Hello Swim Parents,

I would like to introduce RHS’s athletic trainers as well as our hours and services. I am Alison Perry, the head athletic trainer, and Kayla Dooley is our associate athletic trainer. We are contracted to RHS full-time through Northside Hospital’s sports medicine program (<https://sportsmedicine.northside.com/)>.

We arrive at the school at 11:30 each day for 4th period treatments and leave after the last event of the day. 4th period is lunch/study hall and your athlete may come to the training room for an evaluation/treatment as long as they have their teacher’s permission. We evaluate injuries and can refer as needed. We have treatment modalities and equipment for therapeutic exercise as well as emergency supplies. We can also see your athletes after school during their dry land days.

We have two team physicians through Northside who work in Roswell: Dr. Stephanie Hsu (orthopedic surgeon) and Dr. Joseph Powers (non-operative sports medicine). They are both fantastic and we have close relationships with them. Here is their office info:

11685 Alpharetta Hwy, Suite 170

Roswell, GA 30076

404-847-4180

We have an optional free app you can use called Healthy Roster. We use it daily for our documentation. You can set it up to receive email and/or phone notifications when I evaluate/treat your athlete or change their playing status, and our doctors also use it to upload their notes so everyone stays in the loop regarding an injury. You can also message me through the app. I will always call or speak to parents in person during a significant injury, but this is another option you can use.

New athletes’ parents will receive an email invitation from Healthy Roster that you can accept or decline. If you are a current athlete’s parent who has not received an invite or declined a previous invite, just email me and I will get one sent to you.

Thank you, and we are looking forward to a great swim season!

Alison Perry

Head Athletic Trainer

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Kayla Dooley

Associate Athletic Trainer

[kayla.dooley@sourceatlanta.com](mailto:kayla.dooley@sourceatlanta.com)