

PROGRESSION for Short Course Yards

Hayden Abbott	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:29.30	:39.75														
RH @ TW 5.7.11	05/07/2011 Finals		:33.65														
TW @ SSST	05/14/2011 Finals	:26.22	:31.15														
SHST @ TW	05/21/2011 Finals	:28.00	:31.84														
TW @ ORCAS	06/04/2011 Finals	:27.46	:36.35														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:26.53	:34.39														
TW @ MARINWOOD	06/18/2011 Finals	:25.99	:31.51														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:25.00	:33.24														
Cole Alvarado	8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:17.54	:22.31	:22.63	:24.92	1:46.67											
RH @ TW 5.7.11	05/07/2011 Finals	:17.41		:22.26		1:41.62											
TW @ SSST	05/14/2011 Finals	:17.51		:22.00		1:39.25											
SHST @ TW	05/21/2011 Finals	:17.81		:23.13		1:42.74											
TW @ ORCAS	06/04/2011 Finals	:17.90		:22.72		1:45.25											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:18.24		:21.77		1:44.50											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:18.01		:23.00		1:43.98											

PROGRESSION for Short Course Yards

Nathan Ash	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:39.74	:46.55														
RH @ TW 5.7.11	05/07/2011 Finals	:32.08	:44.53														
TW @ SSST	05/14/2011 Finals	:33.47	:37.80														
SHST @ TW	05/21/2011 Finals	:29.11	:39.73														
TW @ ORCAS	06/04/2011 Finals	:30.89	:54.93														
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:36.16														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:30.97	:34.06														
CHAMPS 2011	07/09/2011 Finals	:31.02															
Finn Aune	8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:19.10	:22.51	:26.92	:24.53	1:50.66											
RH @ TW 5.7.11	05/07/2011 Finals		:23.42		:23.57	1:47.12											
TW @ SSST	05/14/2011 Finals		:21.42	:25.82	:25.15												
SHST @ TW	05/21/2011 Finals		:21.27	:24.85	:24.71												
TW @ ORCAS	06/04/2011 Finals		:23.49		:23.38	1:46.29											
ALL STARS 2011	06/08/2011 Finals		:22.14	:26.07		1:47.39											
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:21.98	:24.60		1:45.94											
TW @ MARINWOOD	06/18/2011 Finals		:22.37	:24.17		1:45.94											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:21.05	:25.96		1:48.47											
CHAMPS 2011	07/09/2011 Finals		:21.02	:24.40		1:45.16											
Baden Bunch	8&UN	25 FR															
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:35.02															

PROGRESSION for Short Course Yards

James Chase	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:23.72	:28.44														
RH @ TW 5.7.11	05/07/2011 Finals	:24.35	:32.92														
TW @ SSST	05/14/2011 Finals	:25.19	:33.10														
SHST @ TW	05/21/2011 Finals	:24.35	:33.92														
TW @ ORCAS	06/04/2011 Finals	:23.73	:40.14														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:21.07	:26.46														
Rye Fister	8&UN	25 FR	25 BA														
RH @ TW 5.7.11	05/07/2011 Finals	:30.21	:39.15														
TW @ SSST	05/14/2011 Finals	:27.51	:32.72														
SHST @ TW	05/21/2011 Finals	:27.91	:27.47														
TW @ ORCAS	06/04/2011 Finals	:29.33	:37.52														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:24.18	:31.39														
TW @ MARINWOOD	06/18/2011 Finals	:26.49	:30.48														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:27.46	:28.24														
CHAMPS 2011	07/09/2011 Finals	:23.37	:27.44														
George Lyons	8&UN	25 FR	25 BA														
RH @ TW 5.7.11	05/07/2011 Finals	:25.52	:34.25														
TW @ SSST	05/14/2011 Finals	:26.76	:32.78														

PROGRESSION for Short Course Yards

Charlie Mills	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:26.54	:31.71														
RH @ TW 5.7.11	05/07/2011 Finals	:25.61	:31.65														
TW @ SSST	05/14/2011 Finals	:25.07	:33.81														
SHST @ TW	05/21/2011 Finals	:26.42	:34.77														
TW @ ORCAS	06/04/2011 Finals	:24.95	:39.04														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:24.70	:38.11														
TW @ MARINWOOD	06/18/2011 Finals	:22.17	:34.48														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:21.50	:29.65														
Henry Mills	8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:20.70	:26.85	:32.48	:33.47	2:19.72											
RH @ TW 5.7.11	05/07/2011 Finals	:19.88	:25.19		:31.38												
TW @ SSST	05/14/2011 Finals	:20.68	:28.08		:29.70												
SHST @ TW	05/21/2011 Finals	:20.48	:26.91		:32.46												
TW @ ORCAS	06/04/2011 Finals	:19.40	:28.44			2:05.90											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:20.05	:25.94			2:02.25											
TW @ MARINWOOD	06/18/2011 Finals	:20.13	:27.34			2:01.20											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:20.62			:27.55	2:05.25											
Branden Newhard	8&UN	25 FR	25 BA	25 FLY													
TIME TRIALS 2011	04/30/2011 Finals	:18.95	:31.72														
TW @ SSST	05/14/2011 Finals			:28.48													
SHST @ TW	05/21/2011 Finals	:18.25	:30.02														
NOVATO RIPTIDES @ TW	06/11/2011 Finals			:24.01													

PROGRESSION for Short Course Yards

Andrey Priahin		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals		:19.90	:24.59	:31.74	:25.72											
SHST @ TW	05/21/2011 Finals			:24.33		:23.36											
TW @ ORCAS	06/04/2011 Finals		:18.51	:23.02		:23.19											
ALL STARS 2011	06/08/2011 Finals			:22.20		:23.02											
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:19.22	:23.17		:23.22											
TW @ MARINWOOD	06/18/2011 Finals		:17.48	:24.51		:21.70											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:17.77	:22.86		:21.65											
CHAMPS 2011	07/09/2011 Finals		:17.13			:20.44	1:49.55										
Vladimir Priahin		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals		:18.92	:25.68	:34.07	:27.55											
SHST @ TW	05/21/2011 Finals		:20.80	:25.99		:24.98											
TW @ ORCAS	06/04/2011 Finals		:20.03	:24.72		:25.86											
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:18.89	:25.30		:24.72											
TW @ MARINWOOD	06/18/2011 Finals		:19.06			:24.18	1:54.81										
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:19.23			:24.01	1:58.44										
CHAMPS 2011	07/09/2011 Finals		:18.87			:24.45	1:57.07										

PROGRESSION for Short Course Yards

Henry Pritchard	8&UN	25 FR	25 BA	25 BR													
TIME TRIALS 2011	04/30/2011 Finals	:26.23	:36.90	:38.85													
RH @ TW 5.7.11	05/07/2011 Finals	:28.72	:34.89														
TW @ SSST	05/14/2011 Finals	:27.48	:33.89	:35.90													
SHST @ TW	05/21/2011 Finals	:25.33	:31.66	:33.82													
TW @ ORCAS	06/04/2011 Finals	:25.26	:35.22	:36.90													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:26.81	:38.42	:35.82													
TW @ MARINWOOD	06/18/2011 Finals	:25.44	:40.08	:32.89													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:27.31	:36.03	:32.36													
CHAMPS 2011	07/09/2011 Finals	:28.06	:37.53	:30.56													
Ryan Redmond	8&UN	25 FR	25 BA	25 BR													
TIME TRIALS 2011	04/30/2011 Finals	:26.41	:34.44	:34.62													
RH @ TW 5.7.11	05/07/2011 Finals	:26.79	:34.30	:34.35													
TW @ SSST	05/14/2011 Finals	:26.75	:37.04	:35.21													
SHST @ TW	05/21/2011 Finals	:25.69	:30.52	:38.46													
TW @ ORCAS	06/04/2011 Finals	:28.75	:31.60	:41.80													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:26.36	:29.51	:39.75													
TW @ MARINWOOD	06/18/2011 Finals	:28.24	:30.86	:35.53													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:26.24	:32.33	:33.27													
CHAMPS 2011	07/09/2011 Finals	:25.55	:30.47	:37.59													
A.J. Russell	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:33.92	:37.85														
RH @ TW 5.7.11	05/07/2011 Finals	:32.12	:38.15														

PROGRESSION for Short Course Yards

Cole Summers	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals		:30.45														
RH @ TW 5.7.11	05/07/2011 Finals	:26.53	:29.01														
TW @ SSST	05/14/2011 Finals	:28.83	:32.26														
SHST @ TW	05/21/2011 Finals	:26.53	:29.18														
TW @ ORCAS	06/04/2011 Finals	:28.38	:33.26														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:26.24	:30.69														
TW @ MARINWOOD	06/18/2011 Finals	:27.76	:31.26														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:28.71	:29.42														
Collin Trauner	8&UN	25 FR	25 BA	25 BR													
TIME TRIALS 2011	04/30/2011 Finals	:21.35	:29.08	:28.65													
RH @ TW 5.7.11	05/07/2011 Finals	:21.66	:29.45	:30.24													
TW @ SSST	05/14/2011 Finals	:20.97	:26.06	:28.83													
SHST @ TW	05/21/2011 Finals	:20.92	:25.93	:28.26													
TW @ ORCAS	06/04/2011 Finals	:21.28	:27.57	:31.65													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:21.46	:26.24														
TW @ MARINWOOD	06/18/2011 Finals	:25.87	:26.12	:31.07													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:21.72	:26.34	:29.65													
Jack Watson	8&UN	25 FR	25 BA														
TIME TRIALS 2011	04/30/2011 Finals	:19.88	:32.39														
RH @ TW 5.7.11	05/07/2011 Finals	:20.85	:33.64														
SHST @ TW	05/21/2011 Finals	:20.46	:30.73														
TW @ ORCAS	06/04/2011 Finals	:20.17	:32.77														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:19.45	:29.85														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:18.61	:31.30														

PROGRESSION for Short Course Yards

Jonathan Ash	9-10	50 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	1:05.93	1:07.56														
RH @ TW 5.7.11	05/07/2011 Finals	:55.22	1:00.16	1:10.05													
TW @ SSST	05/14/2011 Finals	:54.58	:58.42	1:10.44													
SHST @ TW	05/21/2011 Finals	:57.56	1:02.27	1:08.82													
TW @ ORCAS	06/04/2011 Finals	:55.93	1:02.50														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:56.76	:58.77	1:03.40													
TW @ MARINWOOD	06/18/2011 Finals			1:02.91													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:55.54		1:05.85													
CHAMPS 2011	07/09/2011 Finals	:53.23	:59.22	1:07.05													
Tor Bridewell	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:37.91	:46.81	:54.59	:47.69	1:44.23											
RH @ TW 5.7.11	05/07/2011 Finals	:42.31			:52.26	1:46.25											
TW @ SSST	05/14/2011 Finals	:40.39			:49.90	1:43.65											
SHST @ TW	05/21/2011 Finals	:40.37	:48.58														
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:50.57	:51.53	:51.03												
TW @ MARINWOOD	06/18/2011 Finals	:41.50	:50.31		:50.96												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:43.77	:50.39		:46.71												
Eli Ganong	9-10	50 FR	50 BA	50 BR	100 I.M.												
TW @ SSST	05/14/2011 Finals	:49.76	:53.75		2:10.16												
SHST @ TW	05/21/2011 Finals	:51.43	:53.29		2:08.60												
TW @ ORCAS	06/04/2011 Finals	:55.44	1:00.77														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:51.58		1:08.65	2:09.26												
TW @ MARINWOOD	06/18/2011 Finals	:51.65	:59.82		2:09.63												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:50.67	:55.55		2:08.29												

PROGRESSION for Short Course Yards

Conner Grams	9-10	50 FR	50 BA															
TIME TRIALS 2011	04/30/2011 Finals	1:06.99	1:26.72															
RH @ TW 5.7.11	05/07/2011 Finals	:53.58	1:21.02															
TW @ SSST	05/14/2011 Finals	:56.80	1:26.93															
SHST @ TW	05/21/2011 Finals	:55.09	1:23.86															
TW @ ORCAS	06/04/2011 Finals	:55.03	1:23.29															
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:55.80	1:25.70															
Will Harding	9-10	50 FR	50 BA															
TIME TRIALS 2011	04/30/2011 Finals	:47.41	1:03.00															
RH @ TW 5.7.11	05/07/2011 Finals	:48.63	1:01.94															
TW @ SSST	05/14/2011 Finals	:46.55	1:02.82															
SHST @ TW	05/21/2011 Finals	:45.72	:59.08															
TW @ ORCAS	06/04/2011 Finals	:46.59	:57.66															
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:44.53	:54.25															
TW @ MARINWOOD	06/18/2011 Finals	:46.54	:54.11															
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:44.32	:55.86															
CHAMPS 2011	07/09/2011 Finals	:45.64	:50.76															
Nicholas Johnson	9-10	50 FR	50 BA	50 BR	100 I.M.													
TIME TRIALS 2011	04/30/2011 Finals	:42.11	:50.08	1:09.62	1:59.31													
RH @ TW 5.7.11	05/07/2011 Finals	:40.68	:48.28		1:54.23													
TW @ SSST	05/14/2011 Finals	:41.31	:48.09		1:52.10													
SHST @ TW	05/21/2011 Finals	:41.12	:46.46		1:51.37													
TW @ ORCAS	06/04/2011 Finals	:42.09	:47.61		1:55.58													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:40.83	:47.52															
TW @ MARINWOOD	06/18/2011 Finals	:41.13	:46.23		2:00.85													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:40.43	:46.63		1:54.58													

PROGRESSION for Short Course Yards

Ronan Kelly	9-10	50 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	1:15.83	1:15.01														
RH @ TW 5.7.11	05/07/2011 Finals	1:02.20	1:10.30														
TW @ SSST	05/14/2011 Finals	1:02.74	1:09.49														
SHST @ TW	05/21/2011 Finals	1:05.42	1:09.08														
TW @ ORCAS	06/04/2011 Finals	1:00.25	1:05.80														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:56.84	1:05.24														
TW @ MARINWOOD	06/18/2011 Finals	1:08.59	1:12.79														
CHAMPS 2011	07/09/2011 Finals	:59.22	1:01.86	1:11.91													
Philip Knott	9-10	50 FR	50 BA	50 FLY	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:44.22	:58.19	1:01.33	2:06.00												
RH @ TW 5.7.11	05/07/2011 Finals	:39.18	:57.08														
TW @ SSST	05/14/2011 Finals	:43.77	:58.93														
SHST @ TW	05/21/2011 Finals	:43.51	:54.88														
TW @ ORCAS	06/04/2011 Finals	:41.03	:55.09	:57.58													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:39.79	:53.45	:55.20													
TW @ MARINWOOD	06/18/2011 Finals	:41.03	:55.59	:56.93													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:43.99	:55.32	:57.31													
CHAMPS 2011	07/09/2011 Finals	:42.07	:55.38	:56.99													

PROGRESSION for Short Course Yards

Theo Lesser	9-10	50 FR	50 BA														
TIME TRIALS 2011	04/30/2011 Finals	:46.70	1:02.84														
TW @ SSST	05/14/2011 Finals	:47.55	1:02.26														
SHST @ TW	05/21/2011 Finals	:51.23	1:02.96														
TW @ ORCAS	06/04/2011 Finals	:55.58	1:07.37														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:51.39	1:04.25														
TW @ MARINWOOD	06/18/2011 Finals	:54.73	1:04.05														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:51.96	1:06.93														
Sean Middleton	9-10	25 FR	50 FR	25 BA	50 BA	50 BR											
TIME TRIALS 2011	04/30/2011 Finals	:23.00		:26.18													
RH @ TW 5.7.11	05/07/2011 Finals	:23.37		:28.72													
SHST @ TW	05/21/2011 Finals	:21.99		:23.85													
TW @ ORCAS	06/04/2011 Finals	:22.47		:24.17													
ALL STARS 2011	06/08/2011 Finals			:23.45													
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:46.68		:54.26												
TW @ MARINWOOD	06/18/2011 Finals		:49.97		1:01.17												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:49.30		:55.05												
CHAMPS 2011	07/09/2011 Finals		:45.00		:52.91	1:34.67											
Kimon Monokandilos	9-10	50 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	1:03.92	1:17.53	1:10.17													
RH @ TW 5.7.11	05/07/2011 Finals	:58.77															
SHST @ TW	05/21/2011 Finals	:58.64	1:05.29	1:01.12													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:52.46	1:11.19	:59.57													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:48.53		:58.04													

PROGRESSION for Short Course Yards

Jason Morris	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:31.36	:41.48	:44.64	:39.57	1:29.13											
RH @ TW 5.7.11	05/07/2011 Finals			:45.04	:42.29	1:31.35											
TW @ SSST	05/14/2011 Finals			:44.97	:41.50	1:27.70											
SHST @ TW	05/21/2011 Finals	:31.41		:43.68		1:26.89											
TW @ ORCAS	06/04/2011 Finals	:31.25		:44.48		1:25.32											
ALL STARS 2011	06/08/2011 Finals	:31.06		:41.87		1:21.70											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:31.67		:44.17		1:22.23											
TW @ MARINWOOD	06/18/2011 Finals	:31.69		:44.94		1:25.85											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:31.87		:44.71		1:23.54											
CHAMPS 2011	07/09/2011 Finals	:30.52		:43.15		1:21.17											
Justin Neustaetter	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:35.46	:43.13	:52.52	:48.59	1:38.02											
RH @ TW 5.7.11	05/07/2011 Finals	:35.87	:47.09			1:39.29											
TW @ SSST	05/14/2011 Finals	:35.76	:47.19		:44.34												
SHST @ TW	05/21/2011 Finals	:36.60			:43.93	1:35.70											
TW @ ORCAS	06/04/2011 Finals		:43.45		:49.05	1:40.58											
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:43.16	:48.42	:45.20												
TW @ MARINWOOD	06/18/2011 Finals		:45.07	:50.15	:44.40												
CHAMPS 2011	07/09/2011 Finals		:41.82	:46.78	:44.30												

PROGRESSION for Short Course Yards

Liam O'Connor	9-10	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:44.14	:52.39	1:05.34	2:05.65												
RH @ TW 5.7.11	05/07/2011 Finals	:46.62	:52.01		2:07.15												
SHST @ TW	05/21/2011 Finals	:44.67	:50.44		1:55.16												
TW @ ORCAS	06/04/2011 Finals	:45.72	:54.54														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:46.10	:49.04														
TW @ MARINWOOD	06/18/2011 Finals	:46.24	:53.16		1:57.84												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:43.86	:51.41														
Colby Paine	9-10	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:41.76	:51.51	:59.52	1:55.18												
RH @ TW 5.7.11	05/07/2011 Finals	:43.24	:50.00														
TW @ SSST	05/14/2011 Finals	:43.86	:53.04		1:51.24												
SHST @ TW	05/21/2011 Finals	:42.69	:51.26		1:54.51												
TW @ ORCAS	06/04/2011 Finals	:43.67	:53.72		1:52.59												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:39.76	:51.25	:56.50													
TW @ MARINWOOD	06/18/2011 Finals	:42.07		:57.97													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:41.63	:50.72		1:45.52												

PROGRESSION for Short Course Yards

Connell Phillipps	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:35.68	:42.75	:53.56	:53.73	1:41.40											
RH @ TW 5.7.11	05/07/2011 Finals	:36.41	:44.37	:51.19													
TW @ SSST	05/14/2011 Finals	:35.63	:44.25	:54.49													
SHST @ TW	05/21/2011 Finals	:34.31	:41.24			1:34.68											
TW @ ORCAS	06/04/2011 Finals	:34.42	:43.27	:51.50													
ALL STARS 2011	06/08/2011 Finals	:36.62	:44.42														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:36.28	:44.29			1:35.73											
TW @ MARINWOOD	06/18/2011 Finals	:36.41	:44.23			1:35.26											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:43.26	:51.16	:46.54												
CHAMPS 2011	07/09/2011 Finals	:35.09	:42.19			1:28.77											
Owen Ross	9-10	50 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	1:00.96	1:25.23														
RH @ TW 5.7.11	05/07/2011 Finals	1:05.75	1:24.26														
TW @ SSST	05/14/2011 Finals	1:00.59	1:17.54														
SHST @ TW	05/21/2011 Finals	1:02.60	1:18.47														
TW @ ORCAS	06/04/2011 Finals	:56.20	1:21.72	1:20.44													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	1:02.66	1:22.15														
TW @ MARINWOOD	06/18/2011 Finals	1:10.34	1:28.30	1:26.08													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	1:07.97	1:26.69	1:24.38													

PROGRESSION for Short Course Yards

August Sulprizio	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:41.19	:57.67	1:05.72		1:59.51											
RH @ TW 5.7.11	05/07/2011 Finals	:38.65	1:02.74			1:55.54											
TW @ SSST	05/14/2011 Finals	:37.73	:58.54														
SHST @ TW	05/21/2011 Finals	:36.85	:59.83														
TW @ ORCAS	06/04/2011 Finals	:38.06	1:00.94			1:55.18											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:36.97			:47.58	1:47.40											
TW @ MARINWOOD	06/18/2011 Finals	:37.97			:45.33	1:42.52											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:40.26			:48.73	1:44.76											
CHAMPS 2011	07/09/2011 Finals	:37.64	:44.94		:45.94												
Liam Thrift	9-10	25 FR	50 FR	25 BA	25 BR	50 BR	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals	:21.56		:33.14													
RH @ TW 5.7.11	05/07/2011 Finals	:20.46		:29.91	:30.80												
TW @ SSST	05/14/2011 Finals	:20.99		:31.48	:30.58												
SHST @ TW	05/21/2011 Finals	:22.34		:30.69	:28.64												
TW @ ORCAS	06/04/2011 Finals	:20.09		:29.61	:29.21												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:20.74		:27.77	:27.72												
TW @ MARINWOOD	06/18/2011 Finals	:19.84															
CHAMPS 2011	07/09/2011 Finals		:46.37			1:11.61	2:10.46										

PROGRESSION for Short Course Yards

Timothee Walters	9-10	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:44.71	:56.94	:59.77	2:02.68												
RH @ TW 5.7.11	05/07/2011 Finals	:47.20	1:02.04														
TW @ SSST	05/14/2011 Finals	:44.00	:58.45		2:04.59												
SHST @ TW	05/21/2011 Finals	:44.78	:59.21	1:02.79													
TW @ ORCAS	06/04/2011 Finals	:45.47	1:01.19	1:04.13													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:48.01	1:03.86	:58.57													
TW @ MARINWOOD	06/18/2011 Finals	:45.49	1:00.72	:57.93													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:45.47	1:04.47	:59.65													
Raul Beltran	11-12	50 FR	50 BA														
TIME TRIALS 2011	04/30/2011 Finals	:42.53	:55.69														
RH @ TW 5.7.11	05/07/2011 Finals	:43.16	:52.76														
TW @ SSST	05/14/2011 Finals	:39.93	:52.22														
SHST @ TW	05/21/2011 Finals	:39.21	:52.08														
TW @ ORCAS	06/04/2011 Finals	:41.30															
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:42.54															
TW @ MARINWOOD	06/18/2011 Finals	:40.54	1:09.17														
Christopher Berremar	11-12	50 FR	50 BA	50 BR	100 I.M.												
RH @ TW 5.7.11	05/07/2011 Finals	:33.55	:44.70														
TW @ SSST	05/14/2011 Finals	:35.49	:45.63	:46.09													
TW @ ORCAS	06/04/2011 Finals	:37.09	:47.56	:50.20													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:34.48		:47.64	1:30.79												
TW @ MARINWOOD	06/18/2011 Finals	:34.76		:47.78	1:29.47												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:36.19	:45.85		1:31.87												
CHAMPS 2011	07/09/2011 Finals	:34.78		:46.85	1:29.57												

PROGRESSION for Short Course Yards

Seong Bhan	11-12	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals		1:02.01	1:04.05	2:07.23												
RH @ TW 5.7.11	05/07/2011 Finals	:52.67	:55.81	1:01.49													
TW @ SSST	05/14/2011 Finals	:46.37	:53.13	:58.06													
TW @ ORCAS	06/04/2011 Finals	:48.00	:50.75	:55.07													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:46.23	:52.74	:59.91													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:43.86	:51.51	:57.92													
CHAMPS 2011	07/09/2011 Finals	:43.65	:48.62	:56.46													
Erik Bridewell	11-12	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:40.47	:52.07	1:06.31	2:02.66												
TW @ SSST	05/14/2011 Finals	:38.64	:59.37														
SHST @ TW	05/21/2011 Finals	:40.81	:53.80		2:02.67												
TW @ MARINWOOD	06/18/2011 Finals	:38.80	:55.18	:55.17													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:37.68	:59.91	:58.61													
Ben Bundy	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:40.94	:46.81	:52.54	:51.42	1:49.57											
RH @ TW 5.7.11	05/07/2011 Finals	:40.37	:47.85	:53.27													
TW @ SSST	05/14/2011 Finals	:44.72	:47.13			1:43.05											
SHST @ TW	05/21/2011 Finals	:41.12	:45.93			1:41.68											
TW @ ORCAS	06/04/2011 Finals	:41.28															
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:38.69	:45.32		:50.03												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:38.31	:45.35		:53.65												
CHAMPS 2011	07/09/2011 Finals	:38.58	:44.81			1:41.57											

PROGRESSION for Short Course Yards

Jonathan Chase	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:32.08	:35.75	:44.23	:43.84	1:29.21											
RH @ TW 5.7.11	05/07/2011 Finals	:32.45	:39.55			1:27.52											
TW @ SSST	05/14/2011 Finals	:32.51	:37.46			1:27.02											
SHST @ TW	05/21/2011 Finals	:32.72	:37.83			1:26.50											
TW @ ORCAS	06/04/2011 Finals	:32.01	:37.67			1:24.24											
ALL STARS 2011	06/08/2011 Finals		:36.21														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:31.16	:37.06			1:24.79											
Skyler Cox	11-12	50 FR	50 BA														
TIME TRIALS 2011	04/30/2011 Finals	:38.27	:49.17														
RH @ TW 5.7.11	05/07/2011 Finals	:38.38	:49.59														
TW @ SSST	05/14/2011 Finals	:41.02	:50.01														
SHST @ TW	05/21/2011 Finals	:37.65	:52.00														
TW @ ORCAS	06/04/2011 Finals	:39.39	:52.77														
TW @ MARINWOOD	06/18/2011 Finals	:36.55	:49.32														
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:39.21	:54.72														
CHAMPS 2011	07/09/2011 Finals	:38.76	:54.42														
Oscar Garcia	11-12	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:49.16	1:03.54	1:02.37	2:10.03												
RH @ TW 5.7.11	05/07/2011 Finals	:50.53	1:02.55														
TW @ SSST	05/14/2011 Finals	:53.34		1:01.12													
SHST @ TW	05/21/2011 Finals	:50.29	:59.36														
TW @ ORCAS	06/04/2011 Finals	:51.27	:59.33	1:02.51													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:48.55	:55.89	1:01.56													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:48.03	:58.78														

PROGRESSION for Short Course Yards

Stephen Jung	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:38.27	:46.44	:56.34	:51.85	1:39.89											
RH @ TW 5.7.11	05/07/2011 Finals	:39.54	:47.36			1:43.69											
TW @ SSST	05/14/2011 Finals	:37.88	:45.83			1:41.76											
SHST @ TW	05/21/2011 Finals	:37.62				1:39.44											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:38.49			:52.20	1:36.99											
TW @ MARINWOOD	06/18/2011 Finals			:53.21	:54.09												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:38.20	:47.55			1:40.47											
CHAMPS 2011	07/09/2011 Finals	:37.92	:44.83	:51.00													
Holden Kelly	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:39.15	:45.78	:51.12	:54.93	1:42.91											
RH @ TW 5.7.11	05/07/2011 Finals	:36.05	:47.53			1:41.93											
TW @ SSST	05/14/2011 Finals	:36.45	:47.26			1:40.91											
SHST @ TW	05/21/2011 Finals	:35.45		:49.92		1:39.14											
TW @ ORCAS	06/04/2011 Finals	:36.23	:47.97			1:38.92											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:35.77	:46.12														
CHAMPS 2011	07/09/2011 Finals	:33.65	:45.08			1:33.55											

PROGRESSION for Short Course Yards

Cody Meylan	11-12	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:46.74	1:03.53	1:05.42	2:11.41												
RH @ TW 5.7.11	05/07/2011 Finals	:44.05															
TW @ SSST	05/14/2011 Finals	:44.82	1:00.63	1:07.88													
SHST @ TW	05/21/2011 Finals	:44.58	:58.29	1:01.73													
TW @ ORCAS	06/04/2011 Finals	:44.95	1:00.59	1:01.31													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:45.29	1:01.83														
TW @ MARINWOOD	06/18/2011 Finals	:41.91	:55.87	:59.43													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:41.68	:54.28														
CHAMPS 2011	07/09/2011 Finals	:39.41	:54.40	:54.15													
Ryan Schoenlein	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:32.57	:37.65	:44.60	:41.35	1:26.64											
RH @ TW 5.7.11	05/07/2011 Finals	:32.10	:35.92			1:21.63											
TW @ SSST	05/14/2011 Finals	:32.69	:40.75			1:21.92											
SHST @ TW	05/21/2011 Finals	:30.71	:37.68			1:19.12											
TW @ ORCAS	06/04/2011 Finals	:31.59	:39.34			1:28.49											
ALL STARS 2011	06/08/2011 Finals		:38.78			1:23.89											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:31.85	:39.34			1:24.96											
TW @ MARINWOOD	06/18/2011 Finals	:31.41	:37.06			1:16.98											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:32.26	:39.04			1:25.42											
CHAMPS 2011	07/09/2011 Finals	:30.34	:38.62			1:20.67											

PROGRESSION for Short Course Yards

Patrick Silva-Martin	11-12	50 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	:51.65	:53.44	1:24.27													
RH @ TW 5.7.11	05/07/2011 Finals	:51.35	:51.86														
TW @ SSST	05/14/2011 Finals	:49.52	:49.65														
SHST @ TW	05/21/2011 Finals		1:06.66														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:56.06															
Zach Tull	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:40.23	:47.84	:57.38		1:49.73											
TW @ SSST	05/14/2011 Finals	:40.92		:54.93													
SHST @ TW	05/21/2011 Finals	:39.10	:47.34														
TW @ ORCAS	06/04/2011 Finals			:57.21		1:50.74											
TW @ MARINWOOD	06/18/2011 Finals	:37.17	:48.58	:55.37													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals			:52.71	1:01.90	1:49.88											
Brian Whitelaw-McDc	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:38.51	:44.44	:53.26	:51.42	1:42.16											
RH @ TW 5.7.11	05/07/2011 Finals	:40.99	:50.18			1:48.23											
TW @ SSST	05/14/2011 Finals	:40.38	:50.05			1:45.50											
TW @ ORCAS	06/04/2011 Finals	:42.83	:51.02														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:40.67	:47.76			1:42.77											
TW @ MARINWOOD	06/18/2011 Finals	:40.50	:48.99		:51.01												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:37.98	:47.31														
CHAMPS 2011	07/09/2011 Finals	:38.29	:45.42	:51.01													

PROGRESSION for Short Course Yards

Gavin Wong	11-12	50 FR	50 BA	50 BR	50 FLY	100 L.M.											
TIME TRIALS 2011	04/30/2011 Finals	:35.81	:48.73	:53.06	:53.89	1:48.38											
TW @ SSST	05/14/2011 Finals	:35.11	:48.58			1:41.87											
TW @ ORCAS	06/04/2011 Finals	:34.48	:50.70			1:41.72											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:34.19	:47.13			1:40.41											
TW @ MARINWOOD	06/18/2011 Finals	:35.12		:51.56		1:43.71											
CHAMPS 2011	07/09/2011 Finals	:36.00	:46.81	:53.44													
Kenneth Wong	11-12	50 FR	50 BA	50 BR	50 FLY	100 L.M.											
TIME TRIALS 2011	04/30/2011 Finals	:34.50	:39.26	:40.21	:39.61	1:25.98											
RH @ TW 5.7.11	05/07/2011 Finals			:40.54	:40.18	1:23.51											
TW @ SSST	05/14/2011 Finals			:39.93	:38.77	1:24.45											
SHST @ TW	05/21/2011 Finals			:40.25	:39.22	1:26.03											
TW @ ORCAS	06/04/2011 Finals		:40.67	:43.58	:42.69												
ALL STARS 2011	06/08/2011 Finals			:39.53													
NOVATO RIPTIDES @ TW	06/11/2011 Finals			:40.25	:39.29	1:22.65											
TW @ MARINWOOD	06/18/2011 Finals			:41.28	:39.46	1:28.49											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals			:40.05	:38.64	1:24.51											
CHAMPS 2011	07/09/2011 Finals			:39.69	:37.36	1:25.69											

PROGRESSION for Short Course Yards

Kyle Wong	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:33.62	:37.59	:42.68	:41.23	1:26.07											
RH @ TW 5.7.11	05/07/2011 Finals		:38.40	:42.89	:40.71												
TW @ SSST	05/14/2011 Finals	:33.42		:43.40	:39.92												
SHST @ TW	05/21/2011 Finals		:37.65	:41.56	:39.65												
TW @ ORCAS	06/04/2011 Finals			:43.59	:43.62	1:26.47											
ALL STARS 2011	06/08/2011 Finals		:37.02	:41.47													
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:39.10	:42.18	:39.37												
TW @ MARINWOOD	06/18/2011 Finals		:40.53	:42.91	:39.34												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:38.92	:41.81	:38.80												
CHAMPS 2011	07/09/2011 Finals		:36.27	:41.44	:40.74												
Travis Burroughs	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:28.96	:38.10	:44.25	:36.75	1:21.62											
RH @ TW 5.7.11	05/07/2011 Finals		:34.01		:37.95	1:20.02											
TW @ SSST	05/14/2011 Finals	:30.42	:35.41			1:20.29											
TW @ ORCAS	06/04/2011 Finals	:29.93	:36.65			1:23.72											
ALL STARS 2011	06/08/2011 Finals		:33.56														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:29.92	:35.27			1:19.31											
TW @ MARINWOOD	06/18/2011 Finals		:37.01		:37.11	1:24.98											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:29.70	:37.22		:36.63												

PROGRESSION for Short Course Yards

Corey Dunne	13-14	50 FR	50 BR	50 FLY													
TIME TRIALS 2011	04/30/2011 Finals	:28.79	:40.03	:34.79													
RH @ TW 5.7.11	05/07/2011 Finals	:27.47	:39.12	:33.92													
TW @ SSST	05/14/2011 Finals	:27.51	:38.52	:33.65													
SHST @ TW	05/21/2011 Finals	:28.24	:40.06	:32.29													
TW @ ORCAS	06/04/2011 Finals	:28.17	:39.11	:33.54													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:27.71	:39.10	:31.03													
TW @ MARINWOOD	06/18/2011 Finals	:27.87	:40.27	:32.49													
CHAMPS 2011	07/09/2011 Finals	:25.68	:40.49	:30.49													
Jordon Ganong	13-14	50 FR	50 BR	100 I.M.													
TW @ SSST	05/14/2011 Finals	:30.94	:39.80	1:20.46													
SHST @ TW	05/21/2011 Finals	:32.34	:39.82	1:21.42													
TW @ ORCAS	06/04/2011 Finals	:31.27	:41.46	1:23.54													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:31.78	:40.21														
TW @ MARINWOOD	06/18/2011 Finals	:31.55	:40.46	1:17.78													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:31.17	:39.58	1:19.44													
Marc Gleckman	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:28.78	:38.51	:44.95	:39.93	1:24.57											
TW @ SSST	05/14/2011 Finals	:29.80			:37.95	1:20.89											
SHST @ TW	05/21/2011 Finals	:28.39	:40.01		:35.87												
TW @ ORCAS	06/04/2011 Finals	:28.83	:42.32		:35.43												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:29.37	:38.54		:35.34												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:28.82	:38.79		:37.94												

PROGRESSION for Short Course Yards

Zack Herzer	13-14	50 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:36.54	:47.88	:52.71	1:49.27												
RH @ TW 5.7.11	05/07/2011 Finals	:38.06	:46.32		1:46.87												
TW @ SSST	05/14/2011 Finals	:36.12		:52.25													
SHST @ TW	05/21/2011 Finals	:36.29	:47.80	:50.23													
TW @ ORCAS	06/04/2011 Finals	:36.12		:55.82													
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:35.64	:46.00														
TW @ MARINWOOD	06/18/2011 Finals	:37.65	:45.00	:50.29													
CHAMPS 2011	07/09/2011 Finals		:42.15	:47.68													
Ryan Mangan	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:26.37	:34.15	:34.65	:30.96	1:09.89											
TW @ SSST	05/14/2011 Finals			:33.83	:29.61	1:08.78											
SHST @ TW	05/21/2011 Finals			:33.71	:29.96	1:07.35											
TW @ ORCAS	06/04/2011 Finals	:26.97		:35.70		1:09.21											
ALL STARS 2011	06/08/2011 Finals			:33.71	:29.86	1:08.05											
NOVATO RIPTIDES @ TW	06/11/2011 Finals			:33.76	:29.16	1:07.87											
TW @ MARINWOOD	06/18/2011 Finals	:26.68	:33.60	:35.03													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals			:35.08	:30.11	1:09.20											
CHAMPS 2011	07/09/2011 Finals			:33.65	:30.12	1:08.08											

PROGRESSION for Short Course Yards

Drake Murphy		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals	:32.80	:45.52	:41.98	:39.48	1:29.21											
RH @ TW 5.7.11	05/07/2011 Finals	:32.88		:41.68		1:26.23											
TW @ SSST	05/14/2011 Finals	:33.27			:37.78	1:24.40											
SHST @ TW	05/21/2011 Finals	:32.83		:41.50		1:24.41											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:33.06		:39.89		1:27.65											
TW @ MARINWOOD	06/18/2011 Finals	:33.48		:40.60		1:25.69											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:32.76		:40.97		1:24.56											
CHAMPS 2011	07/09/2011 Finals			:39.71	:37.54	1:21.64											
Ryan Newhard		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals		:44.04	:50.35	:49.08	1:34.70											
TW @ SSST	05/14/2011 Finals	:36.37															
Cody O'Donnell		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.										
TIME TRIALS 2011	04/30/2011 Finals	:38.61	:47.90	:49.31	:53.94	1:42.11											
RH @ TW 5.7.11	05/07/2011 Finals	:38.22	:45.37	:50.30													
SHST @ TW	05/21/2011 Finals	:35.78	:46.08	:49.27													
TW @ ORCAS	06/04/2011 Finals	:36.14	:47.74														
Jacob Olson		13-14	50 FR	100 FR	50 BA	50 BR	50 FLY	100 I.M.									
TIME TRIALS 2011	04/30/2011 Finals			:46.29	:44.23	:47.24	1:35.22										
RH @ TW 5.7.11	05/07/2011 Finals			:43.87	:43.74	1:30.57											
TW @ SSST	05/14/2011 Finals	:32.89			:42.70	1:33.10											
SHST @ TW	05/21/2011 Finals	:32.16			:44.59	1:32.78											
TW @ ORCAS	06/04/2011 Finals	:32.15			:44.16	1:30.72											
NOVATO RIPTIDES @ TW	06/11/2011 Finals		1:11.82	:44.55	:40.56												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals			:43.02	:40.89	1:24.66											

PROGRESSION for Short Course Yards

Brooks Roenisch	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:29.12	:34.49	:39.36	:34.82	1:19.59											
RH @ TW 5.7.11	05/07/2011 Finals		:36.03	:37.72		1:20.82											
TW @ SSST	05/14/2011 Finals		:35.13		:32.89	1:17.20											
SHST @ TW	05/21/2011 Finals		:35.45		:32.26	1:16.75											
TW @ ORCAS	06/04/2011 Finals		:36.27		:32.18	1:17.42											
ALL STARS 2011	06/08/2011 Finals				:29.42												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:28.61	:35.46		:30.61												
TW @ MARINWOOD	06/18/2011 Finals		:35.85		:31.01	1:15.18											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:35.69		:31.40	1:17.73											
CHAMPS 2011	07/09/2011 Finals	:27.97	:34.83		:30.92												
Max Schoenlein	13-14	50 FR	50 BR	50 FLY	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	:35.15	:44.85	:46.22	1:40.21												
RH @ TW 5.7.11	05/07/2011 Finals	:37.22	:47.32		1:48.88												
TW @ SSST	05/14/2011 Finals	:36.81	:47.62		1:45.92												
SHST @ TW	05/21/2011 Finals	:37.31	:46.58		1:42.77												
TW @ ORCAS	06/04/2011 Finals	:36.36	:46.76		1:46.58												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:36.67	:43.33		1:41.41												
TW @ MARINWOOD	06/18/2011 Finals	:36.55	:44.76		1:43.57												
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:36.34	:44.10		1:39.92												
CHAMPS 2011	07/09/2011 Finals	:34.23	:43.57		1:35.37												

PROGRESSION for Short Course Yards

Kenneth Berreman	15-18	100 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	:56.56	:32.19	:34.44	:29.88	1:05.68											
TW @ SSST	05/14/2011 Finals			:33.68	:28.72	1:06.28											
SHST @ TW	05/21/2011 Finals	:56.37		:33.74	:29.16	1:04.68											
TW @ ORCAS	06/04/2011 Finals	:55.70		:33.27		1:04.83											
ALL STARS 2011	06/08/2011 Finals	:55.98		:33.49		1:04.03											
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:55.59		:33.39		1:03.86											
TW @ MARINWOOD	06/18/2011 Finals	:56.52		:34.99													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:55.81		:33.76		1:03.90											
CHAMPS 2011	07/09/2011 Finals	:55.31		:31.95		1:04.19											
Ryan Fugate	15-18	100 FR	50 BA														
NOVATO RIPTIDES @ TW	06/11/2011 Finals	:57.20	:30.36														
Graham Hooper	15-18	100 FR	50 BA	50 BR													
TIME TRIALS 2011	04/30/2011 Finals	1:48.70	1:10.41	1:00.56													
RH @ TW 5.7.11	05/07/2011 Finals	1:52.61	1:25.39														
SHST @ TW	05/21/2011 Finals	1:46.82		:59.45													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	1:36.96		:57.20													
Will Jacobus	15-18	50 BA	50 BR	50 FLY													
NOVATO RIPTIDES @ TW	06/11/2011 Finals			:30.32													
TW @ MARINWOOD	06/18/2011 Finals		:36.07	:29.83													
CHAMPS 2011	07/09/2011 Finals	:32.81	:35.29	:28.75													
Erik Moller	15-18	100 FR	50 BA	50 FLY	100 I.M.												
SHST @ TW	05/21/2011 Finals	1:02.69	:31.90	:29.43													
TW @ ORCAS	06/04/2011 Finals		:32.74	:30.92	1:17.66												

PROGRESSION for Short Course Yards

Alex Purcell	15-18	100 FR	50 BA	50 BR	50 FLY	100 I.M.											
TIME TRIALS 2011	04/30/2011 Finals	1:09.07	:36.05	:45.92	:38.81												
TW @ SSST	05/14/2011 Finals		:35.12		:35.01	1:20.44											
SHST @ TW	05/21/2011 Finals	1:08.73	:37.05		:35.97												
TW @ ORCAS	06/04/2011 Finals		:37.25		:36.47	1:22.71											
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	1:11.45	:37.29		:35.55												
CHAMPS 2011	07/09/2011 Finals	1:09.38	:37.21		:34.44												
Brian Rowett	15-18	100 FR	50 FLY	100 I.M.													
NOVATO RIPTIDES @ TW	06/11/2011 Finals		:27.72	1:06.16													
TW @ MARINWOOD	06/18/2011 Finals	:54.69	:28.33	1:05.22													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals	:55.35	:28.41	1:08.21													
Gabriel Shlager	15-18	100 FR	50 BA	50 BR	100 I.M.												
TIME TRIALS 2011	04/30/2011 Finals	1:04.94															
RH @ TW 5.7.11	05/07/2011 Finals	1:04.33		:36.19	1:13.04												
TW @ SSST	05/14/2011 Finals	1:05.04		:36.59	1:12.35												
TW @ ORCAS	06/04/2011 Finals	1:06.13		:37.35	1:15.84												
NOVATO RIPTIDES @ TW	06/11/2011 Finals	1:06.46	:34.50	:36.74													
TW @ MARINWOOD	06/18/2011 Finals	1:06.75	:35.72	:36.89													
SWIMARIN @ TIDALWAVE	06/25/2011 Finals		:32.84	:37.14	1:14.20												