

PROGRESSION for Short Course Yards		GROUP: ALL					c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB						
Lula Ashworth	8&UN	25 FR	25 BA										
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:29.37	:33.85										
SVST @ TW 6.8.13	06/08/2013 Finals	:24.13	:32.72										
TW @ SHST 6.15.13	06/15/2013 Finals	:25.65	:30.52										
SSST @ TW 6.29.13	06/29/2013 Finals	:23.53	:32.92										
Gabriella Barras	8&UN	25 FR	25 BA										
TW @ MW 5.04.13	05/04/2013 Finals	:32.40	:42.75										
Ashley Bear	8&UN	25 FR	25 BA										
TIME TRIALS 4.27.13	04/27/2013 Finals	:29.99	:32.27										
TW @ MW 5.04.13	05/04/2013 Finals	:29.01	:29.73										
NOVATO @ TW 5.11.13	05/11/2013 Finals	:27.63	:30.64										
TW @ LV 5.18.13	05/18/2013 Finals	:27.46	:27.75										
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:28.79	:34.39										
SSST @ TW 6.29.13	06/29/2013 Finals	:24.37	:34.91										
Ainslie Bowers	8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals	:34.03	:29.57	:37.44	:30.81								
TW @ MW 5.04.13	05/04/2013 Finals	:26.71	:27.95		:31.01								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:26.67	:27.88		:32.64								
TW @ LV 5.18.13	05/18/2013 Finals	:23.43	:26.20		:28.07								
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:34.82	:26.80	2:17.87							
SVST @ TW 6.8.13	06/08/2013 Finals		:27.81		:27.42	2:08.46							
TW @ SHST 6.15.13	06/15/2013 Finals		:27.90	:29.79	:25.91								
SSST @ TW 6.29.13	06/29/2013 Finals	:22.53		:32.96	:26.71								
Jane Brisbin	8&UN	25 FR	25 BA										
TIME TRIALS 4.27.13	04/27/2013 Finals	:30.24	:29.51										
TW @ SHST 6.15.13	06/15/2013 Finals	:29.06	:28.48										
Kate Brisbin	8&UN	25 FR	25 BA										
TIME TRIALS 4.27.13	04/27/2013 Finals	:29.25											
TW @ SHST 6.15.13	06/15/2013 Finals	:24.84	:27.97										

PROGRESSION for Short Course Yards

GROUP: ALL

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Siena Callan		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:23.34	:35.94									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:22.39	:29.05									
TW @ LV 5.18.13	05/18/2013 Finals		:23.29	:28.97									
SVST @ TW 6.8.13	06/08/2013 Finals		:22.71	:27.24	:27.81								
TW @ SHST 6.15.13	06/15/2013 Finals		:22.91	:32.82	:29.14								
SSST @ TW 6.29.13	06/29/2013 Finals		:22.88	:29.07	:30.14								
CHAMPS 2013	07/13/2013 Finals		:22.51	:28.90	:28.22								
Caitlin Capitolo		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.75										
TW @ MW 5.04.13	05/04/2013 Finals		:27.40	:40.80									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:27.88	:42.77									
TW @ LV 5.18.13	05/18/2013 Finals		:28.03	:35.22									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:26.21	:34.54									
SVST @ TW 6.8.13	06/08/2013 Finals		:24.48	:33.96									
TW @ SHST 6.15.13	06/15/2013 Finals		:23.16	:31.53	:39.29								
SSST @ TW 6.29.13	06/29/2013 Finals		:23.33	:30.03	:32.61								
Caroline Cullen		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:23.48	:28.79									
TW @ MW 5.04.13	05/04/2013 Finals		:21.04	:26.73									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:19.48	:26.35									
TW @ LV 5.18.13	05/18/2013 Finals		:19.52	:27.23									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:19.81	:23.88									
SVST @ TW 6.8.13	06/08/2013 Finals		:20.65	:25.74	:33.37								
SSST @ TW 6.29.13	06/29/2013 Finals		:19.09	:23.74	:32.47								

PROGRESSION for Short Course Yards

GROUP: ALL

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Kate DeForrest	8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:20.83	:26.36	:32.67								
TW @ MW 5.04.13	05/04/2013 Finals	:22.80	:24.72		:22.32							
NOVATO @ TW 5.11.13	05/11/2013 Finals	:20.30	:25.53		:22.64							
TW @ LV 5.18.13	05/18/2013 Finals	:21.10	:25.81									
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:19.45			:22.18							
SVST @ TW 6.8.13	06/08/2013 Finals	:19.44	:23.99		:21.89							
TW @ SHST 6.15.13	06/15/2013 Finals		:25.65		:20.20	1:58.46						
2013 ALL STARS	06/22/2013 Finals				:21.51							
SSST @ TW 6.29.13	06/29/2013 Finals		:26.48		:20.23	1:53.05						
CHAMPS 2013	07/13/2013 Finals		:24.27		:20.79	1:47.92						
Alison Demian	8&UN	25 FR	25 BA	25 FLY								
TIME TRIALS 4.27.13	04/27/2013 Finals	:30.87	:32.23									
TW @ MW 5.04.13	05/04/2013 Finals	:33.23	:30.41									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:36.55	:32.52									
TW @ LV 5.18.13	05/18/2013 Finals	:30.64	:30.88									
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:27.32	:32.70									
SVST @ TW 6.8.13	06/08/2013 Finals	:25.92	:33.63									
TW @ SHST 6.15.13	06/15/2013 Finals	:27.06	:30.25									
SSST @ TW 6.29.13	06/29/2013 Finals	:25.75	:31.64	:31.66								
CHAMPS 2013	07/13/2013 Finals	:26.86	:30.96	:36.57								
Greer Diaz	8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals	:24.31	:26.96									
TW @ MW 5.04.13	05/04/2013 Finals	:23.75	:26.09									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:24.34	:27.35									
TW @ LV 5.18.13	05/18/2013 Finals	:21.73	:27.93									
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:22.20	:26.67									
SVST @ TW 6.8.13	06/08/2013 Finals	:21.85	:26.37	:31.98								
TW @ SHST 6.15.13	06/15/2013 Finals		:26.37	:31.52								
CHAMPS 2013	07/13/2013 Finals	:22.94	:26.05	:29.76								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Charlotte Estus		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:18.23	:20.87	:24.58	:22.57	1:45.25						
TW @ MW 5.04.13	05/04/2013 Finals			:21.36		:20.30	1:45.23						
NOVATO @ TW 5.11.13	05/11/2013 Finals			:21.19	:24.93	:22.28							
TW @ LV 5.18.13	05/18/2013 Finals					:21.60	1:43.64						
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:20.59		:19.51	1:41.96						
SVST @ TW 6.8.13	06/08/2013 Finals		:17.48	:21.28		:18.57							
TW @ SHST 6.15.13	06/15/2013 Finals			:20.12		:19.05	1:39.87						
2013 ALL STARS	06/22/2013 Finals			:20.39		:19.22	1:43.63						
SSST @ TW 6.29.13	06/29/2013 Finals			:19.84	:23.49	:19.15	1:36.37						
CHAMPS 2013	07/13/2013 Finals			:20.35		:20.46	1:40.44						
Caroline Foster		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:26.71	:32.28									
TW @ MW 5.04.13	05/04/2013 Finals		:26.73	:33.55									
SVST @ TW 6.8.13	06/08/2013 Finals		:23.78	:33.76									
TW @ SHST 6.15.13	06/15/2013 Finals		:22.95	:31.42									
SSST @ TW 6.29.13	06/29/2013 Finals		:21.82	:27.74									
Meredith Foster		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:19.66	:24.71	:30.87	:26.71							
TW @ MW 5.04.13	05/04/2013 Finals		:20.04			:25.80							
SVST @ TW 6.8.13	06/08/2013 Finals			:22.66	:29.81	:23.72							
TW @ SHST 6.15.13	06/15/2013 Finals			:23.66		:22.32	1:58.78						
2013 ALL STARS	06/22/2013 Finals			:23.01									
SSST @ TW 6.29.13	06/29/2013 Finals		:19.06	:25.37		:23.21							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Adella Frender		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:23.69	:28.68									
TW @ MW 5.04.13	05/04/2013 Finals		:22.71										
NOVATO @ TW 5.11.13	05/11/2013 Finals		:22.53	:30.00	:35.07								
TW @ LV 5.18.13	05/18/2013 Finals		:22.32	:29.63									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.51	:30.67	:33.18								
SVST @ TW 6.8.13	06/08/2013 Finals		:21.35	:28.38	:28.64								
TW @ SHST 6.15.13	06/15/2013 Finals		:22.12	:26.76	:27.96								
SSST @ TW 6.29.13	06/29/2013 Finals		:22.16		:28.47	:24.83							
CHAMPS 2013	07/13/2013 Finals		:21.44		:26.84	:28.40							
Keely Ganong		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.94	:37.98	:36.81								
TW @ MW 5.04.13	05/04/2013 Finals		:31.83	:35.27	:34.51								
TW @ LV 5.18.13	05/18/2013 Finals		:34.13	:40.20	:38.82								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.11	:36.84	:41.76								
SVST @ TW 6.8.13	06/08/2013 Finals		:30.57	:33.12	:36.73								
CHAMPS 2013	07/13/2013 Finals		:27.18	:32.59	:31.40								
Julia Ginsburg		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.90	:47.98									
TW @ MW 5.04.13	05/04/2013 Finals		:31.87	:35.30									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.39	:34.12									
TW @ LV 5.18.13	05/18/2013 Finals		:29.58	:34.51									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:28.24	:34.07									
SVST @ TW 6.8.13	06/08/2013 Finals		:27.49	:33.58									
TW @ SHST 6.15.13	06/15/2013 Finals		:29.89										
SSST @ TW 6.29.13	06/29/2013 Finals		:28.91	:37.91									

PROGRESSION for Short Course Yards

GROUP: ALL

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Annie Goldstein		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.54	:35.35	:31.59								
TW @ MW 5.04.13	05/04/2013 Finals		:23.27	:27.09									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:22.48	:30.40	:30.89								
TW @ LV 5.18.13	05/18/2013 Finals		:21.95	:34.62	:32.13								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:21.73	:28.51	:30.09								
SVST @ TW 6.8.13	06/08/2013 Finals		:22.06	:27.07	:28.48								
TW @ SHST 6.15.13	06/15/2013 Finals		:21.65	:28.15	:29.37								
CHAMPS 2013	07/13/2013 Finals		:20.96	:24.94	:26.55								
Clara Guffey		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.03	:26.92									
TW @ MW 5.04.13	05/04/2013 Finals		:21.36	:28.63	:32.79								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:24.92	:26.87	:32.50								
TW @ LV 5.18.13	05/18/2013 Finals		:22.60	:31.16	:29.08								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:21.61	:29.79	:29.79								
SVST @ TW 6.8.13	06/08/2013 Finals		:21.01	:25.58	:29.80								
TW @ SHST 6.15.13	06/15/2013 Finals		:22.55	:25.99		:29.79							
Daphne Hale		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.49	:45.33	:48.00								
TW @ MW 5.04.13	05/04/2013 Finals		:34.71	:45.96									
TW @ LV 5.18.13	05/18/2013 Finals		:42.19	:47.70	:44.95								
SSST @ TW 6.29.13	06/29/2013 Finals		:30.39	:34.76	:40.41								
Bella Hann		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.84	:32.47									
TW @ MW 5.04.13	05/04/2013 Finals		:28.25	:31.70									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.73	:29.70									
SVST @ TW 6.8.13	06/08/2013 Finals		:26.66	:28.89									
TW @ SHST 6.15.13	06/15/2013 Finals		:26.91	:27.11									
SSST @ TW 6.29.13	06/29/2013 Finals		:25.77	:27.96									

PROGRESSION for Short Course Yards

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Georgia Harlow		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.67	:31.17	:27.07	:31.15							
TW @ MW 5.04.13	05/04/2013 Finals		:22.27		:25.85	:30.16							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:22.73		:25.44		2:05.98						
TW @ LV 5.18.13	05/18/2013 Finals				:24.91	:29.67	2:09.60						
TW @ RH STINGRAYS 6.	06/01/2013 Finals				:24.83	:27.30	2:05.21						
SVST @ TW 6.8.13	06/08/2013 Finals		:21.90		:25.12		2:04.98						
TW @ SHST 6.15.13	06/15/2013 Finals		:22.95	:30.67	:23.46								
2013 ALL STARS	06/22/2013 Finals				:24.39								
SSST @ TW 6.29.13	06/29/2013 Finals		:20.14										
CHAMPS 2013	07/13/2013 Finals		:21.77		:23.74		2:02.46						
Reilly Helmer		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:26.46	:32.31									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.21	:31.33									
TW @ LV 5.18.13	05/18/2013 Finals		:26.62	:31.62									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:26.97	:29.92	:37.29								
SVST @ TW 6.8.13	06/08/2013 Finals		:26.90	:27.67	:35.38								
TW @ SHST 6.15.13	06/15/2013 Finals		:24.79	:34.33	:36.96								
SSST @ TW 6.29.13	06/29/2013 Finals		:25.96	:28.18									
CHAMPS 2013	07/13/2013 Finals		:26.89	:27.56	:38.75								
Madeline Jarocki		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:21.91	:25.72									
TW @ MW 5.04.13	05/04/2013 Finals		:23.02	:29.82									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:21.63	:29.00									
TW @ LV 5.18.13	05/18/2013 Finals		:20.70	:27.26									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:21.01	:27.10									
SVST @ TW 6.8.13	06/08/2013 Finals		:19.86	:24.70		:25.27							
TW @ SHST 6.15.13	06/15/2013 Finals		:20.92		:31.29	:25.17							

PROGRESSION for Short Course Yards

GROUP: ALL

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Sara Jordan		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.36	:30.23	:32.56								
TW @ MW 5.04.13	05/04/2013 Finals		:24.27	:28.46	:32.88								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:24.97	:28.06	:35.02								
TW @ LV 5.18.13	05/18/2013 Finals		:24.33	:30.35	:35.52								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.73	:26.14	:31.17								
SVST @ TW 6.8.13	06/08/2013 Finals		:25.69	:24.03	:29.59								
TW @ SHST 6.15.13	06/15/2013 Finals		:22.56	:24.79		:27.32							
SSST @ TW 6.29.13	06/29/2013 Finals			:24.22	:30.17	:31.20							
CHAMPS 2013	07/13/2013 Finals			:26.46	:29.97	:29.91							
Dylan Elizabeth Kayse		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:19.92	:24.39	:33.48								
TW @ MW 5.04.13	05/04/2013 Finals		:20.51	:24.05	:30.96								
NOVATO @ TW 5.11.13	05/11/2013 Finals			:25.31	:30.22	:27.02							
TW @ LV 5.18.13	05/18/2013 Finals		:20.78	:26.16		:28.87							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:20.23	:22.59									
SVST @ TW 6.8.13	06/08/2013 Finals		:19.50	:23.78									
TW @ SHST 6.15.13	06/15/2013 Finals		:19.32	:24.60			2:05.21						
SSST @ TW 6.29.13	06/29/2013 Finals			:24.11		:25.30	1:54.44						
CHAMPS 2013	07/13/2013 Finals			:23.64		:26.29	2:08.02						
Maggie Kelly		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.19	:37.37									
TW @ MW 5.04.13	05/04/2013 Finals		:31.20	:34.51									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.80	:35.90									
TW @ LV 5.18.13	05/18/2013 Finals		:32.19	:41.85									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:28.18	:39.64									
SVST @ TW 6.8.13	06/08/2013 Finals		:30.01	:34.37									
TW @ SHST 6.15.13	06/15/2013 Finals		:30.26	:34.13									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.27	:31.22									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

		25 FR	25 BA	25 BR								
Ella Kharrazi	8&UN											
TIME TRIALS 4.27.13	04/27/2013 Finals	:30.46	:39.23	:29.96								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:27.19	:34.69									
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:28.26	:31.30	:29.30								
SVST @ TW 6.8.13	06/08/2013 Finals	:25.86	:33.52	:27.90								
Emerson Koblick	8&UN											
TIME TRIALS 4.27.13	04/27/2013 Finals	:24.62	:30.44	:37.91								
TW @ MW 5.04.13	05/04/2013 Finals	:24.61	:30.58									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:24.78	:29.16									
SVST @ TW 6.8.13	06/08/2013 Finals	:24.80	:31.47									
TW @ SHST 6.15.13	06/15/2013 Finals	:24.14	:33.10	:39.98								
CHAMPS 2013	07/13/2013 Finals	:24.66	:32.00									
Amanda Koepfel	8&UN											
TIME TRIALS 4.27.13	04/27/2013 Finals	:21.19	:26.26	:29.07								
TW @ MW 5.04.13	05/04/2013 Finals	:22.15	:28.16	:28.91								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:21.86	:26.32	:32.14								
TW @ LV 5.18.13	05/18/2013 Finals	:21.78	:30.62	:29.93								
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:22.18	:25.55	:29.94								
SVST @ TW 6.8.13	06/08/2013 Finals	:21.97	:25.94	:31.53								
SSST @ TW 6.29.13	06/29/2013 Finals	:22.32	:25.96	:29.50								
Olivia Koepfel	8&UN											
TIME TRIALS 4.27.13	04/27/2013 Finals	:24.04	:30.46	:33.24								
TW @ MW 5.04.13	05/04/2013 Finals	:21.94	:27.61	:32.50								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:22.51	:26.81	:36.44								
TW @ LV 5.18.13	05/18/2013 Finals	:24.16	:25.54	:32.48								
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:21.18	:26.84									
SVST @ TW 6.8.13	06/08/2013 Finals	:21.83	:24.90	:33.81								
SSST @ TW 6.29.13	06/29/2013 Finals	:22.10	:27.15	:30.62								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Annesley Krawitt		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.35	:28.88	:29.50	:32.58	2:07.44						
TW @ MW 5.04.13	05/04/2013 Finals		:21.14	:29.47	:30.54								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:20.45		:27.36		2:03.38						
TW @ LV 5.18.13	05/18/2013 Finals		:20.40		:24.86		2:02.96						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:20.16		:26.50		2:05.35						
SVST @ TW 6.8.13	06/08/2013 Finals		:18.76		:26.10		1:57.97						
TW @ SHST 6.15.13	06/15/2013 Finals		:17.83		:25.76		2:05.91						
2013 ALL STARS	06/22/2013 Finals		:18.00		:26.17								
SSST @ TW 6.29.13	06/29/2013 Finals		:18.75	:24.95	:26.43								
CHAMPS 2013	07/13/2013 Finals		:22.52		:25.66		2:01.91						
Eliza Lepyansky		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.22	:32.05	:34.89								
TW @ MW 5.04.13	05/04/2013 Finals		:23.65	:30.47									
NOVATO @ TW 5.11.13	05/11/2013 Finals			:31.40									
TW @ LV 5.18.13	05/18/2013 Finals		:24.43	:26.12									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:22.08	:27.98									
SVST @ TW 6.8.13	06/08/2013 Finals		:23.15	:27.70		:27.57							
TW @ SHST 6.15.13	06/15/2013 Finals		:21.59	:27.37		:26.85							
SSST @ TW 6.29.13	06/29/2013 Finals		:23.06	:27.47		:28.57							
CHAMPS 2013	07/13/2013 Finals		:21.79		:34.80	:24.70							
Amelia Loiacono		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:26.30	:32.64	:40.54								
TW @ MW 5.04.13	05/04/2013 Finals		:25.79	:32.06									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:22.92	:28.38	:33.50								
TW @ LV 5.18.13	05/18/2013 Finals		:24.93	:33.42	:35.89								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.62	:29.41	:36.67								
SVST @ TW 6.8.13	06/08/2013 Finals		:22.83	:28.75	:32.74								
SSST @ TW 6.29.13	06/29/2013 Finals		:21.36	:26.45	:35.63								
CHAMPS 2013	07/13/2013 Finals		:20.68	:25.18	:34.74								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Carly Lowe		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.52	:33.12	:38.81								
TW @ MW 5.04.13	05/04/2013 Finals		:27.98	:32.07	:39.84								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.24	:34.08									
TW @ LV 5.18.13	05/18/2013 Finals		:28.49	:35.67									
TW @ RH STINGGRAYS 6.	06/01/2013 Finals		:22.68	:29.08									
SVST @ TW 6.8.13	06/08/2013 Finals		:24.06	:29.11	:32.69								
TW @ SHST 6.15.13	06/15/2013 Finals		:23.15	:29.01	:32.46								
SSST @ TW 6.29.13	06/29/2013 Finals		:22.25	:28.53	:30.06								
CHAMPS 2013	07/13/2013 Finals		:22.37	:29.25	:32.28								
Jillian Manning		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.03	:33.17									
TW @ MW 5.04.13	05/04/2013 Finals		:28.74	:31.74									
TW @ LV 5.18.13	05/18/2013 Finals		:27.42	:30.37									
SVST @ TW 6.8.13	06/08/2013 Finals		:23.61	:28.35									
TW @ SHST 6.15.13	06/15/2013 Finals		:24.82	:29.28									
SSST @ TW 6.29.13	06/29/2013 Finals		:22.89	:28.58	:34.59								
CHAMPS 2013	07/13/2013 Finals		:22.85	:26.63	:34.45								
Carys Matthews		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.96	:27.07	:30.07								
TW @ MW 5.04.13	05/04/2013 Finals		:23.83	:28.07									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:23.83	:26.16	:29.50								
TW @ LV 5.18.13	05/18/2013 Finals		:26.94	:26.72	:30.72								
SVST @ TW 6.8.13	06/08/2013 Finals		:24.47	:24.45									
SSST @ TW 6.29.13	06/29/2013 Finals		:23.70	:25.62	:27.96								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Amanda Mueller		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:38.68	:41.02									
TW @ MW 5.04.13	05/04/2013 Finals		:34.72	:34.51									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:34.59	:39.75									
TW @ LV 5.18.13	05/18/2013 Finals		:36.70	:35.35									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.08	:36.73									
SSST @ TW 6.29.13	06/29/2013 Finals		:27.38	:32.24									
CHAMPS 2013	07/13/2013 Finals		:28.73	:32.98									
Catherine Murray		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.01	:27.80	:40.99								
TW @ MW 5.04.13	05/04/2013 Finals		:28.35	:30.96	:37.04								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:27.25	:29.30									
TW @ LV 5.18.13	05/18/2013 Finals		:28.26	:29.59	:32.86								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:27.86	:29.73									
SVST @ TW 6.8.13	06/08/2013 Finals		:25.46	:28.02	:31.90								
TW @ SHST 6.15.13	06/15/2013 Finals		:23.35	:27.26	:33.84								
SSST @ TW 6.29.13	06/29/2013 Finals		:24.51	:26.12	:34.89								
Brooke Norrett		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:23.98	:29.99	:36.47	:35.30							
TW @ MW 5.04.13	05/04/2013 Finals		:22.69	:30.33		:33.32							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:24.55	:32.53	:37.83								
TW @ LV 5.18.13	05/18/2013 Finals		:23.78	:33.58		:29.92							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.37			:29.19	2:26.15						
SVST @ TW 6.8.13	06/08/2013 Finals		:24.33			:29.65	2:19.73						
TW @ SHST 6.15.13	06/15/2013 Finals		:25.81	:32.24		:30.96							
SSST @ TW 6.29.13	06/29/2013 Finals		:23.97	:33.88		:30.41							
CHAMPS 2013	07/13/2013 Finals		:23.71	:32.59		:30.46							
Maggie Pitts		8&UN	25 FR	25 BA	25 BR								
TW @ SHST 6.15.13	06/15/2013 Finals		:31.92		:37.26								
SSST @ TW 6.29.13	06/29/2013 Finals		:30.51	:42.60	:33.89								
CHAMPS 2013	07/13/2013 Finals		:29.06	:34.00	:33.35								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Genevieve Porteus		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.94	:38.91									
TW @ LV 5.18.13	05/18/2013 Finals		:30.55	:33.58									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:26.72	:29.25									
TW @ SHST 6.15.13	06/15/2013 Finals		:26.68	:30.50									
Emilia Puccinelli		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:24.46	:27.84	:33.69								
TW @ MW 5.04.13	05/04/2013 Finals		:21.59	:26.66	:31.00								
TW @ LV 5.18.13	05/18/2013 Finals		:20.87	:27.26	:32.36								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:20.84	:28.99	:30.89								
SVST @ TW 6.8.13	06/08/2013 Finals		:21.27		:28.41								
TW @ SHST 6.15.13	06/15/2013 Finals		:20.96	:23.55	:27.85								
SSST @ TW 6.29.13	06/29/2013 Finals		:19.76		:28.70	:24.30							
CHAMPS 2013	07/13/2013 Finals		:20.48	:24.54		:25.33							
Kendra Rodgers		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:26.68	:29.11	:27.59								
TW @ MW 5.04.13	05/04/2013 Finals		:27.10	:27.86	:27.95								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:27.50	:32.45	:27.16								
TW @ LV 5.18.13	05/18/2013 Finals		:26.62	:32.38									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:25.30	:34.82	:25.76								
CHAMPS 2013	07/13/2013 Finals		:23.35	:28.61	:26.29								
Genevieve Ryan		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.61	:30.32									
TW @ MW 5.04.13	05/04/2013 Finals		:24.42	:31.07									
SVST @ TW 6.8.13	06/08/2013 Finals		:23.57	:28.02									
TW @ SHST 6.15.13	06/15/2013 Finals		:24.37	:25.07									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.86	:26.08	:31.79								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Aliyah San Andres		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.17	:31.30									
TW @ MW 5.04.13	05/04/2013 Finals		:27.65	:27.71									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.76	:26.92	:35.09								
TW @ LV 5.18.13	05/18/2013 Finals		:29.81	:27.67	:38.16								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.18	:28.27	:35.24								
SVST @ TW 6.8.13	06/08/2013 Finals		:23.33	:27.10									
TW @ SHST 6.15.13	06/15/2013 Finals			:27.94									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.89	:26.15	:32.11								
Emma Slaught		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:27.04	:34.15									
TW @ LV 5.18.13	05/18/2013 Finals		:27.35	:29.75									
SVST @ TW 6.8.13	06/08/2013 Finals		:24.59	:29.56									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.67	:28.58									
Hannah Slaught		8&UN	25 FR	25 BA	25 BR	25 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:18.08	:21.94	:23.36	:24.12	1:43.67						
TW @ MW 5.04.13	05/04/2013 Finals		:17.05		:22.82								
TW @ LV 5.18.13	05/18/2013 Finals		:17.35		:22.98		1:42.09						
SVST @ TW 6.8.13	06/08/2013 Finals		:16.51	:21.75	:23.13		1:33.90						
TW @ SHST 6.15.13	06/15/2013 Finals				:21.02	:19.27	1:36.35						
2013 ALL STARS	06/22/2013 Finals		:16.54		:21.52		1:32.16						
SSST @ TW 6.29.13	06/29/2013 Finals		:16.45		:20.89		1:33.56						
Julia St John		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.21	:37.70									
TW @ MW 5.04.13	05/04/2013 Finals		:32.60	:41.79									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:31.68	:36.57									
TW @ LV 5.18.13	05/18/2013 Finals		:32.91	:43.81									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:26.48	:34.90									
SVST @ TW 6.8.13	06/08/2013 Finals		:27.07	:30.57									
TW @ SHST 6.15.13	06/15/2013 Finals		:25.86	:32.67									
SSST @ TW 6.29.13	06/29/2013 Finals		:27.93	:30.26									
CHAMPS 2013	07/13/2013 Finals		:24.32	:30.46									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Sage Stodolnic		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.24	:30.69									
TW @ MW 5.04.13	05/04/2013 Finals		:26.53	:33.42									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:25.82	:29.30									
TW @ LV 5.18.13	05/18/2013 Finals		:25.38	:28.72									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:26.71										
SVST @ TW 6.8.13	06/08/2013 Finals		:25.56	:27.73									
TW @ SHST 6.15.13	06/15/2013 Finals		:24.59	:29.31									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.57	:27.44									
Renee Wahbeh		8&UN	25 FR	25 BA	25 FLY								
TIME TRIALS 4.27.13	04/27/2013 Finals		:22.44	:27.42	:34.25								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:23.58	:29.31	:27.03								
TW @ LV 5.18.13	05/18/2013 Finals		:20.98	:27.53	:26.21								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:23.54	:27.54									
SVST @ TW 6.8.13	06/08/2013 Finals		:23.49		:25.94								
TW @ SHST 6.15.13	06/15/2013 Finals			:27.87									
SSST @ TW 6.29.13	06/29/2013 Finals		:22.46	:28.16	:27.03								
Kallen Wank		8&UN	25 FR	25 BA	25 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.71	:30.41									
TW @ MW 5.04.13	05/04/2013 Finals		:19.54	:30.17									
TW @ LV 5.18.13	05/18/2013 Finals		:19.46	:24.42	:27.87								
SVST @ TW 6.8.13	06/08/2013 Finals		:19.14	:24.04	:26.35								
TW @ SHST 6.15.13	06/15/2013 Finals		:18.17	:24.38	:23.67								
2013 ALL STARS	06/22/2013 Finals				:23.00								
SSST @ TW 6.29.13	06/29/2013 Finals		:18.89		:25.05	1:52.64							
Lainey Wank		8&UN	25 FR	25 BA	25 BR	25 FLY							
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.91	:40.03									
TW @ MW 5.04.13	05/04/2013 Finals		:29.98	:37.97									
TW @ LV 5.18.13	05/18/2013 Finals		:28.59	:30.92									
SVST @ TW 6.8.13	06/08/2013 Finals		:25.91	:34.82	:34.86								
TW @ SHST 6.15.13	06/15/2013 Finals		:28.73	:33.73	:31.56								
SSST @ TW 6.29.13	06/29/2013 Finals		:27.34		:34.42	:32.92							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Ashely Weingart		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.90	:32.00	:34.22								
TW @ MW 5.04.13	05/04/2013 Finals		:24.91	:35.87									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:25.82	:34.99									
TW @ LV 5.18.13	05/18/2013 Finals				:32.52								
SVST @ TW 6.8.13	06/08/2013 Finals		:25.97	:36.11									
TW @ SHST 6.15.13	06/15/2013 Finals		:26.57	:31.88									
Mayson Weingart		8&UN	25 FR	25 BA	25 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:24.32	:29.37									
TW @ MW 5.04.13	05/04/2013 Finals		:25.18	:32.25									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.01	:26.93									
TW @ LV 5.18.13	05/18/2013 Finals		:24.75	:25.82									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:22.32	:24.03									
SVST @ TW 6.8.13	06/08/2013 Finals		:22.58	:23.95	:37.32								
TW @ SHST 6.15.13	06/15/2013 Finals		:23.54	:25.79									
CHAMPS 2013	07/13/2013 Finals		:23.84	:23.98	:38.13								
Paige Witte		8&UN	25 FR	25 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.92	:38.62									
TW @ MW 5.04.13	05/04/2013 Finals		:28.80	:35.91									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:29.78	:38.15									
TW @ LV 5.18.13	05/18/2013 Finals		:28.57	:33.16									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:27.42	:31.97									
SVST @ TW 6.8.13	06/08/2013 Finals		:28.79	:34.62									
TW @ SHST 6.15.13	06/15/2013 Finals		:27.93	:32.47									
SSST @ TW 6.29.13	06/29/2013 Finals		:24.45	:32.85									
CHAMPS 2013	07/13/2013 Finals		:25.20	:29.27									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Annika Abbott		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:39.35	:49.72	:53.47	:53.05	1:45.70						
TW @ MW 5.04.13	05/04/2013 Finals				:53.46	:52.76	1:41.52						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.46	:48.22	:51.78								
TW @ LV 5.18.13	05/18/2013 Finals		:40.31	:49.36									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:41.14	:46.06			1:47.64						
SVST @ TW 6.8.13	06/08/2013 Finals		:39.03	:50.40	:50.67								
SSST @ TW 6.29.13	06/29/2013 Finals		:39.57		:51.33		1:44.04						
CHAMPS 2013	07/13/2013 Finals		:38.95		:52.04		1:39.14						
Devon Ball		9-10	50 FR	50 BA	50 BR	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals			:59.51	:54.34								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:43.27	:56.26	:53.44								
TW @ LV 5.18.13	05/18/2013 Finals		:44.57	1:06.58	:55.09								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:46.34	:59.53	:53.49								
SVST @ TW 6.8.13	06/08/2013 Finals		:46.10										
SSST @ TW 6.29.13	06/29/2013 Finals		:41.78		:53.56	1:51.34							
Macy Bell		9-10	50 FR	50 BR	100 I.M.								
TW @ MW 5.04.13	05/04/2013 Finals		:40.82	:58.37	1:45.06								
TW @ LV 5.18.13	05/18/2013 Finals		:39.07	:54.30	1:44.13								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.04	:56.99									
SVST @ TW 6.8.13	06/08/2013 Finals		:38.87	:55.41	1:40.74								
TW @ SHST 6.15.13	06/15/2013 Finals		:39.75	:54.71	1:40.90								
SSST @ TW 6.29.13	06/29/2013 Finals		:40.56	:56.48	1:45.58								
Zoe Berntsen		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.19	:41.56	:54.47	:49.05	1:38.06						
TW @ MW 5.04.13	05/04/2013 Finals		:37.42				1:37.21						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:35.33	:41.99			1:35.51						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:35.53				1:35.15						
SVST @ TW 6.8.13	06/08/2013 Finals		:35.69	:41.90			1:33.32						
TW @ SHST 6.15.13	06/15/2013 Finals		:34.99				1:32.31						
2013 ALL STARS	06/22/2013 Finals			:39.51									
SSST @ TW 6.29.13	06/29/2013 Finals		:33.89	:41.55			1:32.16						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Devin Bosley		9-10	50 FR	50 BA	50 BR	50 FLY	100 L.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.83	:47.23	:57.51	:49.64	1:40.86						
TW @ MW 5.04.13	05/04/2013 Finals		:35.72			:46.32	1:40.66						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:35.91			:46.63	1:39.54						
TW @ LV 5.18.13	05/18/2013 Finals		:36.48			:47.15	1:42.15						
TW @ RH STINGRAYS 6.	06/01/2013 Finals						1:40.45						
SVST @ TW 6.8.13	06/08/2013 Finals		:35.52			:44.92	1:39.49						
TW @ SHST 6.15.13	06/15/2013 Finals		:37.03			:47.17	1:41.24						
SSST @ TW 6.29.13	06/29/2013 Finals		:35.57			:45.74	1:36.94						
CHAMPS 2013	07/13/2013 Finals		:35.98			:45.73	1:36.09						
Tali Callan		9-10	50 FR	50 BA	50 BR	100 L.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.81	:49.04	:55.86	1:47.42							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:37.41	:46.71		1:48.07							
TW @ LV 5.18.13	05/18/2013 Finals		:37.80	:49.50		1:53.20							
SVST @ TW 6.8.13	06/08/2013 Finals		:34.93	:45.36		1:39.86							
TW @ SHST 6.15.13	06/15/2013 Finals		:35.26	:45.72	:51.96								
SSST @ TW 6.29.13	06/29/2013 Finals		:35.26	:45.26	:50.07								
CHAMPS 2013	07/13/2013 Finals		:37.28	:46.23	:53.99								
Lauren Cheng		9-10	25 FR	50 FR	25 BA	50 BA	25 BR						
TIME TRIALS 4.27.13	04/27/2013 Finals		:24.31		:31.48		:33.01						
NOVATO @ TW 5.11.13	05/11/2013 Finals			:55.68		1:06.29							
TW @ LV 5.18.13	05/18/2013 Finals			:56.96		:58.01							
SVST @ TW 6.8.13	06/08/2013 Finals			:55.11		1:03.94							
SSST @ TW 6.29.13	06/29/2013 Finals			:46.71		:56.40							
Raine Conti		9-10	50 FR	50 BA	50 BR	100 L.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:51.02	1:01.80									
TW @ MW 5.04.13	05/04/2013 Finals		:52.16	:59.58									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:53.53	:58.20		2:24.54							
TW @ SHST 6.15.13	06/15/2013 Finals		:49.63	:55.31	1:21.05								
SSST @ TW 6.29.13	06/29/2013 Finals		:47.92	1:01.31		2:19.08							
CHAMPS 2013	07/13/2013 Finals		:48.05	1:00.37									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Makena Corsiglia		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:43.45	1:07.70									
TW @ MW 5.04.13	05/04/2013 Finals		:42.86	:57.94									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:45.53	:59.90									
TW @ LV 5.18.13	05/18/2013 Finals		:47.57	:57.92									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:41.03	:56.78									
SVST @ TW 6.8.13	06/08/2013 Finals		:42.92		:57.75	1:52.26							
TW @ SHST 6.15.13	06/15/2013 Finals		:45.67		:55.00	1:54.05							
SSST @ TW 6.29.13	06/29/2013 Finals		:43.77		:55.13	1:53.43							
CHAMPS 2013	07/13/2013 Finals		:43.02		:51.39	1:48.04							
Tula Cox		9-10	50 FR	50 BA	50 BR	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals		:42.74	:59.44									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.16	:55.15		1:50.05							
TW @ LV 5.18.13	05/18/2013 Finals		:45.63	:56.19	1:03.75								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:41.35	:53.97		1:54.65							
SVST @ TW 6.8.13	06/08/2013 Finals		:44.19	:55.07		1:48.77							
TW @ SHST 6.15.13	06/15/2013 Finals		:45.49	:55.68									
SSST @ TW 6.29.13	06/29/2013 Finals		:44.71	:51.12	1:00.63								
Charlotte DeForrest		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:43.70	:53.45	:56.79								
TW @ MW 5.04.13	05/04/2013 Finals		:42.38	:53.31		1:48.87							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.50	:51.80									
TW @ LV 5.18.13	05/18/2013 Finals		:41.62	:50.92									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:43.20		:55.14	1:49.35							
SVST @ TW 6.8.13	06/08/2013 Finals		:41.18		:51.60	1:45.97							
TW @ SHST 6.15.13	06/15/2013 Finals			:52.31	:52.60	1:49.93							
SSST @ TW 6.29.13	06/29/2013 Finals		:41.21		:51.52	1:45.03							
CHAMPS 2013	07/13/2013 Finals		:40.19		:51.10	1:42.93							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Ava DeVilbiss		9-10	50 FR	50 BA	50 FLY	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:37.50	:40.80									
TW @ MW 5.04.13	05/04/2013 Finals		:34.08	:41.09		1:39.49							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:34.08	:39.49		1:35.35							
TW @ LV 5.18.13	05/18/2013 Finals		:34.86	:40.15		1:42.15							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:32.42	:38.70		1:33.32							
SVST @ TW 6.8.13	06/08/2013 Finals		:33.45	:40.43		1:31.40							
TW @ SHST 6.15.13	06/15/2013 Finals		:33.66	:40.08		1:35.32							
SSST @ TW 6.29.13	06/29/2013 Finals		:32.76	:37.81	:40.02	1:26.74							
CHAMPS 2013	07/13/2013 Finals		:32.13	:39.93		1:26.13							
Marisa Distler		9-10	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:55.73	1:10.52	1:31.15								
TW @ MW 5.04.13	05/04/2013 Finals		:55.05	1:08.11	1:04.66								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:55.25	1:05.90	1:01.94								
TW @ LV 5.18.13	05/18/2013 Finals		:51.92	1:07.98	1:06.09								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:51.51	1:10.80	1:05.23								
SVST @ TW 6.8.13	06/08/2013 Finals		:51.35	1:02.46	1:01.54								
TW @ SHST 6.15.13	06/15/2013 Finals		:51.93	1:10.63	1:02.11								
Lindsay Felder		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:43.03	:53.85	:51.54	:56.58	1:55.79						
TW @ MW 5.04.13	05/04/2013 Finals		:42.21	:49.89	:50.84								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.75				1:57.71						
TW @ LV 5.18.13	05/18/2013 Finals		:45.27	:53.81	:54.30								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:43.55	:57.05	:52.47								
SVST @ TW 6.8.13	06/08/2013 Finals		:41.30	:50.63	:51.83								
TW @ SHST 6.15.13	06/15/2013 Finals		:44.20		:50.29		1:53.16						
SSST @ TW 6.29.13	06/29/2013 Finals		:42.23	:51.90	:49.63								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Emily Fieber		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:46.23	:52.38	1:09.45	:59.89	1:59.47						
TW @ MW 5.04.13	05/04/2013 Finals		:44.73	:53.27	1:05.99								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.98	:56.01			1:53.93						
TW @ LV 5.18.13	05/18/2013 Finals		:42.79	:54.53			1:56.05						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:42.12	:53.70			1:52.77						
SVST @ TW 6.8.13	06/08/2013 Finals		:41.84	:52.25			1:49.59						
TW @ SHST 6.15.13	06/15/2013 Finals		:44.57	:53.21		:52.53							
SSST @ TW 6.29.13	06/29/2013 Finals		:42.38	:52.24			1:50.48						
CHAMPS 2013	07/13/2013 Finals		:44.43	:51.61			1:49.37						
Ashley Fliegel		9-10	50 FR	50 BA	50 BR								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:54.84	1:03.64									
TW @ LV 5.18.13	05/18/2013 Finals		:55.69	1:04.08									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:47.67										
SVST @ TW 6.8.13	06/08/2013 Finals		:49.68	:59.81									
TW @ SHST 6.15.13	06/15/2013 Finals		:47.70	:56.94	1:15.19								
CHAMPS 2013	07/13/2013 Finals		:49.04		1:04.25								
Nicole Fuches		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:38.47	:47.38	:54.27	:50.80	1:42.57						
TW @ MW 5.04.13	05/04/2013 Finals		:39.35		:52.25		1:43.10						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:37.92	:44.96			1:39.64						
TW @ LV 5.18.13	05/18/2013 Finals		:38.78	:48.79									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:35.90	:46.61									
TW @ SHST 6.15.13	06/15/2013 Finals		:37.57	:46.66	:52.84								
SSST @ TW 6.29.13	06/29/2013 Finals		:36.43	:44.67			1:35.99						
CHAMPS 2013	07/13/2013 Finals		:37.81	:45.57			1:36.36						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Sophia Hall		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:42.73	:50.69	:59.38	:57.58	1:55.79						
TW @ MW 5.04.13	05/04/2013 Finals		:41.01	:49.60		:58.66							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.15	:49.42			1:53.14						
TW @ LV 5.18.13	05/18/2013 Finals		:43.58	:50.61			1:50.60						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:44.69	:51.14	1:04.12								
SVST @ TW 6.8.13	06/08/2013 Finals		:40.45	:46.96			1:44.05						
TW @ SHST 6.15.13	06/15/2013 Finals		:40.73	:46.80			1:46.28						
SSST @ TW 6.29.13	06/29/2013 Finals		:38.05	:46.56			1:43.70						
CHAMPS 2013	07/13/2013 Finals		:41.85	:49.62			1:52.75						
Georgia Harms		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals					:56.47	1:52.96						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:41.59		:55.92								
TW @ LV 5.18.13	05/18/2013 Finals		:42.18		:55.73		1:56.74						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:41.34		:56.81		1:53.68						
SVST @ TW 6.8.13	06/08/2013 Finals		:42.95		:56.38		1:54.21						
TW @ SHST 6.15.13	06/15/2013 Finals		:42.85	:54.64	:52.29								
SSST @ TW 6.29.13	06/29/2013 Finals		:41.74		:52.34								
CHAMPS 2013	07/13/2013 Finals		:42.32	:55.14	:52.42								
Stella Hawthorne		9-10	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:48.77	:58.73	1:10.36								
TW @ MW 5.04.13	05/04/2013 Finals		:41.85	:52.59	1:00.69								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:44.37	:57.01									
TW @ LV 5.18.13	05/18/2013 Finals		:44.03	:51.05									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:38.65	:51.82	1:06.70								
SVST @ TW 6.8.13	06/08/2013 Finals		:37.42	:45.83									
TW @ SHST 6.15.13	06/15/2013 Finals		:40.25	:48.59	1:08.58								
SSST @ TW 6.29.13	06/29/2013 Finals		:38.64	:48.60	1:08.10								
CHAMPS 2013	07/13/2013 Finals		:39.38	:49.18									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Alicia Helmer		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.78	:41.70	:48.06	:45.70	1:36.21						
TW @ MW 5.04.13	05/04/2013 Finals			:42.85	:47.10		1:35.22						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:37.16	:41.51			1:35.82						
TW @ LV 5.18.13	05/18/2013 Finals		:38.60	:41.55		:45.13							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:36.96	:41.45	:51.87								
SVST @ TW 6.8.13	06/08/2013 Finals		:35.22		:48.71		1:33.27						
TW @ SHST 6.15.13	06/15/2013 Finals		:36.50		:48.43		1:36.09						
2013 ALL STARS	06/22/2013 Finals			:40.52									
SSST @ TW 6.29.13	06/29/2013 Finals		:36.58	:42.68									
CHAMPS 2013	07/13/2013 Finals		:37.12	:44.50	:47.26								
Amy Jordan		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:42.11	:51.51	:52.42	:51.24	1:43.80						
TW @ MW 5.04.13	05/04/2013 Finals		:41.97		:53.40		1:46.37						
NOVATO @ TW 5.11.13	05/11/2013 Finals			:48.89	:51.46		1:40.95						
TW @ LV 5.18.13	05/18/2013 Finals			:50.70	:53.18		1:45.52						
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:49.09	:53.34		1:46.47						
SVST @ TW 6.8.13	06/08/2013 Finals		:40.87	:51.57	:51.78		1:42.89						
TW @ SHST 6.15.13	06/15/2013 Finals			:50.77	:51.06		1:42.56						
SSST @ TW 6.29.13	06/29/2013 Finals				:50.00	:44.61	1:38.91						
CHAMPS 2013	07/13/2013 Finals				:49.75	:47.66	1:40.99						
Rachel Jordan		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.93	:46.30	:51.16	:50.57	1:36.99						
TW @ MW 5.04.13	05/04/2013 Finals		:34.80			:45.53	1:34.03						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:35.57			:48.18	1:35.01						
TW @ LV 5.18.13	05/18/2013 Finals		:36.24			:49.66	1:38.01						
SVST @ TW 6.8.13	06/08/2013 Finals		:35.79		:47.36	:47.05	1:32.15						
TW @ SHST 6.15.13	06/15/2013 Finals		:36.55		:46.86		1:33.45						
SSST @ TW 6.29.13	06/29/2013 Finals		:34.24		:46.78		1:31.94						
CHAMPS 2013	07/13/2013 Finals		:35.52		:47.24		1:34.37						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Camille Karner		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:46.20	:56.78	1:02.06	2:14.28							
TW @ MW 5.04.13	05/04/2013 Finals		:45.02	:57.39	1:00.27								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:52.41	:58.76	:55.19								
TW @ LV 5.18.13	05/18/2013 Finals		:47.59		:57.52	2:02.85							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:46.42		:55.10	2:01.00							
SVST @ TW 6.8.13	06/08/2013 Finals		:44.87		:52.81	1:56.23							
TW @ SHST 6.15.13	06/15/2013 Finals		:46.73		:52.60	1:53.55							
SSST @ TW 6.29.13	06/29/2013 Finals		:44.50		:53.38	2:05.43							
CHAMPS 2013	07/13/2013 Finals		:42.99		:51.74	1:51.96							
Caitlin Kawamura		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.13	:43.91	:49.33	:43.70	1:33.34						
TW @ MW 5.04.13	05/04/2013 Finals		:34.37			:45.51	1:32.87						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:32.55			:44.31	1:32.03						
TW @ LV 5.18.13	05/18/2013 Finals		:34.34	:43.08			1:32.99						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.14	:42.49	:47.20		1:31.11						
SVST @ TW 6.8.13	06/08/2013 Finals		:33.78	:42.55	:47.64		1:29.57						
TW @ SHST 6.15.13	06/15/2013 Finals		:33.44			:38.83	1:29.60						
2013 ALL STARS	06/22/2013 Finals		:32.20			:39.18	1:30.92						
SSST @ TW 6.29.13	06/29/2013 Finals		:33.00			:39.22	1:27.77						
CHAMPS 2013	07/13/2013 Finals		:33.27			:38.79	1:26.64						
Olivia Kharrazi		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:46.82	:56.59	:52.91	1:23.18	2:01.55						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:51.42		:51.20								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:46.05		:52.52		1:54.99						
SVST @ TW 6.8.13	06/08/2013 Finals		:48.07		:50.41		1:55.27						
Caroline Koblick		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals			:57.54									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:43.69	:57.87	:57.93								
TW @ SHST 6.15.13	06/15/2013 Finals		:45.23		:58.10	1:59.79							
CHAMPS 2013	07/13/2013 Finals		:42.69		:57.24								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Sol Ladetzky		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:41.62	:47.69	:54.29	:53.30	1:49.37						
TW @ MW 5.04.13	05/04/2013 Finals		:41.75				1:46.71						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:43.88	:50.39			1:47.35						
TW @ LV 5.18.13	05/18/2013 Finals		:43.89	:48.69	:58.15								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.87		:53.36		1:49.11						
SVST @ TW 6.8.13	06/08/2013 Finals		:38.38	:48.00			1:42.96						
TW @ SHST 6.15.13	06/15/2013 Finals		:40.57	:48.79			1:46.15						
Emily Lemus		9-10	25 FR	50 FR	25 BA	50 BA	25 BR	50 BR	25 FLY	100 I.M.			
TIME TRIALS 4.27.13	04/27/2013 Finals		:25.06		:32.23		:30.98		:39.22				
TW @ MW 5.04.13	05/04/2013 Finals		:23.54		:29.59		:28.05						
NOVATO @ TW 5.11.13	05/11/2013 Finals				:26.19		:28.08						
TW @ LV 5.18.13	05/18/2013 Finals		:21.83		:28.14		:28.45						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:21.41		:26.30		:26.62						
SVST @ TW 6.8.13	06/08/2013 Finals			:46.71		:56.17		:55.53					
TW @ SHST 6.15.13	06/15/2013 Finals			:44.21				:54.56		2:00.83			
SSST @ TW 6.29.13	06/29/2013 Finals			:46.12				:53.91		1:59.85			
CHAMPS 2013	07/13/2013 Finals			:44.89		:58.29		:56.38					
Brooke Leslie		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:38.67	:50.86	:55.52		1:49.50						
TW @ MW 5.04.13	05/04/2013 Finals		:39.69		:54.44		1:46.26						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:39.68		:54.90	:47.17							
TW @ LV 5.18.13	05/18/2013 Finals		:38.03			:50.71	1:46.91						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:38.33			:46.62	1:41.05						
TW @ SHST 6.15.13	06/15/2013 Finals		:38.94			:46.44	1:46.79						
SSST @ TW 6.29.13	06/29/2013 Finals		:37.95			:47.95	1:43.23						
CHAMPS 2013	07/13/2013 Finals		:37.04			:48.08	1:41.60						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Caroline Lewis		9-10	50 FR	50 BA	50 BR	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:59.76	1:13.91	1:20.68	2:39.24						
TW @ MW 5.04.13	05/04/2013 Finals		1:00.80	1:13.60	1:17.53							
NOVATO @ TW 5.11.13	05/11/2013 Finals		1:01.18	1:07.69								
TW @ LV 5.18.13	05/18/2013 Finals		1:01.16	1:13.28								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:54.05	1:06.34	1:12.49							
SVST @ TW 6.8.13	06/08/2013 Finals		1:00.53	1:10.94	1:15.53							
TW @ SHST 6.15.13	06/15/2013 Finals		1:01.20	1:10.19	1:13.72							
Sydney Liebhauser		9-10	25 FR	50 FR	25 BA	50 BA	25 BR					
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.75		:34.49							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:27.68		:32.36							
TW @ LV 5.18.13	05/18/2013 Finals		:28.07		:31.10							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:29.50		:34.64		:44.40					
TW @ SHST 6.15.13	06/15/2013 Finals		:29.81		:31.36		:40.99					
SSST @ TW 6.29.13	06/29/2013 Finals			:56.83		1:10.63						
Natalie Love		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.					
TW @ MW 5.04.13	05/04/2013 Finals		:36.09									
NOVATO @ TW 5.11.13	05/11/2013 Finals						1:41.69					
TW @ LV 5.18.13	05/18/2013 Finals		:37.29		:53.46		1:46.18					
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:36.79	:48.89		:53.79						
SVST @ TW 6.8.13	06/08/2013 Finals		:35.87	:48.12			1:42.27					
TW @ SHST 6.15.13	06/15/2013 Finals		:35.72	:47.37			1:41.98					
SSST @ TW 6.29.13	06/29/2013 Finals		:36.31	:46.94			1:38.62					
CHAMPS 2013	07/13/2013 Finals		:37.69			:47.07	1:39.88					

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Maddie Lowe		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.90	:42.31	:42.29	:41.37	1:27.53						
TW @ MW 5.04.13	05/04/2013 Finals				:42.44	:41.60	1:29.27						
NOVATO @ TW 5.11.13	05/11/2013 Finals				:41.83	:43.48	1:27.87						
TW @ LV 5.18.13	05/18/2013 Finals				:41.67	:44.14	1:31.23						
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:41.44	:41.79		1:26.91						
SVST @ TW 6.8.13	06/08/2013 Finals		:33.75		:41.43	:39.55	1:27.24						
TW @ SHST 6.15.13	06/15/2013 Finals				:41.41	:40.92	1:24.89						
2013 ALL STARS	06/22/2013 Finals				:40.24	:38.72	1:24.40						
SSST @ TW 6.29.13	06/29/2013 Finals		:34.11	:41.27	:40.86		1:24.29						
CHAMPS 2013	07/13/2013 Finals			:40.48	:40.78		1:23.82						
Chloe Morand		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:51.84	1:04.01	:59.63	2:22.69							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:52.18		:54.89								
TW @ LV 5.18.13	05/18/2013 Finals		:50.20	1:02.80	:56.01								
TW @ RH STINGRAYS 6.	06/01/2013 Finals			1:01.88									
SVST @ TW 6.8.13	06/08/2013 Finals		:46.39	:59.08	:53.36								
SSST @ TW 6.29.13	06/29/2013 Finals		:45.02	:58.17	:53.17								
Rachel Mueller		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:50.01	1:01.69	1:10.93	2:19.86							
TW @ MW 5.04.13	05/04/2013 Finals		:50.14	1:01.50	1:08.43								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:47.66	:59.09	1:08.80								
TW @ LV 5.18.13	05/18/2013 Finals		:51.26	:58.42	1:06.92								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:51.82	1:02.55		2:10.47							
SSST @ TW 6.29.13	06/29/2013 Finals		:49.05	:59.29	:56.53								
Katherine O'Connor		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TW @ MW 5.04.13	05/04/2013 Finals		:40.35	:52.43									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:43.06	:51.37	1:12.67								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:45.01	:50.81			1:51.41						
SVST @ TW 6.8.13	06/08/2013 Finals		:41.21				1:45.84						
TW @ SHST 6.15.13	06/15/2013 Finals		:40.29	:52.26									
SSST @ TW 6.29.13	06/29/2013 Finals		:40.84			:50.08	1:44.29						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Avery Paine		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:38.58	:49.62	:48.91	:49.54	1:39.83						
TW @ MW 5.04.13	05/04/2013 Finals		:39.17			:49.03	1:34.50						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:38.67		:47.62		1:33.03						
TW @ LV 5.18.13	05/18/2013 Finals		:38.95		:48.83		1:35.08						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:37.84		:46.88		1:36.38						
SVST @ TW 6.8.13	06/08/2013 Finals		:38.47		:46.77		1:32.75						
TW @ SHST 6.15.13	06/15/2013 Finals		:39.52		:46.29		1:38.40						
SSST @ TW 6.29.13	06/29/2013 Finals		:37.94		:48.08		1:40.00						
CHAMPS 2013	07/13/2013 Finals		:39.81		:48.15		1:38.31						
Sabina Patterson		9-10	50 FR	50 BA	50 BR								
TW @ MW 5.04.13	05/04/2013 Finals			1:00.97									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:47.68										
TW @ LV 5.18.13	05/18/2013 Finals		:48.31	1:02.68	:55.50								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:46.55	1:03.94	:54.88								
TW @ SHST 6.15.13	06/15/2013 Finals		:46.60	1:09.01	:54.75								
CHAMPS 2013	07/13/2013 Finals		:49.12		:51.56								
Molly Pitts		9-10	50 FR	50 BA	50 BR	100 I.M.							
TW @ SHST 6.15.13	06/15/2013 Finals		:44.71	:54.40	:54.50								
SSST @ TW 6.29.13	06/29/2013 Finals		:41.93		:53.59	1:49.67							
CHAMPS 2013	07/13/2013 Finals		:44.78		:53.89	1:48.11							
Savannah Porteus		9-10	50 FR	50 BA									
TIME TRIALS 4.27.13	04/27/2013 Finals		1:00.18	1:15.01									
TW @ LV 5.18.13	05/18/2013 Finals		1:02.19	1:09.07									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:01.42	1:08.30									
TW @ SHST 6.15.13	06/15/2013 Finals		:57.66	1:12.27									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Maddie Redmond		9-10	25 FR	50 FR	25 BA	50 BA	25 BR	50 BR	25 FLY	100 I.M.			
TIME TRIALS 4.27.13	04/27/2013 Finals		:19.89		:23.75		:28.84		:31.94				
TW @ MW 5.04.13	05/04/2013 Finals		:21.48		:27.24		:27.56						
NOVATO @ TW 5.11.13	05/11/2013 Finals			:47.65		1:01.89							
TW @ LV 5.18.13	05/18/2013 Finals			:51.31		1:04.10		1:06.46					
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:54.40		1:04.47							
SVST @ TW 6.8.13	06/08/2013 Finals			:47.61		:57.12		:58.66					
TW @ SHST 6.15.13	06/15/2013 Finals			:48.37		:56.41		:58.11					
SSST @ TW 6.29.13	06/29/2013 Finals			:45.77		:57.58				2:02.22			
CHAMPS 2013	07/13/2013 Finals			:47.89		:58.74		1:01.98					
Katherine Ritter		9-10	25 FR	50 FR	25 BA	50 BA	25 BR	50 BR	25 FLY				
TIME TRIALS 4.27.13	04/27/2013 Finals		:26.44		:28.91		:29.54		:33.83				
TW @ MW 5.04.13	05/04/2013 Finals		:24.96		:28.41		:30.77						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:26.03		:28.33		:26.69						
TW @ LV 5.18.13	05/18/2013 Finals			:49.25		:56.98		:54.72					
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:45.33		:54.01		:56.55					
TW @ SHST 6.15.13	06/15/2013 Finals			:44.69		:56.05		:53.21					
SSST @ TW 6.29.13	06/29/2013 Finals			:45.55		:54.62		:54.13					
CHAMPS 2013	07/13/2013 Finals			:47.24		:54.59		:52.26					
Erin Roddy		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:48.61	:56.22	:54.52	:57.30	1:57.42						
TW @ MW 5.04.13	05/04/2013 Finals		:51.03	:56.16	:54.65								
TW @ LV 5.18.13	05/18/2013 Finals		:50.10		:58.81		1:57.38						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:49.52		:54.52		1:57.17						
SVST @ TW 6.8.13	06/08/2013 Finals		:43.16		:53.55		1:50.38						
TW @ SHST 6.15.13	06/15/2013 Finals		:44.97		:55.26		1:53.66						
SSST @ TW 6.29.13	06/29/2013 Finals		:45.58		:52.94		1:51.04						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Lyla Runkel		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:47.77	:50.28	:59.29	1:07.84	1:57.62						
TW @ MW 5.04.13	05/04/2013 Finals		:48.00	:52.85	:55.64								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:45.25	:48.95			1:52.83						
TW @ LV 5.18.13	05/18/2013 Finals		:44.53	:49.12			1:50.61						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:44.21	:50.09	:52.99								
SVST @ TW 6.8.13	06/08/2013 Finals			:47.60	:53.75		1:46.94						
TW @ SHST 6.15.13	06/15/2013 Finals			:47.71	:51.72		1:48.98						
SSST @ TW 6.29.13	06/29/2013 Finals		:43.87	:46.00			1:48.01						
Lindsay Ryan													
NOVATO @ TW 5.11.13	05/11/2013 Finals		:40.17	:49.38	:52.91								
TW @ LV 5.18.13	05/18/2013 Finals		:43.28	:53.67	:51.75								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:39.34		:52.92	1:51.74							
SVST @ TW 6.8.13	06/08/2013 Finals		:43.46		:50.54	1:46.49							
SSST @ TW 6.29.13	06/29/2013 Finals		:37.60		:48.58	1:38.69							
Genevieve Schilick													
TIME TRIALS 4.27.13	04/27/2013 Finals		:51.01	1:03.64	1:11.88								
TW @ MW 5.04.13	05/04/2013 Finals		:47.28	1:02.67									
NOVATO @ TW 5.11.13	05/11/2013 Finals			1:04.41									
TW @ LV 5.18.13	05/18/2013 Finals		:48.30	1:03.76	1:09.91								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:47.18	1:00.73	1:04.68								
SVST @ TW 6.8.13	06/08/2013 Finals		:46.86	1:01.41	1:10.56								
TW @ SHST 6.15.13	06/15/2013 Finals		:46.93	:58.81	1:06.68								
CHAMPS 2013	07/13/2013 Finals		:43.41	:53.32	:57.67								
Jenna Smock													
TIME TRIALS 4.27.13	04/27/2013 Finals		:50.68	1:04.28									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:49.08	:58.75									
SVST @ TW 6.8.13	06/08/2013 Finals		:48.25	:57.67									
TW @ SHST 6.15.13	06/15/2013 Finals		:47.23	:58.06									
SSST @ TW 6.29.13	06/29/2013 Finals		:47.38										

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Katherine Stein		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:50.17	1:02.76	1:02.00	2:19.45							
TW @ MW 5.04.13	05/04/2013 Finals		:51.03	:56.10									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:47.46	:57.31									
TW @ LV 5.18.13	05/18/2013 Finals		:47.44	:56.87									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:47.35	:54.55	1:02.92								
SVST @ TW 6.8.13	06/08/2013 Finals		:48.80	:52.17	1:01.42								
SSST @ TW 6.29.13	06/29/2013 Finals		:45.68	:53.44	:58.65								
Larkin Stodolnic		9-10	50 FR	50 BA	50 BR	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals		:45.02	:47.71									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:46.27	:48.86	1:04.74								
TW @ LV 5.18.13	05/18/2013 Finals		:46.07	:49.06	:59.72								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:48.54	:49.65	:56.49								
SVST @ TW 6.8.13	06/08/2013 Finals		:45.45		:59.87								
TW @ SHST 6.15.13	06/15/2013 Finals		:43.71	:50.12	:56.74								
SSST @ TW 6.29.13	06/29/2013 Finals		:44.39	:49.27		1:52.97							
Gemma Strauss		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:47.09	:51.62	:59.61	2:01.05							
TW @ MW 5.04.13	05/04/2013 Finals		:49.03	:54.26	:55.11								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:45.85	:51.77		1:54.12							
TW @ LV 5.18.13	05/18/2013 Finals		:45.50	:54.98	:58.18								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:45.47		:58.12	1:59.71							
TW @ SHST 6.15.13	06/15/2013 Finals		:45.16	:52.49		1:53.11							
SSST @ TW 6.29.13	06/29/2013 Finals		:43.19	:51.97	:56.41								
CHAMPS 2013	07/13/2013 Finals		:43.08		:51.01								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Lulu Sunshine		9-10	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:43.99	:47.25	1:01.02	1:52.26							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:40.19	:48.04		1:47.31							
TW @ LV 5.18.13	05/18/2013 Finals		:42.70	:51.26		1:48.13							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:42.00	:48.37		1:46.36							
SVST @ TW 6.8.13	06/08/2013 Finals		:41.66	:48.30	1:00.39								
TW @ SHST 6.15.13	06/15/2013 Finals		:42.73	:48.42		1:46.61							
SSST @ TW 6.29.13	06/29/2013 Finals		:40.16	:48.93		1:44.23							
CHAMPS 2013	07/13/2013 Finals		:39.77	:47.98		1:40.20							
Pearl Thompson		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:41.03	:52.11	1:05.91	:55.44	2:00.60						
TW @ MW 5.04.13	05/04/2013 Finals		:40.37	:50.19		:55.85							
NOVATO @ TW 5.11.13	05/11/2013 Finals			:53.38		:50.19	1:55.96						
TW @ LV 5.18.13	05/18/2013 Finals		:41.61	:52.04			1:47.82						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.44			:48.31	1:52.11						
SVST @ TW 6.8.13	06/08/2013 Finals		:38.47			:46.48	1:48.48						
TW @ SHST 6.15.13	06/15/2013 Finals		:41.41			:48.60	1:53.05						
SSST @ TW 6.29.13	06/29/2013 Finals		:39.18			:48.13	1:52.29						
CHAMPS 2013	07/13/2013 Finals		:41.08			:49.74	1:49.40						
Kate Wakeman		9-10	50 FR	50 BA	50 BR	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals		:42.42	:49.00	1:03.13								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.38	:49.68		1:53.27							
TW @ LV 5.18.13	05/18/2013 Finals		:43.14	:50.46	1:00.88								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.80	:48.70	:59.11								
SVST @ TW 6.8.13	06/08/2013 Finals		:43.22	:50.85		1:55.68							
TW @ SHST 6.15.13	06/15/2013 Finals		:45.88	:50.61									
SSST @ TW 6.29.13	06/29/2013 Finals		:43.06	:52.85		1:49.44							
CHAMPS 2013	07/13/2013 Finals		:42.06	:53.52		1:49.07							

PROGRESSION for Short Course Yards		GROUP: ALL					c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB						
Libby Walsh	9-10	50 FR	50 BA	50 BR									
TIME TRIALS 4.27.13	04/27/2013 Finals	:56.72	1:02.58										
TW @ MW 5.04.13	05/04/2013 Finals	:49.10											
NOVATO @ TW 5.11.13	05/11/2013 Finals	:46.63	:50.96										
TW @ LV 5.18.13	05/18/2013 Finals	:47.31	:52.70										
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:42.52	:50.77	:59.42									
SVST @ TW 6.8.13	06/08/2013 Finals	:42.41	:52.96	:55.24									
TW @ SHST 6.15.13	06/15/2013 Finals	:42.24	:51.37	:58.63									
SSST @ TW 6.29.13	06/29/2013 Finals	:39.17		:59.10									
CHAMPS 2013	07/13/2013 Finals	:41.74	:49.32	:59.76									
Ilea Walters	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals	:40.35	:48.19	:52.22	:50.14	1:44.25							
TW @ MW 5.04.13	05/04/2013 Finals	:38.75			:56.21	1:46.08							
NOVATO @ TW 5.11.13	05/11/2013 Finals	:41.91	:46.95			1:42.93							
TW @ LV 5.18.13	05/18/2013 Finals	:41.78	:46.52			1:39.36							
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:39.90	:45.31			1:42.14							
SVST @ TW 6.8.13	06/08/2013 Finals		:44.52		:49.14	1:40.34							
TW @ SHST 6.15.13	06/15/2013 Finals	:37.35	:43.14										
Shelby Weingart	9-10	50 FR	50 BA	50 BR									
TIME TRIALS 4.27.13	04/27/2013 Finals		1:01.92										
TW @ MW 5.04.13	05/04/2013 Finals	:50.68	1:08.61										
NOVATO @ TW 5.11.13	05/11/2013 Finals	:46.47	1:04.47										
TW @ LV 5.18.13	05/18/2013 Finals	:47.98	1:02.29	1:06.77									
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:45.63	:54.90	1:04.03									
SVST @ TW 6.8.13	06/08/2013 Finals	:43.14	:56.98	1:03.38									
TW @ SHST 6.15.13	06/15/2013 Finals	:45.16	:57.32										
Hope Whitelaw-McDo	9-10	50 FR	50 BA	50 BR									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:58.12											
TW @ LV 5.18.13	05/18/2013 Finals	1:03.16	1:02.75	1:10.35									
SVST @ TW 6.8.13	06/08/2013 Finals	:56.79	1:01.23	1:13.08									
SSST @ TW 6.29.13	06/29/2013 Finals	1:02.39	1:01.79	1:15.65									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Ruby Wolfers		9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:41.82	:49.78	:52.16		1:48.69						
TW @ MW 5.04.13	05/04/2013 Finals		:39.84		:52.11		1:41.96						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:39.23	:46.15			1:41.03						
TW @ LV 5.18.13	05/18/2013 Finals		:41.11	:49.53			1:44.75						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:39.76	:47.64	:50.27								
SVST @ TW 6.8.13	06/08/2013 Finals		:38.78	:48.46	:49.88								
TW @ SHST 6.15.13	06/15/2013 Finals		:39.74	:47.96			1:41.52						
SSST @ TW 6.29.13	06/29/2013 Finals		:39.65	:45.74		:47.97							
CHAMPS 2013	07/13/2013 Finals			:44.31	:47.46		1:36.36						
Indie Adamich		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		1:05.72	1:11.16									
TW @ MW 5.04.13	05/04/2013 Finals		1:02.04	1:11.66									
NOVATO @ TW 5.11.13	05/11/2013 Finals		1:02.85										
TW @ LV 5.18.13	05/18/2013 Finals		1:02.04	1:02.21									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:51.84	:58.61									
SVST @ TW 6.8.13	06/08/2013 Finals		:53.28	:55.72	1:13.13								
TW @ SHST 6.15.13	06/15/2013 Finals		:54.20	:51.37	1:12.11								
SSST @ TW 6.29.13	06/29/2013 Finals			:51.03	1:00.05	1:58.31							
CHAMPS 2013	07/13/2013 Finals		:43.33	:52.72	1:04.74								
Gabby Beltran		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.88	:48.39	:54.58	:39.02	1:34.38						
TW @ MW 5.04.13	05/04/2013 Finals		:34.69			:38.55	1:34.61						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:34.30			:38.70	1:33.21						
TW @ LV 5.18.13	05/18/2013 Finals		:35.47			:38.65	1:34.43						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:35.18			:39.33	1:33.29						
SVST @ TW 6.8.13	06/08/2013 Finals		:34.54			:40.09	1:36.67						
TW @ SHST 6.15.13	06/15/2013 Finals					:39.34	1:35.70						
SSST @ TW 6.29.13	06/29/2013 Finals		:33.08			:39.10	1:32.82						
CHAMPS 2013	07/13/2013 Finals		:33.81			:39.45							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Kotone Berreman		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.20	:51.85	:48.15	:46.98	1:43.04						
TW @ MW 5.04.13	05/04/2013 Finals		:36.25			:47.64	1:37.78						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:35.53			:42.46	1:34.53						
SVST @ TW 6.8.13	06/08/2013 Finals		:34.78			:42.78	1:33.62						
SSST @ TW 6.29.13	06/29/2013 Finals		:36.65			:42.64	1:35.13						
CHAMPS 2013	07/13/2013 Finals		:35.68			:42.82	1:36.06						
Marijke Bluto		11-12	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:45.29	:51.24	1:01.56								
TW @ MW 5.04.13	05/04/2013 Finals		:43.54	:52.91	1:00.87								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:44.46	:56.56									
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:56.05	1:00.26								
SVST @ TW 6.8.13	06/08/2013 Finals		:45.37	:55.95	1:02.09								
SSST @ TW 6.29.13	06/29/2013 Finals		:43.59	:53.51	:59.14								
Megan Bosley		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:40.58	:53.20	:49.44	:48.31	1:42.57						
TW @ MW 5.04.13	05/04/2013 Finals		:39.66			:46.37	1:40.98						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:39.06		:48.73								
TW @ LV 5.18.13	05/18/2013 Finals		:40.26		:50.79		1:41.53						
SVST @ TW 6.8.13	06/08/2013 Finals		:38.31			:44.54	1:38.11						
TW @ SHST 6.15.13	06/15/2013 Finals		:39.80			:46.55	1:38.98						
SSST @ TW 6.29.13	06/29/2013 Finals		:39.00		:50.27	:50.67	1:42.86						
CHAMPS 2013	07/13/2013 Finals		:39.31			:48.55	1:39.35						
Kayla Buki		11-12	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:44.44	:48.90									
TW @ MW 5.04.13	05/04/2013 Finals		:40.60										
NOVATO @ TW 5.11.13	05/11/2013 Finals		:39.78	:48.82	:58.52								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:41.80	:47.75	:55.23								
SVST @ TW 6.8.13	06/08/2013 Finals		:40.50	:48.39	:53.16								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Darragh Carobene		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.94	:46.27	:46.52	:44.92	1:40.26						
TW @ MW 5.04.13	05/04/2013 Finals		:40.11			:50.27	1:39.41						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:38.92				1:36.98						
TW @ LV 5.18.13	05/18/2013 Finals		:37.16			:43.80	1:38.60						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:36.38				1:36.32						
SVST @ TW 6.8.13	06/08/2013 Finals		:34.88			:43.63	1:36.16						
TW @ SHST 6.15.13	06/15/2013 Finals		:37.55			:43.32							
SSST @ TW 6.29.13	06/29/2013 Finals					:40.65	1:38.31						
CHAMPS 2013	07/13/2013 Finals		:36.21				1:31.65						
Carolyn Cheng		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.59	:38.42	:45.21	:35.82	1:22.51						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:31.27			:33.78							
TW @ LV 5.18.13	05/18/2013 Finals		:32.53			:36.56	1:21.13						
SVST @ TW 6.8.13	06/08/2013 Finals		:31.84	:35.15		:35.91	1:24.69						
2013 ALL STARS	06/22/2013 Finals			:34.79		:35.60							
SSST @ TW 6.29.13	06/29/2013 Finals			:35.92		:35.10	1:21.10						
CHAMPS 2013	07/13/2013 Finals			:34.81		:34.07	1:19.24						
Jemima Dominguez		11-12	50 FR	50 FLY	100 I.M.								
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.42										
TW @ MW 5.04.13	05/04/2013 Finals		:33.20		1:26.14								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.25	:35.50									
TW @ LV 5.18.13	05/18/2013 Finals		:34.00	:37.10	1:30.25								
SVST @ TW 6.8.13	06/08/2013 Finals		:34.15	:35.52	1:25.77								
TW @ SHST 6.15.13	06/15/2013 Finals		:34.10	:34.87									
SSST @ TW 6.29.13	06/29/2013 Finals		:33.62	:35.63	1:25.65								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Alexandra Fister		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:39.18	:56.90	:48.76	1:42.78							
TW @ MW 5.04.13	05/04/2013 Finals		:42.83	:58.53									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:42.18	:56.27	:49.25								
TW @ LV 5.18.13	05/18/2013 Finals		:40.72	:57.70		1:47.41							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.89		:51.30	1:47.20							
SVST @ TW 6.8.13	06/08/2013 Finals		:38.45		:46.78	1:41.71							
TW @ SHST 6.15.13	06/15/2013 Finals		:37.99		:47.36	1:40.57							
SSST @ TW 6.29.13	06/29/2013 Finals		:36.72		:47.48	1:44.72							
CHAMPS 2013	07/13/2013 Finals		:36.04		:48.05	1:43.10							
Talia Fleischman		11-12	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.56	:42.29	:44.38								
TW @ MW 5.04.13	05/04/2013 Finals		:33.72	:41.04	:44.26								
TW @ LV 5.18.13	05/18/2013 Finals		:34.49	:42.37									
SVST @ TW 6.8.13	06/08/2013 Finals		:34.72	:40.44	:43.29								
TW @ SHST 6.15.13	06/15/2013 Finals		:34.11	:41.20	:44.00								
Lori Gerstenfeld		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.31	:36.45	:38.96	:35.37	1:16.62						
TW @ MW 5.04.13	05/04/2013 Finals		:29.82		:40.12		1:17.27						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:29.57		:38.43	:34.63	1:16.61						
TW @ LV 5.18.13	05/18/2013 Finals		:30.87		:40.74		1:17.49						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:30.11		:38.89		1:15.18						
SVST @ TW 6.8.13	06/08/2013 Finals		:29.55		:37.88		1:15.74						
TW @ SHST 6.15.13	06/15/2013 Finals		:29.86		:38.74		1:14.89						
2013 ALL STARS	06/22/2013 Finals		:29.48		:37.51		1:14.43						
SSST @ TW 6.29.13	06/29/2013 Finals		:29.47		:38.41		1:14.89						
CHAMPS 2013	07/13/2013 Finals		:29.10		:37.60		1:14.43						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Olivia Greenberg		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.67	:34.28	:39.96	:32.00	1:13.88						
TW @ MW 5.04.13	05/04/2013 Finals		:28.99	:34.21		:32.62	1:13.48						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:28.99	:34.44		:32.79	1:14.87						
TW @ LV 5.18.13	05/18/2013 Finals		:29.41										
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:28.15			:31.31	1:12.12						
SVST @ TW 6.8.13	06/08/2013 Finals		:27.98			:30.90	1:10.73						
TW @ SHST 6.15.13	06/15/2013 Finals		:28.14			:32.48	1:09.67						
2013 ALL STARS	06/22/2013 Finals		:27.38			:30.20	1:10.49						
SSST @ TW 6.29.13	06/29/2013 Finals		:27.47			:30.72	1:08.70						
CHAMPS 2013	07/13/2013 Finals		:27.56			:30.34	1:08.57						
Lily Harding		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:31.69	:37.03	:47.14	:36.24	1:22.77						
TW @ MW 5.04.13	05/04/2013 Finals			:37.05		:34.43	1:20.76						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.21	:35.56		:34.40	1:18.59						
TW @ LV 5.18.13	05/18/2013 Finals		:31.79	:36.03			1:18.72						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:30.85	:35.70		:34.49	1:20.55						
SVST @ TW 6.8.13	06/08/2013 Finals		:31.04			:35.38	1:19.60						
TW @ SHST 6.15.13	06/15/2013 Finals		:31.38	:36.35		:34.10							
2013 ALL STARS	06/22/2013 Finals			:37.01		:36.75	1:25.09						
SSST @ TW 6.29.13	06/29/2013 Finals			:35.10		:34.35	1:19.28						
CHAMPS 2013	07/13/2013 Finals		:30.96	:36.36		:34.26							
Haley Johnson		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.55	:46.54	:50.85	1:39.74							
TW @ MW 5.04.13	05/04/2013 Finals		:37.42	:44.56	:50.72								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:38.56	:45.88		1:36.94							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:37.92	:43.75		1:35.08							
SVST @ TW 6.8.13	06/08/2013 Finals		:39.18	:44.69		1:36.21							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Elsa Kemp		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.01	:54.41	:47.90	1:42.45							
TW @ MW 5.04.13	05/04/2013 Finals		:37.70										
NOVATO @ TW 5.11.13	05/11/2013 Finals		:36.11		:45.74	1:42.33							
SVST @ TW 6.8.13	06/08/2013 Finals		:33.54										
Juliet Kvam		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:39.61	:46.42	:50.96	:55.24	1:46.96						
TW @ MW 5.04.13	05/04/2013 Finals		:40.82	:50.40	:46.57								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:39.68		:48.43								
TW @ LV 5.18.13	05/18/2013 Finals		:39.60		:49.53		1:40.62						
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:44.02	:49.35		1:42.02						
SVST @ TW 6.8.13	06/08/2013 Finals		:38.85	:45.13	:49.94								
SSST @ TW 6.29.13	06/29/2013 Finals		:36.18	:45.74	:47.49								
Natalia Lazor		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.20	:49.31	:48.91	:45.96	1:40.26						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:36.81			:43.12	1:35.56						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:36.87			:43.72	1:33.82						
TW @ SHST 6.15.13	06/15/2013 Finals		:35.22			:43.07	1:36.55						
CHAMPS 2013	07/13/2013 Finals		:36.10			:40.84	1:31.51						
Makayla Lee		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.55	:47.73	:41.97	:49.18	1:34.85						
TW @ MW 5.04.13	05/04/2013 Finals		:35.38		:42.16								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.60		:41.98		1:30.05						
TW @ LV 5.18.13	05/18/2013 Finals		:33.83		:41.66		1:29.28						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.84		:40.51		1:29.98						
SVST @ TW 6.8.13	06/08/2013 Finals		:33.85		:40.77		1:29.34						
TW @ SHST 6.15.13	06/15/2013 Finals				:40.35								
2013 ALL STARS	06/22/2013 Finals				:40.88								
SSST @ TW 6.29.13	06/29/2013 Finals		:34.06		:39.55		1:28.42						
CHAMPS 2013	07/13/2013 Finals		:35.00		:41.37	:42.98							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Neva Legallet		11-12	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:46.24	:51.35	1:02.86								
TW @ LV 5.18.13	05/18/2013 Finals		:41.89	:48.16	1:03.78								
SSST @ TW 6.29.13	06/29/2013 Finals		:40.58	:50.20									
Taylor Leslie		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:31.89	:46.00	:42.54	:39.96	1:26.33						
TW @ MW 5.04.13	05/04/2013 Finals		:32.33		:42.04		1:24.98						
TW @ LV 5.18.13	05/18/2013 Finals		:31.79		:43.41		1:24.17						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.69		:41.13		1:21.26						
SVST @ TW 6.8.13	06/08/2013 Finals		:31.54		:41.30		1:21.88						
TW @ SHST 6.15.13	06/15/2013 Finals		:31.80		:41.43		1:22.98						
SSST @ TW 6.29.13	06/29/2013 Finals		:31.50		:40.39		1:20.52						
CHAMPS 2013	07/13/2013 Finals		:31.09		:38.67		1:19.91						
Amelia Love		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.37	:47.04	:57.30	:47.51	1:39.91						
TW @ MW 5.04.13	05/04/2013 Finals		:36.34	:51.81		:45.52							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:36.85	:49.36		:44.62							
TW @ LV 5.18.13	05/18/2013 Finals		:36.46			:43.53	1:40.89						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:38.33			:48.67	1:45.82						
SVST @ TW 6.8.13	06/08/2013 Finals		:35.72			:44.43	1:37.47						
TW @ SHST 6.15.13	06/15/2013 Finals		:35.50			:47.35	1:39.56						
SSST @ TW 6.29.13	06/29/2013 Finals		:36.55			:47.41	1:44.53						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Kate Masterson		11-12	50 FR	50 BA	50 BR	50 FLY	100 L.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:31.02	:35.18	:38.64	:32.90	1:15.57						
TW @ MW 5.04.13	05/04/2013 Finals			:36.54	:38.31		1:14.59						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:29.81		:37.85	:33.07	1:14.38						
TW @ LV 5.18.13	05/18/2013 Finals			:35.24		:31.82	1:16.04						
TW @ RH STINGRAYS 6.	06/01/2013 Finals				:37.87	:32.25	1:16.57						
SVST @ TW 6.8.13	06/08/2013 Finals		:29.84	:35.29		:32.77	1:16.54						
TW @ SHST 6.15.13	06/15/2013 Finals			:35.48	:38.17		1:18.13						
2013 ALL STARS	06/22/2013 Finals				:39.00	:32.51	1:16.16						
SSST @ TW 6.29.13	06/29/2013 Finals				:38.06	:33.16	1:17.49						
CHAMPS 2013	07/13/2013 Finals			:35.63	:38.04	:32.69							
Madi Masterson		11-12	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:44.43	1:12.94	1:20.95								
TW @ MW 5.04.13	05/04/2013 Finals		:50.91	1:07.36									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:41.67	1:06.27	1:26.73								
TW @ LV 5.18.13	05/18/2013 Finals		:42.25	1:09.26	1:13.22								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:42.21	1:09.09	1:19.34								
SVST @ TW 6.8.13	06/08/2013 Finals		:43.74	1:02.70	1:25.42								
TW @ SHST 6.15.13	06/15/2013 Finals		:45.87	1:09.81	1:17.88								
SSST @ TW 6.29.13	06/29/2013 Finals		:44.71	1:07.35	1:19.65								
CHAMPS 2013	07/13/2013 Finals		:48.25	1:05.60	1:20.28								
Aislinn McInerney		11-12	50 FR	50 BA	50 BR	100 L.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:29.85	:35.36	:37.72	1:17.64							
TW @ MW 5.04.13	05/04/2013 Finals		:29.01	:35.72	:38.23								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:29.39		:38.70	1:16.42							
TW @ LV 5.18.13	05/18/2013 Finals		:30.03	:35.01	:38.79								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:29.80	:33.64	:36.89								
SVST @ TW 6.8.13	06/08/2013 Finals		:28.06	:34.59	:36.63								
TW @ SHST 6.15.13	06/15/2013 Finals		:28.47										
2013 ALL STARS	06/22/2013 Finals		:28.75	:34.29	:36.52								
SSST @ TW 6.29.13	06/29/2013 Finals		:28.92	:34.98	:35.58								
CHAMPS 2013	07/13/2013 Finals		:28.78	:35.32	:37.50								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Francesca Mclaughlin 11-12		50 FR	50 BA	50 BR	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:52.11	1:00.75	1:00.58	2:10.19						
NOVATO @ TW 5.11.13	05/11/2013 Finals	:46.82	:55.70								
TW @ LV 5.18.13	05/18/2013 Finals		:55.66								
SVST @ TW 6.8.13	06/08/2013 Finals	:47.26	:56.71								
Carmen Monroe Watt 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
TIME TRIALS 4.27.13	04/27/2013 Finals	:34.66	:40.97	:44.85	:43.37	1:28.98					
TW @ MW 5.04.13	05/04/2013 Finals	:34.35									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:33.40		:43.66		1:29.07					
TW @ LV 5.18.13	05/18/2013 Finals	:33.63		:43.88		1:29.84					
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:33.95		:44.97		1:27.63					
SVST @ TW 6.8.13	06/08/2013 Finals	:32.71		:43.94		1:25.77					
TW @ SHST 6.15.13	06/15/2013 Finals	:34.26		:44.31		1:27.68					
Alexandra Polidora 11-12		50 FR	50 BA	50 BR	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:46.32	:53.87	:55.77	1:48.35						
TW @ MW 5.04.13	05/04/2013 Finals	:44.34	:51.80	:56.62							
SVST @ TW 6.8.13	06/08/2013 Finals	:44.00	:53.47		1:51.18						
TW @ SHST 6.15.13	06/15/2013 Finals	:44.26	:52.19	:55.40							
CHAMPS 2013	07/13/2013 Finals	:42.95		:53.28							
Cassidy Rodgers 11-12		50 FR	50 BA	50 BR	50 FLY	100 I.M.					
TIME TRIALS 4.27.13	04/27/2013 Finals	:37.17	:45.07	:50.90	:50.16	1:42.78					
TW @ MW 5.04.13	05/04/2013 Finals	:36.30	:45.70	:51.96							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:45.89	:51.69							
TW @ LV 5.18.13	05/18/2013 Finals	:39.66		:52.01		1:40.93					
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:38.85		:52.63		1:44.71					
SSST @ TW 6.29.13	06/29/2013 Finals	:38.11		:51.83							
CHAMPS 2013	07/13/2013 Finals	:38.05		:52.91		1:40.53					

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Miya Schilz		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:35.11	:42.69	:49.32	:47.02	1:34.34						
TW @ MW 5.04.13	05/04/2013 Finals		:35.26	:43.04		:48.52							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:34.90	:41.57			1:34.24						
TW @ LV 5.18.13	05/18/2013 Finals		:34.28	:43.20			1:33.98						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.63	:40.96		:40.79							
SVST @ TW 6.8.13	06/08/2013 Finals		:33.11	:40.96			1:31.40						
SSST @ TW 6.29.13	06/29/2013 Finals		:33.96	:42.43			1:29.13						
CHAMPS 2013	07/13/2013 Finals		:33.66	:41.21			1:29.40						
Amelia Shunk		11-12	50 FR	50 BR	50 FLY	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals		:33.81		:37.45	1:27.57							
TW @ LV 5.18.13	05/18/2013 Finals		:35.68		:40.51	1:30.35							
SVST @ TW 6.8.13	06/08/2013 Finals		:34.05		:40.02	1:27.57							
TW @ SHST 6.15.13	06/15/2013 Finals		:36.27	:41.90	:41.58								
SSST @ TW 6.29.13	06/29/2013 Finals		:34.73	:41.32		1:27.00							
Ella Spaethling		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.58	:42.73	:46.80	:42.39	1:30.69						
TW @ MW 5.04.13	05/04/2013 Finals					:41.45	1:26.93						
TW @ LV 5.18.13	05/18/2013 Finals				:54.98	:42.69	1:29.77						
SVST @ TW 6.8.13	06/08/2013 Finals		:33.26	:43.57			1:26.93						
TW @ SHST 6.15.13	06/15/2013 Finals		:34.30			:44.09	1:28.26						
Ellery Stocker		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:43.17	:50.92	:55.37	1:48.77							
TW @ MW 5.04.13	05/04/2013 Finals		:40.73	:48.44									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:40.58	:48.45	:56.52								
TW @ LV 5.18.13	05/18/2013 Finals		:41.28	:50.22		1:43.85							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:40.39	:50.31		1:46.47							
SVST @ TW 6.8.13	06/08/2013 Finals		:39.70	:48.76		1:43.00							
TW @ SHST 6.15.13	06/15/2013 Finals		:41.00	:49.35	:52.60								
CHAMPS 2013	07/13/2013 Finals		:38.53		:52.30								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Mary Tarantino		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.53	:40.77	:45.15	:37.31	1:26.01						
TW @ MW 5.04.13	05/04/2013 Finals		:33.37			:36.64	1:27.16						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:32.85			:36.52	1:23.60						
TW @ LV 5.18.13	05/18/2013 Finals		:33.90			:37.21	1:25.09						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.34			:36.37	1:24.91						
SVST @ TW 6.8.13	06/08/2013 Finals		:32.19										
TW @ SHST 6.15.13	06/15/2013 Finals		:33.14		:43.44	:37.02	1:25.77						
CHAMPS 2013	07/13/2013 Finals		:32.39		:45.61	:37.50							
Kate Theriault		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:39.33	:46.26	:50.63	:52.09	1:41.29						
TW @ MW 5.04.13	05/04/2013 Finals		:38.79	:45.61	:48.17								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:38.08	:45.75			1:35.74						
TW @ LV 5.18.13	05/18/2013 Finals		:39.94	:44.66	:47.89								
SVST @ TW 6.8.13	06/08/2013 Finals		:37.45	:43.65			1:33.58						
SSST @ TW 6.29.13	06/29/2013 Finals		:37.56	:43.75			1:34.48						
CHAMPS 2013	07/13/2013 Finals		:37.24		:50.37								
Betsy Tietze		11-12	50 FR	50 BA	50 BR								
TW @ MW 5.04.13	05/04/2013 Finals		:36.84	:50.52									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:37.47	:51.24	1:23.81								
SVST @ TW 6.8.13	06/08/2013 Finals			:52.29									
Cambry Weingart		11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:51.74	:57.00	:54.23		1:58.35						
TW @ MW 5.04.13	05/04/2013 Finals		:47.58	:55.33	:56.19								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:44.60	:53.24	:52.75								
TW @ LV 5.18.13	05/18/2013 Finals		:44.81		:51.85		1:47.08						
TW @ RH STINGRAYS 6.	06/01/2013 Finals				:51.28	:51.54	1:45.97						
SVST @ TW 6.8.13	06/08/2013 Finals				:48.83	:49.86	1:43.20						
TW @ SHST 6.15.13	06/15/2013 Finals				:51.20	:48.31	1:39.54						
CHAMPS 2013	07/13/2013 Finals				:50.22	:47.70	1:37.71						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Eliette Willes		11-12	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.39	:42.44	:49.07	1:31.73							
TW @ MW 5.04.13	05/04/2013 Finals		:34.41	:43.81		1:32.94							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:32.79	:43.10		1:33.72							
TW @ SHST 6.15.13	06/15/2013 Finals					1:27.21							
Kiernan Byrne		13-14	50 FR	50 BR									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.07	:41.72									
Ahnastasia Carlyle		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:31.53	:36.43	:43.63		1:22.30						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.47			:36.80	1:22.21						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:30.49			:38.11							
SVST @ TW 6.8.13	06/08/2013 Finals		:30.31	:35.37									
TW @ SHST 6.15.13	06/15/2013 Finals		:31.04	:37.35			1:21.16						
SSST @ TW 6.29.13	06/29/2013 Finals		:30.64	:37.66									
Olivia Carpenter		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.88	:38.25	:43.26	:35.05	1:20.31						
TW @ MW 5.04.13	05/04/2013 Finals		:30.93		:43.99	:36.37							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.50		:42.72		1:19.08						
TW @ LV 5.18.13	05/18/2013 Finals		:31.33			:35.05	1:20.13						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.63			:35.35	1:23.92						
SVST @ TW 6.8.13	06/08/2013 Finals		:29.55			:32.70	1:17.43						
TW @ SHST 6.15.13	06/15/2013 Finals		:31.02		:44.38		1:20.40						
CHAMPS 2013	07/13/2013 Finals		:29.82			:33.01	1:16.70						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Olivia Dominguez		13-14	50 FR	100 FR	50 BR	50 FLY	100 I.M.						
NOVATO @ TW 5.11.13	05/11/2013 Finals			1:04.77									
TW @ LV 5.18.13	05/18/2013 Finals	:28.82			:41.23								
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:28.45				:31.38	1:18.39						
SVST @ TW 6.8.13	06/08/2013 Finals	:28.67				:29.96	1:18.28						
TW @ SHST 6.15.13	06/15/2013 Finals	:29.51				:31.11	1:22.11						
2013 ALL STARS	06/22/2013 Finals	:27.97				:30.54							
SSST @ TW 6.29.13	06/29/2013 Finals	:29.12				:30.40	1:34.24						
CHAMPS 2013	07/13/2013 Finals	:28.33			:38.98	:29.56							
Blair Doyle		13-14	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals	:42.98		:54.15	:49.07								
TW @ MW 5.04.13	05/04/2013 Finals	:40.79		:51.42									
NOVATO @ TW 5.11.13	05/11/2013 Finals			1:00.18									
TW @ LV 5.18.13	05/18/2013 Finals	:43.72		1:03.57	:54.53								
SVST @ TW 6.8.13	06/08/2013 Finals	:42.51		:56.03	:48.27								
TW @ SHST 6.15.13	06/15/2013 Finals	:44.56		:56.61	:52.79								
SSST @ TW 6.29.13	06/29/2013 Finals	:47.65		1:00.91	:52.59								
CHAMPS 2013	07/13/2013 Finals	:44.41		1:02.59	:53.56								
Hannah Dunn		13-14	50 FR	50 BR	50 FLY	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals				:35.78	1:24.04							
TW @ MW 5.04.13	05/04/2013 Finals	:31.06		:41.63		1:22.70							
NOVATO @ TW 5.11.13	05/11/2013 Finals	:31.78		:42.29	:35.59								
TW @ LV 5.18.13	05/18/2013 Finals			:43.07	:37.38	1:24.36							
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:43.53	:36.56	1:23.08							
SVST @ TW 6.8.13	06/08/2013 Finals	:32.19		:42.86	:35.99								
TW @ SHST 6.15.13	06/15/2013 Finals			:41.72	:36.04	1:22.97							
SSST @ TW 6.29.13	06/29/2013 Finals	:31.59		:42.01	:33.86	1:19.18							
CHAMPS 2013	07/13/2013 Finals			:41.52	:35.10	1:20.96							
Shannon Farney		13-14	50 FR	50 BR									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:32.50		:41.37									
TW @ SHST 6.15.13	06/15/2013 Finals	:32.96		:41.78									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Chloe Fung		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TW @ LV 5.18.13	05/18/2013 Finals				:41.76	:38.25	1:26.85						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:33.82			:41.41	:37.79							
TW @ SHST 6.15.13	06/15/2013 Finals	:34.12			:41.99								
SSST @ TW 6.29.13	06/29/2013 Finals	:33.42	:41.50	:40.70									
Ellie Gerson		13-14	50 FR	100 FR	50 BA	50 BR	50 FLY	100 I.M.					
TW @ LV 5.18.13	05/18/2013 Finals			1:06.17	:35.98			1:17.60					
TW @ RH STINGRAYS 6.	06/01/2013 Finals				:34.13		:32.30	1:16.51					
SVST @ TW 6.8.13	06/08/2013 Finals	:29.02			:35.18	:41.68	:32.84						
TW @ SHST 6.15.13	06/15/2013 Finals	:29.92			:35.04		:32.61						
2013 ALL STARS	06/22/2013 Finals				:33.91		:31.47						
SSST @ TW 6.29.13	06/29/2013 Finals	:29.00			:33.85			1:13.91					
CHAMPS 2013	07/13/2013 Finals				:33.94		:31.93	1:13.53					
Victoria Ginzburg		13-14	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals	:45.77	:52.92	:55.37	1:53.42								
TW @ MW 5.04.13	05/04/2013 Finals	:42.38	:53.32	:53.13									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:40.41	:52.87										
SVST @ TW 6.8.13	06/08/2013 Finals	:38.72	:51.43	:56.21									
SSST @ TW 6.29.13	06/29/2013 Finals	:41.56	:51.53	:52.62									
CHAMPS 2013	07/13/2013 Finals		:53.45	:53.42									
Victoria Gioia		13-14	50 FR	50 BA	50 BR	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals	:50.14	1:13.44	1:07.12	2:27.49								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:48.05											
TW @ SHST 6.15.13	06/15/2013 Finals		:59.08	:59.70									
Katie Isaacson		13-14	50 FR	50 BA	50 BR								
TW @ LV 5.18.13	05/18/2013 Finals				:43.22								
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:33.94	:40.91	:44.10									
SVST @ TW 6.8.13	06/08/2013 Finals	:33.42	:39.99	:42.91									

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Emily Johnson		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.11	:38.68									
TW @ MW 5.04.13	05/04/2013 Finals				:42.66	:36.39	1:22.60						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.95	:38.30			1:24.38						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.63	:38.48		:37.85							
SVST @ TW 6.8.13	06/08/2013 Finals		:30.58	:38.60		:36.82	1:23.04						
TW @ SHST 6.15.13	06/15/2013 Finals					:35.72	1:22.02						
SSST @ TW 6.29.13	06/29/2013 Finals		:30.83	:37.16	:43.70	:36.83							
CHAMPS 2013	07/13/2013 Finals		:30.92	:37.26			1:23.72						
Katie Joyce													
	13-14		50 FR	100 FR	50 BA	100 I.M.							
TW @ MW 5.04.13	05/04/2013 Finals			1:09.96	:35.60	1:19.22							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:32.25		:35.54	1:18.00							
TW @ LV 5.18.13	05/18/2013 Finals		:31.65		:36.86	1:19.16							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.35		:35.61	1:17.03							
SSST @ TW 6.29.13	06/29/2013 Finals		:33.47										
Shannon Joyce													
	13-14		50 BR	50 FLY	100 I.M.								
TW @ MW 5.04.13	05/04/2013 Finals		:44.76	:38.13	1:23.97								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:44.00	:37.57	1:24.07								
TW @ LV 5.18.13	05/18/2013 Finals		:45.08	:38.54	1:25.94								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:45.42	:38.40	1:26.74								
Lauren Knott													
	13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:30.32	:40.58	:40.70	:34.20	1:17.50						
TW @ MW 5.04.13	05/04/2013 Finals				:38.63	:32.52	1:16.66						
TW @ LV 5.18.13	05/18/2013 Finals		:31.12			:33.72	1:19.52						
TW @ RH STINGRAYS 6.	06/01/2013 Finals				:39.11	:33.86	1:16.59						
SVST @ TW 6.8.13	06/08/2013 Finals				:38.97	:32.89	1:16.71						
TW @ SHST 6.15.13	06/15/2013 Finals		:31.19		:39.25		1:17.84						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Kellie Lawler		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.54	:42.55	:42.53	:43.80	1:53.97						
TW @ MW 5.04.13	05/04/2013 Finals		:35.25		:42.02								
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.42		:40.30		1:24.49						
TW @ LV 5.18.13	05/18/2013 Finals		:32.45		:41.95		1:23.41						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.60		:43.19		1:25.40						
CHAMPS 2013	07/13/2013 Finals		:32.26		:42.95								
Hyejun Lee		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.23	:35.36	:38.49	:32.28	1:13.38						
TW @ MW 5.04.13	05/04/2013 Finals		:29.01		:38.52	:32.48							
NOVATO @ TW 5.11.13	05/11/2013 Finals				:37.01	:32.04	1:12.99						
TW @ LV 5.18.13	05/18/2013 Finals		:29.30		:38.42		1:14.12						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:29.25		:37.52	:32.69							
SVST @ TW 6.8.13	06/08/2013 Finals				:37.49	:31.76							
TW @ SHST 6.15.13	06/15/2013 Finals		:28.81		:37.89	:31.79							
2013 ALL STARS	06/22/2013 Finals				:36.06	:30.57	1:10.63						
SSST @ TW 6.29.13	06/29/2013 Finals		:27.63	:33.56	:35.41	:30.08							
CHAMPS 2013	07/13/2013 Finals		:27.86		:35.58	:30.61							
Caroline Love		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:28.23	:34.26			1:14.47						
TW @ MW 5.04.13	05/04/2013 Finals		:28.11	:33.86			1:14.07						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:27.93	:34.85	:39.51		1:14.60						
TW @ LV 5.18.13	05/18/2013 Finals		:28.68	:33.87		:33.73	1:14.60						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:27.99	:35.11		:32.60							
SVST @ TW 6.8.13	06/08/2013 Finals		:27.22	:33.78	:39.19		1:13.68						
TW @ SHST 6.15.13	06/15/2013 Finals					:33.05	1:15.29						
2013 ALL STARS	06/22/2013 Finals		:27.17	:32.99			1:10.80						
SSST @ TW 6.29.13	06/29/2013 Finals		:27.20	:32.73			1:11.02						
CHAMPS 2013	07/13/2013 Finals		:27.10	:32.74			1:09.74						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Kalli McConnon 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:32.66	:42.16	:46.39		1:43.35						
TW @ MW 5.04.13	05/04/2013 Finals	:34.56		:44.80								
NOVATO @ TW 5.11.13	05/11/2013 Finals	:34.23	:42.20	:44.31								
TW @ LV 5.18.13	05/18/2013 Finals	:34.96			:45.55	1:35.47						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:37.99				1:31.07						
SVST @ TW 6.8.13	06/08/2013 Finals	:34.36	:42.16									
TW @ SHST 6.15.13	06/15/2013 Finals	:34.03	:42.29									
SSST @ TW 6.29.13	06/29/2013 Finals	:34.05				1:32.27						
CHAMPS 2013	07/13/2013 Finals			:44.76								
Christina Meylan 13-14												
TIME TRIALS 4.27.13	04/27/2013 Finals	:37.39	:46.62	:50.18		1:40.60						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:37.77	:46.93	:49.79								
Callie Monroe Watts 13-14												
TW @ LV 5.18.13	05/18/2013 Finals		1:04.58	:38.71		1:14.97						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:30.14		:38.67		1:16.55						
SVST @ TW 6.8.13	06/08/2013 Finals	:29.35		:37.61		1:14.58						
TW @ SHST 6.15.13	06/15/2013 Finals	:29.48		:40.04		1:15.75						
2013 ALL STARS	06/22/2013 Finals			:38.04		1:13.28						
CHAMPS 2013	07/13/2013 Finals	:29.07		:37.99		1:13.67						
Courtney Morris 13-14												
TIME TRIALS 4.27.13	04/27/2013 Finals	:31.24	:37.41	:39.51	:38.46	1:22.37						
TW @ MW 5.04.13	05/04/2013 Finals	:31.99		:37.90		1:21.50						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:36.64	:38.68		1:21.38						
TW @ LV 5.18.13	05/18/2013 Finals		:38.47	:40.15		1:22.81						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:31.54		:38.88		1:21.53						
SVST @ TW 6.8.13	06/08/2013 Finals	:30.47		:38.21		1:19.78						
TW @ SHST 6.15.13	06/15/2013 Finals		:37.77									
2013 ALL STARS	06/22/2013 Finals			:39.15								
SSST @ TW 6.29.13	06/29/2013 Finals		:37.62	:39.92		1:33.63						
CHAMPS 2013	07/13/2013 Finals	:31.32	:37.80	:39.00								

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Glennis Murphy 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:29.93	:34.84	:37.61	:33.06	1:13.00						
TW @ MW 5.04.13	05/04/2013 Finals		:34.68	:36.97		1:12.30						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:34.23	:37.24		1:12.86						
TW @ LV 5.18.13	05/18/2013 Finals		:33.82	:38.74		1:12.40						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:34.17	:38.26		1:11.85						
SVST @ TW 6.8.13	06/08/2013 Finals	:28.72	:33.64	:37.48		1:11.58						
TW @ SHST 6.15.13	06/15/2013 Finals		:33.47	:37.08		1:10.90						
2013 ALL STARS	06/22/2013 Finals		:32.37	:37.92		1:10.52						
CHAMPS 2013	07/13/2013 Finals		:32.90	:37.36		1:10.96						
Colette O'Connell-Phi 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:35.09	:47.21	:58.71	:48.40	1:42.94						
TW @ MW 5.04.13	05/04/2013 Finals	:36.22	:45.26		:48.09							
NOVATO @ TW 5.11.13	05/11/2013 Finals	:35.02	:47.78		:45.87							
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:35.75	:44.77		:42.82							
SVST @ TW 6.8.13	06/08/2013 Finals	:34.27			:41.74	1:35.96						
SSST @ TW 6.29.13	06/29/2013 Finals	:35.45			:43.56							
Emma Ortiz 13-14		50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals	:33.78	:42.40	:51.93	:44.68	1:33.39						
TW @ MW 5.04.13	05/04/2013 Finals	:33.59	:40.97									
NOVATO @ TW 5.11.13	05/11/2013 Finals	:31.80	:40.14									
TW @ LV 5.18.13	05/18/2013 Finals	:35.07	:41.15			1:34.04						
TW @ SHST 6.15.13	06/15/2013 Finals	:33.26	:40.90			1:30.98						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Jocelyn Overmyer		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:31.09	:40.20	:43.32	:35.74	1:23.34						
TW @ MW 5.04.13	05/04/2013 Finals		:30.52	:39.30									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:30.09		:40.09	:34.85							
TW @ LV 5.18.13	05/18/2013 Finals		:31.25										
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.24		:39.68	:33.24							
SVST @ TW 6.8.13	06/08/2013 Finals		:30.48		:40.09	:32.08							
TW @ SHST 6.15.13	06/15/2013 Finals		:31.52		:40.48	:32.28							
2013 ALL STARS	06/22/2013 Finals					:32.16							
SSST @ TW 6.29.13	06/29/2013 Finals		:30.75		:39.74	:32.47							
CHAMPS 2013	07/13/2013 Finals		:31.15		:40.13	:33.04							
Jordan Overmyer		13-14	50 FR	50 BR	50 FLY	100 I.M.							
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.75	:45.37	:39.06	1:29.53							
TW @ MW 5.04.13	05/04/2013 Finals		:32.93										
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.07	:44.14									
TW @ LV 5.18.13	05/18/2013 Finals		:32.82										
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:32.58	:42.11		1:26.58							
SVST @ TW 6.8.13	06/08/2013 Finals			:42.53									
TW @ SHST 6.15.13	06/15/2013 Finals		:32.21	:44.65									
SSST @ TW 6.29.13	06/29/2013 Finals		:32.74		:36.04								
CHAMPS 2013	07/13/2013 Finals		:32.08	:42.61	:37.16								
Katie Peoples		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:34.22	:45.61	:52.10	:40.76	1:39.93						
TW @ MW 5.04.13	05/04/2013 Finals		:33.62	:42.24		:40.06							
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.10			:39.87	1:34.94						
TW @ LV 5.18.13	05/18/2013 Finals		:33.52			:42.07	1:35.36						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:33.72	:43.40									
SVST @ TW 6.8.13	06/08/2013 Finals		:33.48			:41.36							
SSST @ TW 6.29.13	06/29/2013 Finals					:39.53							

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Caroline Rafner		13-14	50 FR	50 BA	50 BR								
TIME TRIALS 4.27.13	04/27/2013 Finals		:36.80	:47.96									
TW @ MW 5.04.13	05/04/2013 Finals		:34.45	:49.26									
NOVATO @ TW 5.11.13	05/11/2013 Finals		:35.08	:47.12	:48.24								
SVST @ TW 6.8.13	06/08/2013 Finals		:35.17	:45.34	:48.15								
Jackie Ring		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:33.14	:39.24	:47.76	:40.56	1:31.27						
TW @ MW 5.04.13	05/04/2013 Finals		:33.73			:40.41	1:27.84						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:33.67	:39.19			1:27.70						
TW @ LV 5.18.13	05/18/2013 Finals		:34.31			:41.92	1:29.81						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:35.24	:40.54			1:30.68						
SVST @ TW 6.8.13	06/08/2013 Finals		:33.13	:40.34			1:25.94						
TW @ SHST 6.15.13	06/15/2013 Finals			:41.69		:42.38	1:29.52						
Alazais Walters		13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
TIME TRIALS 4.27.13	04/27/2013 Finals		:32.49	:40.57	:45.12	:38.32	1:26.77						
TW @ MW 5.04.13	05/04/2013 Finals		:32.19			:38.18	1:23.43						
NOVATO @ TW 5.11.13	05/11/2013 Finals		:31.66	:39.35			1:27.11						
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:31.32	:37.70			1:24.05						
SVST @ TW 6.8.13	06/08/2013 Finals		:31.15			:37.46	1:25.25						
TW @ SHST 6.15.13	06/15/2013 Finals		:30.90	:38.86									
SSST @ TW 6.29.13	06/29/2013 Finals			:52.93									
Emma Conneely		15-18	100 FR	50 BR	100 I.M.								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:10.83	:42.60	1:22.91								
SVST @ TW 6.8.13	06/08/2013 Finals		1:09.75	:39.60	1:22.88								
TW @ SHST 6.15.13	06/15/2013 Finals		1:11.07	:40.02	1:23.38								
Max Devaux		15-18	100 FR	50 BA	50 BR	100 I.M.							
NOVATO @ TW 5.11.13	05/11/2013 Finals		1:21.76		:48.17	1:40.28							
TW @ LV 5.18.13	05/18/2013 Finals			:44.39		1:29.70							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:21.86	:43.55									
SVST @ TW 6.8.13	06/08/2013 Finals		1:22.04	:43.77									

PROGRESSION for Short Course Yards

GROUP: ALL

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Hyesun Lee 15-18		100 FR	50 BA	50 BR	50 FLY	100 I.M.						
NOVATO @ TW 5.11.13	05/11/2013 Finals			:41.62	:32.62	1:15.68						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	1:08.37	:34.49		:32.64							
SVST @ TW 6.8.13	06/08/2013 Finals	1:08.15	:34.17		:32.14							
TW @ SHST 6.15.13	06/15/2013 Finals	1:08.22	:34.12		:32.67							
2013 ALL STARS	06/22/2013 Finals		:34.21		:31.73							
CHAMPS 2013	07/13/2013 Finals	1:05.08	:33.28		:30.31							
Sammy McDonough 15-18		100 FR										
SSST @ TW 6.29.13	06/29/2013 Finals	1:00.05										
Samantha McEvoy 15-18		100 FR	50 BA	100 I.M.								
TIME TRIALS 4.27.13	04/27/2013 Finals	1:16.52	:36.07	1:25.01								
TW @ MW 5.04.13	05/04/2013 Finals	1:14.47	:33.78	1:25.10								
NOVATO @ TW 5.11.13	05/11/2013 Finals	1:15.50	:34.32									
TW @ LV 5.18.13	05/18/2013 Finals		:35.01	1:26.56								
TW @ RH STINGRAYS 6.	06/01/2013 Finals	1:13.17	:35.11	1:26.60								
SVST @ TW 6.8.13	06/08/2013 Finals		:34.05									
TW @ SHST 6.15.13	06/15/2013 Finals		:34.99	1:25.84								
2013 ALL STARS	06/22/2013 Finals		:35.48									
SSST @ TW 6.29.13	06/29/2013 Finals		:35.65	1:24.50								
Charlotte Montoya 15-18		50 FR	100 FR	50 BA	50 BR	50 FLY						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	:30.21		:37.49	:40.89							
SVST @ TW 6.8.13	06/08/2013 Finals			:59.21								
SSST @ TW 6.29.13	06/29/2013 Finals		1:06.84	:38.25	:40.50							
CHAMPS 2013	07/13/2013 Finals		1:08.23	:37.90		:36.00						
Maxime Montoya 15-18		100 FR	50 BA	50 BR	50 FLY	100 I.M.						
NOVATO @ TW 5.11.13	05/11/2013 Finals	1:16.68	:41.79									
TW @ LV 5.18.13	05/18/2013 Finals		:40.15		:36.91	1:24.33						
TW @ RH STINGRAYS 6.	06/01/2013 Finals	1:12.37	:40.70		:38.93							
SSST @ TW 6.29.13	06/29/2013 Finals		:40.73	:43.43		1:24.67						

PROGRESSION for Short Course Yards

GROUP: ALL

c=Conv,L=Lead Off,&=Conv&Lead Off,*=SB

Molly Moritzburke		15-18	100 FR	50 BA	50 FLY	100 I.M.							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:01.56		:30.95								
SVST @ TW 6.8.13	06/08/2013 Finals		1:00.43	:33.43	:30.76								
TW @ SHST 6.15.13	06/15/2013 Finals		1:02.41	:34.28	:30.53								
SSST @ TW 6.29.13	06/29/2013 Finals		1:00.42		:29.53	1:11.06							
CHAMPS 2013	07/13/2013 Finals		:59.80	:33.10	:30.59								
Nicole Nevitt		15-18	100 FR	50 BA	50 BR	50 FLY							
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:04.99										
SVST @ TW 6.8.13	06/08/2013 Finals			:34.31	:38.27	:32.03							
Shauna Perigo		15-18	100 FR	50 BR	100 I.M.								
TW @ RH STINGRAYS 6.	06/01/2013 Finals			:44.82	1:28.41								
TW @ SHST 6.15.13	06/15/2013 Finals		1:16.11	:45.78	1:28.04								
Megan Rios		15-18	50 BR	100 I.M.									
TW @ RH STINGRAYS 6.	06/01/2013 Finals		:35.40	1:11.17									
Macrae Sharp		15-18	100 FR	50 BR	100 I.M.								
TW @ RH STINGRAYS 6.	06/01/2013 Finals		1:07.95										
SVST @ TW 6.8.13	06/08/2013 Finals		1:06.20	:40.64									
SSST @ TW 6.29.13	06/29/2013 Finals		1:08.90	:39.48									
CHAMPS 2013	07/13/2013 Finals		1:09.43	:39.79	1:16.85								
Adelaide Shunk		15-18	100 FR	50 BA	100 I.M.								
TW @ LV 5.18.13	05/18/2013 Finals			:36.87									
SVST @ TW 6.8.13	06/08/2013 Finals		1:13.32	:38.17	1:25.12								
TW @ SHST 6.15.13	06/15/2013 Finals		1:16.10	:39.03									
SSST @ TW 6.29.13	06/29/2013 Finals		1:14.74	:39.61									
Summer Sinnett		15-18	50 BA	50 FLY	100 I.M.								
SVST @ TW 6.8.13	06/08/2013 Finals		:32.63	:30.04	1:12.92								
TW @ SHST 6.15.13	06/15/2013 Finals		:32.23										
SSST @ TW 6.29.13	06/29/2013 Finals				1:11.13								
CHAMPS 2013	07/13/2013 Finals		:33.44	:30.33									