



## MIDLAKES 2019 Jr Boy Prelims

**LOCATION: Samena Swim and Rec Club**  
15231 Lake Hills Blvd, Bellevue, WA 98007

Date & Time: Tuesday, July 23, 2019

- 4:00 PM – 8:30 PM
- Doors open at 2 PM.

### ENTRIES:

- Meet Entries are Due Friday, July 19<sup>h</sup> by 1:00 pm
- Late Entries will be subject to a \$250.00 fine, pursuant to Midlakes Operating Plan. Any entries or changes submitted after the psych sheet has been sent out to the Midlakes Communication Director will not be permitted.
- For Further information, please see 3<sup>rd</sup> page of this document or the Midlakes Website – The Coaches Tab Hytek-M page under 2019 Training Documentation

COACHES CHECK IN SHEET: [Link to Coaches Check-In Sheet](#)

WARM-UP SCHEDULE: 2:30 PM to 3:10 pm    3:10 pm to 3:50 pm

- Warm-up lane assignments will be in your coach's packet.
- Coaches, please supervise your swimmers while in the warm-up lanes.
- The hot tub, fitness room, and tennis courts will be closed to all prelim participants and their families during the meet.

### MEETINGS:

- Scratch meeting:            2:45 PM in the hospitality room
- Official's meeting:         3:15 PM in the hospitality room
- 1<sup>st</sup> Half Timers: Timer Meeting: 3:40 pm on upper deck
- 2<sup>nd</sup> Half Timers: Timer Meeting: 5:30 pm on upper deck

### TEAM AREAS:

We will have bleachers set up on the pool deck for spectators. Tents can be put up in the back grassy area. We have a speaker set up in the back so you can hear the events being called. Please remind your swimmers that the bleachers are for spectators only.

### CONCESSIONS:

We will have a full concession stand on the back lawn area.

HOSPITALITY: Hospitality will be available for the coaches and officials in the hospitality room in the north end of the pool.

HEAT SHEETS: Heat sheets will be available for purchase.

## COACHES:

- Coaches seating reserved on the East side of the pool.
- Coach's packets can be picked up at the Coaches check in table.
- Coach's parking will be on the east side of our parking lot. Please limit coach's cars to one per team.
- **All coaches must wear their coach's shirts to be on deck for identification and hospitality. Thank you!**

OFFICIAL'S PARKING: Available on the East side of the parking lot

## PARKING:

We encourage swimmers and families to carpool as parking is extremely limited. Samena staff will be managing the lot, please follow their direction when arriving at the Club. Swimmer drop off is available. **Spectators need to park in the St. Louise Parking Lot. Samena Shuttle will be provided.** Parking will be available in the Samena parking lot for coaches and officials only.

We will have offsite parking at St. Louise Parish and provide a shuttle to and from Samena throughout the meet.

141 156<sup>th</sup> Ave SE  
Bellevue, WA 98008

[Directions to St. Louise](#)

[Directions from St. Louise to Samena](#)

## 2019 Junior Boys Prelims Timer Assignments

**VOLUNTEERS:** Timers must have timed a minimum of 2 dual meets this season and need to bring their own digital watches. A meeting for all timers will be held 15 minutes prior to the start of each half.

**1ST Half Timers:** Check in no later than 3:15pm, report to timers meeting at 3:40pm

Timing Shift: 4 to 6 pm and 6 to 8 pm (not including meetings)

**2nd Half Timers:** Check in no later than 5:00pm, report to timers meeting at 5:30pm

**TIMERS & COUNTERS** for the 500s: Swimmers must provide their own counters and timers for the 500s.

VOLUNTEER Sign-Ups: [Link to Volunteer Sign-Up](#)

## **Instructions for Entering the Midlakes League Championship Meet**

**ENTRIES & REGISTRATION:** You **MUST** submit **THESE ITEMS** by Friday, July 19, 2019 by 1pm Your entries are complete **ONLY AFTER** submitting the following:

1. A Team Manager export of your meet entries
  - a. **Please use the League Champion event list so that event numbers match. (Events 1-90)**
  - b. When exporting from Team Manager, ENTER qualifying times for all athletes. Please use the CUSTOM TIME option in Team Manager to create a time for athletes who have not competed in an event this season
2. Two Team Manager printouts of your entries – please use the Team Entry Report from TM. (**Reports/Performance/Meet entries**)
  - a. Create a file for individual events – please send entries by NAME and include PROOF OF TIME in pdf format
  - b. Create a file for relay events – please send entries by RELAY (including all athletes and alternate names) and include PROOF OF TIME in pdf format
    - i. (Include alternates as well. Any alternate listed in a relay event can be moved to any relay team in that relay event. So, if a swimmer is listed only on the B relay as an alternate, he or she can still swim on the A relay if needed.)
3. Please remember that you **DO NOT** need to have any entry fees for the League Championship this season. The fees were taken care of during the preseason
4. Please remember that the League Championships is ONE MEET – create ONE export file for your entries
5. **League Championship Entries are due on** Friday, July 19, 2019 by 1pm. **Send all files to** [jefflowell9969@gmail.com](mailto:jefflowell9969@gmail.com).

### **PLEASE REMEMBER THE FOLLOWING OPERATING PLAN LANGUAGE:**

1. Entries and a master list for League Preliminaries and Div. Championships shall be submitted according to the schedule voted upon at the Fall meeting. All entries must be submitted with a League approved hard copy printout from HyTek software along with the associated entry file exported from TM. All entries must be submitted in yard times.
  - a. Complaints will be resolved by the Board of Governors prior to the start of the meet. Complaints must be in writing and submitted by the coach or official team representative only.
  - b. Changes will not be permitted after the psych sheet is sent to the Midlakes Communication Director for posting (defined by the time stamp at the top of the psych sheet) except for clerical errors (defined as a discrepancy between a team's hard copy of their TM entries and the team's electronic file from TM). Empty lanes resulting from insufficient entries will not be filled.
  - c. Any club showing up later than the specified time to enter the League Championships will be assessed a fine of \$250.00 to submit entries into the League Championships. Any club missing the entry deadline **MUST** submit entries prior to the posting of the psych sheet or **NO** athletes from that club will be able to compete in the League Championships. Late clubs and "no shows" must pay the fine prior to the beginning of the Championship meet. If the fine is not paid, athletes will be withheld from the meet.
2. Substitutions may be made in relays for injury or illness. When a substitution is made, the swimmer who is deleted may not swim in any events. The substitute swimmer must be listed as an alternate on the entry sheet. Regulation #3 under Championship Meets still applies to the new swimmer regarding number of events entered.