

Co-Curricular and Athletic Department RULES AND REGULATIONS

In order to ensure a meaningful, and successful athletic program, the administration, athletic directors and coaches have established certain standards of conduct and training for the young men and women who participate in co-curricular activities at our school. The standards presented here have evolved out of tradition which emphasizes mental, physical and ethical values of the highest order. It is our sincere hope that the experience which students have in the co-curricular program will prepare them for a healthy, happy and worthwhile life.

ELIGIBILITY

I. ALL ATHLETES BEFORE PRACTICE BEGINS MUST:

- a. Have an annual physical examination.
- b. Have minimum limits of medical insurance.
- c. Establish residential eligibility within the school attendance area or have on file the appropriate transfer approvals according to district and C.I.F. guidelines.
- d. Satisfy transportation requirement.
- e. Purchase an associated student body card.
- f. Currently enrolled in 5 classes.
- g. Passed 4 subjects and earned 20 units the previous semester (2.0 GPA preceding semester).
- h. File emergency cards with the Activities office.

II. ACADEMIC STANDARDS

Athletes must be academically eligible to participate. Incoming ninth graders are automatically eligible for the first nine-week quarter. To be eligible for the first quarter and all subsequent quarters, all other returning or incoming athletes must beat the minimum level of a 2.0 GPA. Athletes must be enrolled in and earning passing grades in a minimum of 4 classes at all times.

The 2.0 GPA is based on semester grades only. Students with a GPA of less than 2.0 shall be placed on probation for the subsequent semester. This serves as a warning and does not preclude participation in co-curricular activities.

A student who earns a GPA below 2.0 for 2 successive semesters shall be declared ineligible and such ineligibility shall begin on the first school day of the third week following the close of the previous semester grading period. The student will be reinstated as eligible for extra-curricular participation when he/she achieves a semester GPA of 2.0 or better.

If a student finds he/she is academically ineligible to participate in co-curricular activities in the first semester of the upcoming year, he/she may request of the school registrar that current summer school grades be added to the grades received in the spring semester and that the current spring semester and summer school grades be used to determine eligibility for the first semester of the upcoming school year.

A student's grade point average (GPA) can be improved under the following conditions:

- a. If a student is repeating a course previously taken (REPEATED CLASSES MUST BE THE SAME COURSE), the repeat grade replaces the previous grade and should be averaged along with all the courses during the preceding grading period. In other words if a student is taking a class that has already been taken, the new grade can be averaged with all grades that were accumulated in June.
- b. Classes taken during the summer can be averaged with all grades that were accumulated in June.
- c. Classes that do not have a letter grade are to be eliminated from grade point computation. *All athletes MUST report all injuries to the coach immediately.*

CODE OF CONDUCT

III. ATHLETE'S CODE OF ETHICS:

Athletics is an integral part of the school's total education program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgement of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.
12. Understand that the highest potential of sports is achieved when all participants are committed to pursuing victory with honor and that this is done by following the "Six Pillars of Character" TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING AND CITIZENSHIP.

IV. RULES OF CONDUCT:

Student is expected to conduct him/herself as a gentleman/lady at all times in school, classrooms, halls, assemblies, shower rooms, locker rooms, training rooms, athletic trips and during contests. Being an athlete and student is a 24-hour a day job. The following actions constitute grounds for suspension from athletic competition:

- a. Missing practice without permission or prior approval by the coach.
- b. Profanity, either at school or an athletic event.
- c. Improper conduct on the athletic bus or at an athletic event.
- d. Defiance of authority.
- e. Theft.
- f. Unauthorized use of equipment or locker room.
- g. Suspension from school for disciplinary action.
- h. The USE OR POSSESSION OF TOBACCO, ALCOHOL OR NARCOTICS WILL NOT BE TOLERATED, and such use or possession will result in suspension from the team and from athletics until such time as the matter can be reviewed by the coaches, athletic council and school administration. Additional offenses may result in suspension from all participation for the duration of the student's attendance at this high school.
- i. Unsatisfactory conduct on campus, in the classroom, or at a school-related activity.
- j. Failure to maintain required academic standards as set by the school district and C.I.F.
- k. Student rides to event on bus and returns on bus unless direct contact between parent and coach.

V. REVIEW COUNCIL

The observance of training rules is a year-round responsibility of the athlete, out-of-season as well as in-season. This is especially true with regard to the use of alcohol, tobacco or narcotics. Our students are expected to have the highest of ethical standards involving the rights of others.

To assure that our athletes receive due process in any punitive or disciplinary action that follows as a result of an alleged transgression of a rule, that athlete may appeal such action through the Athletic Review Council. Athlete may pick up form in activities office.

VI. DROPPING A SPORT

After a team has been selected (team roster: day of first contest), an athlete must receive the coach's approval before he/she drops the sport. If the athlete does not get approval, he/she may not start another sport until that sport season is concluded (last contest).

VII. ACKNOWLEDGMENT OF RISK

WARNING: We realize there is a possibility that a child may suffer severe injury, including permanent paralysis or death, as a result of participating in athletic activities.

I have read the foregoing CO-CURRICULAR AND ATHLETIC DEPARTMENT RULES OF CONDUCT.

Signature of Student

Signature of Parent or Guardian

**FOR OFFICE
USE ONLY**

ELIGIBILITY

PHYSICAL

INSURANCE

TRANSPORTATION

ASB

HUNTINGTON BEACH UNION HIGH SCHOOL DISTRICT

Student _____ Activity/Sport _____ Grade Level _____ Birthdate _____

Address _____ City _____ Phone _____

I am living full time with _____ Parents _____ Legal Guardian _____ Other _____ **STUDENT ID #** _____

Have you lived with the same parent since 8th grade? ___No ___Yes Have you lived in the same house since 8th grade? ___No ___Yes

Date entered 9th grade _____ Age as of June 15 _____

Are you a transfer student? _____ No _____ Yes School last attended _____

School _____ City _____ State _____

Below, list names of those you are living full time with...

a) Parent (s) _____ Business Phone _____

_____ Business Phone _____

b) Guardians _____ Business Phone _____

_____ Business Phone _____

c) **Other Emergency Contact** _____ Phone _____

INSURANCE INFORMATION

_____ My son/daughter (or ward) is covered for the above activity under our family Health/Medical Plan which provides a minimum coverage of \$1,500 as required by Ed Code #32220-24.

Name of Company _____ **Subscriber** _____ **Policy #** _____

_____ I have purchased school Insurance Plan _____

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CLASSROOM DISMISSAL CONSENT: Classes may not meet on the days of events.

TRAINER CONSENT: I give permission to the Athletic Trainer to administer first aid, follow-up treatment and rehabilitation when appropriate in his/her professional judgment as approved by the consulting physician.

TREATMENT CONSENT: In the event of an accident or emergency, I (we) give permission for the school authorities to take my (our) child to any available doctor or hospital, or request their services.

*If you do not check any of the above what action would you like taken? _____

MEDICINE you are currently taking _____

ALLERGIES: _____

Under penalty of perjury, the undersigned residents of California state they are the parents, guardians or other person having legal custody of the minor.

_____ **Date**

_____ **Signature of Parent/Guardian**

_____ **Signature of Student**

If there are any changes in guardians, residence, insurance or emergency information, it is the responsibility of the Parent/Guardian to notify the school.

PLEASE READ AND SIGN REVERSE SIDE OF THIS CARD FOR ELIGIBILITY