

# ARDEN PARK DOLPHINS

## ASSISTANT COACH NEEDED

Do you have a swimming background? Enjoy the satisfaction in seeing youth develop and improve in their ability? The Arden Park Dolphins recreational swim team is seeking a qualified coach to complement our 2022 coaching staff and the swimmers that make up our team. Swim practices and home meets are held at Arden Park pool.

We are looking for a coach to be available in the afternoons and evenings beginning in April and culminating with Championships near the end of July. Once school is out in early June, we also hold a morning clinic 3 mornings a week from 7-9 am.

Some of the things we are looking for:

- Charisma and enthusiasm for coaching swimming.
- Prior competitive swimming experience.
- Availability to attend regular practices and Saturday meets.
- Ability to motivate and inspire youth.
- Strong communication skills.
- Proficient in teaching drills, proper body position, and swim technique.
- Patience working with little ones.
- Current CPR/ First Aid/Lifeguard certification is a plus.

For more detailed information about what the job entails, please see below.

To learn more about our team, please visit [apdolphins.org](http://apdolphins.org)

Please apply with a resume and three references. **Send all information, along with any questions, to [mbuchner08@gmail.com](mailto:mbuchner08@gmail.com).**

### Coach Job Description

Qualifications: Must be 18 years or older and have at least two years competitive swimming experience. It is preferable, but not required, that assistant coaches possess current Red Cross Certification in First Aid and CPR training as well as some coaching experience.

Job Duties:

1. Attendance is mandatory at all meets, practices, and designated meetings. Absences are permitted only with prior agreement of the head coach and/or board member.
2. Know and apply the rules and regulations applicable to swim meets, swimmer eligibility, stroke and turn and other related technical aspects of competitive swimming.

3. Maintain a positive/open communication with swimmers, head coach, and board members.
4. Learn swimmers names and provide feedback, encouragement, and technical instruction to as many swimmers as possible throughout a given workout.
5. Practices:
  - a. Arrive 10 minutes prior to practice to set up pool or prepare for practice.
  - b. Remain on pool deck or in pool (as requested) at all times, offering stroke instruction, assessment and correction in strokes. Come prepared daily for possibility of entering the pool.
  - c. 6 & under and 7/8 coaches will be required to be in the pool during all practices to assist swimmers and teach technique.
  - d. Supervise all swim-team members to provide for a safe and effective running of swim team. This includes using positive language and being comfortable enforcing consequences and helping swimmers maintain focus.
  - e. Remain focused on swimmers at all times, this includes being free of distractions (i.e. lifeguard conversations, cell-phones, swimmers who are not in the pool, friends, parents, etc.).
  - f. Ensure that the pool area is clean after practice, including lost and found items, and team parent folders.
6. Meets:
  - a. Arrive early, 15 min before check-in, to assist with meet check-in and to assist with any last minute jobs at home meets.
  - b. Prepare swimmers prior to swim events and be attentive to all team swimmers.
  - c. Promote team spirit and good sportsmanship during meets.
  - d. At conclusion of the meet, provide assistance in cleaning up pool area at home meets.
7. Assist other coaches in teaching competitive swimming skills, including in-water instruction.
8. Encourage and promote team spirit and good sportsmanship at all times.
9. Accept duties as assigned by other coaches, including dry land, attendance, goal cards or any other daily tasks.
10. Be available for swimmers by being present, free of distractions (i.e. electronics, lifeguard), and capable of presenting instructions clearly and confidently.
11. Take pride in your work; approach each new opportunity with curiosity, passion, and excitement.
12. Be a good role model.