**College Park Water Polo 2016**

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**Team Philosophy –**

School comes first. We have a great history of scholar athletes and expect to continue that reputation. The title of “student athlete” means that you know how to prioritize your time and balance schoolwork, sports, family life, and your social life.

Find individual success within the team success, and team success is only possible through individual success. When the team succeeds, each player should take pride in how the whole team played. In a game, in practice, and outside the pool, we will succeed as a team if everyone finds individual success every day.

**6** pillars of a successful program: Culture, teamwork, leadership, communication, respect, and accountability. All 6 permeate every aspect of the program as well as every participant, from the team moms to the last guy off the bench.

**Culture** – Reputation on our own campus/with your fellow students, as well as between players. Something as simple as eating lunch together, and dressing out for game days. Making it obvious to others that you are a part of a team shows your commitment to the program and to each other.

**Teamwork** – The responsibility of the coaches is to orchestrate in the pool, but acceptance, support, and respect for your fellow teammates outside of the pool is necessary to reach our goals for the season. There should be no feelings of malcontent towards any coach or player.

**Leadership** – The coaches are the final authority when it comes to the program. Our only job as coaches is to help you become strong young adults, and everything that we tell you to do is meant to make that happen. There will be one captain appointed by the coaches every week, and one captain elected by the players for the duration of the season. Each captain will be relied on by the coaches to make sure the players are ready for practices and games on time, keep everyone focused during practice, prepare and put away of all equipment before and after practices and games, and lead cheers and other team activities.

**Communication** – Outside the pool deck, all players are required to be in constant contact with the coaches. We are available through phone, text, email, and group messaging virtually 24/7. The coaches will send practice information, team activities, workout and diet tips, and links to water polo videos and articles. And players are encouraged to bring any team or individual concerns to the coaches, whether they have to do with water polo or not. Parents will not be allowed on the pool deck during practice hours, and email is the preferred method of communication with coaches.

**Respect** – Respect for your teammates, coaches, parents, team moms, opponents, referees, and most importantly respect for the game of water polo. Water polo is a small, and very tightly knit community in our area. Whether you decide to continue playing or not, you will cross paths with your teammates, opponents, and other players for the rest of your lives.

**Accountability** – Hand-in-hand with teamwork. The players are in complete control of the success of the program; they are the ones who play in the games. If the coaches and players hold themselves and their teammates accountable in and out of the pool, the problem(s) or inconsistencies in the programs will solve themselves much easier and faster. The coaches will hold each player accountable for everything in this contract, as well as their responsibilities as a player, student, and young adult.

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**Student Signature**

**Behavior Agreement**

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ promise to not engage in any behavior detrimental to the team, including but not limited to, drug and alcohol use, fighting, and vandalism. I will conduct myself in the professional manner that every student athlete should, in and out of the pool, and represent my team with the highest character I can.

Failure to adhere to these simple conditions will result in dismissal from the team, as well as repercussions from the school district.

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Student Signature

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Coach Signature

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Coach Signature