

<b>Triton Mission Statement</b>	The Tracy Triton Swim Club provides training and competitive opportunities for recreational swimmers of all abilities to reach their individual and team goals; emphasizing character, sportsmanship, team unity and family participation. Coaches provide a challenging, positive, fun and rewarding experience for swimmers and families.	
<b>Job Position</b>	<b>Job description</b>	<b>Staff</b>
Assistant Coach	<ul style="list-style-type: none"> <li>• The Assistant Coach shall instruct and encourage swimmers on proper strokes, turns, starts and all other aspects of swimming as needed and direct the lifeguard staff in the same.</li> <li>• The Assistant Coach may have additional duties not listed here as directed by the Triton Board.</li> <li>• The Assistant Coach will have authority over all the other staff under him/her when the Head Coach is not present and will be responsible for maintaining order on deck and in the water.</li> <li>• The Assistant Coach shall lead by example. S/He shall behave in a professional manner at all times in and out of the water.</li> <li>• The Assistant Coach sets the tone for the other staff and swimmers to follow.</li> <li>• The Assistant Coach shall ensure the safety of every swimmer in and out of the water.</li> <li>• Assistant Coaches are a team of 3 to lead and manage practices</li> <li>• Assistant Coaches work together to make decisions and guide other staff</li> <li>• Will be leads during swim meets and relay staging.</li> <li>• Coaches should be focused on the workout groups, not swimmers who are not in the water or parents.</li> <li>• Coaches will be visible, vocal, and mobile on the pool deck during all practices.</li> <li>• Coaches will provide practice workout guidelines to all staff and board (upon request)</li> <li>• During meets, coaches should be encouraging swimmers in the coaches' area or at the ends of the pool.</li> <li>• Coaches review all swimmer DQ slips and will offer continuous stroke and turn correction and technique feedback as part of the regular training schedule. (DQ slips should be returned to swimmers/family so that they can be aware of the issues)</li> <li>• Coaches communicate with swimmers about their progress, development, and accomplishments. The best feedback is immediate such as right after an event or during practice.</li> <li>• Coaches lead team meeting/rally prior to the start of each meet.</li> <li>• Coaches should be happy, encouraging, engaged and promoting fun.</li> <li>• Coaches will wear the swim team shirt with appropriate shorts, pants, or skirts to meets both home and away.</li> <li>• At practices, Coaches should be prepared to spend time in the water to offer instruction.</li> </ul> <p>The following must be avoided:</p> <ul style="list-style-type: none"> <li>• Use of profanity or derogatory language</li> <li>• Cell phone usage while on the pool deck</li> </ul>	
Jr. Coach	<ul style="list-style-type: none"> <li>• Follow the direction of Assistant Coaches</li> <li>• Be flexible and ready to assist where needed when needed</li> <li>• Proactive and positive attitude is essential</li> <li>• Jr. Coaches should be focused on the workout groups, not swimmers who are not in the water or parents.</li> <li>• Jr. Coaches will be visible, vocal, and mobile on the pool deck during all practices.</li> <li>• Jr. Coaches communicate with swimmers about their progress, development, and accomplishments. The best feedback is immediate such as during practice.</li> </ul>	

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Lifeguard	<ul style="list-style-type: none"> <li>• Follow the direction of Assistant Coaches</li> <li>• Be flexible and ready to assist where needed, when needed</li> <li>• Proactive and positive attitude is essential</li> <li>• At practices, lifeguards should be prepared to spend time in the water.</li> <li>• Lifeguards will have a rescue buoy at their station.</li> <li>• Lifeguards will scan the water and be ready to assist swimmers in distress.</li> <li>• Lifeguards should be focused on the water, not swimmers who are not in the water or parents.</li> <li>• Lifeguards should enforce the pool rules: no running on the pool deck, etc to maintain a safe pool environment for all.</li> <li>• Lifeguards should establish and maintain effective working relationships with the swim families and co-workers</li> <li>• Lifeguards assist in the implementation of the Triton aquatics programs and special events.</li> </ul> <p>The following must be avoided:</p> <ul style="list-style-type: none"> <li>• Use of profanity or derogatory language</li> <li>• Cell phone usage while on the pool deck</li> </ul>	