BSC 2017

Need to Know INFO!

1. Coaches:
   * Brooke Pike: [bscswimcoach@gmail.com](mailto:bscswimcoach@gmail.com) #785-608-0879
   * Justin Pike: [Justin.d.pike@gmail.com](mailto:Justin.d.pike@gmail.com) #785-640-2751
   * Haley Prekopy: [haprekopy@gmail.com](mailto:haprekopy@gmail.com) #785-409-4995
2. Websites/social media:
   * [www.briarwoodtopeka.com](http://www.briarwoodtopeka.com) (team website/calendar/etc)
   * [www.swimoutlet.com/briarwoodswimclub](http://www.swimoutlet.com/briarwoodswimclub) (team apparel)
   * Instagram: BSCSWIM #BSCSWIM to post your own pics
3. Communication:
   * We will use the email you have verified on our website to send out all communication.
   * Make sure to verify your cell phone number to receive text messages from the website
   * Instagram will be used to share pics. *Please email coach if you do NOT want your child on our Instagram acct*
4. Apparel:
   * Team suit, shirts, and other items available on our swimout.com website
   * Apparel is not required but encouraged!
   * Every registered swimmer will receive a BSC swim cap
     + Please wear these caps for meets! Write your name on it with a sharpie (we tend to find them lying around on deck….)
5. Practices:
   * 11 and up: 7-8:30 AM
   * 10 and under: 8:30-9:30 AM
   * Needed for practice suit, cap, googles
   * We will provide kick boards
   * If you are unable to make the designated practice time please let a coach know to make other arrangements
6. Meets
   * Every Wednesday evening , see website for full meet calendar
   * Warm ups are at 5:00 PM, meet starts at 6:00 PM
   * Watch for a weekly email with info pertaining to that week’s meet
   * PLEASE ACCEPT/DECLINE EVERY MEET! This is done on our website under the meet name. Your swimmer will not be entered if you do not accept the meet. If you cannot attend, please decline the meet WEEKLY!
   * Your coaches will pick your swimmer’s events. We base the events on what we are working on in practice, swimmer’s ability, team needs, etc. If you have an event you would like your swimmer to try please let us know in the “comments” section when you accept the meet.
   * Once the swimmer is entered in an event, the coaches expect the swimmer to swim the event. We understand butterflies and nerves! We are here to help your swimmer conquer new experiences. Coaches will prep swimmers in practice and would NEVER ask a swimmer to do something we don’t think they can do. We are here for them to grow as a swimmer and little person and HAVE FUN!
   * DO NOT LEAVE THE MEET EARLY without checking in with a coach. Your swimmer will probably be in a relay at the end. If they leave the whole relay cannot swim.
   * HOME MEETS:
     + We ALWAYS need volunteers! We cannot have home meets without YOU! Please watch for emails and ways you can help make our home meets a success!
     + You do NOT need experience to be a timer. It is easy to learn and a great way to get a front row spot to watch your kiddo swim! Please help out!
7. DATES TO KNOW:
   * May 30 FIRST PRACTICE
   * JUNE 7 FIRST MEET in Wamego
   * JUNE 12, 7:30 AM TEAM PICS (see below for more info)
8. Team Pictures
   * New this year, Wicher’s Photography will be taking our team pictures. You will have an opportunity to purchase a team pic and/or an individual picture
   * We will pass out order envelopes at practice closer to the date OR you can download a form:
     + [www.wichersphotography/ssa.pdf](http://www.wichersphotography/ssa.pdf)
   * EVERYONE please arrive at the pool by 7:30 AM on June 12th. We will take our team pic first and individual pictures afterwards.
   * Please watch for more information to come!