**North Central Swimming & Diving 2015**

**October**

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | 1 | 2 | 3 |
| 4 | 5  Fall Break Week | 6 | 7 | 8 | 9 | 10 |
| 11 | 12  Sw= Swimming  Dr= Dryland  A=All  G= Girls  B= Boys  BG= Boys & Girls  D= Distance  O=Optional  V= Varsity  JV= Junior Varsity | 13  Please note, all JV practices on school afternoons conclude at 5PM. | 14  **JV General School Week Schedule:**  M:AM ONLY  Tues-Thur: PM ONLY  Fri: Off  Sat: AM | 15  Parent Leadership Meeting- NC Pool Classroom  6 to 7pm | 16 | 17 |
| 18 | 19 | 20 | 21  **Open House, Parent Meet, Suit Sizing**  NC- Door #24  5 to 7PM | 22 | 23 | 24 |
| 25 | 26  **Girls Opening Day**  5:15-6:45AM  3:15-5:45 | 27  3:15-5:45PM | 28  5:15-6:45AM  3:15-5:45PM | 29  3:15-5:45PM | 30  5:15-6:45AM | 31  7 to 10AM |

**North Central Swimming & Diving 2015**

**November**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1  D= Distance  O= Optional | 2  5:15-6:45AM  3: 15-5:45PM | 3  3: 15-5:45PM | 4  5:15-6:45AM  3: 15-5:45PM | 5  5:15-6:45AM  (D & O)  3: 15-5:45PM | 6  5:15-6:45AM | 7  7-10AM |
| 8 | 9  **Boys Opening Day**  5:15-6:45AM  3: 15-5:45PM | 10  3: 15-5:45PM | 11  5:15-6:45AM  3: 15-5:45PM | 12  5:15-6:45AM  (D & O)  3: 15-5:45PM | 13  5:15-6:45AM  3: 15-5:15PM | 14  6AM report to practice. Picture Day Details on team website & shared at practice.  **AD Parent Meeting 11AM** |
| 15 | 16  5:15-6:45AM  3: 15-5:45PM | 17  3: 15-5:45PM | 18  5:15-6:45AM  3: 15-5:45PM | 19  5:15-6:45AM  (D & O)  3: 15-5:45PM | 20  5:15-6:45AM | 21  **NO Practice** |
| 22  *MSDWT*  *Thanksgiving*  *Break Week* | 23  5:15-6:45AM  3: 15-5:45PM | 24  **Home vs. Pike**  **6PM** | 25  5:15-6:45AM  3: 15-5:45PM | 26  **Happy Thanksgiving**  **No Practice** | 27  7 to 9AM  ALUMNI DAY | 28  **Home vs. Columbus North 10AM** |
| 29 | 30  5:15-6:45AM  3: 15-5:45PM |  |  |  |  |  |

**North Central Swimming & Diving 2015**

**December**

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | 1  5:15-6:45AM  3: 15-5:45PM | 2  **No Practice** | 3  5:15-6:45AM  (D & O)  3: 15-5:45PM | 4  5:15-6:45AM | 5  7 -10AM |
| 6 | 7  5:15-6:45AM  3: 15-5:45PM | 8  **Away@ Carmel 6PM- bus departs 4:30pm** | 9  5:15 -6:45AM  3: 15-5:45PM | 10  5:15-6:45AM  (D & O)  3: 15-5:45PM | 11  5:15-6:45AM | 12  **@Homestead Invite Noon**  **Bus Departs**  **7:30am, Pool doors open 6:45am** |
| 13 | 14  5:15-6:45AM  3: 15-5:45PM | 15  **3:15 to 5:45pm-**  **JV/Non-Marion County Time Trial** | 16  5:15-6:45AM  3: 15-5:45PM | 17  5:15-6:45AM  (D & O)  3: 15-5:45PM  *Last Day of School before Winter Break* | 18  **Marion County @NC**  **Details TBA.**  **Report to pool by 3:15PM** | 19  **Marion County @NC**  **Details TBA.**  Report to Pool TBA. |
| 20  **JV: AM practices only over Christmas Break** | 21  7-10AM  3-5PM | 22  7-10AM  3-5PM | 23  7-10AM  3-5PM | 24  7 to 10AM - *optional workout- if you are still in town, it is expected that you attend these workouts* | 25  **Merry Christmas-**  No practice | 26  7 to 10AM- *optional workout. Reference expectations on the 24th.* |
| 27 | 28  7-10AM  3-5PM | 29  7-10AM  3-5PM | 30  **NC Panther Invite 1PM**-  Swimmers Report10AM | 31  7-10AM  3-5PM |  |  |

**North Central Swimming & Diving 2016**

**January**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  | 1  **Happy New Year- no practice** | 2  7-10AM |
| 3 | 4  1st Day of School Second Semester  5:15-6:45AM  3: 15-5:45PM | 5  3: 15-5:45PM | 6  5:15-6:45AM  3: 15-5:45PM | 7  5:15-6:45AM  (D & O)  3: 15-5:45PM  **MIC Conference Diving @Carmel TBA** | 8  5:15-6:45AM  ***MIC Diving Finals @ Carmel*** | 9  7-10AM  **MIC Conference Swimming & Diving TBA** |
| 10 | 11  5:15-6:45AM  3: 15-5:45PM | 12  **Home vs. Noblesville** 6PM | 13  5:15-6:45AM All Varsity Swim. NO Varsity PM  3:15 to 5PM JV ONLY | 14  **Home vs. Hamilton Southeastern 6PM** | 15  5:15-6:45AM | 16  7-10AM |
| 17 | 18  MLK Day- No School  7 to 10AM | 19  **Home Center Grove 6PM** | 20  **NO AM**  3: 15-5:45PM | 21  5:15-6:45AM  (D & O)  3: 15-5:45PM | 22  5:15-6:45AM | 23  7-10AM  **Home vs. Homestead 11AM** |
| 24 | 25  5:15-6:45AM  3: 15-5:45PM | 26  3: 15-5:45PM | 27  5:15-6:45AM  3: 15-5:45PM | 28  5:15-6:45AM  (D & O)  3: 15-5:45PM | 29  5:15-6:45AM | 30  7 to 10AM  (Varsity Only)  **JV INVITE @ Carmel HS- Noon- bus departs 10:30AM** |

**North Central Swimming & Diving 2016**

**February**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Girls Sectional Taper Group:  PM ONLY- typically done by 5PM | 1  5:15-6:45AM  3: 15-5:45PM  **Final Pratice JV Girls** | 2  3: 15-5:45PM  **Boys Dual @ LN 6PM, bus departs 4:30pm** | 3  5:15-6:45AM  3: 15-5:45PM | 4  3: 15-5:45PM  **Girls Sectional @LN 6PM,**  **Bus departs 4PM** | 5  5:15-6:45AM  3:15-4:45 PM | 6  7-9AM  **Girls Sectional Finals@LN 9AM Diving/1PM Swimming** |
| 7 | 8  5:15-6:45AM  3: 15-5:45PM | 9  Final Practice JV Boys  3: 15-5:45PM  **Girls Regional Diving TBA 6PM** | 10  5:15-6:45AM  3: 15-5:45PM | 11  3: 15-5:45PM | 12  **Girls State @IUPUI 6PM** | 13  **Girls State Finals @IUIPU**  **1PM** |
| 14 | 15  Possible School Flex Day  Boys Swimming each remaining day- PM only | 16 | 17 | 18  **Boys Sectional**  **Prelims Home**  **6pm** | 19 | 20  **Boys Sectional Finals Home 1pm** |
| 21 | 22 | 23  **Boys Regional Diving TBA** | 24 | 25 | 26  **Boys State @IUPUI** | 27  **Boys State Finals @IUPUI** |