

2021 SPRING SWIM CLINICS

WHEN

March 1 — March 11
March 22 — April 4
4 Weeks

WHERE

4554 Concord Blvd
Concord CA. 94521

PRIMARY FOCUS

- Technique
- Body Position
- Stroke Timing
- Balance

coachbrianholm@gmail.com

SCHEDULE:

7-8: 3:00-4:00pm
9-10 4:00-5:00pm
11-12 5:00-6:00pm
13-Up 6:00-7:00pm

FEES:

All Athletes \$175

DAYS

Monday & Wednesday
OR
Tuesday & Thursday

IMPORTANT!!!

Athletes may only choose two days to be compliant with Covid and County Rules

Please indicate which two days you wish to participate on reg form

At this time, no 6 & Under. All athletes must have 1 year swim team experience including official meet time