



**BIG BUDDY, LITTLE BUDDY PROGRAM** is an optional program and all our swimmers are encouraged to participate. The Buddy Program focuses on team unity, spirit and sportsmanship. The Buddy Program is about being a supportive teammate by using the three C's:

1. Create: Write your Buddy a note, draw a picture or make a friendship bracelet! Use your talents to inspire your Buddy and psych him/her up for a great Meet!
2. Cheer: Watch your Buddy at Swim Meets and cheer for him/her!
3. Congratulate: After your buddy's swim, be there to tell him/her how great they did!

The Piranhas will organize Buddy events and activities throughout the summer at Meets and practices. Buddies will be paired-up as swimmers sign-up. The program will begin at Time Trials.

If you are interested in becoming a Buddy, please complete the attached form and return it to the Buddy file located on the pool deck.

-----  
Circle one:

I would like to be a Big Buddy. I would like to be a Little Buddy.

NAME \_\_\_\_\_ AGE \_\_\_\_\_

FAVORITE STROKE \_\_\_\_\_ LEAST FAVORITE STROKE \_\_\_\_\_

FAVORITE

CANDY/SNACKS \_\_\_\_\_

FAVORITE COLOR \_\_\_\_\_

HOBBIES/INTERESTS/ACTIVITIES \_\_\_\_\_

WHAT YOU ARE LOOKING FORWARD TO IN THE BUDDY PROGRAM?

\_\_\_\_\_

ANYTHING ELSE YOU WOULD LIKE TO SHARE?

\_\_\_\_\_

\_\_\_\_\_

Requests can be made, however, keep in mind, the Buddy Program is about meeting new teammates each year, so switch it up! If you absolutely want to request a buddy write that buddy's name below and we will try to accommodate you. Remember, buddies should *not* be in your same age group.