



2019 County Meet Date and Information

The 2019 County Championship Swim Meet will be held August 2nd, 3rd, and 4th at Acalanes High School. The date of the County Meet has always been based off the Acalanes High School calendar, with the meet taking place the 2nd weekend prior to school starting. The first day of school at Acalanes will be August 13th, 2019, so we are not allowed to host the meet the weekend of Aug 9-11th. We understand this has an impact on many other traditional summer, recreational swim meets in Contra Costa County. However, this isn't a situation where we were arbitrarily changing the date. We are at the mercy of the school district and what they allow us to do. This is also in line with the high school swim season moving up a week for the 2019 season. We will move up the date for the 1st day of practice for summer recreational teams to April 1st, 2019.

New Event added for the 2019 County Championship Meet

For the 2019 County Championship Meet we will be adding an individual event for swimmers to qualify and compete in, the 50-yard freestyle for both 15-18 Girls and 15-18 Boys age groups. Swimmers in those age groups will still be able to enter 2 individual events, but they will have their choice among 50 Free, 100 Free, 100 Breast, 100 Back, 100 Fly, and 100 IM. Since we understand the opportunities for swimmers to qualify in the different distances of the freestyle events may be limited, we will also accept qualifying times in those events achieved at a verifiable high school meet during the 2019 season, either at the Varsity or Junior Varsity level. Swimmers still need to meet all eligibility requirements to compete in the County Meet, including participating in a minimum of 3 meets during the summer recreational swim season.