

Penguins attack! We're hosting Parkcrest this week

We're hosting Parkcrest this week, with the dive meet Friday afternoon and the swim meet Saturday morning.

DIVERS: Dive meet warm-ups start at 3 p.m. Friday. Dive meet starts at 5 p.m.

SWIMMERS:

- **6:30 am** – Warm-ups begin for 10 and under swimmers, followed by 11+ swimmers.
- **7:45 am** -- 8 & under, as well as 9-10 age-group swimmers, report to clerk of course for medley relays.
- **8 am** -- Meet starts.

A few reminders:

- We'd like to start warm-ups for 10&under swimmers at 6:30 a.m. That means 10&under swimmers should report to the pool in time to find a spot on deck, gather their goggles and caps, check in with their coaches, and be ready for warm-ups by 6:30 a.m.
- All swimmers -- if they plan to participate in the meet -- need to sign up for Saturday's meet on-line (via the on-line meet sign-up sent via email), and in the sign-up book at the pool, **by Wednesday (that's TODAY!)**, as well as telling coaches.
- **Please attend the meet if you signed up to do so.** Few things are more frustrating to our coaches than no-shows who don't let our coaches know ahead of time. Please make every effort to attend the meet if you signed up. If you are absolutely can't make it, call Coach Kelly at 309-264-8378.
- The dive team photo will be taken immediately before warm-ups Friday, so all divers are asked to report to the dive meet by 2:45 p.m. Friday.

A big thanks...

...to all those who helped make our first meet of the 2013 season a success: the set-up crews (particularly those who helped move bleachers several times on team photo day), meet officials, timers, scorers, concessions workers (including the brat and burger chefs), clerk of course folks, and those who helped clean up at the end. We'll need another significant effort this week, as Parkcrest comes to town with a much larger team. But thanks for getting the season off to a great start.

A few reminders:

- Concessions needs help starting no later than 6:30 a.m. We start selling items at concessions well before the meet starts at 8 a.m., so we need some help with setting it up.

- Everyone – swimmers and parents – are expected to clean up their area. While food is allowed on the pool deck during meets, its remains – food not finished, wrappers, napkins and such – are not. More than one parent noticed in particular that the traditional seating area for our 13-18 year-old swimmers (near the slide) was left in particularly unruly shape following the meet. ALL SWIMMERS AND PARENTS NEED TO PICK UP THERE AREA FIRST AND FOREMOST.
- We will likely need some additional help picking up at the end of the meet this week, as Parkcrest is a much larger team than Maple Bluff and thus the meet will likely conclude later in the day. Remember – the pool must be in shape for public use by 1 p.m., and our goal is to have it ready by 12:30 p.m. Please use our on-line volunteer registration system, emailed earlier this week, to indicate where you'd like to help out Saturday (and Friday as well at what will likely be a very long dive meet).

Concessions...

...will need the usual assortment of items for this week:

8 and unders: fresh fruit (bananas and grapes are popular items)

9 & 10's: bakery items (cupcakes, cookies, and such)

11 & 12: Soda or gatorade, ice

13 & 14: water, ice

15 & older: spaghetti's

Clothing, and more clothing...

This from head clothing chef Michell Gronski: Clothing orders that were placed by the deadline have arrived. If you are not going to be at the swim meet on Saturday, please contact Michelle Adler Gronski so she can help make arrangements to get you your clothing: 608-222-7284 or madlergronski@yahoo.com If you still need a MO swim cap, you can purchase one at the meet on Saturday, or you can contact Michelle to make other arrangements. Latex swim caps are still available for sale at \$4, silicone swim caps are back ordered until the first week of July and will be available for \$9.

And this from team registrar Sue McDade: Don't forget to pick up your "Free With Registration" t-shirt the next time you are at practice. One t-shirt is available for every kiddo on our team. Talk to your coach before or after practice to get yours! You can also check at the Clerk of Course table at Saturday's meet if you don't have it by then.

Close-out sale on shirts from previous years: We have approximately 70 shirts in a variety of sizes remaining from 2011 - "Bringing Back the Magic" and 2012 - "I am a MOgician". These shirts will be sold at the Clerk of Course table on Saturday for the bargain price of \$3.00 each! There is a limited number of kid and adult sizes available so shop early and often!

No parking...

...a reminder to avoid parking for this week's home meets in the Monona Community Library lot, which the library has asked be reserved for their patrons Friday afternoons and Saturday mornings. Thanks!

Food Drive...

News from Katie Sackett, who is heading up this year's Food Drive for MO: Everyone should have received an e-mail and a hard copy regarding our Second Harvest fundraiser. If you didn't let me know and I will make sure you receive this information. Now on business: The good news is that we raised

\$50 for St. Stephen's Food Pantry last weekend with the "Chuck A Duck" competition. Andrew would like to think all the MO participants that did not throw them at him ☺! Thanks to the sound crew for the "Rubber Duckie" song it was an unexpected nice touch! This fun little event means we just generated 150 meals!!!! WAY TO GO MO!!!! (We'll be reprising the "Chuck a Duck" fundraiser this Saturday at our home meet against Parkcrest.)

This fund raiser is not just a competition between all the pools, but it is a wonderful way to "splash" out hunger in the Metro Madison area. It is up to each of us to make a difference. Now is the time to show your "MO MAGIC" spirit for this very worthy cause. To do this all you need to do is drop off food items in the collection bins at the pool or in the Monona Community center. Another option is to write a check to offer your support. If you write a check it is **VERY IMPORTANT** to note "MONONA" in the memo line to ensure that those funds get allocated to our team total. If you have any questions please do not hesitate to contact Katie Sackett at ksackett@charter.net . Thanks everyone hope you have a wet and wild week!

Pizza party!

MO's annual pizza and pool party will be held Saturday night from 6:30-8:30 p.m. at the Monona Community Pool. The cost is \$3 (to help pay for pizza and pool rental costs), and all MO swim and dive team members and their families are invited. More details here:

<http://www.mononaswimanddive.com/social-events/team-pool-pizza-party/>

Record-breakers

Congratulations to 9-10 swimmer Mary O'Malley and 11-12 diver Rachel Ramsey, both of whom broke long-standing records at our meets against Maple Bluff. Mary broke the MO team record in the girls 9/10 50-meter backstroke with a time of 36.45, then broke both the MO team record – dating back to 1981, making the oldest girls team record on our record board – in the 100-meter IM with a time of 1:17.94, breaking the old record by more than 3 seconds. Congrats to Mary.

Rachel, meanwhile, broke both a team (1990) and pool (1998) record in the 11/12 girls diving competition with a score of 208.40. Congrats to Rachel.

Stars of the week

Swimming

8 and Under: **James Cullison** and **Karina Dyslin** both have been great listeners at practice which showed during their big meet Saturday.

9-10's: **Owen Groth** for putting in the work at the 11-12s practice and competing as a great anchor for his teams relay.

Mary O'Malley for her incredible performance at the meet Saturday beating records and being a great lane leader at practice

11-12's: **Jacob Lippiatt** has had a great attitude at practice and closed the week with an outstanding performance in the meet.

Mae Jaeger for her great breaststroke and relay swims in the meet Saturday.

13-14's: **Willa Brenneis** for being a team player and swimming twice in a relay to help out her team (with two great splits!)

Thomas Rathert for stepping up and being a lane leader at practice and getting top time splits in his relays and individual events.

15-18: **Dano Milin**: for helping out at every practice at a great backstroke split in the Medley Relay

Andrew Sackett has been very dedicated to working hard during each practice and helping out before each practice

Diving

10 and unders: The **Wilk brothers (Noah and Gabe)** tore it up the first meet of the season; stellar dives and lots of excitement.

11/12's: **Jacob Lippiat** did two new dives and had an awesome performance, with a great inward flip and reverse dive; **Rachel Ramsey** new pool and team records! Amazing diving.

15-18's: **Nicco Baranski** had a solid diving meet and a fun attitude this week; **Maddie Smith**, who hasn't been diving since January, won her age group!