

PROPOSED CHANGES TO THE MIDLAKES OPERATING PLAN RE: FALSE STARTS

APPENDIX A

FALSE START

1. DUAL MEETS

- a) Each heat will be permitted one false start.
- b) After a second false start, that swimmer (or relay) ~~shall~~may be permitted to swim the event as an exhibition, ~~at the discretion of the referee/starter~~. In that case, no score will be permitted, and no record may be set. For championship meets (including preliminary heats), dual confirmation of the false start by the deck referee and either the recall starter or starter shall be required. (Exception to USA Swimming Rule 101.1.3A)

2. CHAMPIONSHIP MEETS

- a) Each heat will be permitted one false start.
- b) After a second false start, that swimmer (or relay) ~~shall be permitted to swim the event as an exhibition. In that case, no score will be permitted, and no record may be set~~ is prohibited from swimming that event, ~~even for exhibition purposes~~. For championship meets (including preliminary heats), dual confirmation of the false start by the deck referee and either the recall starter or starter shall be required. (Exception to USA Swimming Rule 101.1.3A)