

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Lula Ashworth	8&UN	25 FR	25 BA	25 BR	25 FLY								
2014 TIME TRIALS	04/26/2014 Finals		:29.60										
WAVES @ SWIM MARIN	05/03/2014 Finals	:23.70	:26.08	:32.17									
WAVES @ MARINWOOD	05/10/2014 Finals	:22.62	:29.27										
TERRA LINDA @ WAVES	05/17/2014 Finals	:21.29	:28.47										
NOVATO @ WAVES	05/31/2014 Finals	:23.11	:30.15	:35.39									
WAVES @ SHST	06/07/2014 Finals	:21.51	:27.49		:32.35								
LVST @ WAVES	06/14/2014 Finals	:20.81	:28.93		:31.97								
Addie Barber	8&UN	25 FR	25 BA	25 BR	25 FLY								
2014 TIME TRIALS	04/26/2014 Finals	:21.75	:28.16	:31.39	:34.80								
WAVES @ SWIM MARIN	05/03/2014 Finals	:20.13	:25.22	:32.64									
WAVES @ MARINWOOD	05/10/2014 Finals	:20.44	:27.58	:32.05									
TERRA LINDA @ WAVES	05/17/2014 Finals	:20.98	:25.02	:33.14									
NOVATO @ WAVES	05/31/2014 Finals	:21.27		:29.43									
WAVES @ SHST	06/07/2014 Finals	:21.34	:26.30	:29.33									
SVSS @ WAVES	06/28/2014 Finals	:21.73	:26.26	:28.51									
Annie Bober	8&UN	25 FR	25 BA	25 BR									
2014 TIME TRIALS	04/26/2014 Finals	:29.63	:35.76										
WAVES @ SWIM MARIN	05/03/2014 Finals	:29.10	:34.42										
WAVES @ MARINWOOD	05/10/2014 Finals	:28.17	:38.29	:38.89									
TERRA LINDA @ WAVES	05/17/2014 Finals		:42.46										
NOVATO @ WAVES	05/31/2014 Finals	:30.29	:39.78										
WAVES @ SHST	06/07/2014 Finals	:31.00	:37.34	:38.01									
LVST @ WAVES	06/14/2014 Finals	:29.47	:35.16										
2014 MARIN SWIM LEAG	07/12/2014 Finals	:28.07	:31.22										

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Ainslie Bowers		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:19.08										
2014 TIME TRIAL MAKE	04/29/2014 Finals			:27.61	:33.05	:26.22	2:05.43						
WAVES @ SWIM MARIN	05/03/2014 Finals		:18.21	:22.04		:22.13							
WAVES @ MARINWOOD	05/10/2014 Finals		:17.24	:22.66		:19.54							
TERRA LINDA @ WAVES	05/17/2014 Finals		:17.58	:22.66		:21.08	1:47.83						
NOVATO @ WAVES	05/31/2014 Finals		:19.26	:23.96		:21.48	1:54.73						
WAVES @ SHST	06/07/2014 Finals		:18.14	:22.06		:20.14							
LVST @ WAVES	06/14/2014 Finals		:17.85	:21.56	:26.85	:21.08							
2014 ALL STARS	06/21/2014 Finals		:17.36	:22.15		:21.63							
SVSS @ WAVES	06/28/2014 Finals		:18.03	:22.03		:21.89	1:43.72						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:18.15	:21.43		:21.25							
Siena Britt		8&UN	25 FR	25 BA									
2014 TIME TRIALS	04/26/2014 Finals		:29.40										
WAVES @ SWIM MARIN	05/03/2014 Finals		:26.64										
WAVES @ MARINWOOD	05/10/2014 Finals		:28.01	:34.50									
TERRA LINDA @ WAVES	05/17/2014 Finals		:29.46	:31.01									
NOVATO @ WAVES	05/31/2014 Finals		:28.05	:32.49									
WAVES @ SHST	06/07/2014 Finals		:28.85	:32.53									
LVST @ WAVES	06/14/2014 Finals		:29.03	:34.08									
SVSS @ WAVES	06/28/2014 Finals		:29.97	:29.70									
2014 MARIN SWIM LEAG	07/12/2014 Finals		:26.07	:30.68									
Pilar Britt		8&UN	25 FR	25 BA	25 FLY								
2014 TIME TRIALS	04/26/2014 Finals		:28.10	:30.42									
WAVES @ SWIM MARIN	05/03/2014 Finals		:24.09	:25.96									
WAVES @ MARINWOOD	05/10/2014 Finals		:23.73	:25.45									
TERRA LINDA @ WAVES	05/17/2014 Finals		:23.18	:25.81									
NOVATO @ WAVES	05/31/2014 Finals		:23.33	:26.00									
WAVES @ SHST	06/07/2014 Finals		:23.73	:25.30									
LVST @ WAVES	06/14/2014 Finals		:25.35	:27.18									
SVSS @ WAVES	06/28/2014 Finals		:23.27	:26.45	:32.23								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:24.35	:25.71	:32.19								

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Caitlin Capitulo		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:19.87	:27.53	:29.60	:30.90	2:18.97						
WAVES @ MARINWOOD	05/10/2014 Finals		:19.79	:28.71	:28.75								
TERRA LINDA @ WAVES	05/17/2014 Finals		:20.50	:26.55		:29.22							
NOVATO @ WAVES	05/31/2014 Finals		:20.33	:26.17	:30.44								
WAVES @ SHST	06/07/2014 Finals		:21.43	:26.50	:29.20								
LVST @ WAVES	06/14/2014 Finals		:20.97	:27.54	:27.70								
SVSS @ WAVES	06/28/2014 Finals		:20.18	:28.35	:28.55								
Layne Colombo		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:28.72	:34.89									
WAVES @ MARINWOOD	05/10/2014 Finals		:27.73	:28.36									
TERRA LINDA @ WAVES	05/17/2014 Finals		:23.33	:28.48									
NOVATO @ WAVES	05/31/2014 Finals		:22.18	:25.87	:30.02								
WAVES @ SHST	06/07/2014 Finals		:22.61	:25.88	:34.89								
LVST @ WAVES	06/14/2014 Finals		:22.98	:26.84	:33.91								
SVSS @ WAVES	06/28/2014 Finals		:20.12	:27.82	:36.03								
Caroline Cullen		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:18.02	:21.69	:26.85	:22.57	1:52.42						
WAVES @ MARINWOOD	05/10/2014 Finals		:17.81	:22.41		:20.66							
TERRA LINDA @ WAVES	05/17/2014 Finals		:17.96	:23.88		:21.09	1:53.51						
NOVATO @ WAVES	05/31/2014 Finals		:17.06	:23.16		:19.38	1:48.21						
WAVES @ SHST	06/07/2014 Finals		:16.95	:20.62		:17.80							
LVST @ WAVES	06/14/2014 Finals		:16.68	:21.89	:24.83	:20.37							
2014 ALL STARS	06/21/2014 Finals		:17.17	:20.92		:19.52							
SVSS @ WAVES	06/28/2014 Finals		:17.33	:21.52		:19.37							
2014 MARIN SWIM LEAG	07/12/2014 Finals		:17.84	:21.86		:18.06							
Jaclyn Davis		8&UN	25 FR	50 FR	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:31.81										
WAVES @ MARINWOOD	05/10/2014 Finals				:30.59								
TERRA LINDA @ WAVES	05/17/2014 Finals		:27.98		:40.95								
LVST @ WAVES	06/14/2014 Finals			:58.35									
SVSS @ WAVES	06/28/2014 Finals			:56.25									

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Kate DeForrest 8&UN		25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:17.83										
2014 TIME TRIAL MAKE	04/29/2014 Finals		:22.58	:27.01								
WAVES @ SWIM MARIN	05/03/2014 Finals	:17.75			:19.51	1:43.21						
WAVES @ MARINWOOD	05/10/2014 Finals	:17.95			:19.30	1:42.90						
TERRA LINDA @ WAVES	05/17/2014 Finals	:17.52	:23.12		:18.73	1:40.28						
NOVATO @ WAVES	05/31/2014 Finals	:18.40			:19.38	1:46.17						
WAVES @ SHST	06/07/2014 Finals	:18.68			:18.49	1:46.48						
LVST @ WAVES	06/14/2014 Finals	:17.82		:24.27	:18.87	1:38.98						
2014 ALL STARS	06/21/2014 Finals			:24.34	:18.66	1:38.92						
SVSS @ WAVES	06/28/2014 Finals			:25.24	:18.34	1:42.01						
2014 MARIN SWIM LEAG	07/12/2014 Finals			:24.20	:18.26	1:38.94						
Alison Demian 8&UN		25 FR	25 BA	25 FLY								
2014 TIME TRIALS	04/26/2014 Finals	:24.53	:32.68									
WAVES @ SWIM MARIN	05/03/2014 Finals	:24.74	:31.69	:38.62								
WAVES @ MARINWOOD	05/10/2014 Finals	:23.18	:30.94	:35.66								
TERRA LINDA @ WAVES	05/17/2014 Finals	:22.78	:29.88	:34.60								
NOVATO @ WAVES	05/31/2014 Finals	:24.54	:32.07	:31.63								
WAVES @ SHST	06/07/2014 Finals	:22.89	:28.71									
LVST @ WAVES	06/14/2014 Finals	:22.68	:28.97									
2014 MARIN SWIM LEAG	07/12/2014 Finals	:22.37	:31.30	:28.57								
Caroline Foster 8&UN		25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals	:21.10	:25.83									
WAVES @ SWIM MARIN	05/03/2014 Finals	:22.05	:28.51									
TERRA LINDA @ WAVES	05/17/2014 Finals		:23.71									
WAVES @ SHST	06/07/2014 Finals	:22.36	:25.13	:38.36								
LVST @ WAVES	06/14/2014 Finals	:22.16	:26.18	:37.37								
Elsa Fredericks 8&UN		25 FR	25 BA									
2014 TIME TRIALS	04/26/2014 Finals	:28.09	:31.97									
TERRA LINDA @ WAVES	05/17/2014 Finals	:24.46										
NOVATO @ WAVES	05/31/2014 Finals	:24.53										
LVST @ WAVES	06/14/2014 Finals	:23.95										
SVSS @ WAVES	06/28/2014 Finals	:25.05										

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Adella Frender 8&UN		25 FR	50 FR	25 BA	50 BA	25 BR	50 BR	25 FLY	100 I.M.			
2014 TIME TRIALS	04/26/2014 Finals	:18.75		:23.13		:25.33		:24.97	1:52.22			
WAVES @ SWIM MARIN	05/03/2014 Finals	:19.12		:24.14				:25.61				
WAVES @ MARINWOOD	05/10/2014 Finals			:22.75		:23.90			1:49.15			
TERRA LINDA @ WAVES	05/17/2014 Finals	:18.12		:23.41		:24.75						
NOVATO @ WAVES	05/31/2014 Finals	:17.50		:22.11		:22.39						
WAVES @ SHST	06/07/2014 Finals	:17.91		:21.08		:22.54						
LVST @ WAVES	06/14/2014 Finals			:21.21		:22.90		:22.17	1:41.10			
2014 ALL STARS	06/21/2014 Finals			:20.02		:21.47			1:35.75			
SVSS @ WAVES	06/28/2014 Finals		:40.65		:46.94		:49.64		1:42.62			
2014 MARIN SWIM LEAG	07/12/2014 Finals				:43.71		:49.03		1:41.67			
Sammy Gardner 8&UN												
2014 TIME TRIALS	04/26/2014 Finals	:26.00	:38.77									
WAVES @ SWIM MARIN	05/03/2014 Finals	:26.30	:40.49									
WAVES @ MARINWOOD	05/10/2014 Finals	:24.54	:37.57									
TERRA LINDA @ WAVES	05/17/2014 Finals	:24.66	:33.77									
WAVES @ SHST	06/07/2014 Finals	:25.47	:30.60									
LVST @ WAVES	06/14/2014 Finals	:22.18	:27.18									
SVSS @ WAVES	06/28/2014 Finals	:23.33	:27.77	:30.16								
Molly Goldstein 8&UN												
2014 TIME TRIALS	04/26/2014 Finals	:26.82	:28.83									
WAVES @ SWIM MARIN	05/03/2014 Finals	:24.09	:27.91									
WAVES @ MARINWOOD	05/10/2014 Finals	:26.33	:28.92	:37.99								
TERRA LINDA @ WAVES	05/17/2014 Finals	:25.48	:31.02									
NOVATO @ WAVES	05/31/2014 Finals	:25.52	:29.48	:40.57								
WAVES @ SHST	06/07/2014 Finals		:30.05	:40.53								
LVST @ WAVES	06/14/2014 Finals	:26.89	:29.37	:38.46	:38.27							
SVSS @ WAVES	06/28/2014 Finals	:25.11	:28.21									
2014 MARIN SWIM LEAG	07/12/2014 Finals	:25.43	:30.90	:40.05								

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sasha Grewal		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:26.40	:34.76									
WAVES @ SWIM MARIN	05/03/2014 Finals		:26.22	:32.24									
WAVES @ MARINWOOD	05/10/2014 Finals		:27.20	:33.26									
TERRA LINDA @ WAVES	05/17/2014 Finals		:23.28	:30.91									
NOVATO @ WAVES	05/31/2014 Finals		:26.34	:33.51	:32.61								
WAVES @ SHST	06/07/2014 Finals		:26.01	:31.28									
LVST @ WAVES	06/14/2014 Finals		:26.66	:33.26									
SVSS @ WAVES	06/28/2014 Finals		:25.03	:26.89									
2014 MARIN SWIM LEAG	07/12/2014 Finals		:21.56	:27.64									
Clara Guffey		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:20.01	:26.12	:28.05	:22.83	2:02.25						
WAVES @ SWIM MARIN	05/03/2014 Finals		:21.86		:30.65	:24.21							
WAVES @ MARINWOOD	05/10/2014 Finals		:19.62		:28.00	:23.44							
TERRA LINDA @ WAVES	05/17/2014 Finals		:20.01		:28.39	:24.47							
NOVATO @ WAVES	05/31/2014 Finals		:19.67		:29.87	:25.47							
WAVES @ SHST	06/07/2014 Finals		:21.04		:29.76	:25.41							
LVST @ WAVES	06/14/2014 Finals		:20.71		:27.52	:23.80	1:56.66						
SVSS @ WAVES	06/28/2014 Finals		:20.42			:23.74	2:03.99						
Emma Hale		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIAL MAKE	04/29/2014 Finals		:29.43	:36.29									
WAVES @ MARINWOOD	05/10/2014 Finals		:24.34	:24.72	:28.10								
TERRA LINDA @ WAVES	05/17/2014 Finals		:24.00	:26.55	:31.34								
NOVATO @ WAVES	05/31/2014 Finals		:24.02	:24.51									
WAVES @ SHST	06/07/2014 Finals		:21.44	:25.05		:28.46							
LVST @ WAVES	06/14/2014 Finals		:23.57	:24.44		:27.29							
Reilly Helmer		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:22.95	:26.36	:31.65								
WAVES @ SWIM MARIN	05/03/2014 Finals		:22.08	:26.32									
TERRA LINDA @ WAVES	05/17/2014 Finals		:22.38	:27.02	:35.30								
LVST @ WAVES	06/14/2014 Finals		:21.67	:27.17	:32.40								
SVSS @ WAVES	06/28/2014 Finals		:21.43	:25.16	:31.05	:30.42							

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Elizabeth Hersh		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:20.56	:29.66	:34.29	:27.51							
WAVES @ SWIM MARIN	05/03/2014 Finals		:20.82	:27.02		:29.70							
WAVES @ MARINWOOD	05/10/2014 Finals		:21.25										
TERRA LINDA @ WAVES	05/17/2014 Finals		:22.43	:27.29		:27.52							
NOVATO @ WAVES	05/31/2014 Finals		:21.51										
WAVES @ SHST	06/07/2014 Finals		:20.95										
LVST @ WAVES	06/14/2014 Finals		:19.35	:26.95	:28.27								
SVSS @ WAVES	06/28/2014 Finals		:19.79		:29.75		1:57.22						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:19.75		:31.14		2:00.75						
Jade Holmes		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:28.04										
2014 TIME TRIAL MAKE	04/29/2014 Finals		:31.20	:29.88		:34.18							
WAVES @ MARINWOOD	05/10/2014 Finals		:32.76	:27.23		:31.70							
TERRA LINDA @ WAVES	05/17/2014 Finals		:23.41	:28.06									
NOVATO @ WAVES	05/31/2014 Finals		:28.00	:27.02		:28.56							
WAVES @ SHST	06/07/2014 Finals		:24.54	:26.04	:31.17								
LVST @ WAVES	06/14/2014 Finals		:25.28	:26.43	:32.34								
SVSS @ WAVES	06/28/2014 Finals		:23.81	:25.51	:35.57								
Madeline Jarocki		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:18.88	:23.13	:26.77	:21.91							
WAVES @ MARINWOOD	05/10/2014 Finals		:18.03	:23.90		:21.62							
TERRA LINDA @ WAVES	05/17/2014 Finals		:18.12	:22.40		:21.28	1:44.67						
NOVATO @ WAVES	05/31/2014 Finals		:18.68			:19.76	1:38.21						
WAVES @ SHST	06/07/2014 Finals		:18.28			:19.31	1:42.49						
LVST @ WAVES	06/14/2014 Finals		:16.92	:22.41		:18.75							
2014 ALL STARS	06/21/2014 Finals		:18.32			:18.91	1:36.56						
SVSS @ WAVES	06/28/2014 Finals		:18.12			:19.69	1:38.84						

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Sara Jordan		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:21.36	:25.90	:28.54	:27.64							
WAVES @ SWIM MARIN	05/03/2014 Finals			:27.97	:28.31		2:05.97						
WAVES @ MARINWOOD	05/10/2014 Finals		:22.92			:25.10							
TERRA LINDA @ WAVES	05/17/2014 Finals			:25.15	:29.28		2:03.36						
NOVATO @ WAVES	05/31/2014 Finals		:18.65	:23.78	:25.84								
WAVES @ SHST	06/07/2014 Finals		:19.74	:22.96	:26.25								
LVST @ WAVES	06/14/2014 Finals		:19.84	:24.83	:26.79								
SVSS @ WAVES	06/28/2014 Finals		:18.87		:26.81		1:56.65						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:18.98	:25.26	:27.88								
Lilly Kabat													
Lilly Kabat		8&UN	25 FR	25 BA									
2014 TIME TRIALS	04/26/2014 Finals		:35.42	:47.29									
WAVES @ SWIM MARIN	05/03/2014 Finals		:31.44	:44.51									
WAVES @ MARINWOOD	05/10/2014 Finals		:34.49	:40.51									
TERRA LINDA @ WAVES	05/17/2014 Finals		:33.34	:38.97									
NOVATO @ WAVES	05/31/2014 Finals		:31.22	:37.49									
Maggie Kelly													
Maggie Kelly		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:22.97	:27.59									
WAVES @ SWIM MARIN	05/03/2014 Finals		:23.89	:29.88	:36.07								
WAVES @ MARINWOOD	05/10/2014 Finals		:24.49	:30.09	:35.42								
TERRA LINDA @ WAVES	05/17/2014 Finals		:24.60										
NOVATO @ WAVES	05/31/2014 Finals		:23.24	:31.07	:36.23								
WAVES @ SHST	06/07/2014 Finals		:24.16	:28.43	:36.70								
LVST @ WAVES	06/14/2014 Finals		:22.86	:28.63	:37.26								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:24.51	:30.74	:33.58								
Ellie Kemos													
Ellie Kemos		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:25.90		:42.98								
WAVES @ SWIM MARIN	05/03/2014 Finals		:27.30	:28.21									
WAVES @ MARINWOOD	05/10/2014 Finals		:25.60	:27.31									
TERRA LINDA @ WAVES	05/17/2014 Finals		:22.58	:26.38									
NOVATO @ WAVES	05/31/2014 Finals		:23.21	:26.87	:36.55								
WAVES @ SHST	06/07/2014 Finals		:23.20	:24.87	:33.12								
LVST @ WAVES	06/14/2014 Finals		:22.50	:25.06	:31.91								

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Olivia Koepfel		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:19.53	:23.76	:29.20	:27.85	2:04.40						
WAVES @ SWIM MARIN	05/03/2014 Finals		:19.99	:24.02	:28.49								
WAVES @ MARINWOOD	05/10/2014 Finals		:20.07	:24.63									
TERRA LINDA @ WAVES	05/17/2014 Finals		:20.21	:26.40	:28.66								
NOVATO @ WAVES	05/31/2014 Finals		:19.05	:23.32									
LVST @ WAVES	06/14/2014 Finals		:17.91	:21.74	:26.02								
SVSS @ WAVES	06/28/2014 Finals		:25.65	:22.28	:26.55								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:18.43	:22.17	:26.58								
Annesley Krawitt		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:19.20	:25.72	:27.46	:22.66	1:51.69						
WAVES @ SWIM MARIN	05/03/2014 Finals		:19.01			:20.64	1:51.29						
WAVES @ MARINWOOD	05/10/2014 Finals				:26.45	:21.48	1:50.59						
TERRA LINDA @ WAVES	05/17/2014 Finals		:19.27		:26.19	:21.98	1:48.39						
NOVATO @ WAVES	05/31/2014 Finals		:18.67		:25.04	:22.58	1:53.55						
WAVES @ SHST	06/07/2014 Finals		:18.13		:25.06		1:42.71						
LVST @ WAVES	06/14/2014 Finals		:18.90		:24.37	:22.66	1:47.25						
2014 ALL STARS	06/21/2014 Finals				:25.29	:21.14	1:47.09						
SVSS @ WAVES	06/28/2014 Finals		:18.84		:25.58	:22.38	1:46.92						
2014 MARIN SWIM LEAG	07/12/2014 Finals				:24.66	:22.71	1:44.35						
Eliza Lepyansky		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:19.35	:29.05	:32.65	:25.41							
WAVES @ MARINWOOD	05/10/2014 Finals		:20.60	:28.54		:24.26							
TERRA LINDA @ WAVES	05/17/2014 Finals		:18.71	:27.31		:23.58							
NOVATO @ WAVES	05/31/2014 Finals		:19.86	:25.87		:21.84							
WAVES @ SHST	06/07/2014 Finals		:18.53	:25.31		:23.61							
LVST @ WAVES	06/14/2014 Finals		:18.68	:24.44	:27.67	:24.79							
SVSS @ WAVES	06/28/2014 Finals		:18.90	:23.49		:21.88							
2014 MARIN SWIM LEAG	07/12/2014 Finals		:20.39	:25.59		:22.94							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Amelia Loiacono		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:18.56	:24.10	:30.82	:26.86							
WAVES @ MARINWOOD	05/10/2014 Finals		:18.88	:23.42			1:49.71						
TERRA LINDA @ WAVES	05/17/2014 Finals		:18.15	:22.53									
NOVATO @ WAVES	05/31/2014 Finals		:19.04	:23.57		:23.06	1:47.66						
WAVES @ SHST	06/07/2014 Finals		:18.45			:21.92	1:45.73						
LVST @ WAVES	06/14/2014 Finals		:17.77			:20.62	1:44.46						
2014 ALL STARS	06/21/2014 Finals		:17.77	:21.53			1:41.61						
SVSS @ WAVES	06/28/2014 Finals		:17.20	:22.80			1:43.33						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:17.89	:22.68			1:38.99						
Carly Lowe		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:18.69	:24.53	:24.83	:26.04							
WAVES @ MARINWOOD	05/10/2014 Finals		:19.37	:26.87	:24.85								
TERRA LINDA @ WAVES	05/17/2014 Finals		:19.98	:24.36	:26.02								
NOVATO @ WAVES	05/31/2014 Finals		:20.77	:24.24	:25.55	:25.58							
WAVES @ SHST	06/07/2014 Finals		:20.19	:24.89	:25.79								
LVST @ WAVES	06/14/2014 Finals		:19.51	:25.39	:27.83								
2014 ALL STARS	06/21/2014 Finals				:24.43								
SVSS @ WAVES	06/28/2014 Finals		:22.44	:25.28	:25.58								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:19.00	:23.75	:25.31								
Jillian Manning		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:18.88	:25.32	:32.73	:28.70							
WAVES @ SWIM MARIN	05/03/2014 Finals		:20.13	:25.76	:33.83								
WAVES @ MARINWOOD	05/10/2014 Finals		:18.59	:24.30	:31.55								
TERRA LINDA @ WAVES	05/17/2014 Finals		:19.07	:24.57	:32.22								
NOVATO @ WAVES	05/31/2014 Finals		:20.63	:26.56	:29.72								
WAVES @ SHST	06/07/2014 Finals		:18.96	:26.39	:31.07								
LVST @ WAVES	06/14/2014 Finals		:19.79	:22.36									
2014 ALL STARS	06/21/2014 Finals			:24.55									
SVSS @ WAVES	06/28/2014 Finals		:18.74	:24.07	:30.48								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:20.33	:25.25	:27.55								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Audrey Markovich 8&UN		25 FR	25 BA	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:39.87								
WAVES @ MARINWOOD	05/10/2014 Finals	:25.02	:36.62								
NOVATO @ WAVES	05/31/2014 Finals	:27.90	:36.67								
WAVES @ SHST	06/07/2014 Finals	:25.18	:30.80								
LVST @ WAVES	06/14/2014 Finals	:24.87	:33.45								
SVSS @ WAVES	06/28/2014 Finals	:23.85	:37.25	:37.97							
2014 MARIN SWIM LEAG	07/12/2014 Finals	:24.47	:31.59	:34.66							
Amanda Mueller 8&UN		25 FR	25 BA	25 BR	25 FLY						
2014 TIME TRIALS	04/26/2014 Finals	:23.76	:25.88	:33.99	:32.75						
WAVES @ SWIM MARIN	05/03/2014 Finals	:21.39	:25.71	:36.19							
WAVES @ MARINWOOD	05/10/2014 Finals	:21.77	:27.35		:30.97						
TERRA LINDA @ WAVES	05/17/2014 Finals	:22.04	:26.79	:35.00							
NOVATO @ WAVES	05/31/2014 Finals	:21.63		:30.97	:26.25						
WAVES @ SHST	06/07/2014 Finals	:21.27		:33.00	:26.27						
LVST @ WAVES	06/14/2014 Finals	:21.22	:24.96	:30.22							
SVSS @ WAVES	06/28/2014 Finals		:24.57	:29.45	:28.09						
Catherine Murray 8&UN		25 FR	25 BA	25 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals	:21.18									
2014 TIME TRIAL MAKE	04/29/2014 Finals		:25.49	:27.21	:33.38	2:20.94					
WAVES @ MARINWOOD	05/10/2014 Finals	:21.24		:26.24		2:08.77					
TERRA LINDA @ WAVES	05/17/2014 Finals	:23.07	:23.84	:25.64							
NOVATO @ WAVES	05/31/2014 Finals		:25.62								
WAVES @ SHST	06/07/2014 Finals	:21.97	:23.99	:26.84							
LVST @ WAVES	06/14/2014 Finals		:24.38	:26.81							
SVSS @ WAVES	06/28/2014 Finals		:25.69	:26.32		2:11.46					

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Maddie Murray		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:36.50										
2014 TIME TRIAL MAKE	04/29/2014 Finals		:43.01		:50.14								
WAVES @ MARINWOOD	05/10/2014 Finals		:36.67	:39.87	:38.45								
TERRA LINDA @ WAVES	05/17/2014 Finals		:31.51	:35.99	:36.60								
NOVATO @ WAVES	05/31/2014 Finals		:28.84	:33.24									
WAVES @ SHST	06/07/2014 Finals		:27.68	:29.76	:37.85								
SVSS @ WAVES	06/28/2014 Finals		:29.09	:28.99	:38.11								
Emma Nevarez		8&UN	25 FR	25 BA	25 BR								
WAVES @ SWIM MARIN	05/03/2014 Finals		:34.88										
WAVES @ MARINWOOD	05/10/2014 Finals		:41.63	:45.74									
TERRA LINDA @ WAVES	05/17/2014 Finals		:32.43	:40.92									
WAVES @ SHST	06/07/2014 Finals		:29.62	:38.91									
SVSS @ WAVES	06/28/2014 Finals		:34.67	:37.67	:38.24								
Ella Noblin		8&UN	25 FR	50 FR	25 BA	50 BA	25 BR	50 BR					
2014 TIME TRIAL MAKE	04/29/2014 Finals		:34.36		:41.21		:56.21						
WAVES @ SWIM MARIN	05/03/2014 Finals		:29.24		:33.00		:40.09						
WAVES @ MARINWOOD	05/10/2014 Finals		:25.83		:31.80								
TERRA LINDA @ WAVES	05/17/2014 Finals		:28.49		:34.40								
NOVATO @ WAVES	05/31/2014 Finals		:26.15		:31.34		:38.41						
WAVES @ SHST	06/07/2014 Finals		:24.55		:28.91								
LVST @ WAVES	06/14/2014 Finals			:53.56		1:03.97		1:20.76					
SVSS @ WAVES	06/28/2014 Finals			:53.69		1:03.05		1:18.28					
2014 MARIN SWIM LEAG	07/12/2014 Finals			:54.54		1:10.48							
Giselle Orson		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:35.43	:42.07		:39.75							
WAVES @ SWIM MARIN	05/03/2014 Finals		:30.56	:43.50		:33.09							
WAVES @ MARINWOOD	05/10/2014 Finals		:28.90	:36.13		:29.37							
TERRA LINDA @ WAVES	05/17/2014 Finals		:26.23	:36.96		:32.61							
NOVATO @ WAVES	05/31/2014 Finals		:28.19	:40.20		:31.68							
WAVES @ SHST	06/07/2014 Finals		:27.10	:34.67		:30.70							
LVST @ WAVES	06/14/2014 Finals		:28.18	:35.21		:31.85							
SVSS @ WAVES	06/28/2014 Finals		:24.08		:45.00								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Maggie Pitts		8&UN	25 FR	25 BA	25 BR								
WAVES @ MARINWOOD	05/10/2014		:27.60	:33.50									
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:24.03	:32.13	:33.53								
	Finals												
NOVATO @ WAVES	05/31/2014		:25.72	:30.37	:28.94								
	Finals												
WAVES @ SHST	06/07/2014		:25.63	:28.88	:30.06								
	Finals												
LVST @ WAVES	06/14/2014		:23.21	:27.56	:28.80								
	Finals												
SVSS @ WAVES	06/28/2014		:22.19	:26.94	:28.41								
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:24.11	:27.55	:27.89								
	Finals												
Cassidy Potter		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014		:30.69	:35.65									
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:26.90	:36.62									
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:26.74	:31.24									
	Finals												
WAVES @ SHST	06/07/2014		:28.50	:30.88									
	Finals												
LVST @ WAVES	06/14/2014		:28.94	:34.08									
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:28.01	:32.01	:43.18								
	Finals												
Sarani Puri		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014		:28.64	:32.17									
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:28.79	:28.77									
	Finals												
NOVATO @ WAVES	05/31/2014		:25.21	:27.97									
	Finals												
LVST @ WAVES	06/14/2014		:25.64	:26.65									
	Finals												
SVSS @ WAVES	06/28/2014		:25.32	:27.49	:35.02								
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:27.54	:27.83	:36.07								
	Finals												
Madi Rand		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014		:30.74		:43.61								
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:30.30	:42.35									
	Finals												
WAVES @ MARINWOOD	05/10/2014		:29.76										
	Finals												
NOVATO @ WAVES	05/31/2014		:27.85	:38.46									
	Finals												
WAVES @ SHST	06/07/2014		:28.95	:38.36									
	Finals												
SVSS @ WAVES	06/28/2014		:27.38	:35.21									
	Finals												

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Genevieve Ryan		8&UN	25 FR	50 FR	25 BA	25 BR	50 BR	25 FLY	100 I.M.				
2014 TIME TRIAL MAKE	04/29/2014	Finals	:20.02		:28.80	:28.06		:25.28	2:00.85				
WAVES @ SWIM MARIN	05/03/2014	Finals	:22.02			:28.72			1:59.90				
WAVES @ MARINWOOD	05/10/2014	Finals	:21.67					:22.14					
WAVES @ SHST	06/07/2014	Finals	:19.00					:22.16	1:51.05				
2014 ALL STARS	06/21/2014	Finals							1:51.66				
SVSS @ WAVES	06/28/2014	Finals		:44.72			1:01.24		1:52.51				
2014 MARIN SWIM LEAG	07/12/2014	Finals		:44.99			:58.73		1:54.65				
Olivia Santiago-Hall		8&UN	25 FR	25 BA	25 FLY								
TERRA LINDA @ WAVES	05/17/2014	Finals	:29.22	:33.26									
NOVATO @ WAVES	05/31/2014	Finals	:25.71	:29.14									
WAVES @ SHST	06/07/2014	Finals	:29.20	:37.49									
LVST @ WAVES	06/14/2014	Finals	:33.67	:31.85	:37.56								
Mimi Schaefer		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014	Finals	:22.68	:31.57	:33.76								
WAVES @ SWIM MARIN	05/03/2014	Finals	:22.95	:25.03	:32.49								
WAVES @ MARINWOOD	05/10/2014	Finals	:22.05	:28.22	:28.73								
TERRA LINDA @ WAVES	05/17/2014	Finals	:20.18	:26.03	:32.95								
NOVATO @ WAVES	05/31/2014	Finals	:21.12	:25.92	:33.99								
WAVES @ SHST	06/07/2014	Finals	:20.11	:26.35	:33.02								
LVST @ WAVES	06/14/2014	Finals	:21.26	:25.49									
SVSS @ WAVES	06/28/2014	Finals	:21.07	:24.80	:31.27								
2014 MARIN SWIM LEAG	07/12/2014	Finals	:21.30	:24.10	:32.86								
julia Sigel		8&UN	25 FR	25 BA									
2014 TIME TRIALS	04/26/2014	Finals	:28.93	:27.69									
WAVES @ SWIM MARIN	05/03/2014	Finals	:27.88	:27.01									
WAVES @ MARINWOOD	05/10/2014	Finals	:26.59	:27.17									
TERRA LINDA @ WAVES	05/17/2014	Finals	:24.99	:26.25									
WAVES @ SHST	06/07/2014	Finals	:23.41	:24.70									
LVST @ WAVES	06/14/2014	Finals	:25.05	:24.05									

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Emma Slaughter		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014 Finals		:20.04	:25.64	:32.04	:27.19	2:13.34						
WAVES @ SWIM MARIN	05/03/2014 Finals		:23.33	:24.60	:31.30								
WAVES @ MARINWOOD	05/10/2014 Finals		:21.22	:27.85	:29.18								
TERRA LINDA @ WAVES	05/17/2014 Finals		:21.04	:26.75			1:56.19						
WAVES @ SHST	06/07/2014 Finals		:20.57	:25.16		:21.67							
LVST @ WAVES	06/14/2014 Finals		:20.67			:24.25	2:02.80						
SVSS @ WAVES	06/28/2014 Finals		:20.57		:29.61	:25.24							
2014 MARIN SWIM LEAG	07/12/2014 Finals		:19.19		:29.32	:24.73							
Tara Sridharan		8&UN	25 FR	25 BA									
2014 TIME TRIAL MAKE	04/29/2014 Finals		:29.83	:33.47									
WAVES @ MARINWOOD	05/10/2014 Finals		:26.42	:33.20									
TERRA LINDA @ WAVES	05/17/2014 Finals		:28.23	:33.63									
NOVATO @ WAVES	05/31/2014 Finals		:24.60	:30.44									
LVST @ WAVES	06/14/2014 Finals		:24.43	:30.76									
SVSS @ WAVES	06/28/2014 Finals		:35.36	:30.58									
Julia St John		8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:22.68	:29.81									
WAVES @ SWIM MARIN	05/03/2014 Finals		:23.83	:33.30	:36.08								
WAVES @ MARINWOOD	05/10/2014 Finals		:23.54	:35.14	:32.13								
NOVATO @ WAVES	05/31/2014 Finals		:24.33	:32.55	:31.77								
LVST @ WAVES	06/14/2014 Finals		:22.76	:27.82		:33.05							
SVSS @ WAVES	06/28/2014 Finals		:23.89	:26.12	:30.75								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:23.35	:30.97	:32.01								
Lexi Strack		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:21.89	:24.59	:28.81								
WAVES @ SWIM MARIN	05/03/2014 Finals		:20.33	:28.50	:27.78								
WAVES @ MARINWOOD	05/10/2014 Finals		:20.84	:24.91									
TERRA LINDA @ WAVES	05/17/2014 Finals		:19.93	:31.66	:33.84								
NOVATO @ WAVES	05/31/2014 Finals		:20.98	:27.90	:28.66								
LVST @ WAVES	06/14/2014 Finals		:20.58	:26.05	:27.14								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Lucy Veiner	8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals	:31.73	:38.67									
WAVES @ SWIM MARIN	05/03/2014 Finals	:30.63	:35.23									
WAVES @ MARINWOOD	05/10/2014 Finals	:28.74	:34.33									
TERRA LINDA @ WAVES	05/17/2014 Finals	:27.34	:36.46									
NOVATO @ WAVES	05/31/2014 Finals	:26.06	:28.35									
WAVES @ SHST	06/07/2014 Finals	:28.30	:29.04									
SVSS @ WAVES	06/28/2014 Finals	:27.57	:31.99	:45.41								
Bella Wagner	8&UN	25 FR	25 BA	25 BR	25 FLY							
2014 TIME TRIAL MAKE	04/29/2014 Finals	:26.38	:33.96	:40.32	:36.06							
WAVES @ SWIM MARIN	05/03/2014 Finals	:24.67	:31.85	:36.28								
WAVES @ MARINWOOD	05/10/2014 Finals	:30.85	:30.41	:39.06								
TERRA LINDA @ WAVES	05/17/2014 Finals	:26.11	:30.78	:35.42								
NOVATO @ WAVES	05/31/2014 Finals	:25.74	:33.19	:33.46								
WAVES @ SHST	06/07/2014 Finals	:25.28	:31.36	:32.59								
LVST @ WAVES	06/14/2014 Finals	:26.15	:27.57	:29.79	:28.00							
SVSS @ WAVES	06/28/2014 Finals	:24.07	:29.85	:29.92	:30.91							
2014 MARIN SWIM LEAG	07/12/2014 Finals	:25.08	:28.09		:25.85							
Maggie Walsh	8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals	:28.68	:27.38									
WAVES @ SWIM MARIN	05/03/2014 Finals	:34.40	:30.36									
WAVES @ MARINWOOD	05/10/2014 Finals	:27.35	:31.26	:40.86								
TERRA LINDA @ WAVES	05/17/2014 Finals	:28.02	:29.75	:35.53								
NOVATO @ WAVES	05/31/2014 Finals	:26.76	:29.29	:35.94								
WAVES @ SHST	06/07/2014 Finals	:24.72	:26.62	:34.56								
LVST @ WAVES	06/14/2014 Finals	:24.50	:28.39									
SVSS @ WAVES	06/28/2014 Finals	:23.35	:26.25	:38.64								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:24.49	:25.10	:38.09								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Mayson Weingart		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:22.50	:27.17	:29.48								
WAVES @ SWIM MARIN	05/03/2014 Finals		:24.63	:25.68	:30.19								
WAVES @ MARINWOOD	05/10/2014 Finals		:20.80	:24.31	:28.22								
TERRA LINDA @ WAVES	05/17/2014 Finals		:20.44	:26.01	:29.05								
NOVATO @ WAVES	05/31/2014 Finals		:21.69	:30.21	:28.73								
WAVES @ SHST	06/07/2014 Finals		:20.84	:28.19	:28.14								
LVST @ WAVES	06/14/2014 Finals		:20.11	:26.56	:27.01								
Sofia Wesley		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals		:34.66										
TERRA LINDA @ WAVES	05/17/2014 Finals		:28.57	:36.08									
NOVATO @ WAVES	05/31/2014 Finals		:28.27	:33.80									
WAVES @ SHST	06/07/2014 Finals		:25.41	:33.62									
LVST @ WAVES	06/14/2014 Finals		:26.75	:35.18									
SVSS @ WAVES	06/28/2014 Finals		:27.48	:32.12	:35.64								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:28.09	:32.97	:39.93								
Carter West		8&UN	25 FR	25 BA	25 BR								
2014 TIME TRIALS	04/26/2014 Finals			:26.92									
WAVES @ SWIM MARIN	05/03/2014 Finals		:27.16	:29.95									
WAVES @ MARINWOOD	05/10/2014 Finals		:26.52	:31.32									
TERRA LINDA @ WAVES	05/17/2014 Finals		:25.04	:31.03									
NOVATO @ WAVES	05/31/2014 Finals		:25.73	:30.67									
WAVES @ SHST	06/07/2014 Finals		:25.15	:26.96	:34.50								
LVST @ WAVES	06/14/2014 Finals		:26.60	:28.91									
SVSS @ WAVES	06/28/2014 Finals		:26.96	:30.84	:33.17								
Mackenzie White		8&UN	25 FR	25 BA									
2014 TIME TRIALS	04/26/2014 Finals		:36.51	:40.75									
WAVES @ SWIM MARIN	05/03/2014 Finals		:35.81	:39.89									
TERRA LINDA @ WAVES	05/17/2014 Finals		:27.36	:33.64									
NOVATO @ WAVES	05/31/2014 Finals		:26.77	:34.80									
LVST @ WAVES	06/14/2014 Finals		:24.48	:34.64									
SVSS @ WAVES	06/28/2014 Finals		:32.37	:33.59									

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Grace Whitty		8&UN	25 FR	50 FR	25 BA	50 BA	50 BR	25 FLY					
2014 TIME TRIALS	04/26/2014 Finals		:28.78		:24.44			:27.05					
WAVES @ SWIM MARIN	05/03/2014 Finals		:23.14		:24.32			:28.66					
WAVES @ MARINWOOD	05/10/2014 Finals		:21.63		:27.15			:27.74					
TERRA LINDA @ WAVES	05/17/2014 Finals		:20.00		:24.05			:28.34					
NOVATO @ WAVES	05/31/2014 Finals			:45.11		:54.30							
WAVES @ SHST	06/07/2014 Finals			:44.65		:51.75							
LVST @ WAVES	06/14/2014 Finals			:42.96		:51.19							
SVSS @ WAVES	06/28/2014 Finals			:43.80		:50.51	1:00.23						
Zoe Witt		8&UN	25 FR	50 FR	25 BA	50 BA	25 BR						
TERRA LINDA @ WAVES	05/17/2014 Finals		:31.40		:34.01		1:03.67						
NOVATO @ WAVES	05/31/2014 Finals			1:16.30		1:08.80							
WAVES @ SHST	06/07/2014 Finals			:59.15		1:06.24							
LVST @ WAVES	06/14/2014 Finals					:58.86							
Devon Ball		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:41.23	:53.47	:51.88	1:00.85	1:54.03						
WAVES @ SWIM MARIN	05/03/2014 Finals		:42.15	:53.23	:49.62								
WAVES @ MARINWOOD	05/10/2014 Finals		:38.59		:50.53		1:43.15						
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.36		:50.23								
NOVATO @ WAVES	05/31/2014 Finals		:37.77		:48.65		1:36.32						
WAVES @ SHST	06/07/2014 Finals		:37.49		:49.16		1:36.61						
LVST @ WAVES	06/14/2014 Finals		:34.75	:48.49			1:35.60						
SVSS @ WAVES	06/28/2014 Finals		:37.36		:49.86		1:37.95						
Macy Bell		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:38.65	:47.62	:56.67	:55.51	1:47.76						
WAVES @ SWIM MARIN	05/03/2014 Finals		:39.67	:51.81	:55.31								
WAVES @ MARINWOOD	05/10/2014 Finals		:39.30	:49.00			1:46.09						
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.29	:49.82	:54.78								
NOVATO @ WAVES	05/31/2014 Finals		:38.78	:49.29									
WAVES @ SHST	06/07/2014 Finals		:38.89	:49.11	:57.22								
LVST @ WAVES	06/14/2014 Finals		:39.42	:49.84	:53.76								
SVSS @ WAVES	06/28/2014 Finals		:35.92	:45.39	:55.49								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

loughlin Browne		9-10	50 FR	50 BA									
WAVES @ SWIM MARIN	05/03/2014	Finals	:42.56	:55.03									
WAVES @ MARINWOOD	05/10/2014	Finals	:43.59	:57.56									
TERRA LINDA @ WAVES	05/17/2014	Finals	:42.09	:48.20									
NOVATO @ WAVES	05/31/2014	Finals	:40.20										
LVST @ WAVES	06/14/2014	Finals	:39.52	:47.68									
Lauren Cheng		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014	Finals	:49.39	:53.87	1:02.31	1:04.88	2:07.27						
WAVES @ MARINWOOD	05/10/2014	Finals	:45.00	:55.89	:58.86								
TERRA LINDA @ WAVES	05/17/2014	Finals	:42.34	:52.27	:55.03								
NOVATO @ WAVES	05/31/2014	Finals	:46.51		:58.06								
WAVES @ SHST	06/07/2014	Finals	:45.71	:50.85	:56.16								
LVST @ WAVES	06/14/2014	Finals	:45.54	:52.07	:54.82								
SVSS @ WAVES	06/28/2014	Finals	:45.03	:47.00	:51.25								
2014 MARIN SWIM LEAG	07/12/2014	Finals	:46.26	:50.73	:55.73								
Raine Conti		9-10	50 FR	50 BA	50 BR								
2014 TIME TRIAL MAKE	04/29/2014	Finals	:49.68	:56.21									
WAVES @ SWIM MARIN	05/03/2014	Finals		1:11.60									
WAVES @ MARINWOOD	05/10/2014	Finals	:43.32	:56.89	1:12.21								
WAVES @ SHST	06/07/2014	Finals	:46.11	:55.41									
Makena Corsiglia		9-10	50 FR	50 BR	100 I.M.								
WAVES @ SWIM MARIN	05/03/2014	Finals	:40.28	:51.46	1:44.21								
WAVES @ MARINWOOD	05/10/2014	Finals	:38.54	:51.52	1:44.14								
TERRA LINDA @ WAVES	05/17/2014	Finals	:38.97	:49.72									
NOVATO @ WAVES	05/31/2014	Finals	:37.40	:48.77	1:36.42								
Tula Cox		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014	Finals	:38.94	:48.21	:57.02	:57.51	1:54.30						
WAVES @ SWIM MARIN	05/03/2014	Finals	:40.61	:48.47	:55.32								
WAVES @ MARINWOOD	05/10/2014	Finals	:41.31			:43.99	1:43.01						
TERRA LINDA @ WAVES	05/17/2014	Finals	:39.93	:49.80		:45.60							
NOVATO @ WAVES	05/31/2014	Finals	:40.38		:53.66	:51.38							
WAVES @ SHST	06/07/2014	Finals	:39.66			:45.83	1:42.29						
LVST @ WAVES	06/14/2014	Finals	:40.15	:50.69									

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Charlotte DeForrest 9-10		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:36.70	:46.24	:48.70	:47.12	1:35.06						
WAVES @ SWIM MARIN	05/03/2014 Finals	:36.22		:46.11		1:30.84						
WAVES @ MARINWOOD	05/10/2014 Finals	:35.47		:46.65		1:30.53						
TERRA LINDA @ WAVES	05/17/2014 Finals	:36.31		:45.29		1:30.39						
NOVATO @ WAVES	05/31/2014 Finals	:35.77		:45.73		1:30.88						
WAVES @ SHST	06/07/2014 Finals	:36.75		:46.03		1:31.56						
LVST @ WAVES	06/14/2014 Finals	:35.51		:46.27		1:29.91						
2014 ALL STARS	06/21/2014 Finals			:46.22		1:29.89						
SVSS @ WAVES	06/28/2014 Finals	:35.14	:44.49	:44.82	:44.64							
2014 MARIN SWIM LEAG	07/12/2014 Finals	:34.78		:46.48		1:31.62						
Greer Diaz 9-10												
2014 TIME TRIALS	04/26/2014 Finals	:47.78	:57.63	1:07.88	2:15.91							
WAVES @ MARINWOOD	05/10/2014 Finals	:50.37	1:01.99	1:05.79								
TERRA LINDA @ WAVES	05/17/2014 Finals	:49.51	1:00.47	1:01.73								
NOVATO @ WAVES	05/31/2014 Finals	:47.01	1:01.90	1:01.74								
WAVES @ SHST	06/07/2014 Finals	:48.67	1:02.45	1:04.23								
LVST @ WAVES	06/14/2014 Finals	:46.43	:54.39	:57.52								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:45.85	:57.70	1:02.91								
Marisa Distler 9-10												
2014 TIME TRIALS	04/26/2014 Finals	:40.72	:48.56	:52.42	1:52.83							
WAVES @ SWIM MARIN	05/03/2014 Finals	:41.47		:52.44	1:49.08							
WAVES @ MARINWOOD	05/10/2014 Finals	:41.58		:47.80	1:49.57							
TERRA LINDA @ WAVES	05/17/2014 Finals	:39.78		:54.72	1:46.17							
NOVATO @ WAVES	05/31/2014 Finals	:43.08		:49.67	1:50.43							
WAVES @ SHST	06/07/2014 Finals	:38.55		:49.71	1:56.11							
LVST @ WAVES	06/14/2014 Finals	:37.45	:53.71	:48.14	1:45.22							
Lindsay Eiseman 9-10												
2014 TIME TRIALS	04/26/2014 Finals	:39.21	:50.50	:58.62	:46.68	1:46.06						
WAVES @ SWIM MARIN	05/03/2014 Finals	:43.55	:49.53		:46.77							
WAVES @ MARINWOOD	05/10/2014 Finals	:38.21	:49.74		:44.54							
TERRA LINDA @ WAVES	05/17/2014 Finals	:38.62		:56.56	:49.43	1:45.07						
NOVATO @ WAVES	05/31/2014 Finals	:38.14			:45.62	1:41.75						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Charlotte Estus		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:35.82	:43.49	:52.28	:50.94	1:41.33						
WAVES @ SWIM MARIN	05/03/2014 Finals		:37.61	:45.57		:49.16							
WAVES @ MARINWOOD	05/10/2014 Finals		:38.03	:43.22			1:34.63						
TERRA LINDA @ WAVES	05/17/2014 Finals			:43.42		:43.88	1:33.34						
NOVATO @ WAVES	05/31/2014 Finals			:44.11		:44.09	1:35.11						
WAVES @ SHST	06/07/2014 Finals			:42.81		:45.89	1:33.69						
LVST @ WAVES	06/14/2014 Finals			:42.77	:48.91	:44.44	1:31.81						
SVSS @ WAVES	06/28/2014 Finals			:42.01		:43.59							
2014 MARIN SWIM LEAG	07/12/2014 Finals			:41.87		:46.04	1:36.02						
Lindsay Felder		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:37.87	:50.05	:47.94	:57.21	1:47.67						
WAVES @ SWIM MARIN	05/03/2014 Finals		:39.39		:48.73		1:41.72						
WAVES @ MARINWOOD	05/10/2014 Finals		:38.18		:48.40		1:38.59						
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.75		:47.79		1:39.11						
NOVATO @ WAVES	05/31/2014 Finals		:42.14	:48.96									
WAVES @ SHST	06/07/2014 Finals		:37.85	:47.51	:48.50								
LVST @ WAVES	06/14/2014 Finals		:36.78	:48.23	:50.02								
SVSS @ WAVES	06/28/2014 Finals		:38.25	:47.62	:50.00								
Emily Fieber		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:40.50	:53.07	:58.32	:56.04	1:49.99						
WAVES @ MARINWOOD	05/10/2014 Finals				:55.56		1:48.22						
TERRA LINDA @ WAVES	05/17/2014 Finals		:39.93	:54.17	:57.09								
NOVATO @ WAVES	05/31/2014 Finals		:39.02	:51.78	1:00.61								
LVST @ WAVES	06/14/2014 Finals		:39.11		:56.38		1:44.33						
SVSS @ WAVES	06/28/2014 Finals		:39.87	:52.94			1:45.73						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Katie Fielding		9-10	50 FR	50 BA	50 BR							
2014 TIME TRIALS	04/26/2014 Finals		1:00.53	1:11.20	1:00.24							
WAVES @ SWIM MARIN	05/03/2014 Finals		:59.01		:59.79							
WAVES @ MARINWOOD	05/10/2014 Finals		1:08.69	1:02.71	:56.71							
TERRA LINDA @ WAVES	05/17/2014 Finals		1:05.65	1:05.21	:56.62							
NOVATO @ WAVES	05/31/2014 Finals		:59.37	:59.55	:55.87							
WAVES @ SHST	06/07/2014 Finals			1:03.51	:54.68							
LVST @ WAVES	06/14/2014 Finals			1:03.03	:55.17							
Ashley Fliegel		9-10	50 FR	50 BA	50 BR							
2014 TIME TRIALS	04/26/2014 Finals		:46.00	:54.36	1:00.49							
WAVES @ SWIM MARIN	05/03/2014 Finals		:45.29	:54.96	:58.79							
WAVES @ MARINWOOD	05/10/2014 Finals		:46.31	:55.03								
TERRA LINDA @ WAVES	05/17/2014 Finals		:47.32	:54.44	:59.19							
NOVATO @ WAVES	05/31/2014 Finals		:44.80	:53.57	1:00.66							
WAVES @ SHST	06/07/2014 Finals		:45.58	:55.93	:56.21							
LVST @ WAVES	06/14/2014 Finals		:44.43	:55.36	:59.13							
SVSS @ WAVES	06/28/2014 Finals		:45.49	:54.87	1:00.37							
Meredith Foster		9-10	50 FR	50 BA	50 FLY							
2014 TIME TRIALS	04/26/2014 Finals		:44.94	:49.85	:56.89							
WAVES @ SWIM MARIN	05/03/2014 Finals		:45.69	:53.56								
TERRA LINDA @ WAVES	05/17/2014 Finals		:46.84	:50.00								
WAVES @ SHST	06/07/2014 Finals		:44.50	:51.27								
LVST @ WAVES	06/14/2014 Finals		:45.92	:52.05								
Keely Ganong		9-10	50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:50.76	:59.98	1:01.65	2:09.63						
WAVES @ SWIM MARIN	05/03/2014 Finals		:51.17	1:01.31	1:00.28							
WAVES @ MARINWOOD	05/10/2014 Finals		:51.70	1:04.35	:59.45							
TERRA LINDA @ WAVES	05/17/2014 Finals		:53.20	:59.44	:59.52							
NOVATO @ WAVES	05/31/2014 Finals		:50.97	1:03.92	:58.54							
WAVES @ SHST	06/07/2014 Finals		:54.08									
LVST @ WAVES	06/14/2014 Finals		:51.18	:59.72		2:04.66						
SVSS @ WAVES	06/28/2014 Finals		:51.37	1:00.58	:59.48							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Annie Goldstein 9-10		50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:44.29	:52.47	1:00.07	2:06.03						
WAVES @ SWIM MARIN	05/03/2014 Finals	:46.19	1:02.34	:58.07							
WAVES @ MARINWOOD	05/10/2014 Finals	:43.61		:53.59							
TERRA LINDA @ WAVES	05/17/2014 Finals	:43.99	:53.82	:55.22							
NOVATO @ WAVES	05/31/2014 Finals	:46.35	:56.36	:56.83							
WAVES @ SHST	06/07/2014 Finals	:43.37	:52.79	:53.15							
LVST @ WAVES	06/14/2014 Finals	:44.72	:55.37	:55.87							
SVSS @ WAVES	06/28/2014 Finals	:42.80	:54.03								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:44.84	:53.96	:55.55							
Kathryn Hale 9-10		50 FR	50 BA	50 BR	50 FLY						
2014 TIME TRIAL MAKE	04/29/2014 Finals	:52.83	1:12.94	1:13.96	1:17.32						
WAVES @ MARINWOOD	05/10/2014 Finals	:43.90	:59.55	1:15.77							
TERRA LINDA @ WAVES	05/17/2014 Finals	:45.42	:59.30	1:16.06							
NOVATO @ WAVES	05/31/2014 Finals	:43.74	1:00.45	1:11.81							
WAVES @ SHST	06/07/2014 Finals	:41.43	:55.56	1:11.88							
LVST @ WAVES	06/14/2014 Finals	:43.77	:57.23	1:03.76							
Georgia Harlow 9-10		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals	:42.47		:53.26	:57.90	1:52.77					
WAVES @ SWIM MARIN	05/03/2014 Finals	:40.52		:50.94		1:46.30					
WAVES @ MARINWOOD	05/10/2014 Finals	:40.22		:50.18		1:47.60					
TERRA LINDA @ WAVES	05/17/2014 Finals	:40.17		:56.73		1:42.10					
WAVES @ SHST	06/07/2014 Finals		:53.59	:52.53							
LVST @ WAVES	06/14/2014 Finals	:42.14	:52.63	:49.83							
SVSS @ WAVES	06/28/2014 Finals	:40.94	:51.24	:49.04							
2014 MARIN SWIM LEAG	07/12/2014 Finals	:39.54	:53.05	:49.37							
Piper Harvey 9-10		50 FR	50 BA	50 BR							
2014 TIME TRIALS	04/26/2014 Finals	:59.34									
TERRA LINDA @ WAVES	05/17/2014 Finals	:50.58	:59.00	1:00.00							
NOVATO @ WAVES	05/31/2014 Finals	:51.32	1:01.21	:54.50							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Stella Hawthorne 9-10		50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals	:38.09										
WAVES @ SWIM MARIN	05/03/2014 Finals	:37.91	:49.16	:56.24								
WAVES @ MARINWOOD	05/10/2014 Finals	:38.65	:49.01		1:39.53							
TERRA LINDA @ WAVES	05/17/2014 Finals	:36.70	:45.11	:56.42								
NOVATO @ WAVES	05/31/2014 Finals	:36.87	:45.73									
WAVES @ SHST	06/07/2014 Finals	:38.34	:46.81	:54.28								
LVST @ WAVES	06/14/2014 Finals	:36.19	:47.56									
SVSS @ WAVES	06/28/2014 Finals	:34.46	:44.45	:51.12								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:34.82	:45.80	:49.62								
Emily Holstein 9-10		50 FR	50 BA									
2014 TIME TRIALS	04/26/2014 Finals	:58.85										
WAVES @ SWIM MARIN	05/03/2014 Finals	:57.46	1:16.54									
WAVES @ MARINWOOD	05/10/2014 Finals	:53.32	1:09.26									
TERRA LINDA @ WAVES	05/17/2014 Finals	:53.62	1:08.33									
LVST @ WAVES	06/14/2014 Finals	:56.02	1:01.78									
SVSS @ WAVES	06/28/2014 Finals	:54.46										
Rachel Katz 9-10		50 FR	50 BA	50 BR								
2014 TIME TRIAL MAKE	04/29/2014 Finals	:57.08		1:06.53								
WAVES @ MARINWOOD	05/10/2014 Finals	:54.06	1:05.04									
TERRA LINDA @ WAVES	05/17/2014 Finals	:53.41	1:05.47	:59.82								
NOVATO @ WAVES	05/31/2014 Finals	:50.82	1:01.20									
LVST @ WAVES	06/14/2014 Finals	:49.95	:57.71	:58.71								
DylanElizabeth Kayse 9-10		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014 Finals	:45.01	:53.13	:56.21	1:11.32	2:02.94						
WAVES @ SWIM MARIN	05/03/2014 Finals	:43.59	:50.87	:50.36								
WAVES @ MARINWOOD	05/10/2014 Finals	:40.46		:50.57								
TERRA LINDA @ WAVES	05/17/2014 Finals	:39.73	:45.90	:51.13								
NOVATO @ WAVES	05/31/2014 Finals	:42.50	:46.45	:50.31								
WAVES @ SHST	06/07/2014 Finals	:40.62	:45.45									

Tidalwaves Swim Team

2014 Season

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GROUP: ALL

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Amanda Koepfel		9-10	50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:46.50	:49.72	1:02.12	1:58.26						
WAVES @ SWIM MARIN	05/03/2014 Finals		:45.93	:52.22	:59.58							
WAVES @ MARINWOOD	05/10/2014 Finals		:45.18	:52.22								
TERRA LINDA @ WAVES	05/17/2014 Finals		:45.89	:50.44	:59.00							
NOVATO @ WAVES	05/31/2014 Finals		:46.28	:52.15	:56.73							
WAVES @ SHST	06/07/2014 Finals		:43.66	:48.52								
LVST @ WAVES	06/14/2014 Finals		:46.38	:45.99	:54.40	1:41.57						
SVSS @ WAVES	06/28/2014 Finals			:48.16	:54.13							
2014 MARIN SWIM LEAG	07/12/2014 Finals			:50.96	:56.05	1:48.86						
Sol Ladetzky		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals		:38.48	:45.62	:50.90	:50.68	1:42.66					
WAVES @ SWIM MARIN	05/03/2014 Finals		:37.80	:45.89	:50.79							
WAVES @ MARINWOOD	05/10/2014 Finals			:46.13	:50.27		1:40.25					
TERRA LINDA @ WAVES	05/17/2014 Finals		:38.62	:47.82			1:39.35					
NOVATO @ WAVES	05/31/2014 Finals		:36.58	:45.26			1:33.72					
LVST @ WAVES	06/14/2014 Finals			:43.70	:48.12	:47.75						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:37.74	:44.45			1:34.63					
Annika Layton		9-10	50 FR	50 BA								
2014 TIME TRIALS	04/26/2014 Finals		1:07.36	1:02.87								
WAVES @ SWIM MARIN	05/03/2014 Finals		1:11.08	1:07.90								
WAVES @ MARINWOOD	05/10/2014 Finals		1:06.73									
Emily Lemus		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals		:45.25	:46.58	:52.33	1:01.15	1:54.35					
WAVES @ SWIM MARIN	05/03/2014 Finals		:43.88	:51.73			1:47.52					
WAVES @ MARINWOOD	05/10/2014 Finals			:49.87	:49.29		1:46.35					
TERRA LINDA @ WAVES	05/17/2014 Finals		:41.35		1:00.29		1:45.75					
NOVATO @ WAVES	05/31/2014 Finals		:40.90		:47.61		1:43.00					
WAVES @ SHST	06/07/2014 Finals			:48.51	:47.30		1:40.27					
LVST @ WAVES	06/14/2014 Finals			:47.46	:48.49	:56.65	1:41.68					
SVSS @ WAVES	06/28/2014 Finals		:38.72		:47.59		1:46.38					
2014 MARIN SWIM LEAG	07/12/2014 Finals		:40.07		:48.22		1:43.64					

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Brooke Leslie		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
WAVES @ SWIM MARIN	05/03/2014	Finals	:36.68	:46.31	:48.64								
TERRA LINDA @ WAVES	05/17/2014	Finals	:35.07	:45.70	:46.04		1:39.89						
NOVATO @ WAVES	05/31/2014	Finals	:35.35	:47.54	:45.81								
WAVES @ SHST	06/07/2014	Finals	:35.87		:46.15	:48.46							
LVST @ WAVES	06/14/2014	Finals	:34.83		:46.35		1:34.47						
SVSS @ WAVES	06/28/2014	Finals	:33.81		:46.46		1:36.76						
2014 MARIN SWIM LEAG	07/12/2014	Finals	:35.94		:47.63		1:39.91						
Caroline Lewis		9-10	50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014	Finals	:49.78		1:02.78	2:18.07							
WAVES @ SWIM MARIN	05/03/2014	Finals	:52.66		1:02.66	2:14.63							
WAVES @ MARINWOOD	05/10/2014	Finals	:55.83	1:04.27									
TERRA LINDA @ WAVES	05/17/2014	Finals	:48.60	1:03.87	1:01.87								
NOVATO @ WAVES	05/31/2014	Finals	:46.73	1:06.11	1:05.86								
LVST @ WAVES	06/14/2014	Finals	:51.06	1:03.45	1:00.84								
SVSS @ WAVES	06/28/2014	Finals	:51.32	1:08.00	1:05.76								
Sydney Liebhauser		9-10	50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014	Finals	:53.87	1:24.65	1:11.43								
WAVES @ MARINWOOD	05/10/2014	Finals	:55.20	1:10.56									
TERRA LINDA @ WAVES	05/17/2014	Finals	:50.71	1:08.14									
NOVATO @ WAVES	05/31/2014	Finals	:48.64	1:05.58	:59.18								
WAVES @ SHST	06/07/2014	Finals	:47.71	1:04.23									
LVST @ WAVES	06/14/2014	Finals	:47.66	:58.13	:55.82								
SVSS @ WAVES	06/28/2014	Finals	:44.69	:58.56	:55.94								
2014 MARIN SWIM LEAG	07/12/2014	Finals	:48.27	1:05.44	1:00.45								
Natalie Love		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014	Finals	:35.62	:44.33		:51.06	1:43.82						
WAVES @ SWIM MARIN	05/03/2014	Finals	:37.55	:50.36									
WAVES @ MARINWOOD	05/10/2014	Finals	:35.75	:46.54	:48.55								
TERRA LINDA @ WAVES	05/17/2014	Finals	:34.43	:44.76	1:03.06								
NOVATO @ WAVES	05/31/2014	Finals	:36.39	:45.35	:48.76		1:38.97						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Chloe Morand 9-10		50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014 Finals	:43.27	:53.74									
TERRA LINDA @ WAVES	05/17/2014 Finals	:44.03		:54.08								
NOVATO @ WAVES	05/31/2014 Finals	:41.61	:52.14	:48.88								
SVSS @ WAVES	06/28/2014 Finals	:44.13		:51.27								
Katherine O'Connor 9-10		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:39.04	:45.64	1:03.38	:49.33	1:43.00						
WAVES @ MARINWOOD	05/10/2014 Finals	:37.62	:46.61									
TERRA LINDA @ WAVES	05/17/2014 Finals	:36.64	:46.39									
NOVATO @ WAVES	05/31/2014 Finals	:37.74	:46.14			1:36.04						
WAVES @ SHST	06/07/2014 Finals	:37.19	:49.17			1:37.52						
LVST @ WAVES	06/14/2014 Finals	:34.64	:46.03		:44.50							
Abby O'Neil 9-10		50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014 Finals	1:00.21		1:12.49								
WAVES @ SWIM MARIN	05/03/2014 Finals	:53.09	:59.69	1:02.53								
WAVES @ MARINWOOD	05/10/2014 Finals	:51.90		1:01.94								
TERRA LINDA @ WAVES	05/17/2014 Finals	:51.51	:55.12	1:01.81								
NOVATO @ WAVES	05/31/2014 Finals			:51.80								
WAVES @ SHST	06/07/2014 Finals	:52.39	:53.27									
LVST @ WAVES	06/14/2014 Finals	:49.44	:54.51	1:01.52								
SVSS @ WAVES	06/28/2014 Finals	:48.85	:51.60	1:00.10								
CeCe Paine 9-10		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:36.42	:46.00	:45.68	:49.02	1:34.96						
WAVES @ SWIM MARIN	05/03/2014 Finals	:36.68		:44.61		1:30.07						
WAVES @ MARINWOOD	05/10/2014 Finals	:37.32		:45.74		1:30.90						
TERRA LINDA @ WAVES	05/17/2014 Finals	:36.86		:42.80		1:29.86						
NOVATO @ WAVES	05/31/2014 Finals	:37.30		:45.58		1:31.87						
WAVES @ SHST	06/07/2014 Finals	:36.68		:43.98		1:30.12						
LVST @ WAVES	06/14/2014 Finals	:36.13		:45.00		1:32.50						
2014 ALL STARS	06/21/2014 Finals			:45.52		1:31.65						
SVSS @ WAVES	06/28/2014 Finals	:36.21		:45.76		1:31.34						
2014 MARIN SWIM LEAG	07/12/2014 Finals	:36.36		:44.99		1:32.10						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Gretchen Park		9-10	50 FR	50 BA	50 FLY							
2014 TIME TRIALS	04/26/2014 Finals				1:06.71							
WAVES @ SWIM MARIN	05/03/2014 Finals		:52.22	:52.99	1:08.50							
WAVES @ MARINWOOD	05/10/2014 Finals		:51.15	:52.60	1:14.36							
NOVATO @ WAVES	05/31/2014 Finals		:47.05	:53.05								
WAVES @ SHST	06/07/2014 Finals		:56.27	:51.29								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:44.80	:59.30	:54.37							
Molly Pitts		9-10	50 FR	50 BA	50 BR	100 I.M.						
WAVES @ MARINWOOD	05/10/2014 Finals		:40.02	:46.70	:49.69							
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.75	:45.05	:49.85							
NOVATO @ WAVES	05/31/2014 Finals		:37.43	:42.43		1:33.62						
WAVES @ SHST	06/07/2014 Finals		:37.39	:43.57		1:36.03						
LVST @ WAVES	06/14/2014 Finals		:36.26	:42.05	:48.01							
2014 ALL STARS	06/21/2014 Finals			:41.61								
SVSS @ WAVES	06/28/2014 Finals				:47.31	1:31.23						
2014 MARIN SWIM LEAG	07/12/2014 Finals			:38.99	:48.16	1:30.75						
Emilia Puccinelli		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals		:41.47	:51.99	1:03.12	1:05.01	2:02.19					
WAVES @ SWIM MARIN	05/03/2014 Finals		:43.31	:51.49								
WAVES @ MARINWOOD	05/10/2014 Finals		:41.78	:53.76			1:58.34					
LVST @ WAVES	06/14/2014 Finals		:41.27	:48.93			1:48.98					
SVSS @ WAVES	06/28/2014 Finals		:40.16	:47.16			1:46.54					
2014 MARIN SWIM LEAG	07/12/2014 Finals		:41.63	:49.30			1:51.11					
Maddie Redmond		9-10	50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014 Finals		:47.03	:56.05	:58.04	2:12.10						
WAVES @ SWIM MARIN	05/03/2014 Finals		:44.56	:58.35	:56.46							
WAVES @ MARINWOOD	05/10/2014 Finals		:49.66	:57.87								
TERRA LINDA @ WAVES	05/17/2014 Finals		:45.07	:54.71	:55.62							
NOVATO @ WAVES	05/31/2014 Finals		:45.09	:55.51								
WAVES @ SHST	06/07/2014 Finals		:46.24		:55.07	2:01.69						
LVST @ WAVES	06/14/2014 Finals		:47.60	:54.61	:52.75							
2014 MARIN SWIM LEAG	07/12/2014 Finals		:48.85	:52.28	:59.33							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Erin Roddy		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:39.09	:47.12	:50.96	:48.59	1:40.01						
WAVES @ SWIM MARIN	05/03/2014 Finals		:40.02		:49.26		1:38.38						
WAVES @ MARINWOOD	05/10/2014 Finals		:39.08		:48.42		1:34.53						
TERRA LINDA @ WAVES	05/17/2014 Finals		:38.92	:44.24	:48.04		1:35.33						
NOVATO @ WAVES	05/31/2014 Finals			:45.09	:46.43		1:33.29						
LVST @ WAVES	06/14/2014 Finals			:45.36	:46.21		1:36.26						
Kendra Rodgers		9-10	50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals					1:53.85							
2014 TIME TRIAL MAKE	04/29/2014 Finals		:49.82	:55.32	:56.59								
WAVES @ SWIM MARIN	05/03/2014 Finals		:49.84		:51.96	1:55.61							
TERRA LINDA @ WAVES	05/17/2014 Finals		:47.22		:52.27	1:52.40							
NOVATO @ WAVES	05/31/2014 Finals		:50.31		:53.93	2:00.31							
WAVES @ SHST	06/07/2014 Finals		:48.90	:55.08	:51.66								
LVST @ WAVES	06/14/2014 Finals		:47.71	:51.78	:53.45								
SVSS @ WAVES	06/28/2014 Finals		:48.58	:51.92	:51.46								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:46.15	:55.35	:52.78								
Aliyah San Andres		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:53.44	:58.43	1:08.82								
WAVES @ SWIM MARIN	05/03/2014 Finals		:54.33	:56.94									
WAVES @ MARINWOOD	05/10/2014 Finals		:49.85	:57.28		1:06.63							
TERRA LINDA @ WAVES	05/17/2014 Finals		:50.50	:57.55									
NOVATO @ WAVES	05/31/2014 Finals		:48.91	:59.41			2:08.58						
LVST @ WAVES	06/14/2014 Finals		:43.16	:54.33			1:59.44						
SVSS @ WAVES	06/28/2014 Finals		:43.46	:51.69	:55.72								
2014 MARIN SWIM LEAG	07/12/2014 Finals				:58.55		2:00.77						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

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Hannah Slaughter		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014		:39.13	:48.62	:46.65	:52.55	1:38.30						
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:36.49		:45.61		1:34.01						
	Finals												
WAVES @ MARINWOOD	05/10/2014		:36.36		:45.98		1:35.73						
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:35.70		:45.07		1:33.56						
	Finals												
WAVES @ SHST	06/07/2014		:35.72	:43.45			1:29.08						
	Finals												
LVST @ WAVES	06/14/2014		:35.38	:43.88		:43.48	1:28.78						
	Finals												
2014 ALL STARS	06/21/2014				:44.33		1:28.67						
	Finals												
SVSS @ WAVES	06/28/2014			:43.34	:44.17		1:28.19						
	Finals												
2014 MARIN SWIM LEAG	07/12/2014			:44.43	:44.24		1:27.32						
	Finals												
Katherine Stein		9-10	50 FR	50 BA	50 BR	100 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014		:47.65	:57.38	1:01.95	2:11.37							
	Finals												
WAVES @ SWIM MARIN	05/03/2014			:54.14	:59.73	2:03.33							
	Finals												
WAVES @ MARINWOOD	05/10/2014				:59.79	2:02.43							
	Finals												
TERRA LINDA @ WAVES	05/17/2014			:51.45	:58.81	2:00.79							
	Finals												
NOVATO @ WAVES	05/31/2014			:56.79	:58.79	2:00.20							
	Finals												
WAVES @ SHST	06/07/2014		:45.10	:54.76	:58.82								
	Finals												
LVST @ WAVES	06/14/2014			:55.13	1:00.91	2:03.34							
	Finals												
Gemma Strauss		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014		:40.66	:50.39	:51.08	:53.23							
	Finals												
WAVES @ SWIM MARIN	05/03/2014			:48.16	:48.78		1:40.10						
	Finals												
WAVES @ MARINWOOD	05/10/2014			:47.99	:48.34		1:41.84						
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:40.22		:49.15		1:44.00						
	Finals												
NOVATO @ WAVES	05/31/2014				:49.59		1:39.80						
	Finals												
LVST @ WAVES	06/14/2014			:48.26	:49.48		1:42.08						
	Finals												
SVSS @ WAVES	06/28/2014		:39.86	:48.45	:49.10								
	Finals												
2014 MARIN SWIM LEAG	07/12/2014			:50.11			1:42.87						
	Finals												

Tidalwaves Swim Team

2014 Season

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Lulu Sunshine		9-10	50 FR	50 FLY	100 I.M.								
WAVES @ MARINWOOD	05/10/2014		:37.32	:42.62	1:36.77								
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:38.29	:41.50	1:36.65								
	Finals												
NOVATO @ WAVES	05/31/2014		:38.45	:39.65	1:35.63								
	Finals												
WAVES @ SHST	06/07/2014		:36.31	:42.48	1:31.02								
	Finals												
LVST @ WAVES	06/14/2014		:36.56	:40.09	1:28.63								
	Finals												
2014 ALL STARS	06/21/2014			:40.15	1:31.22								
	Finals												
SVSS @ WAVES	06/28/2014		:36.71	:39.80	1:32.62								
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:36.78	:41.35	1:34.04								
	Finals												
Renee Wahbeh		9-10	50 FR	50 BA	50 FLY	100 I.M.							
2014 TIME TRIALS	04/26/2014		:47.08	1:00.51	:58.87	2:14.13							
	Finals												
WAVES @ MARINWOOD	05/10/2014		:46.72		:54.97								
	Finals												
NOVATO @ WAVES	05/31/2014		:43.28		:53.13	2:01.02							
	Finals												
Libby Walsh		9-10	50 FR	50 BA	50 BR	50 FLY							
2014 TIME TRIALS	04/26/2014		:38.06	:46.73									
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:37.98	:47.60									
	Finals												
WAVES @ MARINWOOD	05/10/2014		:36.97	:47.43	:53.77								
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:38.00	:44.81	:55.93								
	Finals												
NOVATO @ WAVES	05/31/2014		:37.60	:47.55	:53.21								
	Finals												
WAVES @ SHST	06/07/2014		:36.07	:43.90	:52.47								
	Finals												
LVST @ WAVES	06/14/2014		:35.36	:46.15	:51.83								
	Finals												
SVSS @ WAVES	06/28/2014		:37.24	:43.92		:46.13							
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:36.91	:43.35		:54.74							
	Finals												
Kallen Wank		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014		:41.00	:50.18	:54.31	:53.79	1:49.45						
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:39.77		:50.66		1:44.97						
	Finals												
WAVES @ MARINWOOD	05/10/2014		:38.89	:52.11	:53.30								
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:39.59		:51.63	:51.86							
	Finals												
NOVATO @ WAVES	05/31/2014		:40.57		:48.48		1:47.96						
	Finals												
WAVES @ SHST	06/07/2014		:39.73		:49.51	:48.86							
	Finals												
LVST @ WAVES	06/14/2014		:37.50		:48.73		1:38.80						
	Finals												

Tidalwaves Swim Team

2014 Season

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Lainey Wank		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:53.03	1:00.07		1:13.61	2:15.96						
WAVES @ SWIM MARIN	05/03/2014 Finals		:49.24		1:04.18		2:02.81						
WAVES @ MARINWOOD	05/10/2014 Finals		:50.82			1:01.50	2:06.32						
TERRA LINDA @ WAVES	05/17/2014 Finals		:46.62	:57.84	1:00.64								
NOVATO @ WAVES	05/31/2014 Finals		:47.11		:57.53								
WAVES @ SHST	06/07/2014 Finals		:47.13		1:00.29	1:07.42							
LVST @ WAVES	06/14/2014 Finals		:45.40		1:00.64		1:58.76						
Shelby Weingart		9-10	50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals		:39.38	:54.15	:59.78	1:48.24							
WAVES @ MARINWOOD	05/10/2014 Finals		:39.44	:52.66	:56.77								
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.90	:52.34		1:50.12							
WAVES @ SHST	06/07/2014 Finals		:41.44	:55.29		1:55.17							
LVST @ WAVES	06/14/2014 Finals		:39.94		1:01.02								
Munroe West		9-10	50 FR	50 BA									
2014 TIME TRIALS	04/26/2014 Finals		1:43.86	1:17.47									
Paige Witte		9-10	50 FR	50 BA									
2014 TIME TRIALS	04/26/2014 Finals		:51.31	1:01.97									
WAVES @ SWIM MARIN	05/03/2014 Finals		:51.35	:56.83									
WAVES @ MARINWOOD	05/10/2014 Finals		:50.62	:57.63									
NOVATO @ WAVES	05/31/2014 Finals		:47.75	:53.78									
WAVES @ SHST	06/07/2014 Finals		:48.53	:54.28									
LVST @ WAVES	06/14/2014 Finals		:45.26	:54.18									
SVSS @ WAVES	06/28/2014 Finals		:44.68	:53.75									
2014 MARIN SWIM LEAG	07/12/2014 Finals		:46.61	:54.02									

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Ruby Wolfers		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:37.71	:44.11	:47.92	:46.50	1:35.83						
WAVES @ MARINWOOD	05/10/2014 Finals			:43.34		:43.84	1:34.82						
TERRA LINDA @ WAVES	05/17/2014 Finals		:36.64	:42.01		:41.69							
NOVATO @ WAVES	05/31/2014 Finals		:36.56		:43.72	:42.27	1:31.18						
WAVES @ SHST	06/07/2014 Finals		:36.59			:41.84							
LVST @ WAVES	06/14/2014 Finals				:44.19	:41.00	1:29.28						
2014 ALL STARS	06/21/2014 Finals				:43.51	:42.75	1:28.98						
SVSS @ WAVES	06/28/2014 Finals		:34.13	:41.79	:41.64		1:24.00						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:34.30		:42.18		1:25.71						
Indie Adamich		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:40.78	:47.20	:53.78	:52.48	1:43.54						
WAVES @ SWIM MARIN	05/03/2014 Finals		:40.00		:52.60		1:48.72						
WAVES @ MARINWOOD	05/10/2014 Finals		:43.30	:47.82	:53.74								
TERRA LINDA @ WAVES	05/17/2014 Finals		:42.31	:45.95	:53.11								
NOVATO @ WAVES	05/31/2014 Finals		:41.28	:43.37	:55.31								
WAVES @ SHST	06/07/2014 Finals		:39.49	:44.58	:55.04								
LVST @ WAVES	06/14/2014 Finals		:40.46	:42.59	:52.93								
SVSS @ WAVES	06/28/2014 Finals		:45.53	:44.18	:54.16								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:38.19	:44.47	:54.54								
Devin Bosley		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:33.07	:42.50	:50.33	:42.90	1:29.02						
WAVES @ SWIM MARIN	05/03/2014 Finals		:33.67			:39.28	1:26.98						
WAVES @ MARINWOOD	05/10/2014 Finals		:34.05			:40.81	1:28.81						
TERRA LINDA @ WAVES	05/17/2014 Finals		:32.61		:47.88	:38.97	1:24.69						
NOVATO @ WAVES	05/31/2014 Finals		:32.81		:46.80								
LVST @ WAVES	06/14/2014 Finals			:41.03		:41.47	1:26.62						
SVSS @ WAVES	06/28/2014 Finals		:33.22			:39.11	1:25.12						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:32.10			:39.47	1:26.18						
Tali Callan		11-12	50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIAL MAKE	04/29/2014 Finals		:37.77	:48.07	:56.03	1:47.75							
TERRA LINDA @ WAVES	05/17/2014 Finals		:34.49	:43.13		1:38.63							
NOVATO @ WAVES	05/31/2014 Finals		:38.90	:45.53	:50.68								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Darragh Carobene 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:32.32	:41.27		:39.19	1:31.31						
WAVES @ SWIM MARIN	05/03/2014 Finals	:33.93			:37.88	1:26.42						
WAVES @ MARINWOOD	05/10/2014 Finals	:33.63			:36.94	1:24.45						
TERRA LINDA @ WAVES	05/17/2014 Finals	:33.62			:36.81	1:22.46						
NOVATO @ WAVES	05/31/2014 Finals	:32.54			:36.51	1:24.73						
WAVES @ SHST	06/07/2014 Finals			:43.85	:38.54	1:29.19						
LVST @ WAVES	06/14/2014 Finals	:32.43	:39.60		:37.97	1:24.61						
SVSS @ WAVES	06/28/2014 Finals	:33.82			:34.97	1:22.76						
2014 MARIN SWIM LEAG	07/12/2014 Finals	:33.18			:38.04	1:21.98						
Emma Carpenter 11-12		50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals		:57.96									
WAVES @ SWIM MARIN	05/03/2014 Finals	:44.65	1:00.64	:52.93								
WAVES @ MARINWOOD	05/10/2014 Finals	:44.91	1:00.81									
TERRA LINDA @ WAVES	05/17/2014 Finals	:46.93	:57.82	:51.11								
NOVATO @ WAVES	05/31/2014 Finals	:43.56	:59.22	:49.49								
WAVES @ SHST	06/07/2014 Finals	:46.63		:51.35	1:51.98							
Ava DeVilbiss 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:30.53	:35.61	:47.11	:40.23	1:24.19						
WAVES @ SWIM MARIN	05/03/2014 Finals	:30.96	:36.04			1:23.04						
WAVES @ MARINWOOD	05/10/2014 Finals	:30.76	:35.80			1:24.31						
TERRA LINDA @ WAVES	05/17/2014 Finals	:31.08	:35.01			1:23.16						
NOVATO @ WAVES	05/31/2014 Finals	:29.63	:35.47			1:23.03						
WAVES @ SHST	06/07/2014 Finals	:30.25	:35.06			1:22.09						
LVST @ WAVES	06/14/2014 Finals	:29.76	:33.97									
SVSS @ WAVES	06/28/2014 Finals	:30.55	:34.59			1:20.66						
2014 MARIN SWIM LEAG	07/12/2014 Finals	:30.20	:34.84			1:20.62						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Alexandra Fister		11-12	50 FR	50 BA	50 BR							
WAVES @ SWIM MARIN	05/03/2014		:34.68	:49.81	:45.28							
	Finals											
WAVES @ MARINWOOD	05/10/2014		:36.33	:49.93	:44.84							
	Finals											
TERRA LINDA @ WAVES	05/17/2014		:34.99	:46.00	:42.99							
	Finals											
NOVATO @ WAVES	05/31/2014		:37.51	:47.80	:44.66							
	Finals											
WAVES @ SHST	06/07/2014		:36.63	:49.34	:44.51							
	Finals											
SVSS @ WAVES	06/28/2014		:35.19	:49.27	:46.52							
	Finals											
Nicole Fuches		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014		:35.45	:43.48	:50.42	:51.25	1:37.67					
	Finals											
TERRA LINDA @ WAVES	05/17/2014		:35.87	:43.63			1:34.92					
	Finals											
NOVATO @ WAVES	05/31/2014			:42.36	:50.46		1:36.30					
	Finals											
2014 MARIN SWIM LEAG	07/12/2014		:34.68		:46.42		1:32.60					
	Finals											
Alicia Helmer		11-12	50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014		:32.84	:39.08	:44.66	1:27.20						
	Finals											
WAVES @ SWIM MARIN	05/03/2014		:32.66	:40.03								
	Finals											
TERRA LINDA @ WAVES	05/17/2014		:31.88	:40.28	:44.01							
	Finals											
NOVATO @ WAVES	05/31/2014		:33.91	:41.11		1:25.78						
	Finals											
WAVES @ SHST	06/07/2014		:32.57		:42.93	1:26.49						
	Finals											
LVST @ WAVES	06/14/2014		:33.79	:38.07	:42.24							
	Finals											
SVSS @ WAVES	06/28/2014		:33.59	:39.02		1:22.91						
	Finals											
Haley Johnson		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014		:34.08	:41.39	:46.29	:40.72	1:30.10					
	Finals											
WAVES @ SWIM MARIN	05/03/2014			:40.44	:46.11		1:26.49					
	Finals											
WAVES @ MARINWOOD	05/10/2014			:41.31	:46.76							
	Finals											
TERRA LINDA @ WAVES	05/17/2014		:34.99	:41.88			1:26.98					
	Finals											
LVST @ WAVES	06/14/2014		:35.41	:40.99			1:28.99					
	Finals											

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Amy Jordan		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:38.55	:47.67	:47.62	:44.56	1:40.05						
WAVES @ SWIM MARIN	05/03/2014 Finals				:48.08	:45.65	1:39.11						
WAVES @ MARINWOOD	05/10/2014 Finals		:38.65		:47.57	:45.95							
TERRA LINDA @ WAVES	05/17/2014 Finals		:39.08		:48.78		1:37.06						
NOVATO @ WAVES	05/31/2014 Finals		:38.35		:48.90		1:37.84						
WAVES @ SHST	06/07/2014 Finals		:39.46		:48.16	:46.00							
LVST @ WAVES	06/14/2014 Finals		:38.66	:48.40		:43.80							
SVSS @ WAVES	06/28/2014 Finals		:39.68		:49.56	:46.40	1:38.52						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:38.64		:48.53		1:38.10						
Rachel Jordan		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:32.39	:40.70	:43.99	:44.64	1:31.19						
WAVES @ SWIM MARIN	05/03/2014 Finals				:43.58	:41.52	1:29.52						
WAVES @ MARINWOOD	05/10/2014 Finals		:33.57		:44.98	:42.62							
TERRA LINDA @ WAVES	05/17/2014 Finals		:33.29		:43.38		1:26.10						
NOVATO @ WAVES	05/31/2014 Finals		:33.00		:43.12		1:25.12						
WAVES @ SHST	06/07/2014 Finals		:33.34		:44.35		1:26.23						
LVST @ WAVES	06/14/2014 Finals		:31.88		:42.56	:40.28							
SVSS @ WAVES	06/28/2014 Finals		:32.45		:42.47	:40.15							
2014 MARIN SWIM LEAG	07/12/2014 Finals		:32.30		:42.32		1:27.50						
Camille Karner		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014 Finals		:39.94	:50.82	:49.53	:55.21	1:50.88						
WAVES @ SWIM MARIN	05/03/2014 Finals		:38.65										
WAVES @ MARINWOOD	05/10/2014 Finals		:38.70		:47.76		1:44.52						
TERRA LINDA @ WAVES	05/17/2014 Finals		:38.44		:47.80		1:39.91						
NOVATO @ WAVES	05/31/2014 Finals		:38.71		:47.97		1:42.16						
SVSS @ WAVES	06/28/2014 Finals		:37.00		:48.86		1:40.93						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:36.83		:47.36		1:40.17						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Caitlin Kawamura		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:30.60	:39.83	:43.24	:36.97	1:25.03						
WAVES @ SWIM MARIN	05/03/2014 Finals		:31.52			:36.27	1:23.81						
WAVES @ MARINWOOD	05/10/2014 Finals		:31.03			:36.16	1:23.65						
TERRA LINDA @ WAVES	05/17/2014 Finals		:30.40	:38.78		:36.71	1:20.67						
NOVATO @ WAVES	05/31/2014 Finals		:30.51	:38.06		:36.29	1:20.25						
WAVES @ SHST	06/07/2014 Finals		:31.03	:39.26			1:22.95						
LVST @ WAVES	06/14/2014 Finals		:30.72	:37.27			1:22.57						
2014 ALL STARS	06/21/2014 Finals		:30.40	:38.33									
SVSS @ WAVES	06/28/2014 Finals		:30.03		:43.00	:37.00	1:22.83						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:30.72			:36.43	1:21.46						
Anya Klein		11-12	50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014 Finals		:53.29										
WAVES @ SWIM MARIN	05/03/2014 Finals		:52.45	:57.85									
WAVES @ MARINWOOD	05/10/2014 Finals		:51.82		:59.95								
TERRA LINDA @ WAVES	05/17/2014 Finals		:52.89		:58.35								
NOVATO @ WAVES	05/31/2014 Finals		:50.90		:57.71								
LVST @ WAVES	06/14/2014 Finals			:55.12									
SVSS @ WAVES	06/28/2014 Finals			:55.73									
Juliet Kvam		11-12	50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIAL MAKE	04/29/2014 Finals		:39.41	:45.71	:51.91	1:48.28							
WAVES @ SWIM MARIN	05/03/2014 Finals		:35.09	:46.12	:46.54								
WAVES @ MARINWOOD	05/10/2014 Finals		:35.70	:45.51	:49.13								
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.34	:44.23	:48.56								
NOVATO @ WAVES	05/31/2014 Finals		:34.42	:46.28	:48.80								
WAVES @ SHST	06/07/2014 Finals		:35.78	:44.70									
LVST @ WAVES	06/14/2014 Finals		:34.18	:46.46	:48.05								
SVSS @ WAVES	06/28/2014 Finals		:33.47		:48.80								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Skyy Latchford		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:35.81		:49.92		1:36.01						
WAVES @ SWIM MARIN	05/03/2014 Finals				:51.12	:48.22	1:35.94						
WAVES @ MARINWOOD	05/10/2014 Finals		:35.89	:43.63	:53.13								
TERRA LINDA @ WAVES	05/17/2014 Finals		:35.65	:42.89			1:36.23						
NOVATO @ WAVES	05/31/2014 Finals			1:02.52									
WAVES @ SHST	06/07/2014 Finals		:37.08			:46.76	1:36.07						
SVSS @ WAVES	06/28/2014 Finals		:35.84	:42.74			1:35.16						
Nina Lauducci		11-12	50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014 Finals		:55.99	1:03.51	1:09.58								
WAVES @ SWIM MARIN	05/03/2014 Finals		:44.77	:58.36	1:00.97								
WAVES @ MARINWOOD	05/10/2014 Finals		:52.65	:57.41	1:05.20								
TERRA LINDA @ WAVES	05/17/2014 Finals		:48.27	:55.38	:59.58								
NOVATO @ WAVES	05/31/2014 Finals		:48.07	:53.52	1:01.43								
LVST @ WAVES	06/14/2014 Finals		:46.29	:52.70	:58.90								
Makayla Lee		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:32.81	:42.92	:40.54		1:29.88						
WAVES @ SWIM MARIN	05/03/2014 Finals		:33.03		:40.64		1:27.23						
WAVES @ MARINWOOD	05/10/2014 Finals		:32.22		:39.83	:42.66							
TERRA LINDA @ WAVES	05/17/2014 Finals		:31.61		:39.22		1:24.00						
NOVATO @ WAVES	05/31/2014 Finals		:32.38		:39.22		1:25.63						
WAVES @ SHST	06/07/2014 Finals		:33.12		:40.46								
LVST @ WAVES	06/14/2014 Finals		:32.06		:40.34								
2014 ALL STARS	06/21/2014 Finals				:39.21								
SVSS @ WAVES	06/28/2014 Finals		:32.65		:39.74		1:24.70						

Tidalwaves Swim Team

2014 Season

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Taylor Leslie		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014		:31.18	:43.44	:37.83	:35.96	1:20.83						
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:31.54		:37.07		1:17.26						
	Finals												
WAVES @ MARINWOOD	05/10/2014		:31.15		:36.70	:34.63							
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:30.56										
	Finals												
NOVATO @ WAVES	05/31/2014				:37.07	:32.95	1:17.06						
	Finals												
LVST @ WAVES	06/14/2014				:35.98	:32.68	1:15.01						
	Finals												
2014 ALL STARS	06/21/2014				:35.56	:32.75	1:15.69						
	Finals												
SVSS @ WAVES	06/28/2014				:36.13	:33.30	1:16.45						
	Finals												
2014 MARIN SWIM LEAG	07/12/2014				:36.19	:32.77	1:15.44						
	Finals												
Amelia Love		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014		:35.63	:46.77	:55.35	:49.94	1:45.99						
	Finals												
WAVES @ SWIM MARIN	05/03/2014		:35.78	:50.36	:54.77								
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:34.71	:48.21		:42.27							
	Finals												
WAVES @ SHST	06/07/2014		:34.86	:49.29									
	Finals												
SVSS @ WAVES	06/28/2014		:34.59										
	Finals												
Maddie Lowe		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014		:32.49	:38.37	:40.06	:39.41	1:23.30						
	Finals												
WAVES @ SWIM MARIN	05/03/2014				:39.91	:39.05	1:21.95						
	Finals												
WAVES @ MARINWOOD	05/10/2014		:33.66		:39.85		1:20.62						
	Finals												
TERRA LINDA @ WAVES	05/17/2014		:33.07		:38.66		1:19.59						
	Finals												
NOVATO @ WAVES	05/31/2014			:39.71	:39.71		1:18.14						
	Finals												
WAVES @ SHST	06/07/2014		:33.15		:38.81		1:23.39						
	Finals												
LVST @ WAVES	06/14/2014		:32.87		:38.49		1:21.09						
	Finals												
2014 ALL STARS	06/21/2014				:36.67		1:16.66						
	Finals												
SVSS @ WAVES	06/28/2014		:31.60		:37.89		1:19.37						
	Finals												
2014 MARIN SWIM LEAG	07/12/2014		:31.96		:38.56		1:18.64						
	Finals												

Tidalwaves Swim Team

2014 Season

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Carmen Monroe Watt 11-12		50 FR	100 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:32.66		:40.62	:42.79	1:24.81						
WAVES @ SWIM MARIN	05/03/2014 Finals		1:13.80		:41.01	1:24.54						
WAVES @ MARINWOOD	05/10/2014 Finals	:32.25			:40.50	1:23.89						
TERRA LINDA @ WAVES	05/17/2014 Finals	:31.97			:40.76	1:25.11						
NOVATO @ WAVES	05/31/2014 Finals	:32.06										
WAVES @ SHST	06/07/2014 Finals	:31.34			:39.38	1:22.21						
Rachel Mueller 11-12		50 FR	50 BA	50 BR								
2014 TIME TRIALS	04/26/2014 Finals	:44.12		:52.75								
WAVES @ SWIM MARIN	05/03/2014 Finals	:41.42	:53.62	:50.77								
WAVES @ MARINWOOD	05/10/2014 Finals	:42.54	:52.37	:51.60								
TERRA LINDA @ WAVES	05/17/2014 Finals	:41.85	:52.16	:51.79								
NOVATO @ WAVES	05/31/2014 Finals	:40.05	:49.89	:51.56								
WAVES @ SHST	06/07/2014 Finals	:41.61	:54.16	:49.44								
LVST @ WAVES	06/14/2014 Finals	:39.80	:49.98	:48.66								
SVSS @ WAVES	06/28/2014 Finals	:37.93	:48.78	:50.92								
Natalie Norstad 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:33.04	:37.00	:48.66	:42.15	1:29.10						
NOVATO @ WAVES	05/31/2014 Finals	:34.02	:38.99			1:26.98						
WAVES @ SHST	06/07/2014 Finals		:38.57		:38.67	1:27.48						
LVST @ WAVES	06/14/2014 Finals	:33.56	:38.78		:38.50	1:26.00						
2014 MARIN SWIM LEAG	07/12/2014 Finals	:33.05	:40.47			1:26.28						
Alexandra Polidora 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:37.47	:45.00	:45.94	:44.15	1:35.10						
WAVES @ SWIM MARIN	05/03/2014 Finals	:37.33		:44.11		1:30.49						
WAVES @ MARINWOOD	05/10/2014 Finals	:37.08	:45.48	:43.80								
WAVES @ SHST	06/07/2014 Finals	:34.89		:42.74		1:26.40						
LVST @ WAVES	06/14/2014 Finals	:34.04	:40.99	:41.17		1:25.04						
SVSS @ WAVES	06/28/2014 Finals				:39.98	1:27.17						
2014 MARIN SWIM LEAG	07/12/2014 Finals			:42.32	:40.47	1:26.70						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Cassidy Rodgers		11-12	50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIAL MAKE	04/29/2014	Finals	:41.03	:45.56	:50.51	1:41.63						
WAVES @ SWIM MARIN	05/03/2014	Finals	:36.82									
WAVES @ MARINWOOD	05/10/2014	Finals	:37.81		:48.34	1:34.85						
TERRA LINDA @ WAVES	05/17/2014	Finals	:35.68		:46.70	1:31.16						
WAVES @ SHST	06/07/2014	Finals	:35.88		:47.83	1:34.93						
LVST @ WAVES	06/14/2014	Finals	:37.38	:43.10	:47.97							
SVSS @ WAVES	06/28/2014	Finals		:41.67	:48.58	1:37.02						
2014 MARIN SWIM LEAG	07/12/2014	Finals	:35.41	:44.03	:48.29							
Miya Schilz		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014	Finals	:32.27	:38.90	:46.62	:43.30	1:32.11					
WAVES @ SWIM MARIN	05/03/2014	Finals		:36.67		:38.63	1:25.19					
WAVES @ MARINWOOD	05/10/2014	Finals		:37.21		:42.35	1:25.54					
TERRA LINDA @ WAVES	05/17/2014	Finals		:37.32		:43.11	1:26.07					
NOVATO @ WAVES	05/31/2014	Finals	:31.27									
WAVES @ SHST	06/07/2014	Finals	:31.48	:37.32		:39.45						
LVST @ WAVES	06/14/2014	Finals	:32.57			:39.64	1:23.03					
2014 ALL STARS	06/21/2014	Finals		:36.39								
SVSS @ WAVES	06/28/2014	Finals	:31.36	:37.67		:38.74	1:23.67					
2014 MARIN SWIM LEAG	07/12/2014	Finals	:31.55	:36.62			1:23.36					
Genevieve Schlick		11-12	50 FR	50 BA	50 BR							
2014 TIME TRIALS	04/26/2014	Finals	:37.92	:50.51								
WAVES @ MARINWOOD	05/10/2014	Finals	:38.34									
TERRA LINDA @ WAVES	05/17/2014	Finals	:35.93	:49.59								
NOVATO @ WAVES	05/31/2014	Finals	:38.96	:50.56	:52.38							
WAVES @ SHST	06/07/2014	Finals	:37.95	:53.76								
Ellery Stocker		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014	Finals	:37.07	:45.08	:49.60	:53.04	1:42.57					
WAVES @ SWIM MARIN	05/03/2014	Finals	:37.60	:44.19	:48.50							
WAVES @ MARINWOOD	05/10/2014	Finals	:36.73	:43.45								
TERRA LINDA @ WAVES	05/17/2014	Finals	:34.17	:41.82			1:28.51					
NOVATO @ WAVES	05/31/2014	Finals	:35.75	:41.20			1:25.67					
SVSS @ WAVES	06/28/2014	Finals	:35.73	:41.62	:47.08							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Pearl Thompson		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:36.26	:49.71	1:01.73	:50.76	1:50.41						
WAVES @ SWIM MARIN	05/03/2014 Finals		:36.52			:45.65	1:42.49						
WAVES @ MARINWOOD	05/10/2014 Finals		:37.22			:45.76	1:45.49						
TERRA LINDA @ WAVES	05/17/2014 Finals		:36.47			:46.49	1:42.69						
NOVATO @ WAVES	05/31/2014 Finals		:36.01			:42.40	1:40.29						
WAVES @ SHST	06/07/2014 Finals					:41.85	1:42.83						
LVST @ WAVES	06/14/2014 Finals		:37.82			:43.81	1:40.06						
SVSS @ WAVES	06/28/2014 Finals		:35.53			:42.55	1:43.83						
Kate Wakeman		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:39.12	:48.03	:59.24	:55.34	1:52.40						
WAVES @ SWIM MARIN	05/03/2014 Finals			:48.11		:52.21	1:46.07						
WAVES @ MARINWOOD	05/10/2014 Finals		:41.78	:48.29		:49.44							
TERRA LINDA @ WAVES	05/17/2014 Finals		:42.54		:56.68		1:45.89						
NOVATO @ WAVES	05/31/2014 Finals		:37.66	:47.32			1:45.39						
WAVES @ SHST	06/07/2014 Finals		:39.94		:57.27								
LVST @ WAVES	06/14/2014 Finals		:38.04	:45.91									
SVSS @ WAVES	06/28/2014 Finals		:38.86		:56.78		1:45.02						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:40.39	:47.79			1:44.92						
Cambry Weingart		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals		:39.79	:47.51	:48.66	:46.13	1:38.79						
WAVES @ SWIM MARIN	05/03/2014 Finals		:38.20		:46.21	:44.94							
WAVES @ MARINWOOD	05/10/2014 Finals				:45.74	:45.15	1:35.48						
TERRA LINDA @ WAVES	05/17/2014 Finals		:39.44		:46.08		1:33.89						
NOVATO @ WAVES	05/31/2014 Finals				:43.78	:43.97	1:36.13						
LVST @ WAVES	06/14/2014 Finals		:38.28	:47.70	:45.51								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Megan Bosley 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:36.68	:48.22	:49.94	:47.37	1:40.40						
WAVES @ SWIM MARIN	05/03/2014 Finals	:37.46		:47.61		1:36.92						
WAVES @ MARINWOOD	05/10/2014 Finals	:36.83		:47.89		1:34.57						
TERRA LINDA @ WAVES	05/17/2014 Finals	:35.57		:46.69		1:36.81						
NOVATO @ WAVES	05/31/2014 Finals	:36.81										
WAVES @ SHST	06/07/2014 Finals	:35.92										
LVST @ WAVES	06/14/2014 Finals	:36.55	:47.40	:46.81		1:35.13						
SVSS @ WAVES	06/28/2014 Finals	:36.33		:46.26		1:34.43						
2014 MARIN SWIM LEAG	07/12/2014 Finals	:36.40		:46.45		1:33.65						
Marla Broussard 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:37.14		:48.57	:44.74	1:38.53						
WAVES @ SWIM MARIN	05/03/2014 Finals			:47.98	:42.94	1:34.71						
TERRA LINDA @ WAVES	05/17/2014 Finals	:33.69				1:33.68						
NOVATO @ WAVES	05/31/2014 Finals			:45.67	:40.71	1:35.54						
WAVES @ SHST	06/07/2014 Finals				:40.03	1:37.50						
LVST @ WAVES	06/14/2014 Finals	:34.22	:47.73			1:34.65						
SVSS @ WAVES	06/28/2014 Finals	:34.22			:42.45	1:36.94						
Olivia Carpenter 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:29.89	:35.18									
2014 TIME TRIAL MAKE	04/29/2014 Finals			:42.62	:34.72	1:22.31						
WAVES @ SWIM MARIN	05/03/2014 Finals	:30.46	:37.41		:34.03							
WAVES @ MARINWOOD	05/10/2014 Finals	:30.91	:36.66		:33.06							
TERRA LINDA @ WAVES	05/17/2014 Finals	:29.64	:34.79		:32.45	1:18.37						
NOVATO @ WAVES	05/31/2014 Finals	:29.77	:34.96		:31.66	1:18.26						
WAVES @ SHST	06/07/2014 Finals	:32.92		:41.84		1:19.42						
LVST @ WAVES	06/14/2014 Finals	:30.97		:42.50		1:18.31						

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Bertha Cazares 13-14		50 FR	50 BA	50 BR	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:46.01	:56.28	1:02.69							
WAVES @ SWIM MARIN	05/03/2014 Finals	:42.18	:57.04		1:59.56						
WAVES @ MARINWOOD	05/10/2014 Finals	:43.08	:55.72								
TERRA LINDA @ WAVES	05/17/2014 Finals	:38.93	:48.40		1:46.20						
NOVATO @ WAVES	05/31/2014 Finals	:40.10	:51.70	:52.65							
WAVES @ SHST	06/07/2014 Finals	:41.07	:46.79	:50.94							
LVST @ WAVES	06/14/2014 Finals		:49.19		1:44.08						
SVSS @ WAVES	06/28/2014 Finals	:38.78	:47.97	:49.92							
2014 MARIN SWIM LEAG	07/12/2014 Finals	:40.47		:49.13							
Carolyn Cheng 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIAL MAKE	04/29/2014 Finals	:33.79	:37.31	:47.24	:37.66	1:24.64					
WAVES @ MARINWOOD	05/10/2014 Finals	:31.01	:34.94		:33.79						
TERRA LINDA @ WAVES	05/17/2014 Finals	:29.76	:33.64		:33.34						
NOVATO @ WAVES	05/31/2014 Finals	:30.22	:33.47		:32.69	1:15.49					
WAVES @ SHST	06/07/2014 Finals		:34.58		:33.44	1:16.56					
SVSS @ WAVES	06/28/2014 Finals	:29.44	:33.62		:32.66	1:15.47					
2014 MARIN SWIM LEAG	07/12/2014 Finals		:33.70		:32.42	1:16.10					
Jemima Dominguez 13-14		50 FR	50 FLY	100 I.M.							
WAVES @ SWIM MARIN	05/03/2014 Finals	:33.51	:40.79								
TERRA LINDA @ WAVES	05/17/2014 Finals	:34.07	:37.07	1:28.15							
WAVES @ SHST	06/07/2014 Finals	:33.60									
LVST @ WAVES	06/14/2014 Finals	:33.23	:36.93								
Chloe Fung 13-14		100 FR	50 BR	100 I.M.							
TERRA LINDA @ WAVES	05/17/2014 Finals	1:10.20	:40.58								
NOVATO @ WAVES	05/31/2014 Finals	1:12.50	:39.68	1:19.53							
LVST @ WAVES	06/14/2014 Finals	1:11.32	:39.44	1:20.15							
SVSS @ WAVES	06/28/2014 Finals	1:11.96	:39.53	1:19.98							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Avrelle Harrington 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:41.84	:54.87			1:53.90						
WAVES @ SWIM MARIN	05/03/2014 Finals	:39.96	:51.69			1:54.35						
WAVES @ MARINWOOD	05/10/2014 Finals	:37.06	:49.40		:47.03							
TERRA LINDA @ WAVES	05/17/2014 Finals	:37.16	:47.65		:43.40							
WAVES @ SHST	06/07/2014 Finals	:37.62	:44.18		:42.97							
LVST @ WAVES	06/14/2014 Finals		:42.37	:50.63								
SVSS @ WAVES	06/28/2014 Finals	:34.67	:41.74	:48.80								
Emily Johnson 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:29.84	:37.03	:43.31	:36.89	1:23.13						
TERRA LINDA @ WAVES	05/17/2014 Finals	:30.25	:35.67		:35.20	1:18.67						
NOVATO @ WAVES	05/31/2014 Finals	:29.80	:36.02			1:19.44						
WAVES @ SHST	06/07/2014 Finals	:30.97	:37.12			1:19.17						
LVST @ WAVES	06/14/2014 Finals	:30.34	:35.35			1:17.84						
SVSS @ WAVES	06/28/2014 Finals	:30.26	:36.21			1:21.53						
Kellie Lawler 13-14		50 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals	:31.75	:40.17	:42.25								
TERRA LINDA @ WAVES	05/17/2014 Finals	:31.00		:39.64	1:19.93							
NOVATO @ WAVES	05/31/2014 Finals	:31.06		:39.78	1:20.47							
WAVES @ SHST	06/07/2014 Finals	:30.78		:38.30	1:18.50							
LVST @ WAVES	06/14/2014 Finals	:29.58		:37.98	1:16.12							
2014 ALL STARS	06/21/2014 Finals			:37.62								
SVSS @ WAVES	06/28/2014 Finals	:30.54		:39.28	1:18.11							
Natalia Lazor 13-14		50 FR	50 BA	50 FLY	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals	:32.92		:31.53								
WAVES @ SWIM MARIN	05/03/2014 Finals	:33.82		:38.71	1:28.67							
WAVES @ MARINWOOD	05/10/2014 Finals	:34.73										
TERRA LINDA @ WAVES	05/17/2014 Finals	:32.39										
NOVATO @ WAVES	05/31/2014 Finals	:33.55		:39.62	1:28.12							
WAVES @ SHST	06/07/2014 Finals	:32.35	:46.86									
LVST @ WAVES	06/14/2014 Finals	:33.46	:44.32	:39.38	1:26.10							

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Kate Masterson 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	:29.42	:34.81	:38.90	:32.40	1:16.88						
WAVES @ SWIM MARIN	05/03/2014 Finals	:29.20		:39.09		1:15.70						
WAVES @ MARINWOOD	05/10/2014 Finals			:38.09	:31.92	1:13.82						
TERRA LINDA @ WAVES	05/17/2014 Finals	:28.98	:34.48	:38.21		1:14.62						
NOVATO @ WAVES	05/31/2014 Finals	:28.93		:37.63		1:15.12						
WAVES @ SHST	06/07/2014 Finals	:29.10			:31.10	1:14.65						
LVST @ WAVES	06/14/2014 Finals	:28.58	:33.86									
2014 ALL STARS	06/21/2014 Finals		:34.05	:37.75	:31.07							
SVSS @ WAVES	06/28/2014 Finals	:28.88	:34.54			1:13.23						
2014 MARIN SWIM LEAG	07/12/2014 Finals		:35.15	:38.85	:31.57							
Madi Masterson 13-14												
2014 TIME TRIALS	04/26/2014 Finals	:44.94	1:01.61	1:12.14								
WAVES @ SWIM MARIN	05/03/2014 Finals	:42.26	1:04.51	1:10.98								
WAVES @ MARINWOOD	05/10/2014 Finals	:42.17	1:07.23	1:10.28								
TERRA LINDA @ WAVES	05/17/2014 Finals	:43.27	1:09.50	1:06.41								
NOVATO @ WAVES	05/31/2014 Finals	:42.55	1:02.72	1:11.69								
WAVES @ SHST	06/07/2014 Finals	:41.52	1:01.49	1:08.47								
LVST @ WAVES	06/14/2014 Finals	:42.69	:57.84									
SVSS @ WAVES	06/28/2014 Finals	:41.09	1:03.37	1:10.23								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:42.67		1:09.93								
Glennis Murphy 13-14												
WAVES @ SHST	06/07/2014 Finals	:32.91	:36.82	:32.44								
Monica Knox 15-18												
TERRA LINDA @ WAVES	05/17/2014 Finals	1:13.66	:36.28	1:24.90								
NOVATO @ WAVES	05/31/2014 Finals	1:15.50	:37.50									
Caroline Love 15-18												
TERRA LINDA @ WAVES	05/17/2014 Finals	:57.74	:32.29	1:09.90								
NOVATO @ WAVES	05/31/2014 Finals	1:00.89	:33.06	1:11.73								
WAVES @ SHST	06/07/2014 Finals	1:01.49	:33.82									
2014 ALL STARS	06/21/2014 Finals	1:00.00	:32.81	1:12.23								
SVSS @ WAVES	06/28/2014 Finals	1:00.97	:32.32	1:10.26								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Kalli McConnon 15-18		50 FLY	100 I.M.									
WAVES @ SHST	06/07/2014 Finals	:40.41	1:27.62									
LVST @ WAVES	06/14/2014 Finals		1:28.83									
SVSS @ WAVES	06/28/2014 Finals	:45.10	1:27.25									
Sammy McDonough 15-18		100 FR	50 FLY	100 I.M.								
LVST @ WAVES	06/14/2014 Finals	1:01.75	:30.18									
SVSS @ WAVES	06/28/2014 Finals			1:11.83								
2014 MARIN SWIM LEAG	07/12/2014 Finals		:30.50									
Callie Monroe Watts 15-18		100 FR	50 BR	100 I.M.								
TERRA LINDA @ WAVES	05/17/2014 Finals	1:05.10	:37.10	1:14.56								
WAVES @ SHST	06/07/2014 Finals	1:06.69										
2014 ALL STARS	06/21/2014 Finals		:38.16									
SVSS @ WAVES	06/28/2014 Finals	1:07.26	:37.88	1:19.83								
Charlotte Montoya 15-18		100 FR	50 BR	50 FLY	100 I.M.							
WAVES @ MARINWOOD	05/10/2014 Finals	1:06.23		:33.84	1:17.12							
TERRA LINDA @ WAVES	05/17/2014 Finals	1:07.24		:33.78	1:16.09							
NOVATO @ WAVES	05/31/2014 Finals	1:05.86		:33.40	1:15.11							
WAVES @ SHST	06/07/2014 Finals	1:06.40										
SVSS @ WAVES	06/28/2014 Finals	1:06.69	:41.22	:33.75								
2014 MARIN SWIM LEAG	07/12/2014 Finals	1:05.68		:33.47	1:15.20							
Molly Moritzburke 15-18		100 FR	50 BA	50 FLY								
NOVATO @ WAVES	05/31/2014 Finals	1:02.30	:33.92	:31.07								
LVST @ WAVES	06/14/2014 Finals	1:07.16	:35.53	:34.71								
2014 ALL STARS	06/21/2014 Finals	1:02.21	:33.11	:31.10								
SVSS @ WAVES	06/28/2014 Finals	1:04.00	:33.79									
Courtney Morris 15-18		100 FR	50 BA	50 BR	100 I.M.							
2014 TIME TRIALS	04/26/2014 Finals	1:10.41	:36.14	:39.59	1:19.28							
TERRA LINDA @ WAVES	05/17/2014 Finals	1:10.74	:36.35	:39.23								
NOVATO @ WAVES	05/31/2014 Finals	1:10.24	:36.21	:38.77								
WAVES @ SHST	06/07/2014 Finals		:35.73	:39.34	1:19.73							
LVST @ WAVES	06/14/2014 Finals		:36.29	:40.39	1:20.22							

Tidalwaves Swim Team

2014 Season

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Colette O'Connell-Phi 15-18		100 FR	50 BA	50 FLY	100 I.M.						
2014 TIME TRIALS	04/26/2014 Finals	1:17.30	:43.63								
TERRA LINDA @ WAVES	05/17/2014 Finals	1:18.15	:40.93	:41.72							
NOVATO @ WAVES	05/31/2014 Finals	1:21.24	:44.17	:43.21							
LVST @ WAVES	06/14/2014 Finals	1:19.35	:42.36		1:34.56						
SVSS @ WAVES	06/28/2014 Finals	1:17.50	:43.37	:45.46							
Macrae Sharp 15-18		50 BR	100 I.M.								
TERRA LINDA @ WAVES	05/17/2014 Finals	:39.30	1:16.97								
Adelaide Shunk 15-18		100 FR	50 BA	50 BR	50 FLY	100 I.M.					
WAVES @ SWIM MARIN	05/03/2014 Finals	1:09.28	:36.11	:40.25							
TERRA LINDA @ WAVES	05/17/2014 Finals		:35.96	:42.33	:37.12						
LVST @ WAVES	06/14/2014 Finals	1:08.65	:36.88			1:21.75					
Katie Peoples 13-14		50 FR	50 FLY	100 I.M.							
TERRA LINDA @ WAVES	05/17/2014 Finals	:32.26	:40.94								
NOVATO @ WAVES	05/31/2014 Finals	:34.84	:37.81								
LVST @ WAVES	06/14/2014 Finals	:31.99	:37.60	1:27.86							
SVSS @ WAVES	06/28/2014 Finals	:31.83	:36.75								
2014 MARIN SWIM LEAG	07/12/2014 Finals	:32.62	:37.95								
Jackie Ring 13-14		50 FR	100 FR	50 BA	50 BR	50 FLY	100 I.M.				
WAVES @ SWIM MARIN	05/03/2014 Finals		1:11.85								
WAVES @ MARINWOOD	05/10/2014 Finals	:32.90				:38.30	1:24.42				
TERRA LINDA @ WAVES	05/17/2014 Finals	:32.60									
WAVES @ SHST	06/07/2014 Finals					:37.78	1:23.59				
LVST @ WAVES	06/14/2014 Finals			:37.87	:42.67						
SVSS @ WAVES	06/28/2014 Finals	:31.64		:37.83	:42.63						
Amelia Shunk 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals	:32.92	:43.81	:41.52	:43.56	1:31.17					
WAVES @ SWIM MARIN	05/03/2014 Finals	:36.38		:42.16	:40.07						
TERRA LINDA @ WAVES	05/17/2014 Finals	:34.17									
WAVES @ SHST	06/07/2014 Finals	:33.12	:40.70	:40.99							
LVST @ WAVES	06/14/2014 Finals	:33.22	:41.98								

Tidalwaves Swim Team

2014 Season

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GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Mary Tarantino 13-14		50 FR	50 BR	50 FLY	100 I.M.						
WAVES @ SWIM MARIN	05/03/2014 Finals	:33.02		:35.69	1:25.73						
WAVES @ MARINWOOD	05/10/2014 Finals	:33.98		:37.03	1:26.49						
NOVATO @ WAVES	05/31/2014 Finals	:33.03	:43.85	:36.53							
WAVES @ SHST	06/07/2014 Finals	:33.76		:37.35							
LVST @ WAVES	06/14/2014 Finals	:32.69	:43.81								
Katherine Theriault 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals	:36.58	:43.54	:48.00	:44.47	1:32.78					
WAVES @ SWIM MARIN	05/03/2014 Finals		:41.79		:42.22	1:31.93					
WAVES @ MARINWOOD	05/10/2014 Finals	:36.11	:44.05		:41.59						
NOVATO @ WAVES	05/31/2014 Finals	:35.51	:42.56			1:29.59					
LVST @ WAVES	06/14/2014 Finals	:35.41	:43.00	:45.72							
SVSS @ WAVES	06/28/2014 Finals	:35.68	:42.66			1:29.58					
2014 MARIN SWIM LEAG	07/12/2014 Finals		:43.11	:49.39							
Elliette Willes 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIALS	04/26/2014 Finals	:32.33	:43.74	:52.42	:41.41	1:33.32					
WAVES @ SWIM MARIN	05/03/2014 Finals		:42.61		:41.48	1:32.63					
TERRA LINDA @ WAVES	05/17/2014 Finals	:32.72			:41.59						
NOVATO @ WAVES	05/31/2014 Finals	:33.23									
LVST @ WAVES	06/14/2014 Finals	:32.87	:41.51		:39.29	1:29.85					
Kaitlyn Yang 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
2014 TIME TRIAL MAKE	04/29/2014 Finals	:33.16	:41.77	:45.11	:41.01	1:30.80					
WAVES @ SWIM MARIN	05/03/2014 Finals	:30.83			:36.20	1:19.28					
WAVES @ MARINWOOD	05/10/2014 Finals	:30.91			:35.45	1:18.66					
TERRA LINDA @ WAVES	05/17/2014 Finals	:29.72			:34.85	1:19.07					
NOVATO @ WAVES	05/31/2014 Finals	:30.39		:40.82	:36.07	1:20.31					
WAVES @ SHST	06/07/2014 Finals	:29.71			:34.63	1:19.01					
LVST @ WAVES	06/14/2014 Finals	:30.14			:33.39	1:17.55					
Emma Conneely 15-18		100 FR	50 BR	100 I.M.							
NOVATO @ WAVES	05/31/2014 Finals	1:13.74	:41.75	1:25.08							
WAVES @ SHST	06/07/2014 Finals	1:14.99	:41.70								
LVST @ WAVES	06/14/2014 Finals	1:13.11	:39.98	1:24.57							
SVSS @ WAVES	06/28/2014 Finals	1:14.49	:41.48								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

		100 FR	50 BR	50 FLY								
Olivia Dominguez	15-18											
TERRA LINDA @ WAVES	05/17/2014 Finals		:38.96	:30.12								
WAVES @ SHST	06/07/2014 Finals	1:05.11	:40.33	:30.28								
LVST @ WAVES	06/14/2014 Finals	1:06.29	:39.57	:29.50								
2014 ALL STARS	06/21/2014 Finals		:38.95	:30.06								
Ellie Gerson	15-18	50 BA	50 FLY	100 I.M.								
TERRA LINDA @ WAVES	05/17/2014 Finals	:35.04	:33.11	1:16.97								
NOVATO @ WAVES	05/31/2014 Finals	:35.32	:33.51	1:16.01								
LVST @ WAVES	06/14/2014 Finals	:35.10	:33.80	1:18.96								
Lexie Hansen	15-18	100 FR	50 BA	50 FLY								
TERRA LINDA @ WAVES	05/17/2014 Finals	1:12.79	:41.86									
LVST @ WAVES	06/14/2014 Finals	1:12.73		:37.39								
SVSS @ WAVES	06/28/2014 Finals	1:13.48										
Katie Joyce	15-18	50 BA	50 FLY	100 I.M.								
NOVATO @ WAVES	05/31/2014 Finals	:35.07	:34.81	1:19.60								
LVST @ WAVES	06/14/2014 Finals	:35.15	:33.76	1:16.61								
2014 ALL STARS	06/21/2014 Finals	:33.97										
SVSS @ WAVES	06/28/2014 Finals	:34.53	:33.09	1:17.35								
Shannon Joyce	15-18	100 FR	50 BA	50 BR	50 FLY	100 I.M.						
TERRA LINDA @ WAVES	05/17/2014 Finals			:42.41	:35.41	1:19.69						
NOVATO @ WAVES	05/31/2014 Finals		:38.85		:36.29	1:20.63						
WAVES @ SHST	06/07/2014 Finals	1:13.09			:35.38							
LVST @ WAVES	06/14/2014 Finals		:39.46	:45.20		1:23.39						
SVSS @ WAVES	06/28/2014 Finals		:40.70		:36.16	1:23.76						
jenna Kieffer	15-18	100 FR	50 BA	50 FLY	100 I.M.							
TERRA LINDA @ WAVES	05/17/2014 Finals	1:06.77	:36.60		1:18.15							
WAVES @ SHST	06/07/2014 Finals	1:05.43	:36.45	:33.47								
LVST @ WAVES	06/14/2014 Finals	1:03.48	:36.60	:32.15								

Tidalwaves Swim Team

2014 Season

PROGRESSION for Short Course Yards

GROUP: ALL

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Lauren Knott	15-18	100 FR	50 BR	50 FLY	100 L.M.							
WAVES @ MARINWOOD	05/10/2014 Finals		:38.48	:32.68								
TERRA LINDA @ WAVES	05/17/2014 Finals		:37.58	:32.29								
NOVATO @ WAVES	05/31/2014 Finals	1:07.49	:37.38	:31.93								
WAVES @ SHST	06/07/2014 Finals		:37.58	:32.99	1:16.72							