

2011 Midlakes Coaches Meeting Agenda

1. Quick Introductions
 2. Scott Allen, Officials Chair
 3. Philosophy of Midlakes
 - a. Congratulations for being here
 - i. Roster of information
 - ii. Certifications
 - iii. All need to be in prior to working on deck with athletes, especially prior to 1st meet
 - b. Guiding mission statement – what is the real work of the league and its coaches
 - i. LEAGUE MISSION STATEMENT:
The purpose of this league is to provide opportunities to introduce member clubs and athletes to aquatic sports.
The board's mission is to help member clubs provide a complete athletic experience for everyone involved in swimming, water polo, and diving. Athletics plays a role in the development of young people as they learn teamwork, cooperation, and respect for others through healthy, friendly competition. Athletes, coaches, and parents learn during their Midlakes experience that the concepts of hard work and dedication to self and others translate into success in other aspects of life. The Midlakes Board wants all members to finish their seasons with a positive feeling of mutual accomplishment.
 - ii. This season
 1. Equity for athletes
 2. Sportsmanship – scores, treatment of other clubs, etc
 3. Entering meets – A vs. B
 - a. CONVERSE AND ADJUST
4. Mentoring
 - a. New coaches
 - b. 5 parts of the season
 - i. Pre – beginning to time trials
 - ii. Afternoons – time trials until school is out
 - iii. Mornings – weeks until champs
 - iv. Champs
 - v. Post meet – banquet
 - c. How do you prep for each one/
 - d. How to make every practice count – what is the purpose behind what you are asking athletes to do?
5. Rules / Operating Plan questions
6. Calendar
 - a. Dates - release next week...
7. Coaches Reps
 - a. Susan Simpkins
 - b. Candace Brink
 - c. Votes....
8. Other questions