

WOMEN'S TOP 10 ~ INDIVIDUAL EVENTS

50 Free

1	Kim Vandenberg	23.08*	2000
2	Mary Ashby	23.13	2015
3	Dana Holt	23.54	2011
4	Lindsey Sharp	23.81	2003
5	Ashleen O'Brien	23.90	2018
6	Katie Arnold	24.15	2002
7	Rachel Cleak	24.19	2009
8	Meghan Bicomong	24.24	2012
9	Sydney Hodgkinson	24.28	2002
10	Olivia Alva	24.31	2008

* North Coast record

200 Individual Medley

1	Lauren Beaudreau	2:02.50	2005
2	Kim Vandenberg	2:03.00	2001
3	Andrea Ward	2:03.28	2009
4	Maddie Smith	2:07.01	2018
5	Jillian Ochs	2:07.17	2004
6	Channing Hanley	2:07.26	2018
7	Courtney Whyte	2:07.60	2010
8	Taylor Dahl	2:08.28	2000
9	Shelbi Luchini	2:08.85	2009
10	Vivian Tsai	2:09.36	1993

100 Free

1	Kim Vandenberg	49.41*	2000
2	Mary Ashby	50.26	2015
3	Dana Holt	51.11	2011
4	Lia Campbell	51.31	2015
5	Meghan Bicomong	51.66	2012
6	Lindsey Sharp	51.79	2003
7	Ashleen O'Brien	51.97	2017
T8	Rachel Cleak	51.99	2010
T8	Emily Ward	51.99	2015
10	Sarah Heath	52.58	2003

100 Butterfly

1	Kim Vandenberg	54.75	2002
2	Ashleen O'Brien	54.83	2017
3	Allison Stevens	55.60	2014
4	Caroline Lukins	55.70	2009
5	Hannah Grubbs	55.79	2013
6	Courtney Whyte	55.98	2009
7	Lizzy Follmer	56.29	2018
8	Katie Arnold	57.06	2007
9	Chelsea Pfohl	57.09	2006
10	Kristen Lewis	57.39	2000

200 Free

1	Kim Vandenberg	1:48.14	2001
2	Lia Campbell	1:49.68	2016
3	Sophia Cavalli	1:49.76	2017
4	Emily Ward	1:50.82	2016
5	Courtney Whyte	1:51.64	2011
6	Meghan Bicomong	1:51.81	2012
7	Shelbi Luchini	1:51.88	2009
8	Mary Ashby	1:52.39	2014
9	Sarah Heath	1:52.57	2002
10	Eva Erickson	1:54.89	2010

100 Backstroke

1	Mary Ashby	54.82	2015
2	Hannah Grubbs	55.43	2013
3	Allison Stevens	55.96	2013
4	Emily Ward	56.10	2016
5	Ashleen O'Brien	56.21	2018
6	Katie Arnold	56.30	2003
7	Shelbi Luchini	56.37	2009
8	Lizzy Follmer	56.49	2018
9	Maddie Smith	56.71	2017
10	Alison Shasky	57.09	2001

500 Free

1	Kim Vandenberg	4:54.05	2001
2	Andrea Ward	4:57.74	2009
3	Sophia Cavalli	4:58.47	2017
4	Maddie Smith	5:00.40	2017
5	Sarah Heath	5:02.69	2002
6	Shelbi Luchini	5:04.67	2008
7	Sophie Levy	5:05.24	2001
8	Molly Howland	5:06.12	2008
9	Courtney Whyte	5:06.45	2009
10	Erica Muller	5:07.12	2012

100 Breaststroke

1	Jillian Ochs	1:03.26	2003
2	Paige Hanley	1:03.62	2018
3	Channing Hanley	1:03.65	2018
4	Lauren Beaudreau	1:03.72	2004
5	Kelli Evans	1:05.04	1989
6	Megan Colpo	1:05.12	2017
7	Heather Prince	1:05.14	2000
8	Taylor Dahl	1:05.53	1998
T9	Maggie Bever	1:05.70	2001
T9	Alexa Hanley	1:05.70	2015

MEN'S TOP 10 ~ INDIVIDUAL EVENTS

50 Free

1	Sven Campbell	20.23*	2012
2	Matt Biondi	20.40	1983
3	Dana Foster	20.52	2008
4	Jeffrey Strausser	20.69	2011
5	Dan Monin	20.83	1993
6	Jerome Sivesind	20.94	1984
7	Grant Sivesind	20.95	2013
8	Robbie Ashby	20.96	2012
9	Bart Ebbinghaus	21.20	1981
10	Justin Chiles	21.26	2001

* North Coast record

200 Individual Medley

1	Steven Stumph	1:47.52*	2012
2	Cole Stevens	1:50.22	2016
3	Scott Lathrope	1:52.47	2004
4	Tom Kafka	1:52.58	1983
5	Scott Metcalf	1:53.24	2001
6	Tommy Dowley	1:53.29	2009
7	JD Ratchford	1:53.32	2013
8	Charley Lewis	1:53.61	1988
9	Nate Erickson	1:54.00	2008
10	Alex Shieman	1:54.35	2014

* North Coast record

100 Free

1	Sven Campbell	44.22*	2012
2	Matt Biondi	45.04	1983
3	Bart Ebbinghaus	45.29	1981
4	Grant Sivesind	45.51	2013
5	Sam Ayers	45.76	2018
6	Jeffrey Strausser	45.82	2011
7	Justin Chiles	45.87	2001
8	Tony Portela	45.90	1984
9	Jolen Griffin	46.01	2016
10	Dan Monin	46.06	1993

Peter Rocca 46.50 1975

* North Coast record

100 Butterfly

1	Steven Stumph	47.88*	2013
2	Jolen Griffin	47.96	2017
3	Jesse Krompfer	49.33	2005
4	Nicky Erickson	49.52	2016
5	Jeffrey Strausser	50.05	2010
6	Zach Disbrow	50.23	2003
7	Max Cruz	50.33	2017
8	Ryan Shaw	50.61	2015
9	Zach Le-Nguyen	51.02	2018
10	Derrick Garcia	51.03	2018

Matt Biondi 52.41

* North Coast record

200 Free

1	Sven Campbell	1:38.60	2013
2	Justin Chiles	1:39.71	2001
3	Bart Ebbinghaus	1:39.74	1980
4	Robbie Ashby	1:39.91	2011
5	Peter Rocca	1:40.60	1975
6	Zach Disbrow	1:40.67	2003
7	Michael Wheeler	1:40.76	2018
8	Tommy Dowley	1:40.81	2008
9	Frank Dinkel	1:41.00	1979
10	Sean Percin	1:41.49	2018

Matt Biondi 1:42.22 1983

100 Backstroke

1	Sven Campbell	47.65*	2013
2	Jolen Griffin	48.15	2017
3	Cole Stevens	49.38	2015
4	JD Ratchford	50.33	2001
5	Scott Metcalf	50.33	2001
6	Alex Shieman	50.60	2013
7	Zach Le-Nguyen	50.68	2018
8	Ryan Shaw	51.44	2015
9	Scott Lathrope	51.53	2003
10	Peter Rocca*	51.60	1975

* North Coast record

500 Free

1	Robbie Ashby	4:29.94	2011
2	Justin Chiles	4:30.67	2001
3	Stephen Grant	4:30.73	1987
4	Michael Wheeler	4:31.37	2018
5	Frank Dinkel	4:33.15	1979
6	Richard Thomson	4:34.25	1976
7	Sean Percin	4:36.02	2018
8	Clay Sanders	4:38.08	2011
9	Tommy Dowley	4:38.39	2008
10	Ryan Lenahan	4:39.01	2018

100 Breaststroke

1	Steven Stumph	53.39*	2013
2	Tom Kafka	56.73	1984
3	Bob Stinson	57.25	2003
4	Peter Varellas	57.37	2002
5	Peter Brassinga	57.43	2016
6	Tyler Schlenker	57.48	2006
7	Mason Loyet	57.62	2018
8	Giorgio Alessandria	58.15	2018
9	Chris Chuck	58.68	2009
10	Eric Tang	59.19	2006

* National High School Record

WOMEN'S TOP 10 ~ RELAYS & DIVING

200 Medley Relay

1	L. Follmer, P. Hanley A. O'Brien, M. Smith	1:44.51	2018
2	K. Arnold, J. Ochs Vandenberg, Hodgkinson	1:44.77*	2002
3	M. Smith, M. Colpo R. Hendricks, A. O'Brien	1:45.39	2017
4	H. Grubbs, K. Erickson A. Stevens, M. Ashby	1:45.82	2013
5	K. Arnold, H. Prince K. Lewis, K. Vandenberg	1:46.20*	2000
6	O. Teerikorpi, K. Skropeta C. Pfohl, A. Disbrow	1:46.31	2005
7	M. Ashby, K. Erickson E. Ward, B. Presten	1:46.62	2015
8	H. Grubbs, K. Erickson A. Stevens, S. Rasmussen	1:46.65	2014
9	K. Arnold, L. Beaudreau J. Ochs, S. Heath	1:46.71	2003
10	P. Sivesind, L. Mascheroni C. Whyte, D. Holt	1:47.16	2010

* North Coast record

400 Free Relay

1	A. O'Brien, L. Campbell S. Cavalli, E. Ward	3:26.83	2016
2	M. Ashby, E. Ward S. Cavalli, L. Campbell	3:27.41	2015
3	M. Ashby, H. Grubbs A. Stevens, M. Bicomong	3:27.60	2013
4	M. Ashby, E. Ward A. Stevens, H. Grubbs	3:28.59	2014
5	A. O'Brien, M. Smith L. Etnyre, S. Cavalli	3:29.21	2017
6	A. Stevens, M. Ashby H. Grubbs, M. Bicomong	3:29.60	2012
7	M. Smith, L. Follmer S. Cavalli, A. O'Brien	3:29.79	2018
8	R. Cleak, M. Bicomong C. Whyte, A. Ward	3:29.93	2010
9	R. Cleak, A. Ward C. Whyte, S. Luchini	3:30.06	2009
10	M. Bicomong, C. Whyte P. Sivesind, D. Holt	3:30.07	2011

200 Free Relay

1	M. Ashby, E. Ward S. Cavalli, L. Campbell	1:35.56	2015
2	A. O'Brien, N. Ung S. Cavalli, E. Rasmussen	1:35.75	2018
3	A. O'Brien, S. Cavalli L. Etnyre, L. Campbell	1:35.76	2016
4	R. Cleak, A. Ward M. Bicomong, D. Holt	1:36.24	2010
5	M. Bicomong, C. Whyte S. Flower, D. Holt	1:36.31	2010
6	R. Cleak, A. Ward O. Alva, D. Holt	1:36.52	2009
7	K. Vandenberg, K. Arnold C. Henry, A. Shively	1:36.81*	2000
8	K. Vandenberg, K. Arnold S. Heath, S. Hodgkinson	1:36.84	2002
T9	A. O'Brien, L. Etnyre L. Follmer, S. Cavalli	1:36.95	2017
T9	M. Ashby, B. Presten S. Rasmussen, E. Ward	1:37.01	2014

* North Coast record

Diving

1	Morgan Matranga	457.60	2014
2	Maren Kjell	382.35	2011
3	Camille Valvur	382.30	2016
4	Sara Koenigsberg	372.90	2016
5	Haley Tang	367.55	2018
6	Alyssa Parsons	349.60	2013
7	Jill Jackson	331.95	1989
8	Katie McCauley	315.55	1993
9	Ashley Milbridge	313.35	2002
10	Eliza Galligan	308.05	2007

MEN'S TOP 10 ~ RELAYS & DIVING

200 Medley Relay

1	S. Campbell, S. Stumph J.D. Ratchford, G.Sivesind	1:30.52*	2013
2	J. Griffin, P. Brassinga N. Erickson, C. Stevens	1:31.36	2016
3	J. Griffin, P. Brassinga M. Cruz, C. Van Farowe	1:31.48	2017
4	C. Stevens, P. Brassinga N. Erickson, J. Griffin	1:33.21	2015
5	S. Campbell, S. Stumph J.D. Ratchford, R. Ashby	1:32.99*	2012
6	Z. Le-Nguyen, M. Loyet M. Cruz, M. Younger	1:34.04	2018
7	R. Swoboda, T. Kafka Mi Biondi, J. Sivesind	1:34.23*	1984
8	S. Campbell, S. Stumph J. Strausser, N. Zolintakis	1:34.42	2010
9	A. Shieman, P. Brassinga J. Griffin, G. Sivesind	1:34.99	2014
10	T. Kaiser, T. Schlenker J. Krompier, A. Stuart	1:36.02	2006

* North Coast record

400 Free Relay

1	G. Sivesind, S. Stumph J.D. Ratchford, S. Campbell	3:01.70*	2013
2	J. Strausser, R. Ashby T. Jensen, S. Campbell	3:03.97*	2011
3	M. Cruz, M. Wheeler S. Ayers, J. Griffin	3:04.63	2017
4	J. Griffin, N. Erickson R. Shaw, C. Stevens	3:06.19	2015
5	S. Campbell, G. Sivesind S. Stumph, T. Jensen	3:06.29	2012
T6	S. Ayers, C. Mockfessel A. Baker, M. Wheeler	3:08.29	2018
T6	J. Sivesind, J. Lawrence C. Hoskirts, T. Portela	3:06.29	1984
8	J. Griffin, N. Erickson R. Shaw, C. Stevens	3:06.63	2015
9	R. Swoboda, J. Sivesind J. Lawrence, Mi Biondi	3:07.00	1983
10	J. Verhuel, P. Kawai B. Patterson, S. Swoboda	3:07.08	1989

* North Coast record

200 Free Relay

1	J. Strausser, S. Campbell N. Zolintakis, R. Ashby	1:23.35*	2011
2	S. Campbell, G. Sivesind T. Jensen, R. Ashby	1:24.45	2012
3	J. Strausser, N. Zolintakis S. Kingery, R. Ashby	1:25.13	2010
4	M. Younger, S. Ayers S. Jensen, C. Mockfessel	1:25.19	2018
5	K. Nashan, N. Erickson S. Ayers, J. Griffin	1:25.33	2016
6	G. Sivesind, J. Griffin A. Shieman, C. Stevens	1:25.46	2014
7	M. Wheeler, C. Van Farowe M. Younger, S. Ayers	1:25.72	2017
8	Y. Ito, K. Tracy Da. Aufhauser, D. Monin	1:25.90	1991
9	J. Griffin, C. Stevens S. Tagg, S. Zumacian	1:26.14	2015
10	T. Dowley, D. Foster R. Ward, A. Melton	1:26.30	2008

* North Coast record

Diving

1	Jim Metzger	507.70	1994
2	Josiah Klock	415.45	2018
3	Daniel Zabronsky	360.35	2018
4	Kurt Kirkorian	349.90	2005
5	Oos Piggott	328.60	2001
6	Evan Kohen	273.40	2007
7	Chester Halsted	273.00	2015
8	Marshal Johnson	259.25	2003
8	Spencer Drennan	250.15	2015
10	Brandon Smith	240.70	1991