MONONA MAGICIANS

LANE LINES

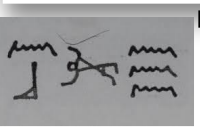
www.mononaswimanddive.com

FIRST MEET EDITION! MONONA V. NAKOMA, SAT., 6/14

MEET CHECKLIST

- [ ] Suit
- [ ] Competition Goggles, labeled with sharpie
- [ ] MO Swim cap, labeled inside with sharpie
- [ ] 2 dry towels
- [ ] Sweatshirt/sweatpants
- [ ] Sleeping bags or blankets
- [ ] Items to donate to concessions
- [ ] Food contribution for TEAM Breakfast
- [ ] Sharpie
- [ ] Sunscreen/Bugspray
- [ ] Deck of cards
- [ ] Positive attitude
- [ ] A spring in your step!
- [ ] Not recommended: Electronics

FUN FACT OF THE WEEK



Egyptians made a picture or symbol for swimming dating back as far as 2500 B.C.

The Monona Magicians are less than one week away from hosting their first of 3 consecutive home meets this season this coming Saturday the 14th!

Please note that to kick off the season, there is a pre-swim meet TEAM BREAKFAST that will be held before warmups beginning at 6:30am on Saturday morning! Yes, it's early, but let the thought of warm hashbrown casseroles, eggs, muffins, bagels, and coffee motivate you!

Swimmers begin warm ups at 6:15 am, and the meet starts at 8:00am. The 2014 TEAM PHOTO will be taken at 7:30am.

Divers should report to the pool at 3:00 pm on Friday, June 13 for their portion of the meet that begins promptly at 5:00 pm.

ALL HANDS ON DECK!! In addition to using our teamunify software to sign up for or decline meet participation (NOTE: make sure to sign up before the weekly deadlines!), use the TEAM EVENTS>jobs to sign up to help at our home meets. Monona Swim and Dive is a volunteer run organization that requires parent involvement and support! Our meets have a reputation for running efficiently with YOUR help, and we'd like to keep it that way! If you are hesitant because you're not sure what a certain job entails, please send us an email with any questions you have and we'd be happy to help.

DESPERATELY SEEKING...a concessions manager. If this sounds like something you're willing to try, we're really in a pinch!! Our concessions are essentially a fundraiser for the team, and this very important job remains unfilled. Email us right away!

*If your family has a cooler that we can use to keep beverages cold in the concession area during the meet, please label it with your name and pick it up after the completion of the meet. Please and thank you!

REALLY BIG NO-NO's! Please remember these things on meet days:

#1 DO NOT PARK IN THE LIBRARY PARKING LOT! The library is open on Saturdays and their lot is reserved for library patrons only.

#2 DO NOT SET UP A POP UP TENT ON THE POOL DECK! It is OK to set up your pop-up tent on any part of the grassy area around the pool for which Monona is known! Our suggestion? The green grass directly north of the diving boards.

#3 HANDICAPPED SPACES are for people who have handicapped parking passes only.

#4 NO GLASS OR CERAMIC DRINKWARE ON DECK.

CONCESSIONS

Each age group is responsible for donating items to be sold in concessions. Please feel free to then spend money in concessions! This is a HUGE fundraiser for the team. We rely on you to donate and then purchase items.

Please bring:

8 & u: fresh fruit (bananas and grapes are popular)

9/10: bakery items (cupcakes, cookies, etc.)

11/12: soda and gatorade, ice

13/14: water, ice

15-18: spaghettios

Q: I've seen the awesome team photo on the website...how can I be a part of that this year?

A: The DIVE team photo will be taken on 6/13 at 2:30pm. The SWIM team photo will be taken on 6/14 at 7:30am. Both happen right before the meets begin! Individual photos will be taken 6/16 & 6/18 at 6:30am and 6/17 & 6/19 at 4:30 pm. Don't forget to wear your team suit!

If this is your first swim meet, please read THIS!

WHAT'S COMING UP?

MO is having it's annual Pizza and Pool party at the Monona Pool on Saturday, June 21 from 6:30-8:30pm! There is a $3/per person charge which includes entrance, pizza, and lemonade. There will be opportunities to help set up, serve and clean up. Stay tuned.

CHUCK A DUCK FOR A BUCK!

Pay $1 to throw a plastic duck, only 300 available! All proceeds for Second Harvest Food Bank. Also, food collection bins will be located by the guard office.

COACH KELLY says.....

When you participate in a meet, make sure to check in with the coaches right away. If you have signed up for the meet, please SHOW UP unless you are legitimately ill or have a family emergency. Coaches are working in finalizing relays first thing, and it is IMPERATIVE that they know your whereabouts as soon as possible. THERE ARE THREE OTHER SWIMMERS ON YOUR RELAY WHO WON'T GET A CHANCE TO RACE IF YOU ARE A NO-SHOW! Relays can be redesigned, but only up until a certain time!

Kelly can be reached at (309)264-8378. Leave a voice message or a text!

Wear your MO caps! Be on time and participate in warm ups!

Have fun, try your best, and SWIM FAST!!

8 & under and 9/10 swimmers will be given cards by the coaches with their event numbers listed. Usually this will be 2 individual events and 2 relays. The event numbers correspond to races that are listed in the "heat sheet." Heat sheets are available for purchase in the concession area and are posted around the pool as well. 11 & up swimmers do not get event cards and should look at the heat sheets for their events.

8& under and 9/10 swimmers must report to the Clerk of Course located by the deep end next to the tennis courts. The volunteers in this area will sort swimmers into their proper lanes, heats, etc. Swimmers should be ready to swim when they get there. Please make sure swimmers have used the restroom before their races! Make sure that boys have double tied their suits!! There is no place to put towels or clothes. Swimmers must be ON TIME or risk missing their events, which are called on the loudspeakers. There will be plenty of coaches making sure that kids get where they're supposed to be. 11 & older swimmers will report directly to their event at the right heat and lane. Timers will also double check that swimmers are in the correct spot.

For relay races, swimmers report to the Clerk of Course with their relay teammates and stick with them.

After every race get your time from the timers, and report directly to the coaches for feedback, encouragement, and advice! Race results will be posted around the pool as well as on the website (within a few days).

THE MOST IMPORTANT THING TO REMEMBER IS THAT EVERYONE IS AT THE MEET TO SWIM AND HAVE FUN. THERE ARE MANY GREAT MO PARENTS WHO WILL ASSIST YOU IN ANY WAY THEY CAN....JUST ASK!!