

RUNNERS INFORMATION

There will be two (2) runners at each A-HOME meet and four (4) runners at each B_HOME meet.

During 25M events, runners must collect the cards from the swimmers and bring them to the timers at the other end of the pool, **making sure to give the correct cards to the correct lanes,**

After each event a runner must pick up the time cards and put them in the basket.

Runners must also pick up DQ slips from the referee and put them in the basket.