

Test name: KISL Starter - rev October 2019

Question 1 of 40

Prior to the command "Take Your Mark" during during a backstroke start, the swimmer must have:

-
- A) One foot below the water surface
 - B) Both feet, including toes, below the water surface
 - C) Some part of both feet below the water surface
 - D) None of the above

Question 2 of 40

The rule that applies to question 1 is;

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- A) Rule 8, Section 1, Art. 1
 - B) Rule 8, Section 2, Art. 1 (a)
 - C) Rule 8, Section 1, Art. 2

Question 3 of 40

The Referee and/or Starter may use their discretion in deciding whether to disqualify a swimmer who does not enter the water 'feet first' in a Backstroke race.

-
- A) True
 - B) False

Question 4 of 40

The rule that applies to questions 3 is:

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- A) Rule 8, Section 1, Art. 1
 - B) Rule 8, Section 1, Art. 4
 - C) Rule 8, Section 1, Art. 3 (b)

Question 5 of 40

When the starting signal is given in a forward start the swimmer must have:

-
- A) At least one foot at the front of the starting platform.
 - B) both feet in the middle of the starting platform.
 - C) feet may be in any location on the starting platform.

Question 6 of 40

The rule that applies to question 5 is;

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- A) Rule 8, Section 1, Art. 5
 - B) Rule 8, Section 1, Art. 1
 - C) Rule 8, Section 1, Art. 2

Question 7 of 40

Swimmers starting in the water for a forward start must have both hands in contact with the end wall or starting platform prior to the start.

-
- A) True
 - B) False

Question 8 of 40

The rule that applies to questions 7 is:

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- A) Rule 8, Section 1, Art. 4 (a)
 - B) Rule 8, Section 1, Art. 2
 - C) Rule 8, Section 1, Art. 1

Question 9 of 40

If a swimmer elects to swim backstroke in a freestyle event he/she shall:

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- A) do a backstroke start in the water
 - B) do a forward start
 - C) only do a forward start in the water.

Question 10 of 40

The rule that applies to question 9 is:

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- A) Rule 8, Section 2, Art. 1
 - B) Rule 8, Section 2, Art. 2
 - C) Rule 8, Section 2, Art. 4 (a)

Question 11 of 40

When the starting signal is given and one or more swimmers have obtained an unfair advantage, all swimmers shall be recalled at once by a second signal.

-
- A) True
 - B) False

Question 12 of 40

The rule that applies to question 11 is;

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- A) Rule 8, Section 1, Art. 3
 - B) Rule 8, Section 1, Art. 1
 - C) Rule 8, Section 1, Art. 4

Question 13 of 40

If a swimmer does not respond promptly to the command "take your mark", the Starter shall:

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- A) Give the starting signal.
 - B) Wait until that swimmer assumes a start position.
 - C) Instruct the swimmers to "Stand Up".

Question 14 of 40

The rule that applies to question 14 is;

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- A) Rule 8, Section 1, Art. 5
 - B) KISL Starting Rules and Protocol: Section 1, g
 - C) KISL Starting Rules and Protocol: Section 1, c
 - D) None of the above.

Question 15 of 40

Before the starting signal is given, the Starter, with the concurrence of the Referee, may disqualify a swimmer who delays the start.

-
- A) True
 - B) False

Question 16 of 40

The rule that applies to question 15 is;

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- A) Rule 8, Section 1, Art. 3 (a)
 - B) Rule 8, Section 1, Art. 1
 - C) Rule 8, Section 1, Art. 2
 - D) Rule 8, Section 1, Art. 4

Question 17 of 40

Any and all swimmers leaving their starting platform before the starting signal is given may be charged with a false start and be disqualified.

-
- A) True
- B) False

Question 18 of 40

The rule that applies to question 17 is;

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- A) Rule 8, Section 1, Art. 3 (a)
- B) Rule 8, Section 1, Art. 3 (d)
- C) Rule 8, Section 1, Art. 3 (c)

Question 19 of 40

During a forward start what may swimmers do in response to a "Stand Up" command from the Starter?

-
- A) May stand up.
- B) may step off the Starting Block.
- C) both (a) and (b).

Question 20 of 40

The rule that applies to question 19 is;

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- A) Rule 8, Section 1, Art. 1
- B) Rule 8, Section 1, Art. 6
- C) Rule 8, Section 1, Art. 5

Question 21 of 40

When the Starter says "Stand Up" in a backstroke event a swimmer may leave the starting area.

-
- A) True
 B) False

Question 22 of 40

The rule that applies to questions 21 is;

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- A) Rule 8, Section 1, Art. 6
 B) Rule 8, Section 1, Art. 2
 C) Rule 8, Section 1, Art. 1

Question 23 of 40

For a backstroke start, the swimmer must have both hands in contact with the end wall or the starting platform.

-
- A) True
 B) False

Question 24 of 40

The rule that applies to question 23 is;

-
- A) Rule 8, Section 1, Art. 1
 B) Rule 8, Section 1, Art. 2
 C) Rule 8, Section 2, Art. 1

Question 25 of 40

If a swimmer assumes an illegal position after the starting signal is given, it is a stroke violation, not a starting violation, and the responsibility of the S&T judge.

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- A) True
 B) False

Question 26 of 40

The rule that applies to question 25 is;

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- A) KISL Starting Rules and Protocol, Section 1, g
 B) KISL Starting Rules and Protocol, Section 1, f
 C) Rule 8, Section 1, Art. 2

Question 27 of 40

If the starting signal is sounded before a false start disqualification is declared, the race shall continue without recall and the starter shall disqualify the swimmer(s) who false started with the concurrence of the referee upon the completion of the race.

-
- A) True
 B) False

Question 28 of 40

The rule that applies to question 27 is;

-
- A) KISL Starting Rules and Protocol, Section 1, g
 B) KISL Starting Rules and Protocol, Section 2, c
 C) KISL Starting Rules and Protocol, Section 1, i

Question 29 of 40

When the No-Recall Starting Protocol for TWO OFFICIALS is used and Dual Confirmation is required to determine that a False Start has occurred: The starter shall - upon observing a false start, record in writing the lane or lanes that have committed a false start and compare written records with the Referee to confirm/not confirm the potential violation(s).

-
- A) True
- B) False

Question 30 of 40

The rule that applies to question 29 is;

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- A) KISL Starting Rules and Protocol, Section 1, g
- B) KISL Starting Rules and Protocol; Section 2, c
- C) KISL Starting Rules and Protocol; Section 3, b (1) (2)

Question 31 of 40

Who has the responsibility for enforcing the correct starting position?

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- A) Either the Starter or the Stroke & Turn Judge.
- B) The Referee.
- C) The Starter.
- D) The Swimmer.

Question 32 of 40

The rule that applies to question 31 is;

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- A) KISL Starting Rules and Protocol; Section 2, j
- B) KISL Starting Rules and Protocol; Section 2, c
- C) KISL Starting Rules and Protocol; Section 3, b

Question 33 of 40

In all individual events 500 yards/400 meters or longer, the starter or a designee shall sound a warning device (usually a bell) over the lane of the leading swimmer when that swimmer has two lengths plus five yards to swim.

-
- A) True
 B) False

Question 34 of 40

The rule that applies to question 33 is;

-
- A) KISL Starting Rules and Protocol, Section 1, i
 B) Rule 4, Section 3, Art.1 (b)
 C) Both A and B above
 D) None of the above

Question 35 of 40

If a swimmer arrives at his assigned starting platform before the start of the race but after the Referee has blown one long whistle, the Starter shall allow the swimmer to participate in the race.

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- A) True
 B) False

Question 36 of 40

The rule that applies to question 35 is;

-
- A) KISL Starting Rules and Protocol; Section 1, c
 B) KISL Starting Rules and Protocol; Section 1, b
 C) KISL Starting Rules and Protocol, Section 1, d

Question 37 of 40

The Starter must take a position beside the pool within 10 yards of the starting end of the pool

- A) True
- B) False

Question 38 of 40

The rule that applies to question 37 is;

- A) Rule 8, Section 1, Art. 1
- B) Rule 4, Section 3, Art. 1
- C) KISL Starting Rules and Protocol; Section 1, a
- D) None of the above.

Question 39 of 40

For the backstroke start, the toes may not be above the lip of the gutter or curled over the lip of the gutter. If the Starter gives the starting signal while a swimmer has his/her feet in an illegal position, the swimmer cannot be charged with an infraction.

- A) True
- B) False

Question 40 of 40

The rule that applies to question 39 is;

- A) KISL Starting Rules and Protocol; Section 1, c
- B) KISL Starting Rules and Protocol; Section 1, f
- C) KISL Starting Rules and Protocol; Section 1, e