

To All Coaches: Meet Day Schedule

(All event start times are estimates; swimmers need to check in at the clerk of course at least 10 minutes prior to their event.) All coaches are asked to wear a team shirt and the wrist band provided so that we can identify those that should be on the deck.

- ◆ **7:30 AM** Doors open (only the host club's volunteers will be allowed in prior to 7:30am)
- ◆ **7:50 AM** First Warm-up session – see attached schedule.
- ◆ Note: If in competition pool, Lane must be cleared before you can do starts. Coaches must supervise swimmers on the blocks. No diving off of the blocks located on the bulkhead.
- ◆ **8:00 AM** Coaches Scratch Meeting – Officials room next to the control room. Please send one coach only.
- ◆ **8:15 AM** Officials Meeting in room opposite the control room
- ◆ **8:20 AM** Second Warm-up session – see attached schedule
- ◆ Note: If in competition pool, Lane must be cleared before you can do starts. Coaches must supervise swimmers on the blocks. No diving off the blocks located on the bulkhead.
- ◆ If your timing volunteer fails to show for their scheduled meeting, the Meet Director will approach your coaches table to have a coach take their place. We will not be calling for timers over the P.A. System.
- ◆ **8:30 AM** First shift Timers Meeting. Shift is 9:00 AM-11:00 AM (events 1-22)
- ◆ **8:50 AM** Competition Pool cleared
- ◆ **9:00 AM** Meet Starts
- ◆ **10:30 AM** Second Shift Timers Meeting. Shift is 11:00 AM -1:00 PM (events 23-60)
- ◆ After Event #50 Break for presentation of Division Awards and Coaches Relays
- ◆ Lunch will be available at **11:30 AM**.
- ◆ **12:30 PM** Third Shift Timers Meeting. Shift starts 1:00 PM and goes to end of meet (events 61-90)
- ◆ **3:00 PM** Approximate meet end time
- ◆ The pool deck will be limited to Swimmers, Coaches and Officials. All others will be turned away.
- ◆ No swimmers in the Hospitality room. Coaches and Officials Only.
- ◆ Results will be posted in the Lobby and on the pool deck. No coaches in the control room. If you think there is a mistake in the results, contact the Meet Referee Dragos Lazar or Meet Director, Eric Bartleson.
- ◆ Please monitor your swimmers in the warm-up pools before and during the meet. No Diving – feet first only, No Kickboards, pull buoys or paddles.
- ◆ Results will be posted at www.midlakeswimleague.org by **Monday, July 29th**.