

Signing Up For A Meet

Click on the “Sign In” button.



The logo for Kincaid Forest Stingrays features the team name in a stylized font. "Kincaid Forest" is in a black, cursive-like font, and "Stingrays" is in a large, bold, red font with a black outline. The text is set against a background of light blue circles and two stylized stingray heads in black and red.

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Welcome to the home of the Kincaid Forest Stingrays

The Kincaid Forest (KF) Stingrays Swim Team is a summer swim team dedicated to providing a fun and spirited environment to inspire older swimmers and to develop younger swimmers. The team is completely run by parent volunteers in the community. (Thank you everyone!!)

The KF Stingrays exhibit the best qualities of community living by bringing together Kincaid Forest children, parents, and families to enjoy friendly

Fill in your E-mail and Password.
Click "Sign In".



News | Stingray Events | Newsletters | Records | Calendars | About | Sponsors

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 Sign In

Sign In

More Information

This is a protected area and is only accessible by authorized members of the **Kincaid Forest Stingrays**. All information contained in the site is the property of **Kincaid Forest Stingrays** and unauthorized access and/or use is forbidden.

By giving the E-Mail and Password below, you agree the *Terms of Use* and *Privacy Policy* below.

E-mail:

Password:

Keep me **signed in** on this computer

If you forgot your password, please click [Here](#) to reset your password.

 Sign In

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Sports Medicine & Physical Therapy

Scroll Down To Upcoming Events.
Click “Attend this Event”.
(Click on “Job Signup” for jobs.)

What's New

-  05/31/2011
- Ice Cream Thursdays Are Back!
-  05/30/2011
- Dinner First Night of Practice
-  05/28/2011
- First Week Lane Assignments
-  05/23/2011
- Stingrays Swimsuits at Cassel's
-  05/20/2011
- First Day of Practice Coming Soon
-  02/14/2011
- Parents Meeting

[View More News >>](#)

Upcoming Events

-  **Stingray Night at Moe's**
Jun 7, 2011
-  **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM**
Jun 11, 2011
[+ Attend this Event](#) [Job Signup](#)
-  **Home Meet: Loudoun Valley @ Kincaid - 8:00 am**
Jun 18, 2011
[+ Attend this Event](#) [Job Signup](#)

If the event doesn't show up on the home page, click on "Stingray Events" for more events to choose from.



The Stingray Events page shows more info on the events.

 Sign Out

- Feedback Zone

My Account

- My Tutorials
- My Account
- My Meet Results
- My Sponsor Center
- \$ My Invoice/Payment
- More Information

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Stingray Events

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Event Category:

June 7, 2011 - Stingray Night at Moe's

7
2011

Come support your Stingrays team! Enjoy dinner out at the Leesburg Moe's from 5:00 - 8:00 P.M. Tuesday night is kids eat free night! You get one free kids' meal for each paid adult meal.

June 11, 2011 - Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM

11
2011

[Attend this Event](#) [Job Signup](#)

Home Meet: Time Trials -- Tavistock @ Kincaid 8:00AM LOCATION: Kincaid Forest pool TIME: Warm-ups 7:15 am Meet 8:00 am to 11:00 am

June 18, 2011 - Home Meet: Loudoun Valley @ Kincaid - 8:00 am

18
2011

[Attend this Event](#) [Job Signup](#)

Home Meet: Loudoun Valley @ Kincaid - 8:00 am LOCATION: Kincaid Forest pool TIME: Warm-ups 7:15 am Meet 8:00 am to 11:00 am

After you've clicked on "Attend this Event", click on the swimmer's name (underlined link under "Member Name").

Event Signup

Athlete Signup

My Account: **Rivinius, Mark (703-777-7280)**

Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**

Registration Deadline: **June 8, 2011**

Meet Name: **ODSL Time Trials**

Location: **Kincaid Forest Pool**

Course: **S**

Meet Type:

Start Date: **06/11/11**

End Date: **06/11/11**

Age Up Date: **06/15/11**

Use Date Since: **06/01/10**

Enforce entry based on [Qualify Times]: No	Restrict entry [Best Time] to same [Meet Type]: No
Allow Athletes to commit by Event: Yes, by Event	Maximum Event Entry Limitations View
Allow Course Conversion for Relays: No	
If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: No	

[View All Meet Events](#)

[Go Back to Event Home Page](#)

Click on Member Name to declare for this Event:

Member Name	Member Commitment	Coach Approved	Last Updated
Fast Swimmer *Active	 Undeclared		

Look at any special instructions under “Important Notes”. If you haven’t committed yes or no yet, the Declaration will show “--SELECT--”. Click on “--SELECT--” to bring up a drop down menu.

Athlete Event Signup

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Member Athlete: **Fast Swimmer**

Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**

Important Notes:

For the Time Trials only swimmers may select to swim all individual events including IM. Swimmers must be able to legally swim all strokes selected. The coaches still have final say on approval. There are no relays at this meet. Medley event stands for Individual Medley (IM) and not the relay. The IM will be swum first at this meet only.

*Declaration

Notes:

 Save Changes

Select Yes or No.

Athlete Event Signup

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Member Athlete: **Fast Swimmer**

Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**

Important Notes:

For the Time Trials only swimmers may select to swim all individual events including IM. Swimmers must be able to legally swim all strokes selected. The coaches still have final say on approval. There are no relays at this meet. Medley event stands for Individual Medley (IM) and not the relay. The IM will be swum first at this meet only.

*Declaration

Notes:

Yes, please sign [Fast] up for this event

No, thanks, [Fast] will NOT attend this event

 Save Changes

If you will not be able to attend, you will choose “No”. You can type in a note for the coaches to see.
Click “Save Changes”.

Athlete Event Signup

ENJOY **FREE SHIPPING** ON ORDERS OVER \$75!

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Member Athlete: **Fast Swimmer**

Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**

Important Notes: For the Time Trials only swimmers may select to swim all individual events including IM. Swimmers must be able to legally swim all strokes selected. The coaches still have final say on approval. There are no relays at this meet. Medley event stands for Individual Medley (IM) and not the relay. The IM will be swum first at this meet only.

*Declaration

Notes:

 Save Changes

If you choose “yes”, the window will change. It will show more information on the meet and the events that are available to the selected swimmer.

*Declaration

Notes:

Meet Name: **ODSL Time Trials** Location: **Kincaid Forest Pool** Course: **S** Meet Type:

Start Date: **06/11/11** End Date: **06/11/11** Age Up Date: **06/15/11** Use Date Since: **06/01/10**

Enforce entry based on [Qualify Times]: No	Restrict entry [Best Time] to same [Meet Type]: No
Allow Athletes to commit by Event: Yes, by Event	Maximum Event Entry Limitations » View
Allow Course Conversion for Relays: No	
If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: No	

Athlete Qualifying Age: **9** Gender: **Male**

Important Notes:

1. Please pick the individual events below that the Athlete wants to attend and enter [Entry Time]. Please enter **NT** if no Entry Time is available.
2. Relay teams are solely determined by the coaches. If you have problem attending the relay teams, please contact coaches directly.
3. You cannot make changes after the coach approved or rejected your application. Please contact admin to change your records.
4. Please enter [Entry Time] in this format: **mm:ss.hh**.
5. [Bonus] is not a standard option; send Entry Report to the meet host in addition to the SD3 file.
6. Only **Admin** can customize [Entry Time] and set [Bonus] fields.

	Best Time	Entry Time	Bonus	Approval	Day	Sess	Ev#	Gen	Event	Qualify Time
<input type="checkbox"/>	NT	<input type="text" value="NT"/>	<input type="checkbox"/>		1	1	5	B	9-10 50 Free	
<input type="checkbox"/>	NT	<input type="text" value="NT"/>	<input type="checkbox"/>		1	1	17	B	9-10 50 Back	
<input type="checkbox"/>	NT	<input type="text" value="NT"/>	<input type="checkbox"/>		1	1	27	B	9-10 50 Breast	
<input type="checkbox"/>	NT	<input type="text" value="NT"/>	<input type="checkbox"/>		1	1	37	B	9-10 25 Fly	
<input type="checkbox"/>	NT	<input type="text" value="NT"/>	<input type="checkbox"/>		1	1	45	B	10 & Under 100 Medley	

 Save Changes

Select the events that the swimmer would like to swim (3 max unless it's time trials) and click "Save Changes".
 Note: The swimmer must be able to legally swim all strokes selected.

	Best Time	Entry Time	Bonus	Approval	Day	Sess	Ev#	Gen	Event	Qualify Time
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	5	B	9-10 50 Free	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	17	B	9-10 50 Back	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	27	B	9-10 50 Breast	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	37	B	9-10 25 Fly	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	45	B	10 & Under 100 Medley	

 Save Changes

The window will change back to the initial Event Signup window, but it will now show the swimmer is committed, and the strokes that were selected will be shown. If you have multiple swimmers you can now choose the next swimmer and follow the same steps.

Event Signup

Athlete Signup

My Account: **Rivinius, Mark (703-777-7280)**
 Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**
 Registration Deadline: **June 8, 2011**

Meet Name: **ODSL Time Trials** Location: **Kincaid Forest Pool** Course: **S** Meet Type:
 Start Date: **06/11/11** End Date: **06/11/11** Age Up Date: **06/15/11** Use Date Since: **06/01/10**

Enforce entry based on [Qualify Times]: No	Restrict entry [Best Time] to same [Meet Type]: No
Allow Athletes to commit by Event: Yes, by Event	Maximum Event Entry Limitations View
Allow Course Conversion for Relays: No	
If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: No	

Click on Member Name to declare for this Event:

Member Name	Member Commitment	Coach Approved	Last Updated
Fast Swimmer *Active	<input checked="" type="checkbox"/> Committed	#5 (d1/s1): B 9-10 50 Free (NT) #17 (d1/s1): B 9-10 50 Back (NT) #45 (d1/s1): B 10 & Under 100 Medley (NT)	06/05/11 20:01

If you go back into “Athlete Event” selection before the events are approved, it will show the approval is pending. You can change your selections and click “Save Changes”.

	Best Time	Entry Time	Bonus	Approval	Day	Sess	Ev#	Gen	Event	Qualify Time
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Pending	1	1	5	B	9-10 50 Free	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Pending	1	1	17	B	9-10 50 Back	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	27	B	9-10 50 Breast	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	37	B	9-10 25 Fly	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Pending	1	1	45	B	10 & Under 100 Medley	

Only regular season meets will have relays. If you will be leaving early and cannot be in a relay please include a note. You should also email the head coach just to make sure he/she remembers.

Event: Home Meet: Loudoun Valley @ Kincaid - 8:00 am (Jun 18, 2011)

Important Notes:

Swimmers may select to swim up to 3 individual events including IM. Swimmers must be able to legally swim strokes selected. Relay swimmers are chosen by Coach, add a note if swimmer is not willing/able to swim relays. Medley event stands for Individual Medley (IM) and not the relay.

*Declaration

Notes:

In the Notes section you can also include a request to be placed in a relay, but requests cannot always be granted.

Event: **Home Meet: Loudoun Valley @ Kincaid - 8:00 am (Jun 18, 2011)**

Important Notes:

Swimmers may select to swim up to 3 individual events including IM. Swimmers must be able to legally swim strokes selected. Relay swimmers are chosen by Coach, add a note if swimmer is not willing/able to swim relays. Medley event stands for Individual Medley (IM) and not the relay.

*Declaration

Notes:

Go back a few days before the meet and verify you have signed up. At that point you should see the coach's approval. Any rejected events will show a stop sign next to them.

Event Signup

Athlete Signup

My Account: **Rivinius, Mark (703-777-7280)**
 Event: **Home Meet: Time Trials -- Tavistock @ Kincaid - 8:00 AM (Jun 11, 2011)**
 Registration Deadline: **June 8, 2011**

Meet Name: **ODSL Time Trials** Location: **Kincaid Forest Pool** Course: **S** Meet Type:
 Start Date: **06/11/11** End Date: **06/11/11** Age Up Date: **06/15/11** Use Date Since: **06/01/10**

Enforce entry based on [Qualify Times]: No	Restrict entry [Best Time] to same [Meet Type]: No
Allow Athletes to commit by Event: Yes, by Event	Maximum Event Entry Limitations » View
Allow Course Conversion for Relays: No	
If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: No	

[View All Meet Events](#) [Go Back to Event Home Page](#)

Click on Member Name to declare for this Event:

Member Name	Member Commitment	Coach Approved	Last Updated
Fast Swimmer *Active	<input checked="" type="checkbox"/> Committed	#5 (d1/s1): B 9-10 50 Free (NT <input checked="" type="checkbox"/>) #17 (d1/s1): B 9-10 50 Back (NT <input checked="" type="checkbox"/>) #45 (d1/s1): B 10 & Under 100 Medley (NT <input checked="" type="checkbox"/>)	06/05/11 20:07

Once the coach has approved/rejected the events, changes can only be made by contacting the head coach.

	Best Time	Entry Time	Bonus	Approval	Day	Sess	Ev#	Gen	Event	Quality Time
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Approved 	1	1	5	B	9-10 50 Free	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Approved 	1	1	17	B	9-10 50 Back	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	27	B	9-10 50 Breast	
<input type="checkbox"/>	NT	NT	<input type="checkbox"/>		1	1	37	B	9-10 25 Fly	
<input checked="" type="checkbox"/>	NT	NT	<input type="checkbox"/>	Rejected 	1	1	45	B	10 & Under 100 Medley	