



Newport Yacht Club Distance Meet Monday, June 24th 2019

WHO: Open to the first 130 Midlakes Swim League swimmer's to register. The meet will be cancelled if we do not have at least 50 registered swimmers.

WHEN: Monday, June 24, 2019. Warm-ups beginning at 4:30pm with competition beginning promptly at 5:30pm.

WHERE: Newport Yacht Club
(425) 747-3291
81 Skagit Key
Bellevue, WA 98006

COST: \$10.00/swimmer.

Pool: The Newport Yacht Club swimming pool is located in the Newport Shores neighborhood in Bellevue. It is a 5 lane, 25 yard swimming pool.

Distance Meet Details: This meet was designed to allow Midlakes swimmers to have the opportunity to swim the 100 Free, 200 Free, and 500 Free outside of the Midlakes "A" Championship meet.

Event Seeding: Events will be swum slowest to fastest, based off of the swimmers entry time. If there are three swimmers or less in an event, we reserve the right to combine age groups and genders into a single heat.

Maximum Events: Each swimmer will be allowed to enter two events.

How to Enter: Fill out the attached entry form. All forms are due no later than Friday, June 21, 2019 by 1:00 pm. Late entries will not be accepted.

Volunteers:

- Each club that participates will be required to provide at least one timer.
- Four stroke and turn judges will be required to run the meet. Newport Yacht Club will provide the meet referee.
- Newport Yacht Club will provide the volunteers needed to run the computer system, concessions, and announcing.

Awards: Ribbons will be awarded to the top three in each age group.

Concessions: Pizza, beverages, and light snacks will be available for purchase.

Questions: Please contact NYC at 425-747-3291. Email eric@newportshoreswa.org

Order of Events

| Event # | Event |
|---------|----------------------|
| 1 | Girls 8&U 50 Free |
| 2 | Boys 8&U 50 Free |
| 3 | Girls 10&U 100 Free |
| 4 | Boys 10&U 100 Free |
| 5 | Girls 11-12 100 Free |
| 6 | Boys 11-12 100 Free |
| 7 | Girls 13-14 100 Free |
| 8 | Boys 13-14 100 Free |
| 9 | Girls 10&U 200 Free |
| 10 | Boys 10&U 200 Free |
| 11 | Girls 11-12 200 Free |
| 12 | Boys 11-12 200 Free |
| 13 | Girls 13-14 200 Free |
| 14 | Boys 13-14 200 Free |
| 15 | Girls 15&O 200 Free |
| 16 | Boys 15&O 200 Free |
| 17 | Girls 12&U 500 Free |
| 18 | Boys 12&U 500 Free |
| 19 | Girls 13-14 500 Free |
| 20 | Boys 13-14 500 Free |
| 21 | Girls 15&O 500 Free |
| 22 | Boys 15&O 500 Free |

Distance Meet Entry Form

Name _____ Age _____ Birthdate _____

Swim Club _____

Parent Name _____ Phone _____

Parent Email _____

Entry:

| Event # | Event Name | Entry Time |
|---------|------------|------------|
| | | |
| | | |

*Each athlete may enter a maximum of 2 events

*If the athlete does not have a time, they may enter with "no time" (NT) or make up a time.

Volunteers (please check one)

- Yes! I would be interested in volunteering. Please circle one:

Timing

Stroke and Turn

- No, I would not be interested in volunteering

Entry Form Information:

- Please mail your entry form and entry fee to the following address:
Newport Yacht Club
81 Skagit Key
Bellevue, WA 98006
- Checks can be made out to the Newport Yacht Club.
- Entries must be submitted by Friday, June 21, 2019 at 1:00 pm. Late entries will not be accepted.