

HARFORD SWIM LEAGUE RULES AND REGULATIONS

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RULE 1 GENERAL

- 1.1 All rules, as listed below, have been agreed upon by the member pools and will not be open for change until the next even numbered year, unless deemed necessary by a two-thirds (2/3) vote of the membership of the Harford Swim League board (HSL). Any infractions of rules regarding a decision as to possible disciplinary action will be handled in accordance with Rule #8.7 – Protest Procedures.
- 1.2 Expenditures will be consistent with the budget approved by the HSL board. Any expenditure in excess of 10% of the approved budget requires a majority vote of the HSL board.

RULE 2 LEAGUE DIVISIONS

- 2.1 **Team Placement.** The HSL has adopted a structure which segregates the participating teams into two divisions. The initial division structure was established at the end of the 2000 summer season. At the end of each season, the winning team from Division II will move to the Division I conference for the next season. The last place team of the Division I conference will move to the Division II conference.
- 2.2 **Division Balancing.** The HSL board will determine the divisional structure for the upcoming season at the October meeting. Any new team(s) added to the league will be placed in the division which balances the number of teams per division. In the event that the divisions are balanced, the final decision for the initial placement of the team(s) will be by a majority vote of the active teams present at the October meeting.
- 2.3 **Division Champions.** There will be two (2) Division Champions determined at the end of the season. The team with the most recorded wins in a season in each division is the Division Champion. Only divisional meets are used to determine this ranking. In the event of a tie, head-to-head competition from the divisional dual meet season will be used to break the tie. In the event that head-to-head ranking still results in a tie, then the tie will be broken by summing the difference in the scores between the wins for the tied teams. The team with the greatest score demonstrates the greatest strength within the tied teams. Any teams tied after these criteria will be declared co-champions.

RULE 3 TEAM DUES AND RESPONSIBILITIES

- 3.1 **Membership Dues.** Each member team will submit the \$425 membership dues to the HSL Treasurer at the annual HSL summer league Coaches meeting.
- 3.2 **Team Head Tax Dues.** Each team, when submitting the Official Team Roster, must submit the appropriate Head Tax (determined each year, \$2 per swimmer for 2006) to the HSL Treasurer. The HSL Statistician and the HSL Treasurer will compare figures to ensure the correct payments have been submitted. Each roster addition through July 1st is subject to this Head Tax. Head Tax payments cannot be transferred or refunded.
 - 1 **Note:** If the overall operating expenses should exceed the income of the HSL, each member team will be assessed an equal amount to make up the deficit.
 - 2 **Note:** Failure to comply with the above stipulations will result in a Team fine of \$75 each if not received within 10 days of the due date. The delinquent team will be suspended from all HSL activities until payment is made.
- 3.3 **Roster Submission.** Prior to July 1st, each team must electronically submit a copy of their entire team's roster (Hy-Tek Team Manager Athletes Zip File) to every HSL Coach and each Team Representative listed in the current season's directory, see Rule #22. Teams delinquent with their roster submissions will forfeit each dual meet until the roster has been properly submitted.

A ALL TEAMS ARE FROZEN AT 12 MIDNIGHT ON JUNE 30TH.

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1 **Note:** Failure to comply with the above stipulation will also result in a team fine of \$75.

- 3.4 **Starter/Referee and S/T Officials Requirements.** By June 1st of each year, each team is required to have or have made provisions with other teams/ organizations to fulfill HSL obligations by providing at least one (1) Starter/Referee and two (2) certified Stroke/Turn Officials for the summer swim season. The HSL Head Official will prepare a list of certified Stroke/Turn Officials prior to the first meet. This list of certified Officials will be distributed to all starters prior to the first meet. If an individual is not on the approved list, the individual will not be allowed to officiate.
- 3.5 **Head Starter Payment.** Only the Head Starter/Referee is to be paid \$50 (Revised, 2006) for each worked meet.

RULE 4 CONDUCT OF TEAMS

- 4.1 **Safety.** Each team will follow the safety procedures designated by the host pool.
- 4.2 **Alcohol & Tobacco.** The use of tobacco products and the consumption of alcohol by Timers, Officials, Clerks, Coaches, Runners, etc, is forbidden during any swim meet.

RULE 5 COACHES & THEIR RESPONSIBILITIES

- 5.1 **Meet Entries.** The visiting Team Coach and the home Team Coach must provide an electronic version of their meet line-up (Hy-Tek Team Manager Meet Entries Zip File) to each other by the following deadlines. If there are extenuating circumstances in meeting the submission deadline, there should be a courtesy phone call between the two Coaches.
- A Saturday Meet – Line up due by Thursday @ 9PM.
 - B Wednesday Meet – Line up due by Monday @ 9PM.
 - C Only after agreement by both Coaches, may changes be made to the line-up.
 - D The Meet Manager Computer Operator must receive the official relay line-ups from each Coach prior to the start of event #52.
- 5.2 **Safety.** The home Team Coach has the final say in any safety related decisions related to the meet.
- 5.3 **Starting Blocks.** The determination of using or not using starting blocks should be provided to the visiting Team Coach or Team Representative at least 48 hours prior to the start of the scheduled meet.
- 5.4 **Meet Results.** The home Team Coach is responsible for electronically communicating the meet results (Hy-Tek Meet Manager Meet Results Zip File) to every Coach and Team Representative listed on the current seasons contact list. Communications must adhere to the following schedule:
- A Saturday Meet – Must be sent before Sunday @ midnight.
 - B Wednesday Meet – Must be sent before Thursday @ midnight.
 - C Rain delayed meets must be sent before midnight the day after the meet.
- 5.5 **HSL Record Notices.** Send HSL record notices by e-mail to the HSL Statistician of any HSL Record that is broken within seven (7) days of the Record. Include the following information in your email: Record Date, Pool, Event, Time, Swimmer(s) Name. Failure to do so may result in the swimmer(s) time(s) not being recognized by the HSL.
- 5.6 **Team Conduct.** Ensure sportsmanlike conduct of his/her team.
- A **Note:** Failure to provide electronic documents to the HSL Statistician and each Team's Coach will result in a penalty assessed by the HSL Board, after an initial warning, in accordance with the following range of \$25 for the second occurrence and \$50 for each additional occurrence.

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RULE 6 OFFICIALS, THEIR DUTIES, AND THE TECHNICAL RULES

- 6.1 All technical rules will follow the [USA Swimming Technical Rules](#) current edition except:
- 6.2 **Whistle starts.** Whistle starts will not be used. On receiving clearance from the Starter/Referee, (except backstroke and medley relay), swimmers are directed to step onto the starting block or platform and assume a position with at least one (1) foot at the front of the block before the command "take your mark".
- 6.3 **False Starts.** A second false start by the same swimmer will result in that swimmer being disqualified.
- 6.4 **Backstroke turn.** The backstroke turn shall be in accordance with the Harford County High School rules.

From the 2005-2006 [National Federation of State High School Associations](#) Swimming Rule Book, page 48, Rule 8-2

"The turn requires that some part of the swimmers body contact the end wall. After the swimmer's head has passed the backstroke flag, prior to the turn, the swimmer's right shoulder may (but is not required to) rotate past the vertical toward the breast before the touch is completed provided such rotation is accompanied by an initiation of the turning action or continuation into the wall.

The initiation of the turning action shall be accomplished by a single-arm or simultaneous double-arm pull, or in the absence of such pulls, by a downward, underwater movement of the head.

After the initiation of the turning action, no additional arm pulls may be started; however, kicking and gliding actions are permitted."

- 6.5 **Stroke/Turn Official.** He/she has the responsibility to judge stroke mechanics, touches, turns, and finishes. He/she must be trained in accordance with HSL Rules. At each meet there should be a minimum of four (4) Stroke/Turn Officials available (two from each team). The Starter/Referee may accept Stroke/Turn Officials from only one club and may act as a Stroke/Turn Official if necessary.
- A **Qualifications.** A qualified Stroke/Turn Official is one who has: Attended a Stroke/Turn Clinic conducted by HSL prior to the start of the current season and/or obtained certification from the HSL Head Official or has active certification by a National Swimming Organization.
- 6.6 **Starter/Referee.** He/she has the responsibility of the actual running of the meet.
- A He/she must arrive at the meet 30 minutes prior to the start.
- B He/she will be the Head Referee and Starter and has the authority to settle all disagreements pertaining to the actual swimming of the meet. His/her decision is final unless a formal protest is submitted to the Harford Swim League.
- C He/she is the only one who can determine a false start.
- D The Starter/Referee may only adjust the number of heats to reduce the number of heats in an event. The official may not re-seed an event to balance the number of participants in an event.
- E He/she can overrule a decision by a Stroke/Turn Official.
- F At least 15 minutes prior to the start of the meet, he/she instructs the Timers as follows:
- 1 Digital watches must be used on all lanes.
 - 2 Insures there is a Recording Timer for each lane.
 - 3 Walks Timers through a practice timing session to make sure all Timers know how to work and read watches accurately.
 - 4 Instructs the Recording Timer for each lane to verify lane number on each sheet and last name of each swimmer.

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- 5 Verify that there are three (3) Timers per lane as well as a Back-Up Timer supplied by the home team. Home lane Timers will consist of two(2) away Timers and one(1) home team timer and vice versa. Timers must be at least 13 years of age. Each team must provide an equal number of Timers & watches.

- i **Note:** If on the day of the meet either team fails to comply with the above, a penalty of \$50 will be assessed by the HSL Treasurer after notification by the host team.

6.7 At no time will two officials have jurisdiction over any one lane (except during relays).

6.8 He/she has the responsibility to call the meet when instructed to do so by the person in charge of the pool facility.

RULE 7 HOME TEAM RESPONSIBILITIES

7.1 The Home Team will provide the following:

A Provide starting blocks for each meet if available (swimmers are not required to use them). Blocks will be securely mounted to the deck by bolts or other means. They must have a non-slip surface.

- 1 **Note:** If for legal reasons a team must start in the water, then the opposing team must follow suit. The Starter/Referee must be notified of this legal restriction by the home Team Coach prior to the start of the meet.

B Provide back stroke flags in accordance with USA Swimming rule (103.14.2, page 42).

.2 Location:

A Long course and short course meters: 5 meters (16 feet 5 inches) from each end of the course, a minimum of 1.8 meters (5 feet 11 inches) to a maximum of 2.5 meters (8 feet 3 inches) above the water surface.

B Short course yards: 15 feet (4.57 meters) from each end of the course, 7 feet (2.13 meters) above the water surface.

C Height shall be measured to the horizontal line from which the pennants are suspended.

C Provide lane lines.

D Provide clip boards (or other backing for writing) and sharpened pencils to the Recording Timer in each lane along with watches for home team Timers.

E Provide a table for the Meet Manager system and the results coordinators.

F Provide gun, ammo or electronic starting equipment.

G Allow the visiting team a 30 minutes warm-up.

H Provide a swimmer triage area for the Clerk of Course.

I Provide an assembly area for the Clerk of Course.

J Provide a designated lifeguard on deck during the entire swim meet.

RULE 8 MEET OPERATIONS

8.1 **Meet Start Times.** Unless otherwise approved by the HSL Board, meets must start promptly on Saturdays at 8:00AM and on Wednesdays at 6:00PM

8.2 **Meet Cancellation Procedures.** The person in charge of the pool facility will determine the ultimate decision regarding the pool use. If a decision to cancel cannot be firmly decided and communicated by 3:00PM for evening meets and 6:00AM for morning meets, then the meet is considered to be on.

8.3 **Meet Sheets Distribution.** Meet sheets printed from Meet Manager are distributed as follows:

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- A Announcer - 1 Copy
 - B Starter/Referee - 2 Copies
 - C Scoring Table - 1 Copy
 - D Stroke/Turn - 4 Copies (2 to each team)
 - E Clerk of Course - 2 Copies (1 to each team)
 - F Team Coaches - 4 Copies (2 to each team)
- 8.4 **Warm-Ups.** No diving is permitted during warm-ups except during the last ten (10) minutes of each warm-up session.
- 8.5 **National Anthem.** The following procedure is to be followed at all meets. After warm-ups and prior to the start of the meet, teams will stand for the playing of the national anthem.
- 8.6 **Interrupted Meets.** Unless a different agreement is reached by the Coaches, Starter/Referee, and the League Representatives prior to the meet, postponed meets are to be rescheduled according to rain dates. Rain dates for all meets are the following Monday for Saturday meets and the following Thursday for Wednesday meets. If the rain date is rained out, then the two Coaches will mutually agree on a make-up date.
- A If a meet is interrupted after the completion of the first event, the line-up will remain frozen for the rescheduled meet. Other swimmers may be added into the meet as exhibition only. Unfinished dual meets postponed for any reason will continue from the last completed event. After a delay of one hour or sooner if agreed to by both Team Representatives, or as determined by the pool manager, rescheduling of the unfinished meet will be held in accordance with Rule #8.6, or, the meet can be considered complete if both teams agree. When the Meet is completed, the home team must electronically submit the final results to the HSL Statistician, all Coaches, and Team Representatives.
- 8.7 **Protest Procedures.** The protest must be made in writing on an official HSL Protest Form (see Rule #20) within 30 minutes of the infraction to the meet Starter/Referee. If the protest is not resolved by the end of the meet, the protest procedures will be followed as listed below:
- A The protest will be made to the HSL President or any HSL Officer by phone and followed in writing to the HSL Executive Board.
 - B A meeting will be called of the HSL Representatives by the President.
 - C If the League President's team is involved in the protest; he/she will remove them self and appoint another officer to preside at the hearing in the order of President Elect, Secretary, Treasurer and Head Official. If all current officers are involved in the protest then a chairman will be drawn by lot.

RULE 9 EVENTS

- 9.1 The order of the events will follow the HSL format, see Rule#14.
- 9.2 HSL meets are considered to be pre-seeded meets.
- 9.3 A scratched event is considered an entry.
- 9.4 A swimmer's age on June 1st determines the age group in which he/she will compete. A swimmer will only be allowed to compete in his/her age group.
- 9.5 A swimmer is limited to competing in only four (4) events, including relays. He/she is further limited to three (3) individual events. Two (2) individual events and two (2) relays are permissible.
- 9.6 Unofficial swimmers may swim in any event in which lanes are available. Unofficial entries must be

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clearly identified in Meet Manager and on the Timer Sheets.

9.7 RELAYS

- A Each team will be restricted to one (1) official "A" relay entry per event at all meets. The official "A" relay must be declared and must be competed in the middle lanes of the pool.
- B Step up relays will be swum in age group order beginning with 9-10, then 11-12, followed by 13-14 and finally 15-18. The mixed medley relay will consist of two (2) males and two (2) females. The swimmers names must be entered into Meet Manager in the correct sequence of swimming the event – NO EXCEPTIONS. Only the official "A" relays are entered into Meet Manager.

RULE 10 MEET RESULTS

- 10.1 **Novice Heats.** Any swimmer age 8 or under who is a member of a club in the HSL has the option with the Coach's approval to swim as novice or official. A novice heat is an unofficial or exhibition heat and is permitted in freestyle, breaststroke, backstroke, and butterfly. Participation in these events is contingent upon the swimmer being able to swim the length of the pool without assistance from the walls, lane lines, or bottom of the pool. Swimmers in this event will not be disqualified, but advised of their stroke irregularities by the officials. Novice heats will be limited to three (3) each in freestyle and backstroke events and two (2) heats each in butterfly or breaststroke events. No points will be awarded for any novice placement.
- 10.2 **Ineligible Swimmers.** If a swimmer is not properly registered or is found to be ineligible, any points awarded to the swimmer in question will be awarded to the opposing team.

RULE 11 VOLUNTEERS & JOB DESCRIPTIONS

- 11.1 The home and visiting team will supply the following personnel to run the meet:
- 11.2 **Announcer.** Provides a verbal assessment of the meet and announces each event and heat. The announcer may be from either team.
- 11.3 **Clerk of Course.** Reviews the meet line-up prepared by meet manager. The primary responsibility of the Clerk of Course is to stage the swimmers for their events and organize the swimmers into their heats and lane assignments.
 - A The home team is assigned to the even lanes and the visiting team to the odd lanes unless prior arrangements are agreed between the two Coaches.
 - B Lane assignments are assigned by Meet Manager.
 - C Heats are numbered 1, 2, 3, with the slowest heat being #1 progressing to the fastest #3.
 - D IM's are limited to one heat except in five (5) and four (4) lane pools (two heats are permissible).
 - E Skill strokes (Breast & Butterfly) will be limited to two (2) heats except four lane pools where three (3) heats are permissible.
 - F There will be a three (3) heat maximum across the board for all events except for four (4) lane pools where four (4) heats are permissible.
 - G If a team has 17 or more swimmers properly registered in an age group (i.e., 9-10 girls) an additional heat per event (freestyle, breast, back, fly, and IM's) may be added.
- 11.4 **Runner (Home Team).** He/she collects the timing sheets from the Timers and gives them to the Results Review Coordinators. The same or an additional Runner takes the next group of event recording sheets to the Timers, collects them after each race, and gives them to the Results Coordinator.
- 11.5 **Results Review Coordinators.** The Results Review Coordinators will be provided by the home team and the visiting team. They receive the event time sheets from the Runner. They review each

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sheet and circle the official time for the swimmer prior to entry in Meet Manager. Each Results Review Coordinator will double-check the others circled time prior to submitting it to the Meet Manager Computer Operator. The official time is determined by one of the following ways:

- A If the times of 2 of the 3 watches agree, that is the official time.
- B The middle time of the three (3) times available.
- C If only two (2) watch times, the times are averaged.
- D If only one (1) watch time, it is official.
- E The official time shall be recorded to one one-hundredth ($1/100 = 0.01$) of a second.
- F After the official time is determined, the sheets are then passed down to the Meet Manager Computer Operator

- 11.6 **Meet Manager Computer Operator.** The home team provides the Meet Manager System and the Computer unless other arrangements are agreed upon between the two Coaches. Results are entered into the computer for each event. Once an entire event is complete, the final results are printed for the event. This sheet is passed to the Data Entry Review Coordinator. The Meet Manager Computer Operator must receive the official relay line-ups from each Coach prior to the start of event #52.
- 11.7 **Data Entry Review and Result Posting Coordinator.** The review coordinator compares the printed results entered by the Meet Manager Computer Operator against the times on the handwritten event sheets. Any errors must be corrected and a new event sheet printed before posting the final results to the public. Results for each event should be printed, reviewed, and posted in a reasonable timeframe.
- 11.8 **Timers.** Timers will be provided by the home team and the visiting team, See Rule 6.6.F.5. All Timers should arrive at least 20 minutes prior to the start of the meet. Timers must be at least 13 years of age. They are charged with the duty of taking accurate times and following all instructions given by the Starter/Referee. Digital watches with hundredth readout should be used in all lanes. The Recording Timer on each lane should record all times; check the lane assignments and swimmers first and last names. Watches will not be cleared after a race until all Timers in that lane verify the time written. If a Timer misses the start, they will raise their hand and call for the Backup Timer.

RULE 12 AWARDS

- 12.1 **Dual Meet Award Labels.** The home team is responsible for printing the award ribbon labels for both the away and home teams at the conclusion of the meet. Each team is responsible for managing their own award labeling of the ribbons distributed at the beginning of the season.

RULE 13 HSL CHAMPIONSHIP MEET

- 13.1 **Swimmer Eligibility.** Swimmer eligibility for the Championship Meet will vary each year depending on the schedule. If the season has competing teams where the overall number of dual meets is an odd number (example 7 meets - then the swimmers throughout the league must participate in three (3) dual meets to qualify). If all the teams have 8 meets, then the swimmers must have competed in four (4) dual meets to be eligible for the Championship Meet. Any exceptions must be approved by the HSL Board.
- 13.2 **Official Times.** The achieved times for each swimmer from regular season and any HSL Board approved meet count toward the submitted times for the HSL Championship Meet and qualify toward any HSL Records.

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RULE 14 ORDER OF EVENTS

<u>GIRLS</u>		<u>BOYS</u>
<u>Event #</u>	<u>Event Name</u>	<u>Event #</u>
1	Mixed 8 & Under 100 Freestyle Relay	1
2	9-10 100 IM (1 Heat)	3
4	11-12 100 IM (1 Heat)	5
6	13-14 100 IM (1 Heat)	7
8	15-18 100 IM (1 Heat)	9
10	6 & Under 25 Freestyle	11
12	7-8 25 Freestyle	13
14	9-10 50 Freestyle	15
16	11-12 50 Freestyle	17
18	13-14 50 Freestyle	19
20	15-18 50 Freestyle	21
22	8 & Under 25 Breaststroke (2 Heats)	23
24	9-10 25 Breaststroke (2 Heats)	25
26	11-12 50 Breaststroke (2 Heats)	27
28	13-14 50 Breaststroke (2 Heats)	29
30	15-18 50 Breaststroke (2 Heats)	31
32	6 & Under 25 Backstroke	33
34	7-8 25 Backstroke	35
36	9-10 25 Backstroke	37
38	11-12 50 Backstroke	39
40	13-14 50 Backstroke	41
42	15-18 50 Backstroke	43
44	8 & Under 25 Butterfly (2 Heats)	45
46	9-10 25 Butterfly (2 Heats)	47
48	11-12 50 Butterfly (2 Heats)	49
50	13-14 50 Butterfly (2 Heats)	51
52	15-18 50 Butterfly (2 Heats)	53
54	Mixed 9-10 100 Medley Relay	54
55	Mixed 11-12 200 Medley Relay	55
56	Mixed 13-14 200 Medley Relay	56
57	Mixed 15-18 200 Medley Relay	57
58	9-18 200 Freestyle Relay	59

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RULE 15 MEET SCHEDULE

DIVISION - I
 BA BEL AIR
 FA FALLSTON
 FG FOUNTAIN GREEN
 NH NORTH HARFORD
 RS ROCKSPRING

DIVISION - II
 AP ABERDEEN
 VB VALLEYBROOK
 JT JOPPATOWNE
 EM EMMORTON
 MG MARYLAND GOLF
 BP BELCAMP

June 17 Saturday
Out of Division

 RS @ BP
 EM @ BA
 FA @ VB
 NH @ AP
 JT @ FG

 MG - BYE

June 21 Wednesday
Out of Division

 RS @ VB
 BA @ MG
 FA @ JT
 BP @ NH
 FG @ EM

 AP - BYE

June 24 Saturday

 JT @ BP
 MG @ EM
 VB @ AP
 FG @ BA
 FA @ NH

 RS - BYE

June 28 Wednesday

 EM @ JT
 VB @ MG
 AP @ BP
 RS @ FA
 NH @ FG

 BA - BYE

July 1 Saturday

 BP @ EM
 MG @ AP
 JT @ VB
 NH @ RS
 BA @ FA

 FG - BYE

July 5 Wednesday

 NO
 MEETS

 JULY 4
 HOLIDAY

July 8 Saturday

 AP @ EM
 BP @ VB
 JT @ MG
 FG @ RS
 BA @ NH

 FA - BYE

July 12 Wednesday

 AP @ JT
 BP @ MG
 EM @ VB
 BA @ RS
 FG @ FA

 NH - BYE

July 15 Saturday
Out of Division
 RS @ AP
 VB @ FG
 JT @ BA
 MG @ NH
 EM @ FA

 BP - BYE

VALLEYBROOK MINI MEET @ MAGNOLIA MIDDLE SCHOOL JUNE 10
 HARY MAGNOLIA INVITONAL @ MAGNOLIA MIDDLE SCHOOL JULY 9
 HSL CHAMPIONSHIP MEET JULY 22 AND JULY 23

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RULE 16 HSL RECORDS - YARDS

GIRLS

<u>AgeGroup</u>		<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Team</u>	<u>Swimmer</u>
6 & U	25	Free	17.79	2001	JT	MALLORY SCHONK
6 & U	25	Back	22.25	2002	NH	CARRIE DUKES
8 & U	25	Breast	19.32	1984	MGCC	ELIZABETH HARRIS
8 & U	25	Fly	15.44	2004	NH	CARRIE DUKES
7 - 8	25	Free	14.59	1984	MGCC	ELIZABETH HARRIS
7 - 8	25	Back	17.67	1992	JT	KERRY MCMILLIN
9 - 10	50	Free	27.46	2004	BAAC	SARAH KESHISHIAN
9 - 10	25	Back	15.52	1992	FA	MEGAN RIDDLE
9 - 10	25	Breast	16.56	1991	EM	NATIKA DANNEFELSER
9 - 10	25	Fly	13.63	2004	BAAC	SARAH KESHISHIAN
9 - 10	100	Medley	1:11.30	1992	FA	MEGAN RIDDLE
11 - 12	50	Free	25.22	1992	RSSC	KATY NOVOTNY
11 - 12	50	Back	29.11	2000	KDAC	ANNA MARIE BOTEK
11 - 12	50	Breast	32.28	1992	RSSC	KATY NOVOTNY
11 - 12	50	Fly	27.94	1992	MGCC	JODI ENCAPERA
11 - 12	100	Medley	1:03.32	1992	MGCC	JODI ENCAPERA
13 - 14	50	Free	24.15	1994	RSSC	KATY NOVOTNY
13 - 14	50	Back	28.56	1993	RSSC	KATY NOVOTNY
13 - 14	50	Breast	31.94	1997	EDGE	LINDSEY PRATHER
13 - 14	50	Fly	27.17	1994	NH	BETH GOODWIN
13 - 14	100	Medley	1:00.37	1993	RSSC	KATY NOVOTNY
15 - 18	50	Free	24.35	1995	RSSC	KATY NOVOTNY
15 - 18	50	Back	27.28	2005	FA	COURTNEY KALISZ
15 - 18	50	Breast	30.94	1998	EDGE	LINDSEY PRATHER
15 - 18	50	Fly	26.06	1998	NH	BETH GOODWIN
15 - 18	100	Medley	1:01.35	2003	FG	AMANDA DUNNIGAN

BOYS

<u>AgeGroup</u>		<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Team</u>	<u>Swimmer</u>
6 & U	25	Free	18.16	2005	BAAC	ZACH DEAN
6 & U	25	Back	21.78	2005	BAAC	ANDREW MORGAN
8 & U	25	Breast	19.08	1988	EDGE	BEN SKURDAL
8 & U	25	Fly	16.01	1993	ASC	BEN GARBACK
7 - 8	25	Free	14.52	2001	RSSC	CHRIS FIDATI
7 - 8	25	Back	17.69	1983	JT	BRAD FRANCIS
9 - 10	50	Free	28.19	1999	FA	SHAWN WEINBERG
9 - 10	25	Back	15.04	1999	NH	CONNER WILLS
9 - 10	25	Breast	17.01	1985	FG	KEVIN MURACH
9 - 10	25	Fly	14.09	2004	BAAC	CAMERON JAMES
9 - 10	100	Medley	1:10.74	1985	FG	KEVIN MURACH
11 - 12	50	Free	25.26	1999	EDGE	CORY KNOPP
11 - 12	50	Back	29.37	1997	EM	BEN GARBACK
11 - 12	50	Breast	31.72	1997	EM	BEN GARBACK
11 - 12	50	Fly	27.27	1989	RSSC	KEVIN GASS
11 - 12	100	Medley	1:02.36	1999	EDGE	CORY KNOPP
13 - 14	50	Free	24.03	2005	JT	DONNIE GARRISON
13 - 14	50	Back	27.24	1994	EDGE	OMAR FRASER
13 - 14	50	Breast	28.88	1992	EDGE	SHERWIN SAPASAP
13 - 14	50	Fly	25.64	1994	EDGE	OMAR FRASER
13 - 14	100	Medley	56.93	1992	EDGE	SHERWIN SAPASAP
15 - 18	50	Free	22.25	1994	EM	JEFF WARWICK
15 - 18	50	Back	25.16	1993	JT	BRAD FRANCIS
15 - 18	50	Breast	28.67	2001	RSSC	FRANK TRIONFO
15 - 18	50	Fly	23.20	1993	JT	BRAD FRANCIS
15 - 18	100	Medley	54.96	1993	JT	BRAD FRANCIS

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 17 HSL RECORDS - METERS

GIRLS

<u>AgeGroup</u>	<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Team</u>	<u>Swimmer</u>	
6 & U	25	Free	21.00	2002	NH	CARRIE DUKES
6 & U	25	Back	25.90	2003	BAAC	SAMANTHA JAMES
8 & U	25	Breast	21.41	1985	FG	JENNIFER MURACH
8 & U	25	Fly	17.40	1984	MGCC	ELIZABETH HARRIS
7 - 8	25	Free	16.20	1984	MGCC	ELIZABETH HARRIS
7 - 8	25	Back	20.10	1981	RSSC	JULIE KOLE
9 - 10	50	Free	31.62	2004	BAAC	SARAH KESHISHIAN
9 - 10	25	Back	17.78	2002	NH	LAUREN FOSTER
9 - 10	25	Breast	18.92	2005	FG	EMILY JORDAN
9 - 10	25	Fly	16.00	1982	RSSC	JULIE KOLE
9 - 10	100	Medley	1:18.39	1992	FA	MEGAN RIDDLE
11 - 12	50	Free	28.36	1992	RSSC	KATY NOVOTNY
11 - 12	50	Back	32.80	1992	RSSC	KATY NOVOTNY
11 - 12	50	Breast	38.34	2000	FG	AMANDA DUNNIGAN
11 - 12	50	Fly	31.71	1992	MGCC	JODI ENCAPERA
11 - 12	100	Medley	1:11.28	1992	RSSC	KATY NOVOTNY
13 - 14	50	Free	27.84	1994	RSSC	KATY NOVOTNY
13 - 14	50	Back	32.16	1994	RSSC	KATY NOVOTNY
13 - 14	50	Breast	36.06	1997	EDGE	LINDSEY PRATHER
13 - 14	50	Fly	30.47	2004	FA	COURTNEY KALISZ
13 - 14	100	Medley	1:09.69	1994	RSSC	KATY NOVOTNY
15 - 18	50	Free	27.84	1998	NH	BETH GOODWIN
15 - 18	50	Back	31.81	1995	RSSC	KATY NOVOTNY
15 - 18	50	Breast	35.66	1997	EM	KATHY RISING
15 - 18	50	Fly	28.84	1998	NH	BETH GOODWIN
15 - 18	100	Medley	1:09.21	1995	RSSC	KATY NOVOTNY

BOYS

<u>AgeGroup</u>	<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Team</u>	<u>Swimmer</u>	
6 & U	25	Free	20.56	2005	BAAC	ZACH DEAN
6 & U	25	Back	26.09	2005	BAAC	ANDREW MORGAN
8 & U	25	Breast	21.55	1986	MGCC	J. SMITH
8 & U	25	Fly	18.10	1980	ASC	STUART WATSON
7 - 8	25	Free	16.19	2001	RSSC	CHRIS FIDATI
7 - 8	25	Back	19.53	1997	RSSC	SHAWN WEINBERG
9 - 10	50	Free	31.83	1985	FG	KEVIN MURACH
9 - 10	25	Back	17.38	1994	FA	ERIK WEINBERG
9 - 10	25	Breast	18.50	1985	FG	KEVIN MURACH
9 - 10	25	Fly	15.23	1998	FA	SHAWN WEINBERG
9 - 10	100	Medley	1:19.42	1985	FG	KEVIN MURACH
11 - 12	50	Free	28.73	1989	RSSC	KEVIN GASS
11 - 12	50	Back	32.25	1997	EM	BEN GARBACK
11 - 12	50	Breast	35.96	1990	EDGE	SHERWIN SAPASAP
11 - 12	50	Fly	30.75	1989	RSSC	KEVIN GASS
11 - 12	100	Medley	1:11.59	1997	EM	BEN GARBACK
13 - 14	50	Free	26.55	1990	EDGE	CHRIS HALLOWAY
13 - 14	50	Back	31.16	2002	BAAC	SHANE KELSEY
13 - 14	50	Breast	33.42	1992	EDGE	SHERWIN SAPASAP
13 - 14	50	Fly	29.58	1994	FA	J. GRAHAM
13 - 14	100	Medley	1:05.12	1998	FA	E. WEINBERG
15 - 18	50	Free	25.24	2005	BAAC	SHANE KELSEY
15 - 18	50	Back	28.80	1981	EDGE	JIM BORN
15 - 18	50	Breast	31.93	2001	RSSC	FRANK TRIONFO
15 - 18	50	Fly	27.40	1981	EDGE	JIM BORN
15 - 18	100	Medley	1:03.01	2004	BAAC	SHANE KELSEY

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 18 RELAYS

YARDS					METERS				
Swimmers	Year	Team	Time		Time	Team	Year	Swimmers	
HEATHER RAY DON ROETS E. ASNER D. PIAZZON	1980	MGCC	1:06.45	8 & U 100 Free	1:13.76	MGCC	1980	HEATHER RAY DON ROETS E. ASNER D. PIAZZON	
CHAD HOKE CAMERON JAMES DANIELLE KING SARAH KESHISHIAN	2004	BAAC	1:04.87	9 - 10 100 Medley	1:12.52	FG	1984	SHANNON RIADT KEVIN MURACH JENNIFER HUDSON SHAWN HUNT	
AMY MORLOCK HUGH MCADOREY KRISTINA DELP ADAM QUISENBERRY	2001	KDAC	2:04.35	11 - 12 200 Medley	2:20.38	KDAC	2001	AMY MORLOCK HUGH MCADOREY KRISTINA DELP MATT MERRYMAN	
ALLIE BROWN MAGGIE BROWN BRADLEY HUPPENTHAL JACK VAN RODEN	2005	FA	1:55.94	13 - 14 200 Medley	2:10.23	FA	2005	ALLIE BROWN MAGGIE BROWN BRADLEY HUPPENTHAL JACK VAN RODEN	
CHRIS HOLLOWAY KEVIN MURACH JENNIFER MURACH SALLY PAINE	1992	EDGE	1:48.82	15 - 18 200 Medley	2:02.86	FA	2005	COURTNEY KALISZ JONATHAN BRADY KYLE GLENNON DANIELLE CAPRON	
EMILY TIPTON AMANDA DUNNIGAN MAUREEN MCLAUGHLIN PATTY RAWLICK	2000	FG	1:48.61	Girls Step-Up 200 Free	2:01.88	MGCC	1982	HEATHER RAY KATHY DEAN LAURA SWIDERSKI CLAIRE BAILAUSKAS	
OMAR FRASER SHERWIN SAPASAP CHRIS HOLLOWAY KEVIN MURACH	1990	EDGE	1:42.70	Boys Step-Up 200 Free	1:57.37	EDGE	1990	OMAR FRASER SHERWIN SAPASAP CHRIS HOLLOWAY KEVIN MURACH	

RULE 19 FROZEN EVENTS – HSL RECORDS

MEGAN RIDDLE M. JOHNSON J. WERNER JD RAINEY	1994	FA	57.97	11 - 12 100 Medley	1:05.91	EM	1993	N. REYERSON N. DANNENFEISER B. FREDERICK M. TAYLOR
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Name	Year	Team	Time	Age	Gender	Stroke
J. MCANANY	1986	EA	55.16	13-14	Girls	100 Yard Free
B. STRATTON	1982	MG	52.21	13-14	Boys	100 Yard Free
J. MCANANY	1989	EA	53.60	15-18	Girls	100 Yard Free
B. FRANCIS	1991	JT	48.42	15-18	Boys	100 Yard Free
H. RAY	1985	MG	1:01.54	13-14	Girls	100 Yard Free
B. STRATTON	1982	MG	57.86	13-14	Boys	100 Yard Free
J. Mcanany	1989	EA	1:01.20	15-18	Girls	100 Yard Free
JIM BORN	1981	EA	52.60	15-18	Boys	100 Yard Free

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 20 MEET PROTEST FORM

1. This form must be filed with the referee within 30 minutes of the finish of the meet and will be used for rule infraction disputes only.
2. The protesting Coach, opposing Coach and referee must sign the form.
3. The completed form will be delivered by the protesting team to the head league official within three days.
4. The head league official will investigate the protest and rule on the protest,
5. **This form is to be used in regular season meets only.**

Meet Date: _____

Meet Location: _____

Protesting Team: _____

Opposing Team: _____

Describe reason for protest (include event number, rule infraction, referee's ruling, etc.)

(Use back of form if necessary)

Protesting Coach Signature: _____ Print Name: _____

Opposing Coach Signature: _____ Print Name: _____

The referee's signature designates that the protest is submitted on time and is valid.

Referee Signature: _____ Print Name: _____

Print Stroke & Turn Officials Names: _____

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 21 HSL Executive Board

President	John Kleinberg	k-bergs@comcast.net	410-569-1925
Treasurer	David Raymonda	djraymonda@msn.com	410-836-0766
Secretary	Sue Ellen North	sueellennorth@yahoo.com	410-939-4689
Statistician	Carl James	carlbjames@comcast.net	410-877-1823
Head Official	Kevin Walls	kwalls@stemint.com	410-272-9080(w)
		csmmet@aol.com	410-893-1922(h)

RULE 22 HSLTeam Representatives

ABERDEEN	Sue Ellen North	sueellennorth@yahoo.com	410-939-4689
BAAC	Debbie King	king1709@comcast.net	410-420-9098
	David Raymonda	djraymonda@msn.com	410-836-0766
BELCAMP	Joe Weaver	jm61999@verizon.net	410-456-2682
			410-272-0664
F. GREEN	Greg Kurtzman	MCSPICEMAN@verizon.net	410-879-2513
EMMORTON	John Kleinberg	k-bergs@comcast.net	410-569-1925
FALLSTON	Suzanne Brown	nbacswimmom@yahoo.com	410-937-5030
JOPPATOWNE	Mark Howell	jkissne@provbank.com	410-877-7851
MD GOLF	Lori Fennessy	lorifennessy@comcast.net	410-638-8615
	Mike Daniel	mrmmdaniel@yahoo.co	410-939-0075
N. HARFORD	Vince DiFatta	vdifatta@comcast.net	443-928-4614
ROCK SPRING	Karen Gasiorowski	mom2ctj@aol.com	410-803-0189
	Tom Glassman	glassman119@juno.com	410-838-7758
VALLEYBROOK	Jim Reese	jimreese@comcast.net	410-515-3834
	Doretta Davies	ddswimmom@yahoo.com	410-592-2692

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 23 HSL Hy-Tek Operators

ABERDEEN	Monica Worrell	worrellfam@comcast.net	410-939-7981 443-695-5837(c)
	Kim Stackhouse	kimberly.stackhouse@hcps.org	410-294-5369 410-452-9060(c)
BAAC	Gerry Lindner	Gerry.Lindner@ey.com	410-893-1024 410-299-5673(c)
	Carl James	carlbjames@comcast.net	410-877-1823
BELCAMP	Lindsey Shreck	linny1704@comcast.net	410-420-1758
	Jeff & Amy Hoch	jahtah0915@verizon.net	410-272-5268
EMMORTON	John Kleinberg	k-bergs@comcast.net	410-569-1925 410-322-9887(c)
	Suzanne Brown	nbacswimmom@yahoo.com	410-937-5030
F. GREEN	Maureen McLaughlin	mmclaughlin@rmc.edu	410-893-3392 443-243-7381(c)
	Ken Oldendick	coach.ken@comcast.net	410-730-9417
JOPPATOWNE	Dawn Heine	dawn.k.heine@verizon.com	410 679-0515
	Allen Heine	allenheine@comcast.net	410 688-1228(c)
MD GOLF	Mike Daniels	mrmmdaniel@yahoo.co	410-939-0075
N. HARFORD	Larry Dukes	ldukes@time2signup.com	410-557-0889 410-692-9800(c)
	Tom Glassman	glassman119@juno.com	410-838-7758
VALLEYBROOK	Mark Bonitaunibus	markhippo251@comcast.net	
	Jim Reese	jimreese@comcast.net	410-515-3834

HARFORD SWIM LEAGUE RULES AND REGULATIONS

RULE 24 HSL Coaches

ABERDEEN	Kim Stackhouse	kimberly.stackhouse@hcps.org	410-294-5369 410-452-9060(c)
BAAC	Chris Bley	swimholic@aol.com	410*569-9505 301-752-1538(c) 410-838-2670(pool)
BELCAMP	Lindsey Shreck	linny1704@comcast.net	410-420-1758
EMMORTON	Erin Smith	h20airsmitt@hotmail.com	410-893-2212 410-569-8529(c)
FALLSTON	Mike Raley	mfraley77@comcast.net	410-823-8232
F. GREEN	Maureen McLaughlin	mmclaughlin@rmc.edu	410-893-3392 443-243-7381(c)
	Ken Oldendick	coach.ken@comcast.net	410-730-9417
JOPPATOWNE	Morgan Garrison	morgangarrison@msn.com	
	Ted Smith	jssl@aol.com	
MD GOLF	Mike Daniels	mrmmdaniel@yahoo.co	410-939-0075
N. HARFORD	Larry Dukes	ldukes@time2signup.com	410-557-0889 410-692-9800(c)
ROCK SPRING	Mark Bonitaunibus	markhippo251@comcast.net	410-688-5231
VALLEYBROOK	Danica Zavaodny	dazavodny@gmail.com	410-420-8609 410-803-2334(c)

HARFORD SWIM LEAGUE RULES AND REGULATIONS

APPROVED 2-18-04

RULE 25 CONSTITUTION

Article I – Name

The name of this organization shall be the Harford Swim League and shall hereinafter be referred to as the HSL.

Article II – Purpose

The purpose of the HSL shall be to:

1. Promote safe swimming in Harford County by providing swimming opportunities
2. Foster positive swimming experiences for the youth of participating swimming organizations
3. Promote "Good Sportsmanship"
4. Establish a communication channel among participating swimming organizations
5. Encourage the personal development of swimmers
6. Recognize the value of each individual swimmer
7. Encourage spectators to support all participating swimmers

Article III – Membership

Membership:

Membership is opened to any *bonafide* swimming organization in Harford County who has 40 eligible swimmers. Applicants must apply in writing to the HSL President by August 31st of the year prior to the applied season. Organizations may present an overview of their team to the Executive Board at the September meeting. Final admission to the HSL is achieved by a vote of the executive board at the October meeting after each team has evaluated the bonafide nature of the applicant. Written notification of the admission outcome will come from the President of the H.S.L. in the month of October. Applications outside of this timeframe will be deferred until the next year.

Dismissal:

1. Any existing team with less than 35 competing swimmers at any dual meet is subject to a request at the September meeting for a vote on removal from the HSL at the October meeting. A majority of the teams present at the October meeting will determine the outcome. Any team dismissed may petition for reinstatement the following September.
2. All teams must follow the HSL rules and regulations and articles as defined in the HSL Constitution. Any team not in compliance is subject to a vote of the HSL board for immediate dismissal from the swim league.

Article IV -Organization

Section I

General Membership to the HSL shall be Harford County swimming organizations that:

HARFORD SWIM LEAGUE RULES AND REGULATIONS

- A. Meet the application procedures established by the HSL
- B. Meet the financial obligations established by the HSL
- C. Maintain active representation on the HSL Board by providing team representation at 80% of the regularly scheduled HSL meetings. The HSL board meeting schedule runs from September through May. Meeting times and locations should be scheduled well in advance to ensure ample notification for team representation. Failure to meet this requirement will result in a one hundred dollar (\$100.00) fine to the HSL team.
- D. Follow the rules, regulations, and procedures established by the HSL.
- E. Support the purpose stated in Article II of the HSL Constitution.
- F. Have access to a pool that has a minimum of 25 yards, 5 lanes with a minimum depth of 3 ½ feet, and meets current safety standards.
- G. No team may compete if there are any outstanding amounts owed to the HSL.
- H. Each team must provide leadership to the Executive Committee, in two-year terms, on a rotational basis amongst the base of teams within the league.

Section II - The HSL Board shall:

- A. Consist of the Executive Committee and the swimming Organizations' representatives. The Executive Committee shall be comprised of five members: President, Secretary, Statistician, Treasurer and Head Official. Each swimming organization shall be allowed to have one (1)-voting representative on the Board.
- B. Executive committee members may dual function as the Team Representative with the exception of the President.
- C. Serve as the legislative body of the HSL.
- D. Meet in accordance to establish the Schedules, Rules, Regulations and Procedures for the HSL.
- E. Be chaired by the President or dually appointed individual.
- F. Have as duties and responsibilities:
 - 1 Coordinate all HSL activities.
 - 2 Oversee all HSL activities.
 - 3 Appoint persons to needed positions.
 - 4 Execute the HSL Constitution.
 - 5 Interpret Rules and Regulations governing the HSL.

Article V - Term of Office and Qualifications for the Executive Committee

Section I

The term of office for President, Secretary, Statistician, Treasurer, and Head Official shall run from September through August for a 2-year term.

Section II - Qualifications for Executive Committee:

- 1 Must be affiliated with a swimming organization that is a member of HSL.
- 2 Preferably has been a HSL Team Representative.

HARFORD SWIM LEAGUE RULES AND REGULATIONS

Article VI -Duties of the Executive Committee

Section I - President

1. Presides over HSL Executive Board meetings
2. Votes in the case of a tie
3. Attends Executive Committee meetings
4. Is Ex Officio member of all committees
5. Serves as past-president for the first year after the change of officers.

Section II - Secretary

1. Keeps accurate and clear records of all HSL Executive Board meetings
2. Handles all correspondence
3. Attends any Executive Committee meeting
4. Maintains accurate historical records of executive committee members and their terms of office.
5. Prepares Coach's Packets for the June meeting.

Section III - Statistician

1. Keep accurate and clear records of Dual Meet results, Team Rosters, and HSL records
2. Provides instruction to Coaches for the operation of the Hy-Tek software (Team and Meet Manager).
3. Arranges for the ordering and dispensing of all dual meet ribbons.
4. Imposes fines where applicable.

Section IV - Treasurer

1. Handles all HSL finances
2. Gives monthly Treasurer's Report
3. Submits annual budget proposal
4. Attends Executive Committee Meetings
5. Imposes fines where applicable

Section V - Head Official

1. Coordinates and schedules all officiating (dual and championship meet)
2. Attends Executive Committee meetings
3. Responsible for coordination of clinics for the training of Stroke/Turn Officials and starter referee's.
4. Responsible for the review and approval of starter credentials for all teams

HARFORD SWIM LEAGUE RULES AND REGULATIONS

Article VII -Succession

Section I

Any vacancy on the executive committee must be filled by the representative team.

Section II

In case of absence of any officer at a meeting, the order of succession to the President will be Secretary, Statistician, Treasurer and Head Official.

Article VIII -Constitution Amendments and Ratification

Section I

All proposed amendments to this document must be pre-filed with the Executive Committee two (2) weeks prior to vote by the HSL Board. The Executive Committee will review the proposed amendment for structure and wording.

Section II

This constitution may be amended by a two-thirds (2/3) vote of the HSL Board provided the said amendment has been introduced at the meeting prior to the meeting when the vote is taken.

Section III

This Constitution shall be adopted by a two-thirds (2/3) ratification of the HSL Board.

Article IX -Parliamentary Authority

Robert's Rule of Order, newly revised, shall govern all meetings of the HSL Board.

Article X -Bylaws, Rules and Regulations

Section I - Name

There shall be a set of fundamental and/often changing policies placed at the end of this document, which will be known as the Bylaws. Any action or issue not expressly covered in the HSL governing documents may be presented and approved with a two-thirds (2/3) acceptance vote by the HSL board.

Section II - Revision

Each new president shall review the Constitution and Bylaws and submit the recommendations for any changes to the HSL Board in the appropriate timeframe.

Section III - Amendments

1. Executive Committee amendments to the Bylaws shall be recommended by the Executive Committee
2. HSL Board - The Bylaws shall be amended by a two-thirds (2/3) vote of the HSL Board

Section IV - Rules and Regulations

The Rules and Regulations shall be reviewed and revised as appropriate by the HSL Board - biannually (every even year) unless requested by two-thirds (2/3) of the HSL Board. Changes should be submitted to the HSL Board prior to the March meeting for approval at the March meeting.