

**Springwood Swim Team  
Summer 2019**

**Individual Meet Entries Report**

**2019 Woodlands Invitational 13-Jul-19 to 14-Jul-19 [Ageup: 6/15/2019] Yards**

**Location: Woodlands Cabana Club**

**Springwood Swim Team [SPW]**

**4554 Concord Blvd  
Concord, CA 94521**

**925-250-9989  
dlendaris@yahoo.com**

**GIRLS**

<b>Amelia Bascom (17)</b>			<b>Caitlin Kougios (11)</b>		
# 1	Girls 15-18 50 Free	27.76Y	# 9	Girls 11-12 50 Free	32.37Y
# 13	Girls 15-18 100 Free	1:00.89Y	# 39	Girls 11-12 200 Medley Relay A (Alternate)	Alternate
# 43	Girls 15-18 200 Medley Relay A (Alternate)	Alternate	# 63	Girls 11-12 50 Back	42.30Y
# 83	Girls 15-18 200 Free Relay A (Alternate)	Alternate	# 79	Girls 11-12 200 Free Relay A (Alternate)	Alternate
<b>Mikayla Brown (13)</b>			<b>Gianna Kougios (12)</b>		
# 29	Girls 13-14 100 IM	1:13.14Y	# 9	Girls 11-12 50 Free	28.11Y
# 41	Girls 13-14 200 Medley Relay A	Back	# 39	Girls 11-12 200 Medley Relay A	Fly
# 53	Girls 13-14 50 Fly	32.89Y	# 51	Girls 11-12 50 Fly	29.93Y
# 81	Girls 13-14 200 Free Relay A	2	# 79	Girls 11-12 200 Free Relay A	4
<b>Maya Canada (12)</b>			<b>Alexa Malsom (8)</b>		
# 21	Girls 11-12 50 Breast	32.61Y	# 17	Girls 7-8 25 Breast	24.12Y
# 27	Girls 11-12 100 IM	1:10.21Y	# 35	Girls 7-8 100 Medley Relay A	Breast
# 39	Girls 11-12 200 Medley Relay A	Breast	# 69	Girls 7-8 100 IM	1:48.57Y
# 79	Girls 11-12 200 Free Relay A	2	# 75	Girls 7-8 100 Free Relay A	4
<b>Gabriella Caputi (14)</b>			<b>Athena Marquez (17)</b>		
# 11	Girls 13-14 50 Free	30.89Y	# 25	Girls 15-18 100 Breast	1:15.17Y
# 41	Girls 13-14 200 Medley Relay A	Fly	# 31	Girls 15-18 100 IM	1:06.00Y
# 53	Girls 13-14 50 Fly	33.48Y	# 43	Girls 15-18 200 Medley Relay A	Breast
# 81	Girls 13-14 200 Free Relay A (Alternate)	Alternate	# 83	Girls 15-18 200 Free Relay A	2
<b>Enya Castaneda (17)</b>			<b>Grace Montana (7)</b>		
# 13	Girls 15-18 100 Free	55.54Y	# 5	Girls 7-8 25 Free	18.77Y
# 43	Girls 15-18 200 Medley Relay A	Free	# 35	Girls 7-8 100 Medley Relay A	Free
# 55	Girls 15-18 100 Fly	1:03.00Y	# 59	Girls 7-8 25 Back	23.30Y
# 83	Girls 15-18 200 Free Relay A	4	# 75	Girls 7-8 100 Free Relay A	2
<b>Yesenia Castro (10)</b>			<b>Ayla Moreno (6)</b>		
# 61	Girls 9-10 50 Back	45.35Y	# 3	Girls 6 & Under 25 Free	27.23Y
# 77	Girls 9-10 200 Free Relay A	1	# 15	Girls 6 & Under 25 Breast	44.09Y
<b>Katrina Chavez (17)</b>			<b>Cassidy Ortiz (12)</b>		
# 31	Girls 15-18 100 IM	1:09.08Y	# 9	Girls 11-12 50 Free	30.39Y
# 43	Girls 15-18 200 Medley Relay A	Fly	# 27	Girls 11-12 100 IM	1:14.43Y
# 55	Girls 15-18 100 Fly	1:06.08Y	# 39	Girls 11-12 200 Medley Relay A (Alternate)	Alternate
# 83	Girls 15-18 200 Free Relay A (Alternate)	Alternate	# 79	Girls 11-12 200 Free Relay A (Alternate)	Alternate
<b>Brooklyn Henggeler (10)</b>			<b>Grace Pugh (15)</b>		
# 37	Girls 9-10 200 Medley Relay A	Fly	# 1	Girls 15-18 50 Free	27.01Y
# 49	Girls 9-10 50 Fly	36.54Y	# 43	Girls 15-18 200 Medley Relay A (Alternate)	Alternate
# 61	Girls 9-10 50 Back	40.30Y	# 67	Girls 15-18 100 Back	1:13.78Y
# 77	Girls 9-10 200 Free Relay A	4	# 83	Girls 15-18 200 Free Relay A	3
<b>Trinity Hockel (13)</b>			<b>Katherine Pugh (13)</b>		
# 11	Girls 13-14 50 Free	28.39Y	# 11	Girls 13-14 50 Free	28.56Y
# 23	Girls 13-14 50 Breast	34.69Y	# 23	Girls 13-14 50 Breast	35.07Y
# 41	Girls 13-14 200 Medley Relay A	Breast	# 41	Girls 13-14 200 Medley Relay A	Free
# 81	Girls 13-14 200 Free Relay A	4	# 81	Girls 13-14 200 Free Relay A	1
<b>Ke'olani Ka'ai (12)</b>			<b>Juliana Rattaro (10)</b>		
# 39	Girls 11-12 200 Medley Relay A	Back	# 7	Girls 9-10 50 Free	36.82Y
# 51	Girls 11-12 50 Fly	31.19Y	# 37	Girls 9-10 200 Medley Relay A	Back
# 63	Girls 11-12 50 Back	33.96Y	# 61	Girls 9-10 50 Back	45.43Y
# 79	Girls 11-12 200 Free Relay A	3	# 77	Girls 9-10 200 Free Relay A	2

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<b>GIRLS</b>
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**Lucia Rattaro (6)**

# 3	Girls 6 & Under 25 Free	29.12Y
# 57	Girls 6 & Under 25 Back	37.52Y

**Emilene Ringue (8)**

# 35	Girls 7-8 100 Medley Relay A	Fly
# 47	Girls 7-8 25 Fly	20.14Y
# 69	Girls 7-8 100 IM	1:48.44Y
# 75	Girls 7-8 100 Free Relay A	1

**Scarlett Ringue (10)**

# 19	Girls 9-10 50 Breast	47.98Y
# 37	Girls 9-10 200 Medley Relay A	Breast
# 71	Girls 9-10 100 IM	1:31.72Y
# 77	Girls 9-10 200 Free Relay A (Alternate)	Alternate

**Selene Ringue (9)**

# 7	Girls 9-10 50 Free	37.12Y
# 19	Girls 9-10 50 Breast	54.56Y
# 37	Girls 9-10 200 Medley Relay A	Free
# 77	Girls 9-10 200 Free Relay A	3

**Julia Salimpour (8)**

# 5	Girls 7-8 25 Free	20.15Y
# 35	Girls 7-8 100 Medley Relay A	Back
# 59	Girls 7-8 25 Back	23.55Y
# 75	Girls 7-8 100 Free Relay A	3

**Marisa Shahan (5)**

# 3	Girls 6 & Under 25 Free	21.45Y
# 57	Girls 6 & Under 25 Back	29.44Y

**Lexie Solari (16)**

# 13	Girls 15-18 100 Free	58.75Y
# 43	Girls 15-18 200 Medley Relay A	Back
# 67	Girls 15-18 100 Back	1:07.37Y
# 83	Girls 15-18 200 Free Relay A	1

**Makaela Summers (13)**

# 23	Girls 13-14 50 Breast	35.61Y
# 29	Girls 13-14 100 IM	1:14.41Y
# 41	Girls 13-14 200 Medley Relay A (Alternate)	Alternate
# 81	Girls 13-14 200 Free Relay A	3

**Donna Talmadge (12)**

# 27	Girls 11-12 100 IM	1:11.65Y
# 39	Girls 11-12 200 Medley Relay A	Free
# 51	Girls 11-12 50 Fly	31.42Y
# 79	Girls 11-12 200 Free Relay A	1

**Keilee Tizon (16)**

# 1	Girls 15-18 50 Free	29.52Y
# 43	Girls 15-18 200 Medley Relay A (Alternate)	Alternate
# 67	Girls 15-18 100 Back	1:17.39Y
# 83	Girls 15-18 200 Free Relay A (Alternate)	Alternate

**Marissa Vandevour (7)**

# 5	Girls 7-8 25 Free	20.73Y
# 35	Girls 7-8 100 Medley Relay A (Alternate)	Alternate
# 59	Girls 7-8 25 Back	27.42Y
# 75	Girls 7-8 100 Free Relay A (Alternate)	Alternate

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**BOYS**

<b>Shawn Canada (14)</b>			<b>Trevor Montana (6)</b>		
# 30	Boys 13-14 100 IM	1:05.29Y	# 4	Boys 6 & Under 25 Free	20.06Y
# 42	Boys 13-14 200 Medley Relay A	Fly	# 58	Boys 6 & Under 25 Back	25.12Y
# 54	Boys 13-14 50 Fly	28.84Y	<b>Brian Mucha (14)</b>		
# 82	Boys 13-14 200 Free Relay A	1	# 30	Boys 13-14 100 IM	1:06.25Y
<b>Rodolfo Castro (12)</b>			# 42	Boys 13-14 200 Medley Relay A	Back
# 80	Boys 11-12 200 Free Relay A	2	# 66	Boys 13-14 50 Back	30.27Y
<b>Zack Chau (15)</b>			# 82	Boys 13-14 200 Free Relay A	2
# 26	Boys 15-18 100 Breast	1:04.03Y	<b>Samuel Ortiz (10)</b>		
# 44	Boys 15-18 200 Medley Relay A	Back	# 20	Boys 9-10 50 Breast	54.21Y
# 56	Boys 15-18 100 Fly	57.85Y	# 38	Boys 9-10 200 Medley Relay A (Alternate)	Alternate
# 84	Boys 15-18 400 Free Relay A	2	# 50	Boys 9-10 50 Fly	47.27Y
<b>Dalton Cooper (14)</b>			# 78	Boys 9-10 200 Free Relay A (Alternate)	Alternate
# 12	Boys 13-14 50 Free	25.89Y	<b>Elias Salfiti (12)</b>		
# 42	Boys 13-14 200 Medley Relay A	Free	# 10	Boys 11-12 50 Free	33.26Y
# 54	Boys 13-14 50 Fly	29.70Y	# 28	Boys 11-12 100 IM	1:30.06Y
# 82	Boys 13-14 200 Free Relay A	4	# 80	Boys 11-12 200 Free Relay A (Alternate)	Alternate
<b>John Finck (17)</b>			<b>Noah Shahan (7)</b>		
# 14	Boys 15-18 100 Free	52.99Y	# 36	Boys 7-8 100 Medley Relay A	Free
# 44	Boys 15-18 200 Medley Relay A	Fly	# 60	Boys 7-8 25 Back	25.72Y
# 56	Boys 15-18 100 Fly	1:01.89Y	# 70	Boys 7-8 100 IM	1:53.74Y
# 84	Boys 15-18 400 Free Relay A	1	# 76	Boys 7-8 100 Free Relay A	3
<b>Hudson Freitas (12)</b>			<b>Jacob Soderlund (16)</b>		
# 80	Boys 11-12 200 Free Relay A	3	# 32	Boys 15-18 100 IM	53.90Y
<b>Maddon Hertzfeldt (9)</b>			# 44	Boys 15-18 200 Medley Relay A	Breast
# 38	Boys 9-10 200 Medley Relay A	Fly	# 68	Boys 15-18 100 Back	54.06Y
# 50	Boys 9-10 50 Fly	38.81Y	# 84	Boys 15-18 400 Free Relay A	4
# 72	Boys 9-10 100 IM	1:24.56Y	<b>Tyler Summers (11)</b>		
# 78	Boys 9-10 200 Free Relay A	4	# 22	Boys 11-12 50 Breast	40.81Y
<b>Max Hertzfeldt (6)</b>			# 52	Boys 11-12 50 Fly	33.35Y
# 16	Boys 6 & Under 25 Breast	34.96Y	# 80	Boys 11-12 200 Free Relay A	1
# 46	Boys 6 & Under 25 Fly	32.00Y	<b>Giles Thompson (8)</b>		
<b>Jakob Jensen (11)</b>			# 6	Boys 7-8 25 Free	21.00Y
# 10	Boys 11-12 50 Free	30.14Y	# 36	Boys 7-8 100 Medley Relay A	Back
# 52	Boys 11-12 50 Fly	32.98Y	# 60	Boys 7-8 25 Back	24.96Y
# 80	Boys 11-12 200 Free Relay A	4	# 76	Boys 7-8 100 Free Relay A	2
<b>Kaleb Josephson (9)</b>			<b>Jessie Thompson (10)</b>		
# 8	Boys 9-10 50 Free	36.28Y	# 8	Boys 9-10 50 Free	38.38Y
# 38	Boys 9-10 200 Medley Relay A	Back	# 38	Boys 9-10 200 Medley Relay A	Free
# 62	Boys 9-10 50 Back	44.73Y	# 62	Boys 9-10 50 Back	47.02Y
# 78	Boys 9-10 200 Free Relay A	1	# 78	Boys 9-10 200 Free Relay A	2
<b>Colt Krupa (7)</b>			<b>Caleb Tizon (10)</b>		
# 6	Boys 7-8 25 Free	19.43Y	# 8	Boys 9-10 50 Free	38.54Y
# 18	Boys 7-8 25 Breast	24.65Y	# 20	Boys 9-10 50 Breast	54.50Y
# 36	Boys 7-8 100 Medley Relay A	Breast	# 38	Boys 9-10 200 Medley Relay A	Breast
# 76	Boys 7-8 100 Free Relay A	1	# 78	Boys 9-10 200 Free Relay A	3
<b>Julian Martinez (13)</b>			<b>Derek Tizon (13)</b>		
# 42	Boys 13-14 200 Medley Relay A (Alternate)	Alternate	# 24	Boys 13-14 50 Breast	32.53Y
# 54	Boys 13-14 50 Fly	33.15Y	# 30	Boys 13-14 100 IM	1:08.29Y
# 66	Boys 13-14 50 Back	35.06Y	# 42	Boys 13-14 200 Medley Relay A	Breast
# 82	Boys 13-14 200 Free Relay A (Alternate)	Alternate	# 82	Boys 13-14 200 Free Relay A (Alternate)	Alternate

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<b>BOYS</b>
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**Eric Tizon (7)**

# 18	Boys 7-8 25 Breast	24.07Y
# 36	Boys 7-8 100 Medley Relay A	Fly
# 70	Boys 7-8 100 IM	1:40.63Y
# 76	Boys 7-8 100 Free Relay A	4

**Damik Van Fanos (14)**

# 12	Boys 13-14 50 Free	26.77Y
# 24	Boys 13-14 50 Breast	34.32Y
# 42	Boys 13-14 200 Medley Relay A (Alternate)	Alternate
# 82	Boys 13-14 200 Free Relay A	3

**Damyn Vandevair (13)**

# 12	Boys 13-14 50 Free	28.83Y
# 42	Boys 13-14 200 Medley Relay A (Alternate)	Alternate
# 66	Boys 13-14 50 Back	32.72Y
# 82	Boys 13-14 200 Free Relay A (Alternate)	Alternate

**Ty Vandevair (16)**

# 2	Boys 15-18 50 Free	24.10Y
# 32	Boys 15-18 100 IM	1:04.25Y
# 44	Boys 15-18 200 Medley Relay A	Free
# 84	Boys 15-18 400 Free Relay A	3

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Female IE's:	61	Female RE's:	55
Male IE's:	50	Male RE's:	45
<b>Total IE's:</b>	<b>111</b>	<b>Total RE's:</b>	<b>100</b>
<b>Total Athletes:</b>	<b>58</b>		