



**Kingsgate Monarchs Pool**

11913 NE 142nd PL  
Kirkland, WA 98034

**Date:** June 27, 2014

**To:** All Division IV Coaches and Team Representatives  
**From:** Kingsgate Monarchs BChamps Coordinator, Kate Tremblay  
**CC:** Cindy McGee, MidLakes Communications Director

**RE:** MidLakes Division IV Championships on July 12, 2014

**Location:** Kingsgates 3 & 4 Pool (see map and directions below) - 9:00 am start

**Entries:** Submit no later than Wednesday, July 9, 2014, 11 am to the Monarch’s pool or email to [tcbrink@toddandcandis.com](mailto:tcbrink@toddandcandis.com). All swimmers must have a time in your entries or the system will not create the meet. Additional information will be sent to the coaches directly.

<b>Warm Ups:</b>	7:00 – 7:20 am	KG Monarchs
	7:20 – 7:40 am	KG Gators
	7:40 – 8:00 am	Norwood
	8:00 – 8:20 am	Plateau Club
	8:20 – 8:40 am	Seattle Tennis Club

**Meetings:** Coaches Scratch – 8:00 am All shifts of Officials and Timers – 8:30 am

**Volunteer Duties:** Please return the completed Volunteer signup sheet to [katemajus@comcast.net](mailto:katemajus@comcast.net) by Wednesday, July 9, 11 am.

There are 3 shifts which are 1 1/2 - 2 hours long. The times in the sheet are estimates only. Shift changes occur at specific events and will be published once the meet is merged.

All shifts of Officials and Timers must attend the 8:30 meeting for special B Champs instructions.

Timers and Officials will be called to the baby pool 10 minutes before the change.

Volunteers make it possible for our children to compete. Thank you for your willingness and hard work!

**Team Coordinators:** Volunteer coordinators are expected at the check ins. We need help tracking down any stragglers who miss the announcement! We want the meet to move quickly. So, please help us make the shift changes efficient.

Remember your Stop Watches and award boxes! Deliver the boxes to the awards table at the west pool entrance.

Send the names of up to three people (include your coaches!) who will receive parking lot permits with your Volunteer sign-up sheets.



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- Clerk of Course:** Swimmer check in is located at the North gate of the pool, facing the field. Clerk of Course opens at 8:45 am. Please have your relays gathered to check in at that time. To minimize wait times, only 10 heats will be staged at one time.
- Coaches:** The south side of the pool is reserved for coaching staff and officials. Meals and heat sheets will be provided to up to 4 coaches of each pool. Send the names of your coaches with your entries.
- Parking:** Parking in the lot is by permit only. Ample street parking is available around the park and the 4 pedestrian access walkways to the park offer many close-in spots. Please do not block driveways, mail boxes or fire hydrants.
- For drop offs, drive around the lot and unload along the grass. The grass edge may not be used for parking. All vehicles without a parking pass must be removed by 8 am.
- Team areas:** **Dogs are not allowed** in Kingsgate 3 & 4 park. We have a large field and we encourage teams to group together. SaniCans will be located along the park driveway.
- Spectators:** The North side of the pool is open to spectators. Bleachers are available for temporary viewing. No other awning/tent space or long term seating is available on the pool deck.
- We encourage cheering, however, loud noisemakers (cow bells, for instance) are considered a nuisance. Also, the block area and deep end spectator area need to remain as calm as possible to avoid false and late starts. In particular, please discourage relay-exchange roars for this meet.
- Concessions:** Breakfast and lunch will be available for purchase. MidLakes Division Champs T Shirts and Sweatshirts will be available for purchase. Prices are not yet published. Heat Sheets will be sold in the morning for \$4. Checks may be made out to Kingsgate Monarchs.



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**Directions:**

From the South

Travel 405 North  
Exit 20B, Totem Lake Blvd.  
Stay right on the off ramp for Totem Lake Blvd. NE  
Turn Left at the signal onto Totem Lake Blvd NE.  
Turn Right on NE 132<sup>nd</sup> Street  
Turn Left on 124<sup>th</sup> Ave NE  
Turn Left on NE 142<sup>nd</sup> Pl.  
The park driveway is ¼ mile on the left

From the North

Exit 22, NE 160<sup>th</sup> Street  
Turn Left onto NE 160<sup>th</sup> Street  
Turn Right onto 124<sup>th</sup> Ave NE  
Turn Right onto NE 142<sup>nd</sup> Pl.  
The park driveway is ¼ mile on the left

Look for the pedestrian access walkways into the park. There is ample street parking near these entrances. Please do not block driveways, mail boxes or fire hydrants.





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## B-Champ Heat Sheet Advertisements

Must be received by Tuesday, July 9th

Everyone loves to see their name in print! Place a personal ad in the

### Championship Heat Sheet Program.

The price for ads are:

- Full Page \$50.00
- Half Page \$25.00
- Quarter Page \$10.00
- Business Card Size \$5.00

Please **email the advertisement** to [katemajus@comcast.net](mailto:katemajus@comcast.net) and **send a check** payable to Kingsgate Monarchs to:

Kate Tremblay

14259 122<sup>nd</sup> Ave NE


Kirkland, WA 98034

Please be sure to include your name, email, and phone number so we may contact you if we have any questions. Proceeds help offset the costs of hosting the meet.

Kate Tremblay

#### Examples

We are proud of you Lily,  
swim fast!  
  
Love, Mom and Dad

  
  
Fly Wesley!