

**Warm Up Schedule- JR Boys 7/23/19**

<b>1<sup>st</sup> Warm-up</b>	<b>2:30-3:05 PM</b>	<b>Group A</b>	<b>Group B</b>
		<b>Indoor pool</b>	<b>Outdoor pool</b>
<b>2<sup>nd</sup> Warm-up</b>	<b>3:05-3:40 PM</b>	<b>Group B</b>	<b>Group A</b>
		<b>Indoor pool</b>	<b>Outdoor</b>

\*lane assignments were made based on the number of entries per club. Coaches are encouraged to split their sessions by age group if needed. Both indoor and outdoor pool time is available in 30 minute shifts; consider working with the club you are sharing with to break up the 30 minutes.

	<b>LANE 1</b>	<b>LANE 2</b>	<b>LANE 3</b>	<b>LANE 4</b>	<b>LANE 5</b>	<b>LANE 6</b>
<b>Group A</b>	Somerset 13 Kingsgate Gators 12 Rolling Hills 5	Mercer Is. CC- 22 Rolling Hills- 5	Kingsgate Mon 15 Triangle 10	Samena 18 Woodridge 7	Edgebrook 24 Phantom Lake 3	Klahanie 22 Kingsgate Royals 5
<b>Total</b>	30	27	25	25	27	27
<b>Group B</b>	Newport Hills- 25 Overlake 5	Strattonwood 25 Newport YC 6	Mercer Shore Club- 23 Norwood 8	Mercer BC 23 TOS 10	Fairwood 18 Seattle Tennis C 9	Maple Hills 14 Snoqualmie 12
<b>Total</b>	30	31	31	33	27	26