



Newport Yacht Club Distance Meet Monday, June 29th 2015

WHO: Open to the first 130 Midlakes Swim League swimmer's to register. The meet will be cancelled if we do not have at least 50 registered swimmers.

WHEN: Monday, June 29, 2015. Warm-ups beginning at 4:30pm with competition beginning promptly at 5:30pm.

WHERE: Newport Yacht Club
(425) 747-9217
81 Skagit Key
Bellevue, WA 98006

COST: \$10.00/swimmer.

Pool: The Newport Yacht Club swimming pool is located in the Newport Shores neighborhood in Bellevue. It is a 5 lane, 25 yard swimming pool.

Distance Meet Details: This meet was designed to allow Midlakes swimmers to have the opportunity to swim the 100 Free, 200 Free, and 500 Free outside of the Midlakes "A" Championship meet.

Event Seeding: Events will be swum slowest to fastest, based off of the swimmers entry time. If there are three swimmers or less in an event, we reserve the right to combine age groups and genders into a single heat.

Maximum Events: Each swimmer will be allowed to enter two events.

How to Enter: Fill out the attached entry form. All forms are due no later Friday, June 27, 2014 by 1:00 pm. Late entries will not be accepted.

Volunteers:

- Each club that participates will be required to provide at least one timer.
- Four stroke and turn judges will be required to run the meet. Newport Yacht Club will provide the meet referee.
- Newport Yacht Club will provide the volunteers needed to run the computer system, concessions, and announcing.

Awards: Ribbons will be awarded to the top three in each age group.

Concessions: Pizza, beverages, and light snacks will be available for purchase.

Questions: Please contact Lauren Anderson (NYC Head Coach) at lauren.k.brown15@gmail.com or at 425-445-4209.

Order of Events

Event #	Event
1	Girls 8&U 50 Free
2	Boys 8&U 50 Free
3	Girls 10&U 100 Free
4	Boys 10&U 100 Free
5	Girls 11-12 100 Free
6	Boys 11-12 100 Free
7	Girls 13-14 100 Free
8	Boys 13-14 100 Free
9	Girls 10&U 200 Free
10	Boys 10&U 200 Free
11	Girls 11-12 200 Free
12	Boys 11-12 200 Free
13	Girls 13-14 200 Free
14	Boys 13-14 200 Free
15	Girls 15&O 200 Free
16	Boys 15&O 200 Free
17	Girls 12&U 500 Free
18	Boys 12&U 500 Free
19	Girls 13-14 500 Free
20	Boys 13-14 500 Free
21	Girls 15&O 500 Free
22	Boys 15&O 500 Free

Distance Meet Entry Form

Name _____ Age _____ Birthdate _____

Swim Club _____

Parent Name _____ Phone _____

Parent Email _____

Entry:

Event #	Event Name	Entry Time

*Each athlete may enter a maximum of 2 events

*If the athlete does not have a time, they may enter with "no time" (NT) or make up a time.

Volunteers (please check one)

- Yes! I would be interested in volunteering. Please circle one:

Timing

Stroke and Turn

- No, I would not be interested in volunteering

Entry Form Information:

- Please mail your entry form and entry fee to the following address:
Newport Yacht Club
81 Skagit Key
Bellevue, WA 98006
- Checks can be made out to the Newport Yacht Club.
- Entries must be submitted by Friday, June 26, 2015 at 1:00 pm. Late entries will not be accepted.