



## Welcome to the METS Swim Team 2021-2022 Short Course Season

We are happy to welcome you to the 2021-2022 short course season at METS. Online registration is now open. The short course season will run from August 30 through March 12, 2022. All practices are held at the Chuck Fruit Aquatic Center, located at the Edwardsville High School Sports Complex at 6168 Center Grove Road in Edwardsville, Illinois.

Enclosed you will find all the registration information for the 2021-2022 season. If you are unsure of which group to register for or have any questions, please contact Coach Bob Rettle at [metsswim@gmail.com](mailto:metsswim@gmail.com) or 618-407-7665.

### **GROUPS:**

**Tiny Titans:** This group is designed for new swimmers and swimmers 8 and under. It's a great way to start a lifetime career of competitive swimming. If you're a safe swimmer, who knows freestyle and backstroke, or a young swimmer with some competitive experience, you will want to make your first step to competitive swimming as a Tiny Titan!

**Age Group Titans:** This group will serve a wide range of swimmers, primarily 12 years of age and younger. This group is designed for those looking to explore the sport of competitive swimming, achieve the highest level for your age group, or take the next steps to future levels. Training will place the highest priority on fundamental disciplines of the sport, such as stroke technique, clock knowledge, lane etiquette, training terminology, meet preparation, and goal setting, body health, and safety. As with all our groups, the team concept will be promoted through swim training, meets, team goals, and service to team and community.

**Junior Titans:** This group is designed for swimmers ages 10-18. This group will serve younger athletes who aspire to swim at senior level and older swimmers who are not ready to make the full commitment to senior level. Training in this level will prepare the athlete to compete to their highest ability to their age group. This group will strive for team goals for Ozark Champs and qualifying for zones and ISCA meets.

**Senior Titans:** This group is for athletes who have aspiration to compete at the highest level. Training will be rigorous in areas of technique, water work, and strength training and a commitment to team goals, promoting team concept to younger swimmers, and service to the community.



### **Online Registration Process:**

- Go to [www.metsswim.com](http://www.metsswim.com) and click the 2021-2022 Registration button on our mainpage. Complete all the steps, logging in with your current email and password or creating a new account, if you don't already have one.
- You have the option of paying for the entire season in full or by monthly payments.
- Registration payments must be made by credit card/debit card. After registration, you will be able to set up ACH processing, if you prefer, through your account. Please remember, you must have a valid payment method on your account to attend practice and participate in meets.

### **Documents and Agreements:**

The following documents and agreements will need to be agreed to during the online registration process. They are also available to view on metsswim.com under the Documents tab.

- Medical Release and Liability Waiver
- Code of Conduct
- MAAPS Policy
- Electronic Communication Policy
- Photo Release
- Bullying Policy

### **GENERAL INFORMATION:**

**Practice Cancellations or Changes/Communication-**If METS needs to cancel practices or change practice times due to weather or other reasons, an email will be sent as well as information posted to metsswim.com. Please verify email addresses on your account are accurate and add your cell phone (SMS) to receive text or email alerts in cases of last-minute cancellations.

**Caps-**One cap and one t-shirt will be provided for each registered swimmer. Extras are available for purchase.

**Suits/Team Gear-**B&B Aquatics will be available September 1 during practice to offer fittings and suit purchases along with other gear. An online store will be available to purchase extras throughout the season.

**Team Photo-**Our team photo is scheduled for November 10.

**Team Banquet-** Our team awards banquet will be held in March. More details to come!

**METS Hosted Meets-**



Our hosted swim meets are the team's primary source of fundraising. In order for them to be successful, it is essential to have parents of competing swimmers volunteer to help run these meets. More information will be available prior to each meet. Job sign-ups will be posted on the website.

**Meet Schedule-** A tentative schedule for meets is posted on the website under the schedule.

**Team Events-** Skating party, psych parties, food drive, and other team activities will be scheduled throughout the season.

### **Payment Policy:**

- You can access your monthly invoices on the METS website on or after the first day of each month. If you check your balance before the first day of the month, it may not reflect all charges that will be included on your invoice.
- Each month's invoice will be due on the 1<sup>st</sup> day of the month. If the 1<sup>st</sup> day of the month falls on a holiday or weekend, payment is due on the first business day after the 1<sup>st</sup>. Auto pay will automatically bill on the 1<sup>st</sup> day of the month (or the first business day after the 1<sup>st</sup>, if the 1<sup>st</sup> falls on a weekend or holiday).
- Accounts not paid on or before the 15<sup>th</sup> day of the month will be assessed a \$10 late fee (which will be included on the next month's invoice).
- Accounts that are behind by 30 days will be suspended and any swimmers will not be permitted to attend any practices or swim meets until the account balance is brought up to date.

### **Fee Payment Schedule**

Any outstanding balance from previous seasons must be paid before registration can be completed for this season.

Registration Fee: \$150 per athlete which includes:

- \$70 USA Registration Fee-This fee is required by and paid to USA Swimming and is valid through December 31, 2022.
- One cap and one t-shirt
- All processing fees through the website
- Team Registration

**Training Fees:** Training fees are due in equal installments (September 1-March 1) until the full amount is paid or the season ends or an athlete withdraws from the team.

**Multi-Swimmer Discount:** Families having 3 swimmers enrolled in METS will receive a discount of 5% on training fees. Families with 4 or more swimmers will receive a 10% discount on training fees. These discounts only apply to training fees.



**Training Fees**

<b>Group</b>	<b>Senior</b>	<b>Junior</b>	<b>Age Group</b>	<b>Tiny Titans</b>
<b>Due Monthly (Sept 1-March 1)</b>	\$135	\$110	\$85	\$60

**\*\*EHS Swim Team athletes-**If you are an athlete on the 2021-2022 EHS Swim Team, you will not be billed for the months that you are participating for EHS.

**Meet Entry Fees:**

Meet entry fees are invoiced to your account during the month in which METS submits payment for each meet to the host team and are due on the 1<sup>st</sup> of the following month. Meet fees may not be refundable once the meet entry deadlines have passed.

**Training Schedule**

August 30-March 12

<b>Group</b>	<b>M-F</b>	<b>Sat</b>
Senior	2:30-4:30pm or 4:30-6:30pm Mornings TBD	7:00-9:00am
Junior	4:30-6:30pm	7:30-9:00am
Age Group	5:00-6:00pm	N/A
Tiny Titans	5:00-6:00pm (M, W, F only)	N/A
Dryland (Jr/Sr Groups)	TBD	TBD

Information on our 2022 Long Course season (April-July) will be published in February 2022.