

## Intersquad Schedule\* and Volunteer Expectations

### Swimmers:

#### **11+ Age Groups:**

7:00-7:15 AM – Check-in

7:30-8:00 – Warm ups

8:30 – First event start time

#### **10 and Under Age Groups:**

9:15-9:30 AM – Check-in

10:30-10:45 – Warm ups (approximate time)

10:45 – First event start time (approximate time)

\*Please note that this timeline is ONLY for Intersquad and will be slightly different for dual meets.

### Volunteer Expectations:

- All volunteers and Dolphin staff are required to wear a face covering that covers both the nose and mouth when working their shifts (inside OR outside the aquatic facility).
- All volunteers will be screened for COVID-19 at volunteer check-in. Please arrive at least 15 minutes early for check-in.
- Volunteer shift times are approximate. It will depend on how fast or slow the meet is moving.
- Volunteer deposit deadline is at Intersquad. Volunteer deposit is \$300.