**What is Pre-Team?**

Pre-team is for children who are at least 4 years old and confident in the water but cannot yet swim the 25-meter length of the pool independently and consistently. The Pre-Team is not designed to replace swimming lessons. Rather, it is a stepping stone between swim lessons and age-group swimming on the Swim Team.

For those children who are not quite ready to join the Pre-Team, lessons will be available through the Tanterra Swim & Dive Team coaches that are lifeguards. Check the guard office and bulletin board for lesson information.

If you are not sure where to place your child, here are some general guidelines for children **ages 4 – 8 only**. If your child is over 8, please register for the swim team.

Register for **Pre-team** if:

• Your child has not been on the swim team in the past and does not know basic mechanics of freestyle but can put his/her head in the water, blow bubbles and can “swim” independently.

• Your child was on the pre-team last year but did not yet swim in a B meet and is not comfortable moving to age group swimming.

Register for **Swim Team** if:

• Your child was on the pre-team last year and swam in one or more B meets.

• Your child can swim freestyle the 25 meter length of the pool in less than 50 seconds and can withstand a 60 minute practice.

• Your child is over 8 years old.

If your child was on Pre-Team last year and you are not sure where to register them, please speak to the Pre-Team Rep, Katie Parker.

Katie Parker

Pre-Team Rep

parkerkatie81@gmail.com