



Hold Harmless Agreement (Formerly called Participation Form)

This form must be signed and returned to the club's coach before the listed child\children can participate in Midlakes Swim League (MSL) swim team activities.

Club: _____ Membership # _____

Parent Name: _____ Home Phone: _____

Cell Phone 1: _____ Cell Phone 2: _____

Email Address 1: _____ Email Address 2: _____

Emergency Information and Medical Release

I hereby consent to participation by my child/children listed below on our club team in the Midlakes Swim League.

| Athlete's First Name | Athlete's Last Name | Birthdate | Swim/Polo/Dive |
|----------------------|---------------------|-----------|----------------|
| | | | S P D |
| | | | S P D |
| | | | S P D |
| | | | S P D |

I understand this activity involves an element of risk of bodily injury, including, but not limited to, activities occurring in a pool, on a pool deck, on a starting block, around the facility, and/or while performing a racing start. We will assume all risks associated with and incidental to participating on a swim team.

My child/children have no special medical conditions, except those described below, and is fit to participate on a swim team.

Special medical conditions: _____

In consideration of the right and privilege for my child to participate, we hereby release, waive, and agree to hold harmless the Midlakes Swim League, this club, its members, directors, and employees, the club hosting the event, its members, directors, and employees, and coaches, organizers, and parent volunteers for any and all liability, claims, legal actions, and demands of any nature whatsoever which may arise from or in connection with the swim team or related activities.

I understand that events may take place away from our club. I understand that the coaches are not responsible for transportation to swim meets or related swim team activities.

Revised 4/10/18



Code of Conduct

As a member of the Midlakes Swim League, we agree to:

- Abide by the MSL Operating Plan.
- Consistently display respect, honesty and sportsmanship toward coaches, teammates, officials, volunteers, parents and competitors.
- Consistently display a positive and supportive attitude toward all teams, coaches, teammates and competitors.
- Refrain from inappropriate or unacceptable behavior such as:
 - The display or use of aggressive behavior or intentional contact.
 - The use of offensive language, including any derogatory reference to any person's race, sex, ethnicity or other characteristics.
 - Any activity which would detract from the positive image of the MSL.

All infractions that result in meet expulsion must be reported to the MSL board within three (3) days.

Any infraction of this code may result in, but is not limited to, the following actions by the Midlakes Swim League Board:

- Restriction from future competition for a designated period of time.
- Placement on probation for a designated period of time.
- Restriction from participation in championship competition.

Eligibility

The Operating Rules of the Midlakes Swim League state:

1. "All the contestants in league-sponsored meets **must be certified members of the club** they represent with the exception of diving which shall be governed by the approved dive operating plan. All certified club members shall enjoy full rights of participation in all activities sponsored by the Midlakes Swimming League.
2. **Only club members are eligible to swim for a member team. Club membership is determined by that club's by-laws.**
 - a. Each club shall provide a copy of its by-laws prior to the first day of practice.
 - b. A new club shall provide a copy of its by-laws prior to the first day of practice.
 - c. The league should be notified of any change to the membership requirements of a team prior to the first day of practice.
 - d. An eligible participant is one who:
 - 1) has the swimming privileges of the club's swimming facilities during the summer swim league season.
 - (a) Summer swim league season is defined from the first eligible day of Midlakes practice through the end of League Championships.
 - e. Participation will not be allowed:
 - 1) If membership in the club is a result of seasonal or part-time employment
 - (a) If a coach is also a swimmer, proof of club membership must be provided
 - 2) Due to inconsistent membership policy - participants must have been admitted on the same basis as all other members and without regard to ability.
 - 3) By using the membership of another family for the purposes of swimming"

I hereby authorize emergency medical/dental care and treatment for my child as necessary. I have read and agree to the release. Our family has discussed the league's Code of Conduct and understands what is expected of parents and swimmers. **We understand the Eligibility rules of the league and certify that our family meets these guidelines of club membership.**

Signature

Date