**North Central Swimming & Diving- Varsity Training Calendar**

**October 2017**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | 25 | 26 | 27 | 28 | 29 | 30 |
| 1 | 2 | 3 | 4 | 5  **Open House Date, 5 to 7PM** | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17  **JV General School Week Schedule:**  M:AM ONLY  W: AM&PM  Tue/Thu: PM ONLY  Fri: Off  Sat: AM | 18 | 19 | 20 | 21 |
| 22 | 23  **Girls Opening Day**  5:15-6:45AM  3:15-5:45 | 24  3:15-5:45PM | 25  5:15-6:45AM  3:15-5:45PM | 26  3:15-5:45PM | 27  5:15-6:45AM | 28  7-9:30AM |
| 29 | 30  5:15-6:45AM  3:15-5:45 | 31  Morning Practice only, all groups 5:15 to 6:45AM |  |  |  |  |

**North Central Swimming & Diving Varsity**

**November 2017**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | 1  5:15-6:45AM  3: 15-5:45PM | 2  Early Release Day  Practice 1:45 to 3:30PM | 3  5:15-6:45AM | 4  7-9:30AM |
| 5  JV Parent meeting this week, TBA. | 6  **Boys Opening Day**  5:15-6:45AM  3: 15-5:45PM | 7  3: 15-5:45PM | 8  5:15-6:45AM  3: 15-5:45PM | 9  3: 15-5:45PM | 10  5:15-6:45AM  3: 15-5:15PM | 11  7-8AM  **PICTURE DAY- 8:30AM**  **AD Parent Meeting 11AM** |
| 12 | 13  5:15-6:45AM  3: 15-5:45PM | 14  3: 15-5:45PM | 15  5:15-6:45AM  3: 15-5:45PM | 16  3: 15-5:45PM | 17  5:15-6:45AM | 18  **NO Practice** |
| 19  *MSDWT*  *Thanksgiving*  *Break Week* | 20  5:15-6:45AM  3: 15-5:45PM | 21    **@Pike 6PM**  **bus departs**  **4:30PM** | 22  5:15-6:45AM  3: 15-5:45PM | 23  **Happy Thanksgiving**  **No Practice** | 24  7 to 9AM  ALUMNI DAY | 25  **Home vs Columbus North 10AM. Report 7AM** |
| 26 | 27  5:15-6:45AM  3: 15-5:45PM | 28  3: 15-5:45PM | 29  5:15-6:45AM  3: 15-5:45PM | 30  3: 15-5:45PM |  |  |

**North Central Swimming & Diving Varsity**

**December 2017**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  | 1  5:15-6:45AM | 2  7 -9:30AM |
| 3 | 4  5:15-6:45AM  3: 15-5:45PM | 5  **@ Carmel 6PM- Varsity only, bus departs 4:30PM** | 6  5:15 -6:45AM  3: 15-5:45PM | 7  3: 15-5:45PM | 8  5:15-6:45AM | 9  **@Homestead Invite 11AM**  **Bus Departs**  **7:30am, Pool doors open 6:45am** |
| 10 | 11  5:15-6:45AM  3: 15-5:45PM | 12    5:15-6:45AM  3: 15-5:45PM | 13  5:15-6:45AM  3: 15-5:45PM | 14  *Optional Open Swim/Warm up 6 to 6:40AM*  Day off- Academic Pre-Finals Prep Day | 15  **Marion County @IUPUI, Meet Starts 6PM**  **Bus Departs 3:45PM** | 16  **Marion County@IUPUI**  **Meet Starts at 1:30PM**  **Bus departs 10:30AM** |
| 17 | 18  Finals Day 1  5:15-6:45AM  &/or  3: 15-5PM | 19  Finals Day 2  5:15-6:45AM  &/or  3: 15-5PM | 20  Finals Day 3  5:15-6:45AM  &/or  3: 15-5PM | 21  Finals Day 4  Last Day of School 1st Semester,  NO AM practice  3:15- 5:45PM | 22  No School  7-9AM  2-4PM- Varsity only | 23  7-9:30AM |
| 24  **JV: AM practices only over Christmas Break** | 25  **Merry Christmas** | 26  3-5PM | 27  7-10AM  3-5PM | 28  **NC Panther Invite:**  **JV compete at 9AM**  **Varsity at 2PM** | 29  7-10AM  3-5PM | 30  7 to 9:30AM |
| 31 |  |  |  |  |  |  |

**North Central Swimming & Diving Varsity**

**January 2018**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | 1  Happy New Year! | 2  7-10AM  3-5PM | 3  7-10AM  3-5PM | 4  7-10AM  3-5PM  ***MIC Diving Prelims @ Carmel 6:30PM*** | 5  7 to 8:30AM  ***MIC Diving Finals @ Carmel6:30PM*** | 6  Practice 9-10:30AM, depart 10:50AM  **MIC Conference Swimming, Noon** |
| 7 | 8  5:15-6:45AM  3: 15-5:45PM | 9  **Home vs. Noblesville** 6PM | 10  5:15-6:45AM All Varsity Swim  3:15 to 4:15 Varsity Optional Open Swim | 11  **@ Hamilton Southeastern 6PM, bus departs 4:30PM** | 12  5:15-6:45AM | 13  7-9:30AM |
| 14 | 15  MLK Day- No School  7 to 10AM | 16  **Home vs. Center Grove 6PM** | 17  **NO AM**  3: 15-5:45PM | 18  3: 15-5:45PM | 19  5:15-6:45AM | 20  7-10AM  **Home vs. Homestead**  **Start Time TBA** |
| 21 | 22  5:15-6:45AM  3: 15-5:45PM | 23  3: 15-5:45PM | 24  5:15-6:45AM  3: 15-5:45PM | 25  3: 15-5:45PM | 26  5:15-6:45AM | 27  7 to 10AM  (Varsity Only)  **JV INVITE at LN** |
| 28  Girls Sectional Taper Group:  PM ONLY- typically done by 5PM | 29  5:15-6:45AM  3: 15-5:45PM  **Final Practice JV Girls** | 30  Girls Sectional/State Group – 3:15 to 5PM  **@ LN 6PM, boys only, bus departs 4:30PM** | 31  5:15-6:45AM  3: 15-5:45PM |  |  |  |

**North Central Swimming & Diving Varsity**

**February 2018**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | 1  MSDWT Early Release Day  Boys TBA  **Girls Sectional @LN 6PM** | 2  5:15-6:45AM  3:15-4:45 PM | 3  7-8:30AM boys only  **Girls Sectional Finals@LN 9AM Diving/1PM Swimming** |
| 4 | 5  5:15-6:45AM  3: 15-5:45PM | 6  Final Practice JV Boys  3: 15-5:45PM  **Girls Regional Diving TBA 6PM** | 7  5:15-6:45AM  3: 15-5:45PM | 8  3: 15-5:45PM | 9  **Boys 5:15-6:45AM**  **Girls State @IUPUI 6PM** | 10  **Boys 8 to 9:30AM**  **Girls State Finals @IUIPU**  **1PM** |
| 11 | 12  Possible School Flex Day  Boys Swimming each remaining day- 3:15 to 5PM | 13 | 14 | 15  **Boys Sectional**  **Prelims @ NC**  **6pm** | 16 | 17  **Boys Sectional @NC 1pm** |
| 18 | 19 | 20  **Boys Regional Diving TBA** | 21 | 22 | 23  **Boys State @IUPUI** | 24  **Boys State Finals @IUPUI** |
| 25 | 26 | 27 | 28 |  |  |  |