

Excerpt from Amador Polar Bears Handbook (complete copy is available on the website)

**MEET RESPONSIBILITIES FOR SWIMMERS AND PARENT VOLUNTEERS:**

All swimmers and volunteers are required to check in, upon arrival, before the beginning of each meet. Check in time will be given in the newsletter prior to each meet that will also include directions to the meet. A check in table will be set up for immediate check in upon arrival.

**Swimmers that do not check in on time will be scratched.** Once a swimmer is scratched from their events, they will not be allowed to swim in that meet. It is imperative that meets start on time. Often meets must be completed by a specific time because the pool opens to the public.

**VOLUNTEER JOB DESCRIPTIONS:**

**Note! There are 88 volunteer shifts for each home meet and 48 volunteer shifts for each away meet that must be filled by Amador Team Parents.** Each swim family will be required to have one parent volunteer for at least 1 shift at each home and away meet. Each family will also be required to work 2 shifts during swim championships. There are many jobs which do not require any previous experience or knowledge.

I have read the excerpt from the ABP Handbook regarding my swim team obligations as a member of the Amador Polar Bear Swim Team. Failure to meet these obligations without communications with the APB board may result in my child not being allowed to swim in the meet(s).

I understand that I am responsible for getting my swimmer(s) to meets on time.

I understand that I am responsible for working 1 shift during each dual meet and 2 shifts during Championships.

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Printed Name

Signature

Date