

Frogger Parent Code of Conduct

1. I will not force my child to participate on the Froggers Swim Team but I will encourage them to.
2. I will remember that children participate to have fun!
3. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a meet or his/her performance.
4. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
5. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
6. I will emphasize skill development and practices, and how they benefit my child, over winning. I will also de-emphasize meet results and competition in the lower age groups.
7. I will refrain from coaching my child or other swimmers during meets and practices unless I am an official coach.
8. I (and my guests) will be positive role models for my child, and encourage sportsmanship by showing respect and courtesy -- and by demonstrating positive support for all swimmers, coaches, officials and spectators at every meet, practice or other team event.
9. I (and my guests) will not engage in any unsportsmanlike conduct with any official, coach, swimmer or parent, such as booing and taunting, or using profane language or gestures.
10. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
11. I will strive to learn the rules of swimming, the meets, and different meet positions, as well as the policies of the Old Dominion Swim League.
12. I will actively participate as a volunteer for the team.
13. I will not encourage any behaviors or practices that would endanger the health and well-being of the swimmers.
14. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
15. I will promote the emotional and physical well-being of the swimmers ahead of any personal desire I may have for my child to win.
16. I will respect the officials and their authority during meets and will never question, discuss or confront coaches at the meet, and will take time to speak with coaches or parent liaison at an agreed-upon time and place.
17. I will demand a sports environment for my child that is free from drugs, tobacco and alcohol, (which includes all parking lots and areas associated with the pool facility) and I refrain from their use at all sports events.
18. I will follow all additional Old Dominion Swim League Code of Conduct rules, not covered above, as written in Appendix 1 of the Old Dominion Swim League Rules & Regulations.

I understand that if I violate any of the above codes I may not be able to attend practices, team meets, team events, and could result in my child being removed from the team. I understand that any and all disciplinary actions will be determined by the Froggers Board of Directors and will be communicated to me via US mail in a timely manner.