

Monona Magicians: LANE LINES

www.mononaswimanddive.com

SWIM:

MO vs. Maple Bluff
@ Maple Bluff

Saturday, 6/11

6:30am warmups

8am start

DIVE:

MO vs. Westside @ Monona

Wed., 6/15

3:30am warmups

5pm start



Coach Kelly says...

When you sign up to participate in a meet, please add a NOTE that states whether or not you are able to participate in the relays; free, medley, or both!

At the meet, make sure to check in/out with your coaches upon arrival/before leaving. One reason is so that they can put together the relays, which are the first/last events of the day.

If you have signed up for the meet, please SHOW UP unless you are legitimately ill or have a family emergency.

Kelly can be reached at (309)264-8378

or kchadesh@gmail.com

Be on time and participate in warm ups. Have fun, and SWIM FAST!!

meet checklist:

- ~suit
- ~competition goggles (labelled w/sharpie)
- ~MO swim cap (labelled w/sharpie)
- ~2 dry towels
- ~sweatshirt/sweatpants
- ~sleeping bags or blanket
- ~sharpie
- ~sunscreen/bug spray
- ~deck of cards/reading materials
- ~not recommended: electronics
- ~positive attitude!

Diving update:

Diving meets can vary in length depending on the size of each dive team. The order of events is: 10 & u/11-12/13-14/15-18. Groups may be combined if group size merits it. However, if your diver has other commitments and cannot dive at the time their age group dives, it is difficult to have them dive with a different age group. Please plan accordingly!

For home meets, our divers need to be at the pool for warm-ups two hours prior to the start of the meet. You may want to send some snacks and drinks with your diver. During the opposing team warmups, divers are encouraged to socialize with one another! The more experienced divers can always give tips to their younger or less experienced teammates!

If you have any questions regarding the dives or procedures, please talk to Coach Caleb, cpercevecz@gmail.com.

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8 & under and 9/10 swimmers will be given cards by the coaches with their event numbers listed. Usually this will be 2 individual events and 2 relays. The event numbers correspond to races that are listed in the "heat sheet." Heat sheets are available for purchase in the concession area and are posted around the pool as 11 & up swimmers do not get event cards and should look at the heat sheets for their events.

8 & under and 9/10 swimmers must report to the Clerk of Course. The parent volunteers in this area will sort into their proper lanes, heats, etc. Swimmers should be ready to swim when they get there. Please make sure swimmers have used the restroom before their races! Make sure that boys have double tied their suits!! There is no place to put towels or clothes. Swimmers must be ON TIME or risk missing their events, which are called on the loudspeakers. There will be plenty of coaches making sure that kids get where they're supposed to be. 11 & older swimmers will report directly to their event at the right heat and lane. Timers will also double check that swimmers are in the correct spot.

For relay races, swimmers report to the Clerk of Course with their relay teammates and stick with them.

After every race get your time from the timers, and report directly to the coaches for feedback, encouragement, and advice! Race results will be posted around the pool as well as on the website (within a few days).

Please remember is that everyone is at the meet to swim and have fun. There are many awesome MO parents who will help in any way they can, just ask!