Round Table - Announcer

Meet Ops Table

Coaches

1

2

3

4

5

6

7

8

Bleachers

Bleachers

Joint Ready Bench

Rest Rooms

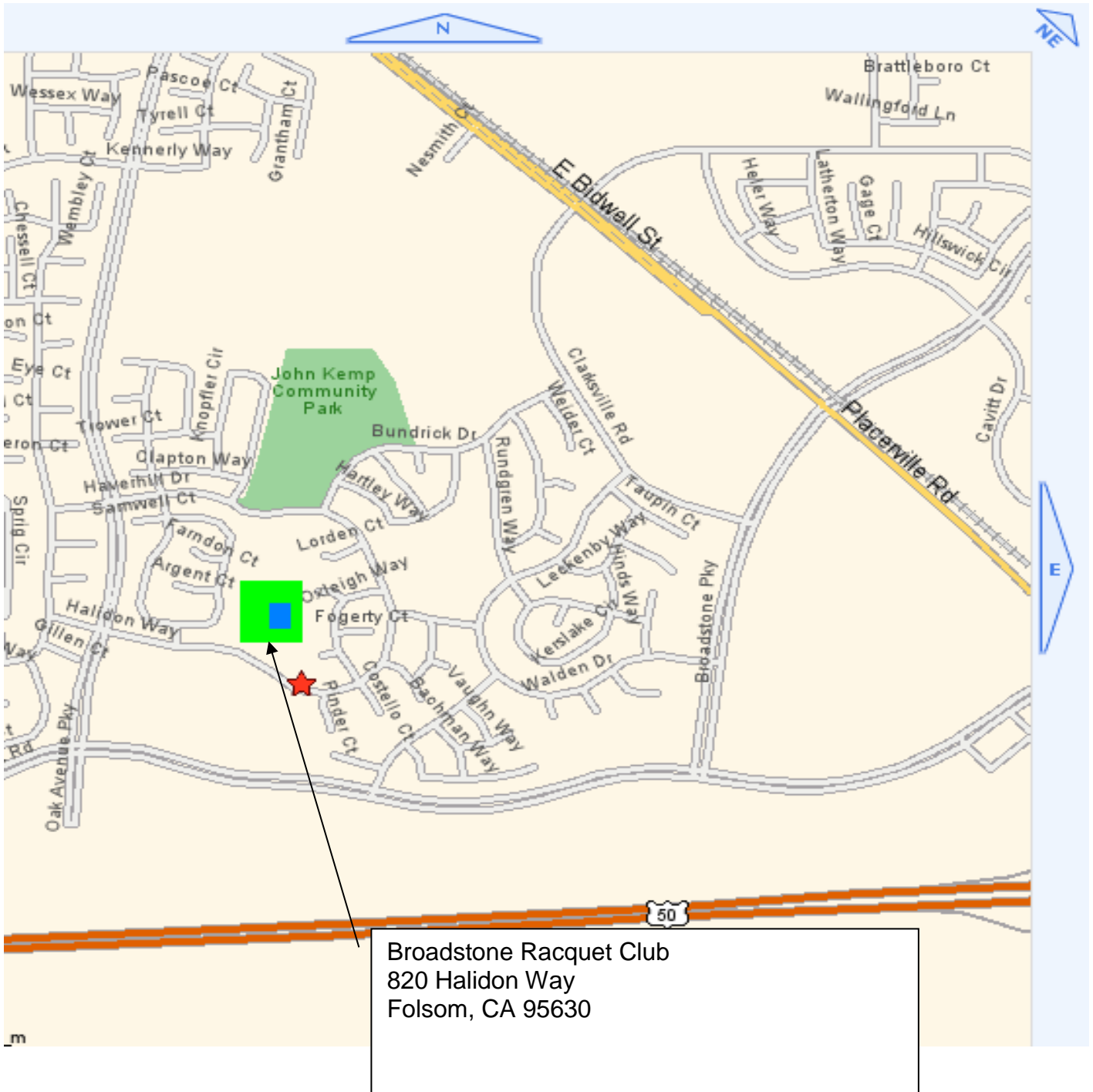
Rest Rooms

Locker Rooms

Club House

Kid's Club

BB Check-In



From Eastbound Highway 50:  
Exit Prairie City Road, turn Left  
Right on Iron Point (Folsom High School on the corner)  
Left on Oak Avenue Parkway  
Right on Haverhill Drive – see parking map below.

From Loomis and Granite Bay:  
Auburn-Folsom Road  
Left on Greenback Lane (into Historic Folsom) > this turns into Riley Street  
Right on Oak Avenue Parkway  
Left on Haverhill Drive– see parking map below.

