



Loomis Basin Dolphins 2019

Visiting Team Meet Information

Welcome to the home of the Loomis Basin Dolphins! This letter will provide you with information regarding our facilities, schedule, team areas, parking, and volunteer responsibilities.

Schedule

- Check-in: 6:45 a.m. (we will have a table for you in your team area)
- Scratch: 6:55 a.m.
- Warm up: LBD 6:55 a.m.; Visitors 7:20 a.m.
- Team cheers \ National Anthem: 7:50 a.m.
- Start of meet: 8:00 a.m.
- Estimated end of meet: 2:00 p.m.

Ready Bench

LBD uses the joint ready bench system for 6&U, 7/8, and 9/10 age groups. The ready bench is located in the southwest corner of the pool deck. Each team should provide 5 volunteers for each event for these age groups. Please, no thru traffic in the ready bench area (swimmer drop-off only).

Visiting Team Area

Visiting teams set up is on the grassy area behind the tennis courts on the east side of the pool along with the service road area to the south of the pool. The tennis courts were recently resurfaced and may not be use for the team area. There are gates at the southeast and southwest corners of the complex where swimmers and spectators can access the pool deck, ready bench, and starting blocks – *No visitor tent set-up on the pool deck, tennis courts or soccer playing surface (See Pool Area Map)*. Please note that the visitor team area at the south end of the pool is fully shaded but gravel paved- shoes and chairs are highly recommended.

Restrooms

Bathrooms are located at the North Entrance to the pool area.



Loomis Basin Dolphins

Recreational Swim Team | PO Box 773 - Loomis, CA 95650 | loomisdolphins.org

Stroke & Turn

Stroke & Turn/Official meeting is around 7:30 – please listen for announcements. The meeting will be behind the Computer Ops/Coaches Area on the Pool Deck. We run six judges for all strokes except freestyle, where we run 4; visitors must provide 3 officials for all non-freestyle events and 2 for freestyle events.

Timers

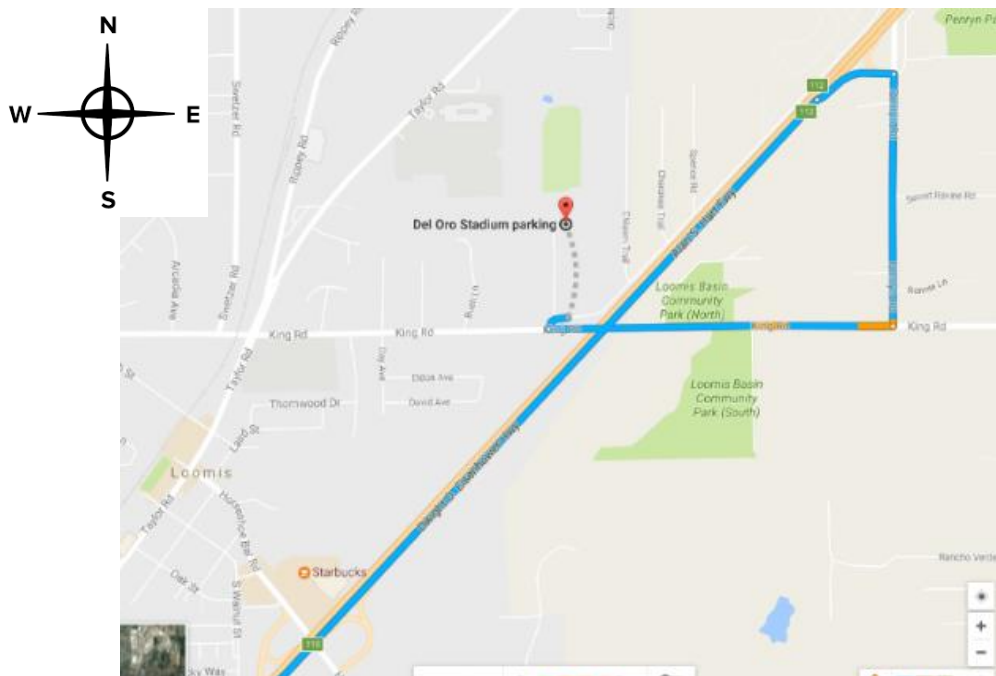
Two shifts of 32 timers (each team provides 16 timers per shift – 10 Lanes).

Directions & Parking

Our home pool is Del Oro High School. Visiting Team – Del Oro Stadium Parking: Boyington Rd, Loomis, CA 95650 (***Google Del Oro Football Stadium***)

From Sacramento:

- Take I-80 East (Reno)
- Take Exit 112 for Penryn Rd
- Turn right onto Penryn Rd
- Turn right onto King Rd
- Turn right onto Boyington Road
- Turn right into Del Oro Stadium parking

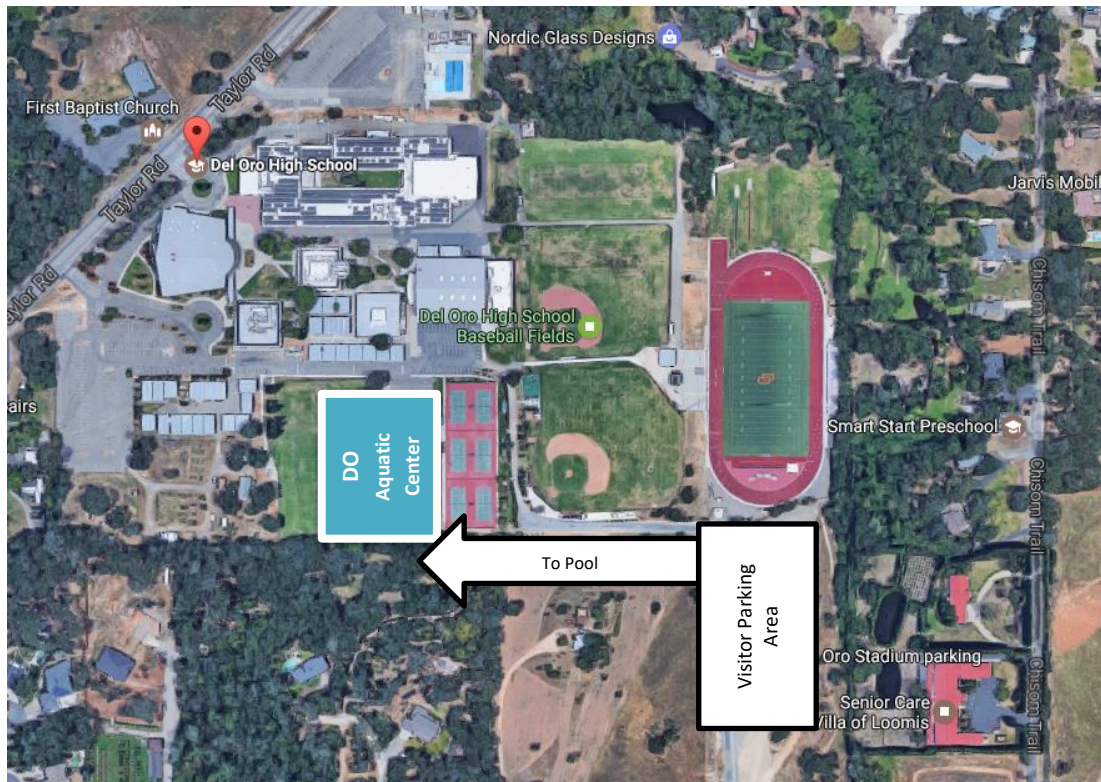




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Parking and pool location:

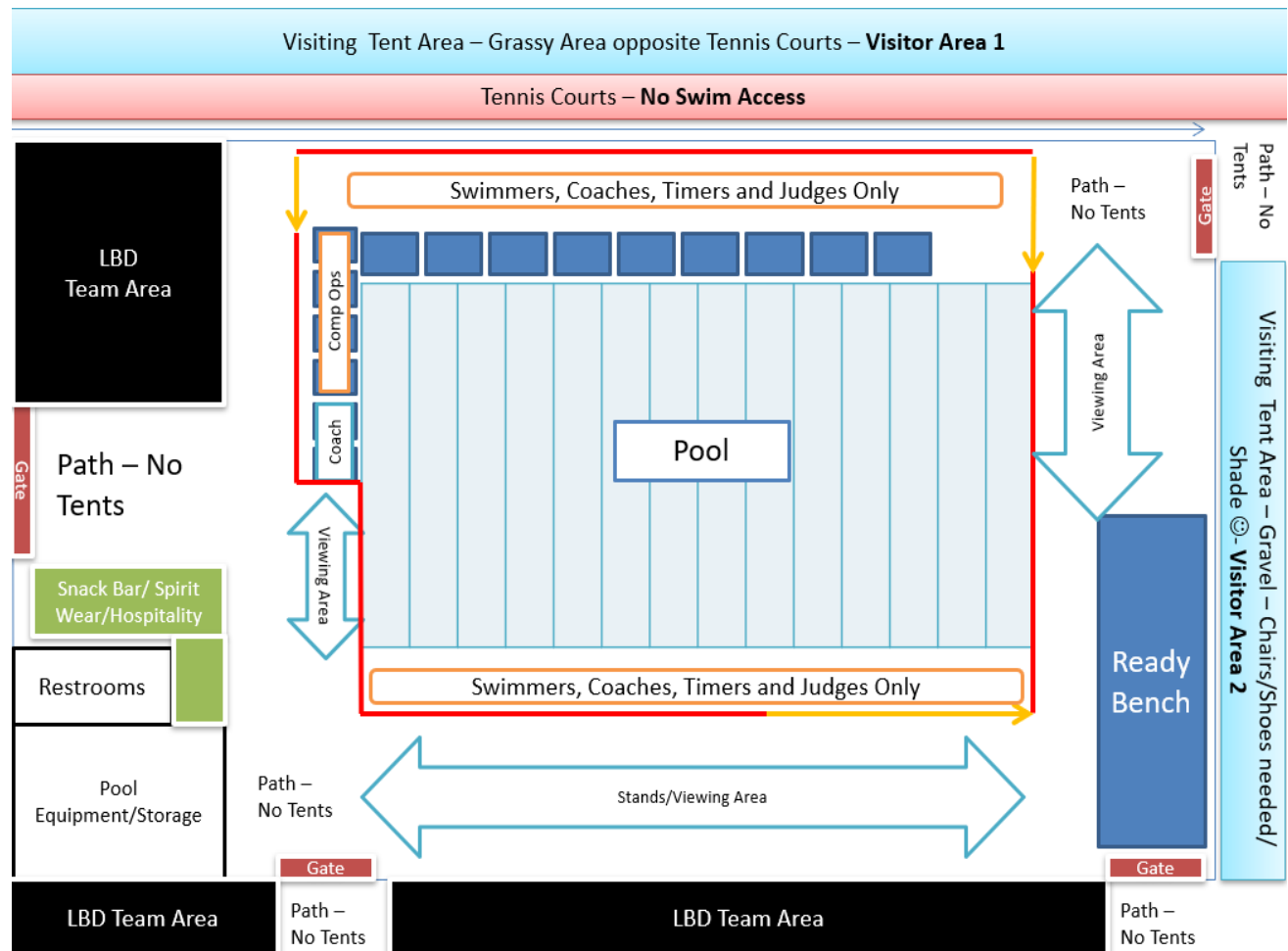




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Pool Area Map:



Contacts	Role	Phone	Email
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